



BEE CAVE *Messenger*

VOLUME 8, ISSUE 1

JANUARY 2017

NEWSLETTER FOR THE RESIDENTS OF THE BEE CAVE AREA



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Bee Cave Community Events

Hill Country Galleria Valentine's Wine Walk
Explore retailers at the Galleria while you shop n' sip
Thursday, February 9th 5:00 P.M. – 9:00 P.M.

Start at Twin Liquors at the Hill Country Galleria to pick up a

Wine Walk Map

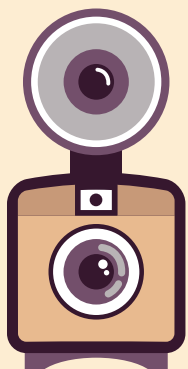
(512) 263-0001

www.hillcountrygalleria.com



COVER PHOTO

Do you take amazing photos?



Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Bee Cave Messenger. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to beecave@peelinc.com. Portrait (vertical) photos work best.

This month's cover photo was submitted by Shelia Parodi.

To view other photos submitted please visit www.PEELinc.com/BeeCave, and view any of the past newsletters.

By submitting your photo you agree to allow your photo to be published in future issues of the Bee Cave Messenger or other Peel, Inc. publications. Call 512-263-9181 to find out how to have your business featured on the cover of the Bee Cave Messenger.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Police Department	512-314-7590
Sheriff – Non-Emergency.....	512-974-0845
Travis County ESD No.6/Lake Travis Fire Rescue	
Administration Office.....	512-266-2533
Travis County Animal Control.....	512-972-6060

SCHOOLS

Lake Travis ISD	512-533-6000
Lake Travis High School.....	512-533-6100
Lake Travis Middle School.....	512-533-6200
Lake Travis Elementary.....	512-533-6300
Hudson Bend Middle School	512-533-6400
Lake Pointe Elementary.....	512-533-6500
Lakeway Elementary	512-533-6350
Serene Hills Elementary	512-533-7400
Bee Cave Elementary.....	512-533-6250
West Cypress Elementary	512-533-7500

UTILITIES

Travis County WCID # 17.....	512-266-1111
Lakeway MUD	512-261-6222
Hurst Creek MUD.....	512-261-6281
Austin Energy	512-322-9100
Pedernales Electric.....	888-554-4732
Texas Gas Service	
Custom Service.....	1-800-700-2443
Emergencies.....	512-370-8609
Call Before You Dig.....	512-472-2822
AT&T	
New Service.....	1-800-464-7928
Repair.....	1-800-246-8464
Billing.....	1-800-858-7928
Time Warner Cable	
Customer Service.....	512-485-5555
Repairs.....	512-485-5080
Austin/Travis County Hazardous Waste	512-974-4343

OTHER NUMBERS

Bee Cave City Hall.....	512-767-6600
Bee Cave Library	512-767-6620
Municipal Court	512-767-6630
Lake Travis Postal Office.....	512-263-2458
Baylor Scott & White Medical Center.....	512-571-5000
City of Bee Cave	www.beecavetexas.com

NEWSLETTER PUBLISHER

Peel, Inc.	512-263-9181
Editor.....	beecave@peelinc.com
Advertising.....	advertising@peelinc.com

Around Bee Cave

Hill Country Rolling Sculpture Car Show



The Hill Country Rolling Sculpture Car Show has been an institution at the Hill Country Galleria since 2008, with upwards of 200 classic and collectors cars and bikes on display. Due to construction at the Galleria, this year's show date has been moved from its traditional October date to Sunday, January 15, 2017. All proceeds benefit the Friends of Bee Cave

Public Library. Join us for live music and trophy awards and see all the "rolling sculpture!" The event is free for spectators. Visit www.RollingSculptureCarShow.com for full details.

