

Sixth Annual Fashion with Passion Raises Almost \$60,000

Class of 2017 Fundraises for the Jordan Merecka Caring Heart Fund and the Travis Chaffin Memorial Scholarship Fund

On Thursday, November 3rd, Celebrating Soul Cypress, soon to be rebranded to "Deep Cypress Neighbors," hosted its sixth annual Fashion with Passion Event at the Enchanted Cypress Ballroom. Students of Class of 2017 from Cy Fair High School, Cy Woods High School and Cypress Christian School, who served as the models began their fundraising journey eight months prior to this event by participating in the Cypress Challenge, #17DaysofKindness. The challenge required each model to commit to 1 act of kindness per day in order to raise awareness for the programs of Celebrating Soul Cypress, such as changing a flat tire or preparing snack bags for the homeless.

This year, the event raised almost \$60,000, which benefits individuals and families who have experienced financial setbacks due to traumatic experiences. Additionally, the event's proceeds go toward the Travis Chaffin Memorial Scholarship Fund for youth who demonstrate a strong character and heart for philanthropy.

Over 300 community members participate in this event each year. At the event, the Jordan Merecka Caring Heart Award is presented recognizing the individuals who have experienced a traumatic situation and turned it into something positive, providing inspiration to their fellow community members. The recipients of this year's Jordan Merecka Caring Heart Award were Clyde and Melinda Gordon of Abby's Gift.

In addition, some local Cypress boutiques were in attendance at the event. Participants included: Anything Bling in Vintage, Muzzies, Al's Formalwear, Damsels & Blokes Salon, Chelsea B Cosmetics, and Dillard's Men's Department.

Next year's Fashion with Passion event will be held in November 2017.



(Left to Right): Founder/ Vice President Susie Pipkin, Founder/ Executive Director Teri Quance, Founder/ President Cynthia Gill, Founder/ Treasurer Shirley Chabala



(Left to Right) Dylan Higgins, Gia Gentilini – Class of 2017

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Rita J. Leader rita.leader@scorevolunteer.org

Luncheon Details

Thursday, January 26, 2017 Networking 11a.m.; Luncheon begins at 11:30 a.m. Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095 Costs \$25 with advanced reservations; \$30 at the door

Houston, Texas (December 7, 2016) Rita is an attorney who has practiced corporate law for over 30 years representing large publicly held corporations, individual entrepreneurs, small corporations, and venture capitalists. Her experience includes entity formation, private placements, stock and asset sales, mergers and acquisitions, spinoffs, tender offers, and capital formation. Rita began her legal practice at Vinson Elkins and worked for two other law firms before retiring in 2013. She currently is a counselor with SCORE, an affiliate of the Small Business Administration, providing free business advice and mentoring to start ups, entrepreneurs and small businesses.

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to provide a supportive environment for personal growth, business development, networking, education and mentoring to women in our community. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training.

For more information, visit, www.abwa.org.



Cypress Springs FFA Booster Club Mother's Day Market and Craft Show



Cypress Springs FFA Booster Club presents Mother's Day Market and Craft Show April 22-23, 2017 at the Telge Exhibit Center located at 11206 Telge Road Cypress, TX 77429. Join us in celebrating Mom for some shopping, great food and entertainment. Shop handmade crafts, jewelry, clothing, skincare and much more! Vendors include Tupperware, Scentsy, LuLaRoe, Origami Owl, Park Lane Jewelry and more! This is our annual fundraiser and proceeds from booth sales benefit the students of Cypress Springs FFA to assist with continuing education, scholarships and state convention costs. For information on how to become a vendor for this event, please conatct Elizabeth Ordonez at cy_springsffa@yahoo.com.



Cypress Area Food Pantry TIMES AND SERVICES

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations and volunteers are also greatly appreciated.

Computerized job search and resume preparation and printing are also available.



JACK AND JILL OF AMERICA ASSOCIATES PLAN "PUTTIN" ON THE RITZ" CHARITY GALA



The "Awesome, Amazing, Associates" of the Jack and Jill of America, Inc., North Houston Suburban Chapter will hold a "Puttin" on the Ritz" dance on Saturday, March 4th, 2017. The event will be take place from 8 p.m. to 12 a.m. at the Northgate Country Club, 17110 Northgate Forest Drive, Houston, Texas. The suggested attire is formal black and white.

"Puttin' on the Ritz" will benefit the Jack

and Jill of America Foundation, which supports education, literacy, scientific and charitable projects that benefit children. Tickets are \$65 per person. To purchase tickets, please contact Shirley Carter, at 281-222-7765 or sjmcarter@att.net.

Jack and Jill of America, Inc. is a non-profit family organization which is dedicated to nurturing future leaders by supporting children through leadership development, volunteer service, philanthropic giving and civic duty. More information about the organization can be found at www.jackandjillinc.org.

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- 3 7015 Barker Cypress at F.M. 529 Cypress, TX 77433 281.949.3600

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WOMEN EMPOWERING WOMEN EXPRESS NETWORK

The Women Empowering Women Express Network (WEWEN) of the American Business Women's Association (ABWA) invites you to attend a Monthly Networking Luncheon on January 4th, 2017. The luncheon will be held at the Raveneaux Country Club at 9715 Cypresswood Dr., Spring Texas, 77379. Open Networking begins at 11:00AM, followed by an informative program and lunch from 11:30AM-1:00PM. This month's program features Dr. Melanie Brown, head CenterPoint Energy's Strategic Execution Office in Technology Operations, presenting a program titled, "Ignite your future: the burning fuel of engaging, enriching, and expanding to become an unstoppable force."

