

February 2017

Volume 17, Issue 2



Women Empowering Women Express Network

The Women Empowering Women Express Network (WEWEN) of the American luncheon on February 1, 2017. The luncheon will be held at the Raveneaux Country Club at 20515 State Hwy 249, Houston, Texas 77070. Open Networking begins at 11:00AM, followed by an informative program and lunch from 11:30AM-1:00PM. This month's program features Marie Myers, senior vice-president of Finance, HP Inc., presenting a program titled, "Finance is a Field that Goes Far Beyond Administration for Successful Businesses!"

Marie Myers is an internationally recognized business leader and expert in global information technology, finance, and business strategy. As senior vice-president of Finance for HP Inc. in Houston, Myers oversees the Global Controllership and Financial Shared Services organizations.

Following her graduation from the University of Queensland with a Bachelor of Arts and Bachelor of Economics, Myers worked as an economist for the Australian government before setting her sights firmly on an international career and moving overseas to eventually join Compaq, which was bought out by Hewlett Packard.

Myers impressive list of achievements within Hewlett Packard over 20 years include directing the largest financial division in business history, leading the change management of 2,500 employees internationally, and overseeing revenue in excess of \$50 billion. Myers is not only renown for her skills as a leader in business and technical acumen, but for her ability to coach, direct and run diverse teams, and her dedication to mentoring and developing people, which has earned her the admiration and respect of her peers throughout the industry.

Myers is a passionate supporter of young women, and has provided mentorships for women at University of St Thomas in Houston, and is a regular panelist, speaker and presenter on diversity and improving the status of women.

Expand your network, grow your business skills, reach a new audience, or advance your career with the Women Empowering Women Express Network of ABWA. WEWEN meets the first Wednesday of each month from 11AM-1PM. Additional details and luncheon registration (\$25) are available at wewen.org. Contact communications@wewen.org with questions.

About ABWA

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 65 years to women's education, workplace skills, and career development training. For more information, visit abwa.org.

Important Numbers

Robison Elementary281-213-1700
Spillane Middle School281-213-1645
Cy-Fair High School
Cy-Woods High School
Constable Ron Hickman, (24 Hour Emergency) 281-376-3472
Centerpoint Energy Gas713-659-2111
Centerpoint Emergency Gas Leaks 713-659-3552
CenterPoint Energy713-207-2222
Poison Control Center
Cypress Mill M.U.D. #1
AT&T Repair Center800-246-8464
Street Light Outages713-207-2222
Comcast Cable713-341-1000
Waste Corporation of America Recycling 281-368-8397
Principal Management713-329-7100
Pipeline Company
Street Lights – Center Point Energy713-207-2222
Damaged or Burned Out Street Lights **They will need 6-digit pole number when calling**
Harris County Road and Bridge281-463-6300
To request street signs and to report street damage, curb damage,

street flooding, or missing/damaged street signs.

Newsletter Publisher

Contributing Editor	Samantha Y. Obas
Articles	cypressmill@peelinc.com
Peel, Inc	advertising@PEELinc.com, 888-687-6444

Newsletter Deadline

The deadline for the newsletters is the 9th of each month. Please email articles to: <u>cypressmill@peelinc.com</u>

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Race for Education

Join the race for education through the fourth annual CFISD Superintendent's Fun Run & Festival, slated for Feb. 18, 2017 from 8 a.m. to noon at the Berry Center. Underwritten by Cypress Fairbanks Medical Center Hospital, the fun run supports student scholarships through the Cy-Fair Educational Foundation. Options include a chip-timed 5K run, a 1-mile run/walk and a family fun path. Children's games and activities, music entertainment and food trucks make this a fun event for the entire family.

Register as soon as possible! The Berry Center is located at 8877 Barker Cypress Road and Towne Lake. Find more information and register at www. cfisd.net/funrun.



Mike Hicks, DVM Sandra Harris, DVM P.J. Wonder Koehne, DVM

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THE NORTHWEST FLYERS YOUTH TRACK CLUB

The Northwest Flyers Youth Track Club will celebrate its 30th Anniversary Season by hosting its annual free Registration/Orientation breakfast on Saturday, February 4th, 2017, for all boys and girls who are interested in joining for the 2017 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The event is an opportunity for youth athletes to register for the 2017 spring/summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track &Field Olympic organization (USATF). All athletes and parents who wish to join the Northwest Flyers must attend the orientation.