Bee Cave Library News and Events

BOOK CLUB

Thursday, February 9th 7:00 P.M.
January Book: Bone Gap, by Laura Ruby
No cost, welcome new members

STORY TIME

Preschool Pals Storytime, Thursdays at 10:30 A.M. & 11:15 A.M.
Toddler Tales Storytime, Fridays at 10:30 A.M. & 11:15 A.M.
Free admission

WHAT'S FOR LUNCH?

Every First Wednesday – February 1st 12:00 P.M. – 1:00 P.M.
February theme is Love Notes Calligraphy with special guest Trina Boling. No RSVP necessary. Lunch provided, or bring your own.
A \$5 donation is welcome!

Bee Cave Public Library
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www.beecavetexas.com

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LAKE TRAVIS READS

The Midnight Assassin: Panic, Scandal, and the Hunt for America's First Serial Killer, by Skip Hollandsworth



Popular cultural education program features bestselling true crime book

Now entering its tenth year, **LAKE TRAVIS READS 2017** will feature the new book by Skip Hollandsworth, *The Midnight Assassin: Panic, Scandal, and the Hunt for America's First Serial Killer*. The narrative history details a series of gruesome murders in Austin in the mid-1880s that were never solved. Hollandsworth,

who lives in Dallas with his wife and daughter, has been praised for his in-depth research and ability to give equal attention to history and the grisly details that make the story so gripping.

The murders were sensational at a time when news was beginning to travel faster across the country and the open spaces of Texas were becoming more heavily populated. The killer struck women, mostly with an ax blow to the head. African-American servant women were the first victims, but after a year, the killer began attacking socially prominent white women. Pressure grew on the Austin mayor, police, and the Texas governor to solve the case. Top detectives from Houston and Chicago were called in to assist and bloodhounds were dispatched, all to no avail. When Jack the Ripper stories began circulating in London, newspapers at the time even speculated that Austin's killer had moved across the Atlantic. Hollandsworth details his obsession with the crimes and his relentless search for information in train records, ship manifests, and prison records of the era, as well as interviews with descendants of the people involved. In an interview with *The Houston Post*, the author lamented that we may never know the identity of the killer: "It just seems impossible to believe that there is no way that we will ever know who the Midnight Assassin was. Austin only had 17,000 people [at the time]; how did nobody know who he was?"

Hollandsworth also co-wrote the screenplay for the feature film *Bernie* with Richard Linklater, who directed the 2011 black comedy that starred Jack Black as Bernie Tiede, confessed murderer of 80-year-old millionaire Marjorie Nugent in Carthage, Texas. He is the Executive Editor of *Texas Monthly* and has been a finalist four times for a National Magazine Award, the magazine industry's equivalent of the Pulitzer Prize.

The community is invited to hear Hollandsworth speak at the 2017 **LAKE TRAVIS READS** "Evening with the Author" on Tuesday, February 21, 2017 at 7:00 p.m. at Lake Travis Community Library, located at 1938 Lohmans Crossing Road in Lakeway. The event is

free and open to the public. Copies of the book will be available for purchase and signing.

LAKE TRAVIS READS is a "One Book, One Community" program co-sponsored by Bee Cave Public Library, Lake Travis Community Library, and Spicewood Community Library that encourages the community to read the featured title and then meet the author at a special evening event. Copies of the featured book are available at the libraries for checkout in a variety of formats including print, audio, and digital.

For more information, visit www.laketravisreads.org or any of the participating libraries.



LAKE TRAVIS READS Skip Hollandsworth



Lake Travis Reads invites you for an evening with award-winning writer, journalist, screenwriter and executive editor of *Texas Monthly*,

Skip Hollandsworth

"An Evening with the Author"

Tuesday, February 21

7:00 pm

Lake Travis Community Library



Lake Travis Reads
A One Book, One Community Program
www.laketravisreads.org
2017



Lake Travis Reads 2017 is the 10th annual "One Book, One Community" program whose goal is to bring our Lake Travis communities together through the shared reading and discussion of the works of our favorite authors. Lake Travis Reads is sponsored by the Libraries & Friends of the Library of Bee Cave Public Library, Lake Travis Community Library, and Spicewood Community Library.