In our constantly fast-past world of relationships and careers, we cannot rely on past successes to keep us going. We must be fierce in seeking opportunities to be vibrant, relevant, and distinctively unique in innovative ways that allow us to embrace the past and transform the future. In this captivating and high-energy presentation, Dr. Brown will share her experiences as a chemist, strategist, and entrepreneur on how to:

- · Spark curiosity and generate a buzz.
- · Create a culture of being at the "cool-kid" table.
- · Embrace the abundance mindset.
- · Discover untapped potential energy.
- \cdot Adopt the 90/10 rule of conversations.
- · Be inspired to mentor and be mentored.
- · Use passion as a catalyst to journey pathways of success.

Expand your network, grow your business skills, reach a new audience, or advance your career with the Women Empowering Women Express Network of ABWA. WEWEN meets the first Wednesday of each month from 11AM-1PM. Additional details and luncheon registration (\$25) are available at wewen.org. Contact communications@wewen.org with questions.

About ABWA

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 65 years to women's education, workplace skills, and career development training. For more information, visit abwa.org.

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Class coordinated by Messiah member Debbie Evans. Questions? Contact Debbie at deb@EvansTaxCo.com. If you need childcare, you MUST let Debbie know prior to the class start date.

Messiah Lutheran Church is a grace place, a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular Sunday worship times are: 8 am—Traditions; 9:30 am—The Gathering; and 10:45 am—The Crossing. The Discovery (education) Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or www.messiahlc.org. All people are welcome at Messiah.



Rosehill Christian School Cheer Team

The RCS Eagle Pride Dance team had a very strong showing at the TAPPS State Dance Championships, which were held December 8-9 at the Arlington Convention Center. RCS Dance Director, Rochelle Lauve, said she was so proud of the attitude and effort demonstrated by the students on the team, many of whom were freshmen, and looks forward to the future as this team continues to grow, improve, and expand. The RCS Dance team glorified God in all that they did, bonded as teammates, and even met some new friends. As a small group performing a lyrical and pom routine, the Rosehill Eagle Pride Dance Team placed third overall, receiving state bronze medals in a very competitive field. The Dance team members are: Katie Hebert (Senior, Captain), Brooke Knighten (Freshman, Co-Captain), Yaminel Arzola (Senior), Mackensey Doyle (Freshman), and Madison Stoyak (Freshman). There were also individual all-state honors:

INDIVIDUAL RESULTS1st Team All-StateKatie Hebert2nd Team All-StateBrooke Knighten & Madison Stoyak

Congratulations to these students and their Director, as well as to all who participated. A special thanks to the teachers and parents who also helped make this event a success.

We praise God for His many blessings! Go Eagles!

Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on:

Saturday, January 21, 2017 NOON - 2:00 PM

The Cypress Texas Tea Party meets every three

weeks on Saturday

Noon until 2:00 PM at: Spring Creek BBQ 25831 Northwest Freeway Cypress, Texas 77429

Map: http://goo.gl/maps/OoNjY

A schedule of our meetings and confirmed speakers can be found at our website, www.cypresstexasteaparty.org



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OPEN SPRING 2017

TENNIS TIPS By USPTA/PTR Master Professional Polo Tennis and Fitness Club "How to execute The Forehand Lob"



In previous newsletters, I offered tips on how to hit the forehand groundstroke, the two-handed backhand, the one-handed backhand, the forehand volley, the two-handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead "smash", the forehand service return, the backhand service return, the forehand high volley approach shot, the two-handed high volley approach shot and the one-handed high volley approach shot.

In this issue, I will offer instructions on how to execute the Forehand Lob. This shot is used when a player is forced to retrieve a ball that is hit deep and the opponent is either charging to the net or staying far back. The player hitting the lob is looking for "air time" to regain balance and court space. This ball should be hit high enough so the players at the net cannot reach and "slam" the ball down, or force the opponent at the base line to retrieve back. In the illustrations, "Suzie" Foster, Member of the Polo Tennis and Fitness Club, shows the proper technique to execute this stroke.

Step 1: The Back Swing: When Suzie is forced deep into the court and realizes that she must hit a defensive lob, she pivots to the right and gets her racket back early. Notice that the head of the racket is

low and her left arm is up in front to keep her balance. Her eyes are focused on the path of the ball and her weight is in her right foot.

Step 2: The Point of Contact: Suzie is now ready to hit the ball. Her eyes are now on the point of contact and the face of the racket is tilted at a 45-degree angle to create height and depth on her lob. Her goal is to keep her head still and not start looking up to her opponent or to the other side of the court.

Step 3: The Follow Through: The success of a deep lob is the follow through. Suzie's wrist is still "laid back" and her shoulder is lifting the racket above her head. Her right arm is still in front of her to allow maximum balance.

Step 4: The Shuffle Back: Once Suzie finishes the stroke, her goal is to either move forward toward the net to hit an overhead, or to shuffle back to the middle of the court to drive the next ball back to the opponent.

Look in the next Newsletter for: How to execute "The Two-Handed Backhand Lob"



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SUDOKU



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