The Northwest Flyers Track Club is a youth (ages 6 -18) track club, affiliated with USA Track & Field (USATF), that provides a full program of sanctioned "track" events such as sprints, hurdles, middle distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, shot put, discus and javelin.

For additional information on the Northwest Flyers Track Club,

please visit the team website at http://www.northwestflyers.org; contact Linette Roach at linette.roach@sbcglobal.net; or "Like" the club on Facebook.





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Cy-Fair Republican Women

February Meeting

Tuesday, February 14th will be CFRW General Meeting from 10:30 AM - Noon. Meeting is \$3 -- Meeting w/Lunch at Noon is \$20.

Hearthstone Country Club, 7615 Ameswood, Houston, TX 77095

All are welcome! Enjoy like-minded fellowship and relevant speakers. One of our goals is to bring understanding of our system of government to the community.

RSVP to www.cfrw.net by February 7th.

Cypress Area Food Pantry

CYPRESS AREA FOOD PANTRY -times and services

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations

and volunteers are also greatly appreciated.

Computerized job search and resume preparation and printing are also available.





Common Structural Termites

There are three main types of termites that can cause problems for homeowners in Texas- native subterranean termites, formosan subterranean termites and drywood termites.

Native subterranean termites have nests in the soil and must maintain contact with soil or an above-ground moisture source to survive. If native subterranean termites move to areas above ground they make shelter (mud) tubes of fecal material, saliva and soil to protect themselves.



Native subterranean termite workers and soldiers.

Formosan termites are a more voracious type of subterranean termite. These termites have been spread throughout Texas through transport of infested material or soil. Formosan termites build carton nests that allow them to survive above ground without contact with the soil. Nests are often located in hollow spaces, such as wall voids.



Formosan subterranean termite workers and soldiers.

Formosan termites feed on a wider variety of cellulose than other subterranean termites, including live plants (and can be found living and feeding on trees), consuming both spring and summer growth wood whereas native subterranean termites feed only on spring growth. Formosan termites have also been known to chew through non-cellulose materials such as soft metals, plaster or plastic.

Drywood termites do not need contact with soil and reside in sound, dry wood. These termites obtain moisture from the wood they digest. Drywood termites create a dry fecal pellet that can be used as an identifying characteristic. They have smaller colonies- around 1,000 termites- than subterranean termites; they also do not build shelter tubes.



Drywood termite fecal pellets.

If you are concerned that you may have termites, call a pest management professional to inspect your home for termites.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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BOY SCOUTS OF AMERICA Troop 533 & 1907

FUNDRAISER Good Shepherd United Methodist Church and Fairfield Baptist Church

If you are looking to beautify your landscape and bring your lawn back to life, then you will be interested to know it is that time of year again for fertilizer and mulch sold to you and delivered to your home by your local boy scouts this spring!

Troop 533 chartered by GSUMC and Troop 1907 chartered by FBC have joined forces once again to conduct their annual fertilizer and mulch fundraiser starting January 9, 2017. Troop 533 has delivered to homes in the Cypress community for more than 10 years and is proud to continue this tradition with Troop 1907. Scouting makes a direct and positive impact on your community by teaching positive values and leadership skills to our youth. Your support ensures Scouting will continue building character, fitness and citizenship for years to come.

The funds from your purchase will directly benefit the troop, and each individual scout, on their continued journey through the scouting program. The proceeds from each scout's sales will help fund activities such as High Adventure Camp, Summer Camp, Treks, monthly troop campouts and so much more. By purchasing your lawn mulch and fertilizer from the scouts, you are directly supporting scouting programs where you live – programs that clean up your parks, gather food for the area needy and even help your community prepare for disaster.

This year's offerings include red, black, hardwood or pine bark mulch as well as premium or slow release fertilizer and weed n feed fertilizer. Scouts will be visiting your neighborhood soon! All purchases will be delivered by the Scouts on February 25, 2017.

For your convenience, Scouts will be selling door to door in your subdivision beginning January 9th. If you are reading this circular and think we may miss you, please order by emailing Troop 533 at BoyScoutsTroop533@yahoo.com.