TREE CAVITIES

I took some time to go over the articles of the past couple of years. I have covered many topics that I commonly deal with during consults with clients regarding their trees. This month and next month I will cover three related concerns that I address at just about every appointment: tree cavities/hollows, and next month -fungi that grow on trees and rot that they cause. I hope the next three articles will effectively demonstrate the relationship between them.

It is very common for trees to be hollow to some degree – especially if they are of considerable size and age. In most cases, it is a result of one primary, precipitating event – lightning. Other precipitating events can be wind sheering of large branches, improper pruning of large branches and unhealed deer rubs on trees when they were young.

Regardless of the cause, the present question is: Now that there is a cavity - What is to be done? Some “home remedies” I’ve come across in my years of caring for trees are quite interesting – from filling them with rocks (maybe as much of a way to get rid of the rocks from view as a tree remedy), concrete, filling them with expanding foam, and mechanically removing everything inside the tree possible.

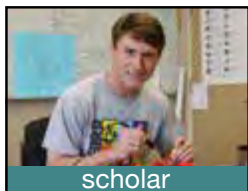
First, it is critical to not do any of the first three in any circumstance! There are many reasons for this, but the principle one is that what will result is more moisture will remain inside the tree for longer, facilitating rot. Rot is by far the worst debilitator of tree health and structural

integrity. As with most cases, Mother nature knows best – air flow is the best way for moisture to dissipate. Removing non-structurally assisting material in the cavity (i.e. organic litter: rotting wood, leaves, sticks, squirrel stashes, etc.) will help by eliminating those objects which will sponge and hold moisture in the hollow longer. Do not try to pry out hard heartwood though by any means. In those cases where a proportional and moderate-sized drill hole can assist with air flow and future water drainage from a cavity, as well as also function as a port for evacuation of organic litter by water-flushing of the cavity (least intrusive, damaging means of cleaning decades of litter out at once I’ve found and employ regularly), in some cases a drilling injury is warranted. To keep out animals from the cavity – a chicken wire mesh with stout fence staples holding it in place will work quite effectively.

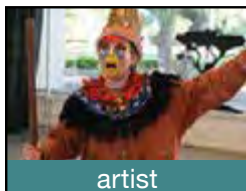
The goal of cavity “repair” is to allow the tree a better environment to slow the rot – thereby enabling the tree’s response of wound wood and callus growth, as well as changing the density and location of its new growth in order to compensate for the changes in wind pressure resistance resulting from its cavity.

Questions or comments this article or previous articles have generated, may be directed to me at:

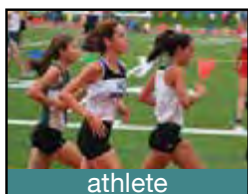
kevin@arborcareandconsulting.com



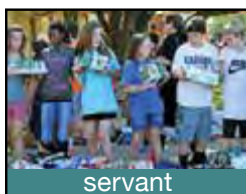
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Around Bee Cave

BEE CAVE CITY COUNCIL

Up Coming Meetings

Tuesday, January 10th @ 6:00 P.M.

Tuesday, January 24th @ 6:00 P.M.

Bee Cave City Hall
4000 Galleria Parkway
(512) 767-6600 • www.beecavetexas.com

Open to the public

Bee Cave Chamber of Commerce

January General Meeting

Guest Speaker Bill Bayless,
CEO of American Campus Communities
Wednesday, January 11th 5:00P.M. - 7:00P.M.
Sonesta Bee Cave Hotel's roof-top bar, Meridian 98
12525 Bee Cave Parkway
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www.beecavechamberofcommerce.com

Free for members and guests.

Welcome New Members!

