



November 2016

Official HOA Newsletter for Lakeshore

Volume 2, Issue 11

THANK YOU LAKESHORE HOA AND PRECINCT 4 FOR AN AWESOME NIGHT OUT AGAINST CRIME!



IMPORTANT NUMBERS

LAKESHORE COMMUNITY ASSOCIATION BOARD OF DIRECTORS CREST MANAGEMENT CO.

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..... Liz.Trapolino@crest-management.com
..... 281-579-0761

Clubhouse Manager

..... lakeshore-ca@sbcglobal.net
..... 281-458-3345

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..... www.humble.k12.tx.us
Lakeshore Elementary 281-641-3500
Woodcreek Middle School 281-641-5200
Summer Creek High School 281-641-5400

NEWSLETTER PUBLISHER

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Landscape Committee

Rex Spikes: rexspikes@sbcglobal.net

Pool Committee

Harry Rockwood: hrockwood@aol.com

Social Committee

Elna Ermel: roneln@comcast.net

Tennis & Playground Committee

To volunteer, please email lakeshore-ca@sbcglobal.net

A Look at Lone Star

About the Lone Star College Foundation 25 Years of Providing Scholarships, Supporting Programs & Building Communities

Founded in 1991, the Lone Star College Foundation (LSCF) raises funds and manages assets to provide student scholarships and to support academic and workforce programs. The LSCF has expanded its initial investment of \$20,000 into an extensive portfolio of over \$20 million with a primary focus on building scholarship endowment.

Through a robust fundraising program that includes corporate partnerships, major gifts, an annual golf and gala, and employee giving, the LSCF builds relationships with individuals, corporations, and non-profit organizations to ensure that Lone Star College can fulfill its mission of providing comprehensive educational and training opportunities that help our student's succeed, local business and industry prosper, and communities thrive.

An Investment in the Future

Due to the changing workforce demands, the majority of today's jobs require more than high school, but less than a four-year degree, a trend that is not expected to change. Therefore, most LSC graduates either transfer, or go to work immediately in high-demand careers. In addition, 91% of LSC graduates stay in the community to live and work, becoming contributing members of the local economy. Therefore, it is vital that LSC programs remain cutting edge, that students study in state-of-the art environments, and that those need financial assistance receive it.

Every year, thousands of students find the open door of Lone Star College with the help of an LSCF scholarship. The dream of a college education and a good paying job becomes a reality for them and their families. So far this year, the Foundation has provided: nearly \$1,000,000 in student scholarships; over \$900,000 in program support; nearly \$8,000 in emergency assistance to students; and almost \$6,500 to faculty and staff facing personal crisis. An investment in the Lone Star College Foundation is an investment in the future of individuals and the community.

About Lone Star College

Lone Star College is the largest institution of higher education in the Houston area and one of the fastest-growing community colleges in the nation. Not only great in size, LSC is a key driver and growing contributor to the local and regional economy with an annual economic impact of \$3.1 billion. To learn more about Lone Star College, visit LoneStar.edu/About.



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Finding Balance



I know, work-life balance has been discussed to death. Yet how many of you find yourself nodding and saying, “Yes, I know I need to do find a better balance. It totally makes sense that I feel tired and unhappy because I’m rushing around all the time. I’ll find a way to make some time for myself”? You tell yourself you’ll schedule some free time later, but does later ever come? I know I’ve been waiting for later for years now. I decided it was time for a change. Here are a few thoughts that have helped me along the way:

1. What’s really important? It’s time to decide what is really necessary and important in your life. Pick 5 priorities that you feel are absolutely vital to your well-being (e.g. family, religion, work, friends, and hobbies).

2. How can you cut back? Now, that you’ve chosen your top 5 priorities it’s time for the hard part—cutting back. Find ways to negate, or decrease, of the things that are stressing you out. Maybe you don’t have to do _____ for so and so. Or is there a certain person in your life who’s been causing more stress than happiness? You don’t have to cut that person out of your life, but maybe it’s time you take a step back and re-evaluate whether or not the friendship is healthy at this time in your life.