Yours in Scouting, Scoutmaster Louis Mayer (Troop 533) and Scoutmaster Chad Gaulding (Troop 1907)

Smart Talk About Home Remodeling

The temperatures feel like Spring already and the time of year that you start looking at your home and thinking about remodeling is almost here. You may have noticed that the outside of your home needs a little work or you may be looking at putting your home on the market. When it comes to remodeling, where do you start?

Every year, "Remodeling" magazine looks at the average costs of home remodeling projects with the value of those projects retain at resale in over 100 U.S. cities. The smartest investment that you can make when remodeling may surprise you. Many homeowners go to the time honored update of the kitchen and bathrooms to garner the best price per square foot at resale.

However, "Remodeling" magazine ranks "re-siding with fiber cement as the #1 return on investment when compared to other mid-size remodeling projects" for the fourth year in a row. Compared to adding a bathroom, re-siding your house with fiber cement nets a 25 percent higher return on investment. Re-siding with fiber cement will also increase your return by 11 percent over vinyl windows and a whopping 24 percent greater than a major kitchen remodel or roof replacement.

The next question in remodeling is who to trust with your home remodeling project. Choose a company with a good reputation that offers solutions for your remodeling needs. Ask trusted friends for recommendations, check out the company's BBB rating and know that the cheapest estimate may not always be the best. Michael Berry, KTRH 740AM personality and host of the Michael Berry Show, endorses Houston Siding. Berry states, "I have spoken for Houston Siding Company for 10 years and have never had a complaint."

Texas has its own set of challenges with temperatures in the highs and lows as well as high humidity and storm potential. With a familiar slogan in Texas being "if you don't like the temperature just wait a few minutes," you should look for products that are durable as well as suited for the climate.

An innovative product from James Hardie brings new technology to siding. James Hardie Insulated Lap Siding offers siding backed with foam insulation. It is engineered to keep your home cooler in the summer and warmer in the winter. Because foam insulation helps maintain a more consistent temperature in your home, it can help reduce your energy bills and conserve resources for long-term energy efficiency. James Hardie insulated siding is available at Houston Siding, a James Hardie Elite Preferred Contractor.

As Spring time approaches and remodeling projects start, you want to ensure that you're using the best possible products and company for your next remodeling project.

About Houston Siding

Houston Siding Company is a Houston based company that provides replacement siding, installation and repairs along with windows and roofing. They were established in 1991. They are a James Hardie Elite Preferred Contractor. For more information, please see www. houstonsiding.com.

Bring the World to your Child by Hosting a Foreign Exchange Student

By Vicki Odom

One life changing way to broaden your child's world view is to volunteer to host a high school foreign exchange student. Foreign exchange programs have been around for almost 100 years, and their mission has always been the same – to educate people about different cultures through person-to-person exchange.

"We welcome host families of all shapes and sizes – families with young children, families with no children, empty nesters whose children have left home, single parents and non-traditional families," says Connie Coutu, regional manager for Ayusa, a non-profit promoting global learning and leadership through foreign exchange and study abroad opportunities for high school students. "The key requirements for a host family are to provide a safe and nurturing home environment, genuinely love children, and have a desire to learn more about a different culture."

Volunteer host families provide foreign exchange students a nurturing environment, three meals a day and a bedroom (either private or shared with a host sibling of the same gender). Each host family and student is supported by a professionally trained community representative who works with the family and student for the entire program. All interested host families must pass a criminal background check and a home visit by an exchange organization.

Foreign exchange students come from all over the world including Argentina, China, and France to name a few. All high school foreign exchange students are fully insured, bring their own spending money, and are proficient in English – and all high school exchange programs are regulated by the U.S. Department of State.

Interested host families are required to fill out an application, pass a background check and interview with a local exchange program representative in their homes. Once accepted to a program, host families can view profiles of students to find the right match for their family.

Ayusa is currently accepting applications for families to host an exchange student for the 2017-2018 school year. For more information about hosting a high school foreign exchange student, please contact Ayusa at 1.888.552.9872 or by visiting the website at www.ayusa.org.



EXPANDING EXPECTATIONS.

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We've grown to meet our community's need for exceptional care.