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www.primrosebeecave.com

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Star Benefits Group
16200 Zagros Way Bee Cave, TX 78738
www.starbenefitsgroup.com

Costco Wholesale
4301 W. William Cannon A-100 Austin, TX 78749
www.costco.com

Estancia Art
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www.estanciaart.com

The Bee Cave Chamber of Commerce is currently accepting new members. Please visit www.beecavechamberofcommerce.com to find out more.

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View Texas Art and Culture on San Antonio Trip



“Art and Culture: Texas Style!” says it all for the second Arts Trek of the season Thursday, Feb. 9, sponsored by the Spicewood Arts Society. The San Antonio trip will highlight Texas’ diverse culture, visiting the Institute of Texan

cultures, the historic Ursuline convent and Academy, lunch at the Copper Kettle on the campus of the Southwest School of Art, and finishing with a tour of the San Antonio Museum of Art. Sign up by January 24, 2017 through the Spicewood Arts Society’s website, www.spicewoodarts.org. The trek cost of \$120 includes transportation, admissions, gratuities, lunch, light breakfast and snacks, and wine.

For more information, contact:

Mary Ann Jurgens

Spicewood Arts Society Publicity Chair

612-310-9024 or maryannjurgens@mac.com

Spicewood Arts Society Annual Fundraiser Saturday, Feb. 18

Sing and dance to the music of Suede, Austin’s premier cover band, at the Spicewood Arts Society’s annual “Rockin’ the Vineyard” fundraiser at 6 p.m. Saturday, Feb. 18 at Spicewood Vineyards. The annual event benefits arts programs in local schools and scholarships awarded to area high school seniors pursuing an arts career. Last year the Spicewood Arts Society awarded five \$1500 scholarships.

“Rockin’ the Vineyard” includes a silent and online auction, catered dinner from Verde’s Mexican Parilla, games and dancing. Visit the website, www.spicewoodarts.org, to buy tickets (\$100) or for more information. Spicewood Vineyards is at 1419 County Road 409, Spicewood.

For more information, contact:

Mary Ann Jurgens

Spicewood Arts Society Publicity Chair

612-310-9024

maryannjurgens@mac.com



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What is CROSSFIT

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Around Bee Cave

CONGRATULATIONS TO THE LAKE TRAVIS CAVALIERS
2016 TEXAS 6-A D-I FOOTBALL STATE CHAMPIONS





Around Bee Cave

HITTING THE SLOPES THIS SKI SEASON?

Keep in mind these tips to prevent injuries on the slopes.

Written by Kelly Cunningham, MD Sports Medicine specialist Founder. Austin OrthoBiologics.

As a former US Olympic Men's Ski Team physician and orthopedist, every year during the winter months I treat many ski & snowboard injuries. As traveling doctor for the team, I accompanied the athletes throughout the US, Canada and Europe on the World Cup tour and was responsible for the triage, stabilization, and treatment of these world-class skiers.

One of the most frequent questions I get this time of year from my patients who ski is "How can I avoid hurting myself on the ski slopes?" So what do I tell recreational skiers about staying healthy while on the slopes?

First and foremost, adjust to the altitude in your first few days. While there are medications that will improve your blood oxygen, they require a prescription and can have side effects. Perhaps the easiest to take along are low-dose aspirin or ginkgo biloba, as both are safe (unless allergic) and easy to take. Low-level exercise and lots of water (especially during the first night) are also key, as is abstinence from alcohol during the first 24 hours at altitude.

Modern skis, boots, and bindings are universally safe now, unlike in

decades past. Multi-release bindings help you come out of your skis safely in a fall and with less stress on your knees, the most commonly injured joint in a skier. Make sure they are set correctly.

Speaking of knees, in most solid, intermediate skiers, unlike beginners (learning to stop) and racers (ACL injury from shear forces), serious knee injuries are actually quite rare.