3. Scheduled spontaneity. I know, scheduled spontaneity seems like an oxymoron, but it’s incredibly important. Create a routine that works for you, but be sure to block out some free time. This time can be as long, or as short, as you’d like and is time where you can do whatever you want to do. Just make sure it’s fun!

As always, I turned to the pasture for inspiration. As I sat and watched my horses going about their day, I made some interesting

(Continued on Page 5)



**THAT FACE
YOU MAKE
WHEN THERE'S NO
MORE STUFFING**

HAPPY THANKSGIVING!

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(Continued from Page 4)

observations. Horses are masters of prioritizing what's important. Their top priorities fall into line as: safety, comfort, and play. Everything else falls by the wayside if these priorities aren't met. They are terrific partners with a healthy work ethic, while still relishing in their freedom to run and play. Their exuberance is captivating and beautiful to watch.

Once I took a step back to look at the bigger picture, I was amazed at how easy finding balance could be. I didn't need to run myself into exhaustion to please everyone. Doing so always ended with me feeling like I was trying to do so much, but doing none of it as well as I wanted. Finding a new work-life balance would not be possible without the support of great friends (both human and horse!), family, and God. These pillars of support help me stay on track and keep me motivated. I highly recommend you find pillars of your own to utilize in your own transition.

Tara Chatterson works at Five Horses, LLC. Please visit the Five Horses' website, FiveHorses.com, for more information about Natural Horsemanship lessons or Equine Assisted Learning.



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Cigarette & Drugstore Beetles

Cigarette and drugstore beetles are pests of stored products and can become a pest in the home. These beetles are small, around 1/8" long, reddish-brown with an oval shape. If you disturb the beetles, they often will tuck in their legs and lay motionless.

Adults enjoy dark cracks and crevices, but will fly in brightly lit areas to locate a place to hide. The beetles are most active at dusk and continue activity through the night. Adults do not eat solid food, but will drink liquids. Larvae are small, grub-like and creamy white.

Cigarette and drugstore beetle larvae infest a variety of products such as tobacco, flour, dried fruit, herbs and spices, nuts, rice and pet food. These pests may also infest non-food items such as potpourri, dried flower arrangements, papier-mâché, prescription drugs, cosmetics and bookbinding paste.

The life cycle is dependent upon temperature and availability of resources- with warmer temperatures and adequate resources the life cycle will be faster. Mated females lay eggs in food sources. After hatching from the egg, larvae begin to feed on the food and grow. Eventually, larvae pupate and form a protective cocoon in the food item. Adults live from 1-4 weeks.

To manage these beetles, you must find the source, double bag it and throw it away. All stored food items should be inspected, even those that have not been previously opened. If you do not want to throw away infested food items it can either be heated or cooled to kill any insects and then sifted to remove any insects. To freeze, put the items in a sealed plastic bag and place in the freezer for about a week. To heat the items, spread on a large cookie sheet and place in a 200 oF oven for 1-2 hours.

To prevent infestations, inspect all food items before buying; do not buy damaged food products. Dried goods can be stored in sealed, air-tight containers. If leaving the home for extended periods store items in the freezer or refrigerator. While inspecting stored food items for infestation, clean the pantry as you go. Vacuum or sweep up any spilled food items. Wipe down shelving with a cleaning product and use caulk to seal any shelf areas where small bits of food may collect.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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How to Describe a Suspect Tips from Crime Watch

To capture a criminal in these highly mobile times, it is of utmost importance for the police to promptly obtain an accurate description. Following are some of the most important identifiers the police need to apprehend criminal suspects. Keep this information in mind so that you can give the police an accurate description of any criminal or criminal incident you may observe.

Location information is critical:

- Observe where you are and the exact location of the crime. Try to remember if you have ever seen the suspect in the area before.
- Note the time as precisely as possible.
- Observe if the suspect is carrying a weapon and, if so, what type- revolver, handgun, shotgun, knife, etc.
- If the suspect leaves the scene, note the direction of flight.
- If the suspect is in a vehicle, note as much of the following information as possible; vehicle type (auto, truck, van ,etc.); color; make and model; condition (dirty, damaged, etc.); and license plate numbers. Note also if the vehicle has no license plates or a "license applied for" sticker in the rear windshield.

- Watch for decoys or accomplices.