Soon Cypress families can get Memorial Hermann healthcare services and specialties close to home. Opening this spring, Memorial Hermann Cypress Hospital will offer orthopedics and sports medicine, neurology, general surgery, heart and vascular, labor and delivery, gastroenterology, urology and more. The 80-bed, state-of-the-art hospital will include an Emergency Center staffed by board-certified affiliated emergency medicine physicians, 8 operating rooms, a 16-bed intensive care unit, labor and delivery, a neonatal intensive care unit, a cardiac catheterization lab and Memorial Hermann Life Flight* helipad. The hospital is set on a 32-acre, master-planned campus designed with room to grow as Cypress does. And you can expect all of our advanced offerings to maintain the highest quality and safety standards, because a community as special as ours deserves the very best.

Highway 290 between Mueschke and Mason memorialhermann.org/cypress

OPEN SPRING 2017



CROCK POT CHICKEN CHILI DIP

INGREDIENTS

3 - 4 Chicken Breasts
1 can Cream of Mushroom soup
1 can Cream of Celery soup
1 can Cream of Chicken soup
1 can of green salsa
116-oz can of chili (without beans)
1 small can of green chilies
4-6 nine-inch flour (or corn) tortilla, cut to strips
1½ cups grated American, Cheddar, & Gouda cheeses

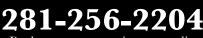
DIRECTIONS

Boil chicken breasts in boiling water for 25-30 minutes, or until done; let cool. Tear chicken off the bones (unless boneless) into strips, or bite-size pieces. Place into crock pot. Add all other ingredients until blended. Place crock pot on low for 1 hour to heat thoroughly.

Can be enjoyed by itself as an appetizer, or use hearty tortilla chips for a dip.



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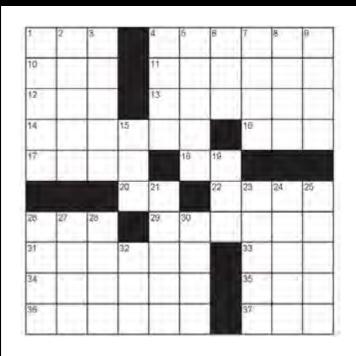


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CROSSWORD PUZZLE



ACROSS

DOWN 1. Belong 1. Finds -4. Elevator alternative 2. Make available 3. Not here 10. Fire remains 11. Short guy, hairy feet 4. Tibia 12. Manipulate 5. Fire iron 13. Indoor 6. Abdominal muscles (abbr.) 14. Coaxing 7. As previously cited 16. Condensation 8. Cycle 9. Soup 17. Adolescent 18. South Carolina (abbr.) 15. Hotel 20. New Jersey (abbr.) 19. Cash with order (abr.) 21. Rachel's husband 22. Hornet 26. Rock 23. Regions 29. Loves 24. Reddish brown 25. Sacred song 31. Demonstrate 26. Pearls 33. Government agency 27. Vile 34. Subordinate 35. Cause of sickness 28. Brief 36. Elapse (2 wds.) 30. Refuse to believe 37. Surface to air missile 32. Pinch

View answers online at www.peelinc.com

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Wallpaper Removal &

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Interior Carpentry

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Roofing

• Faux Painting

- Interior & Exterior Painting
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- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Repair/Replacement
- Custom Staining
- Gutter Repair & Replacement
- Crown Molding

NO MONEY UP FRONT



CYPRESS MILL

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Selling Your Home In Cypress Mill?

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- Marketing on multiple websites for 24/7 exposure of your home.
- The Mike Schroeder Team has over 30 years of combined real estate experience.
- The market is HOT, homes are selling at a record pace and we would be honored to sell your home.
- · Flexible commission plans

Cypress Mill Year-to-Date Sales Report											
	Mar '16	Apr '16	May '16	June '16	July '16	Aug '16	Sep '16	Oct '16	Nov '16	Dec '16	
\$201,000 and above	7	5	3	7	4	1	1	1	3	4	
\$176,000\$200,999	3	3	4	7	2	2	3	2	0	2	
\$151,000\$175,999	5	2	3	0	2	1	3	0	1	2	
\$141,000\$150,999	1	0	0	1	1	0	0	0	0	0	
\$121,000\$140,999	0	0	0	0	0	0	0	0	0	0	
\$101,000\$120,999	0	0	0	0	0	0	0	0	0	0	
\$100,000 and below	0	0	0	0	0	0	0	0	0	0	
Total	16	10	10	15	9	4	7	3	4	8	
Highest \$/sq ft	\$108.23	\$108.23	\$111.12	\$113.28	\$109.40	\$109.44	\$118.41	\$102.58	\$107.78	\$119.26	

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