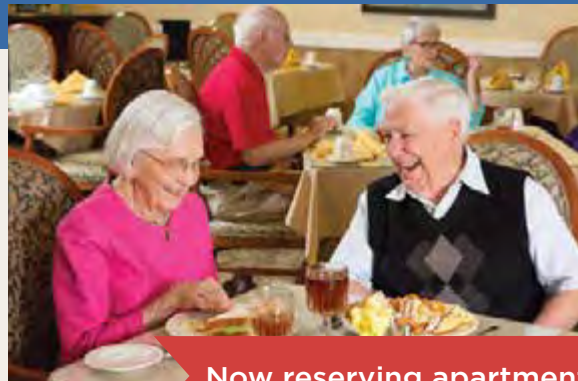
The best way to protect yourself from ski injury is:

- get in good "ski-shape"
- ski within your limits
- stay relaxed but focused
- watch out for that last, fatigued run of the afternoon
- if you fall, fall forward and throw your hands in front of you

And always, always, wear a helmet!

Austin resident Kelly Cunningham, MD is board certified by the American College of Orthopedic Surgeons, and an active member of the Arthroscopy Association of North America and the International Cartilage Repair Society.

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SANTA CLAUS VISITED SPILLMAN RIDGE IN BEE CAVE!

Residents in Falconhead's Spillman Ridge were treated to a Holiday Wonderland recently when Susan and Bill Tiger artistically displayed over 900 beautifully hand-crafted Santas in their home and that of a friend. Over the years, Susan has collected creations by artists from all over the world. With a keen eye for unique Santas, Susan does not hesitate to snap up new additions that she knows will add a special touch to her beautiful collection. "Susan spent over a month working on her display here in our home," Bill explained. "Of course, it took me three weeks to bring the boxes in from the garage!" The effort was well worth it. The end result was incredible, and brought a special bit of holiday magic to the community!



Around Bee Cave

NATUREWATCH THE PRESERVES AROUND US

by Jim and Lynne Weber

One of the main reasons Austin is such a wonderful place to live is because it is interlaced with a patchwork of preserves, which together comprise the Balcones Canyonlands Preserve (BCP) System. In 1992, voters in the City of Austin passed Proposition 10, approving \$22M in bonds for the sole purpose of acquiring and improving lands to protect air and water quality, conserve endangered species, and provide open space for passive public use. Jointly owned and managed by the City of Austin, Travis County, the Lower Colorado River Authority, the Nature Conservancy, the Travis Audubon Society, and private landowners, the BCP's ultimate goal is to set aside 30,428 acres that contribute to the quality of all life here in Austin.

A multi-agency conservation effort that operates under a regional permit issued under the Endangered Species Act by the U.S. Fish & Wildlife Service, the BCP consists of several tracts of land in western Travis County. It is important to note that a 'preserve' is different than a 'park', and is set aside for the purpose of maintaining a natural state rather than developed for recreational use. The BCP protects prime habitat for the endangered Golden-cheeked Warbler, a bird species that is found only to breed within Central Texas' specialized mix of native, mature Ashe Juniper (often incorrectly called 'cedar') and stands of Live, Spanish, and Shin oak trees. This type of mixed oak-juniper woodland grows mainly on



The endangered Black-capped Vireo.

existence underground in karst formations. These karst features, such as caves, sinkholes, cracks, and crevices, were formed by the dissolution of calcium carbonate in limestone bedrock by mildly acidic groundwater. Over 70 other rare plant and animal species also exist on the preserves, making this region one of the most biologically diverse areas in the country. As such, Central Texas is happily home to more habitat conservation plans than any other region in the United States.

These wild and beautiful areas require management plans in order for them to remain pristine habitats. This includes establishment of secure boundaries and rules for access control, maintenance of appropriate trails, species monitoring, habitat enhancement, and – last but not least – public education and outreach to promote good neighbor relations. As Austin residents, we can do our part to become stewards of these unique habitats. While in the preserve system, we can stay on marked trails, travel only on foot, and “take only photographs, leave only footprints.” In our neighborhoods, especially those that border preserve tracts, we can landscape with native plants, remove invasive plants, eliminate pesticide use, be responsible pet owners, practice water conservation, and always respect preserve boundaries.