A variety of general description information about the suspect should be noted:

- Sex
- Race or national origin
- Age (estimated)
- Height-use comparisons with your own height, a door, or some other standard measure
- Weight (estimated)
- Build- fat, husky, slim, muscular, etc.
- Facial information is also important:
- Hair-note the color, texture, hairline, style; also possible dyes or wigs
- Forehead-note forehead height, and whether the skin is smooth, creased or wrinkled
- Eyes-note the color, shape (round, slanted), whether clear or bloodshot, and the heaviness of eyelashes and eyebrows

(Continued on Page 9)

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THE LAKESHORE REPORT

(Continued from Page 8)

- Nose-overall shape (long, wide, flat, etc) and nostrils (wide, narrow, flared are important
- Cheeks-is the flesh sunken, filled out, dried or oily? Are there wrinkles around nose or mouth? Are cheek bones high or low, wide or narrow?
- Ears-note size and prominence (protruding or flat against head)
- Mouth-are lips thin, medium, full? Do corners turn up, turn down, or level?
- Chin-what is the shape (round, oval, pointed, square)? Double chin, dimpled, cleft?
- Neck-note protruding Adam's apple or hanging jowls
- Complexion-note pores, pockmarks, acne, razor rash, bumps
- Facial hair-clean shaven? unshaven? beard, mustache, goatee, sideburns?
- Tattoos-shape and style; on what part of body

Clothing is also very important:

- Hat-note color, style, ornaments, how it is worn, (bill forward, backward, to one side)
- Coat-note color and style (suit coat, jacket, topcoat, overcoat)
- Shirt/Blouse/Dress- note color, design, sleeves, collar

- Trousers/Slacks/Skirt – note color, style, cuffs
- Shoes-note color, style, brand name for sneakers (if possible), condition
- Accessories-sweater, scarf, gloves, neckties
- Jewelry-rings, watches, bracelets, necklaces
- General appearance-neat or sloppy? clean or dirty?
- Oddities- look for clothing too large or too small; odd colors; patchwork

Look for other physical features or peculiarities;

- Voice-pitch, tone, rasp, lisp
- Speech-articulate, uneducated, accent, use of slang
- Gait-slow, fast, limp

You will never be able to remember all of these details about any one suspect you may see. But remembering as many as possible can be particularly helpful to the police and to your community.

Remember that you can always call 911, but calling our dispatch at 281.376.3472 will most likely get police or emergency personnel to our community faster.

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Avoiding Mayhem During Meetings



For many people, meetings are a fact of life. Whether it's a board or member meeting here in our association, a volunteer meeting at your child's school or a department meeting at work, being adept at participating

effectively and managing meetings is a useful skill.

Sometimes one or two participants will dominate the discussion, steer it off topic and interrupt others, causing long, uncomfortable or unproductive meetings. Whether you're the meeting chair or a participant, there are techniques you can use to help engage others, limit intrusions and minimize distractions.

Table the discussion. If a conversation is getting particularly heated, the chair or a participant can move to table the discussion for a later date. This helps clear the air and allows for a calmer and more meaningful conversation at the next meeting. It also sends the signal

that debates will be conducted rationally and with respect.

Take it offline. When a meeting attendee takes a topic off course, everyone's time is wasted. A good tool for the chair to use—or for another attendee to suggest—to get the meeting back on track is to invite the member to continue the discussion privately. Saying, "Let's take this offline so we can talk more," is an easy way to get back on the subject without alienating the sidetracked speaker.

Use the agenda. The agenda is a useful tool for keeping a meeting moving efficiently. When a chair begins a meeting by saying, "We have a full agenda today," he or she sets the stage for productivity. Periodically referring to the agenda during the course of the meeting keeps all attendees focused on the discussion. If the chair doesn't have an agenda, ask the group pause a minute to create an informal agenda that simply lists the topics to be covered or goals to be accomplished. Call on members. To engage more reticent members of the group, and to balance the impact of more vocal participants, it's helpful to call on members by name to ask for their opinions. "What do you think, Mary?" or "Do you have some input here, Steve?" ensures that all members are valued. And you don't have to be the chair to ask for others' opinions.

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