Most importantly, we can all minimize further negative impacts on the fragile habitat that surrounds our neighborhoods by caring for the preserves through volunteering. Some of the activities you can become involved with in the preserve system include long-term habitat restoration, gathering and planting native seeds, removing non-native invasive plants, leading guided hikes, and learning about and sharing your knowledge of the native plants and animals that make this such a special place to live. For more information, visit the Balcones Canyonlands Preserve website at: www.austintexas.gov/bcp.

Send your nature-related questions to: naturewatch@austin.rr.com and we'll do our best to answer them. If you enjoy reading these articles, check out our two books, *Nature Watch Austin* & *Nature Watch Big Bend*, both published by Texas A&M University Press, and our blog at naturewatchaustin.blogspot.com.



The endangered Golden-cheeked Warbler.

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Around Bee Cave

TEXAS A&M AgriLIFE FUNGUS GNATS

Fungus gnats often become a problem in homes due to an overwatering problem. Since this time of year can bring poinsettias or other plants into the home, fungus gnats are a pest to watch for.

Fungus gnat adults are small, black, long-legged flies with long antennae. Most adults are about 1/16 an inch but some can get up to 1/2 an inch. They are weak fliers and generally remain near potted plants, growing media, foliage or leaf litter.

Larvae, or immatures, have a black head capsule and long whitish body without legs. They feed on organic matter such as mulch, compost, grass clippings, plant roots and fungi. When conditions are very moist, fungus gnat larvae can become abundant and may leave slime trails on media that looks similar to trails left by snails or slugs.

While these gnats are a nuisance they are fairly easy to manage.

Indoors, it is a good idea to use yellow sticky cards as a monitoring tool. Potato pieces may also be used as a monitoring tool for fungus gnats. To do this, imbed a peeled potato cube into media and inspect the underside of the potato and the media directly below it twice a week for fungus gnat larvae.

To manage fungus gnat populations, work on reducing excessively moist conditions. Avoid overwatering and make sure that there is good drainage. The surface of container soil should be allowed to dry before watering again.

If using compost, make sure that items have been fully composted. Compost piles should be turned regularly and kept away from doors or windows. Inspect all doors, windows, vents and screens for a good seal to reduce the number of gnats that may enter a structure.

Bacillus thuringiensis var. *israelensis* or the nematode *Steinernema feltiae* can be applied in containers to control larvae. Either spray on the media or apply as a soil drench. Biologicals work best when they are applied early in an infestation. If a population is already large, they may not provide the control desired.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com



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Curry Chicken Salad

Recipe from Barefoot Contessa Family Style, 2002.

INGREDIENTS

3 whole (6 split) chicken breasts, bone-in, skin-on
Olive oil
Kosher salt and freshly ground black pepper
1 1/2 cups good mayonnaise (recommended: Hellman's)
1/3 cup dry white wine
1/4 cup chutney (recommended: Major Grey's)
3 tablespoons curry powder
1 cup medium-diced celery (2 large stalks)
1/4 cup chopped scallions, white and green parts (2 scallions)
1/4 cup raisins
1 cup whole roasted, salted cashews

DIRECTIONS

Preheat the oven to 350 degrees F.

Place the chicken breasts on a sheet pan and rub the skin with olive oil. Sprinkle liberally with salt and pepper. Roast for 35 to 40 minutes, until the chicken is just cooked. Set aside until cool enough to handle. Remove the meat from the bones, discard the skin, and

dice the chicken into large bite-size pieces.

For the dressing, combine the mayonnaise, wine, chutney, curry powder, and 1 1/2 teaspoons salt in the bowl of a food processor fitted with the steel blade. Process until smooth.

Combine the chicken with enough dressing to moisten well. Add the celery, scallions, and raisins, and mix well. Refrigerate for a few hours to allow the flavors to blend. Add the cashews and serve at room temperature.



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