

Woodwind Lakes



It's all right here

February 2017

Volume 6, Issue 2

Aunt Rosie



Message from the Board: Aunt Rosie, at times, is very opinionated. In all cases however, the governing documents of the Association must be observed. If you would like your question answered by Aunt Rosie, please communicate with Sterling Management Company who will pass it along. Aunt Rosie retains the right to be Aunt Rosie. She chooses what to

publish and what to say.

I used to suffer terribly from insomnia until I started keeping a copy of the Deed Restrictions on my night table. I read from it every night and I have to tell you, it works like a charm. Anyway, my friends have noticed how well read I've become and from time to time they send me questions which I am happy to answer.

Dear Aunt Rosie,

In one of your letters, you spoke of the Association fining residents. Is this true? ANONYMOUS

Dear ANONYMOUS,

Yes, it is true. The fine policy is available at <http://woodwindlakes.us/>, see Deed Restrictions. It is lengthy but here are some examples for which a homeowner can be fined:

- Tree removal w/o approval.
- Failure to file Exterior Modification Application and commencing work w/o approval
- Failure to cease and desist upon notice
- Failure to submit Exterior Modification Application within 10 days of Notice of initial violation
- Each subsequent failure to cease and desist

Exterior Modification Applications (all five types) are listed here:

1. Exterior Paint Application – to get your color(s) approved

2. Fence Application – to make sure your proposed fence complies
3. Roof Application – to make sure your chosen color complies
4. Tree Removal Application – don't chop down a tree without approval
5. Multi ACC Application – for everything else – hold on to your hat - Exterior Lighting, Room Additions/Conversions, Garage Conversions and Carport Extensions, Sunrooms, Outbuildings, Patio Covers, Awnings, Arbors, Pagodas, Siding, Decks, Swimming Pools, Spas and Jacuzzi, Children's Play apparatus and structures, Window Replacement, Solar Film/Solar Screens, Storm Windows, Screen Doors, Window Treatments and Displays, Burglar Bars, Outdoor Carpeting, Flag Poles, Rainwater Recovery Systems, Driveway Gates, and ANY OTHER exterior modification.

Dear Aunt Rosie,

I'm thinking about buying some burglar bars to protect my home. Can you help me? ANONYMOUS

Dear ANONYMOUS,

First submit an Exterior Modification Application and get approval. The guideline is: Burglar bars or other barriers designed to restrict access to window, doors, porches and other areas of the residence from the outside may not be installed without the prior approval of the ACC. The minimum requirements for approval for such bars and barriers are that (a.) they must be installed inside the window or door, and (b.) they must blend with the structure and color of the house so as not to be readily visible from the street.

I know, I know - the conundrum, "exterior" – "installed inside." Just get your approval, grin and bear it.

Dear Aunt Rosie,

I like to take my father in his wheel chair along the sidewalks from time to time. I get so angry when I encounter a vehicle parked so as to block the sidewalk. I have to either enter the street, which I'd rather not do, or return for home.

(Continued on Page 3)

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Administrative Asst. - Teresa Flores teresa@sterlingasi.com

Call Before You Dig 1-800-DIG-TESS or 1-800-344-8377

Pct. 4 Constable 281-376-3472

Street Light Outage 713-207-2222
..... www.centerpointenergy.com - Have light number.

Texas Department of Public Safety Crime Service

..... http://records.txdps.state.tx.us

UTILITIES

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Trash pick-up for Section 4 only, is on Wednesday and Saturday
including curbside recycling every Saturday.
TOPS Water, Eric Martin (713) 822-8389

USEFUL LINKS

WL Website http://woodwindlakes.us/
Sec 1, 2 and 3 Utility
..... http://hcmud261.com/HCMUD261/Index.htm
Section 4 Utility http://www.wfud.org/
Social Media .. https://woodwindlakes.nextdoor.com/news_feed/
Newsletter http://www.peelinc.com/
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ARTICLE INFO

The *Woodwind Lakes Newsletter* is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to Lynn.Collins@garygreene.com. The deadline is the 7th of the month prior to the issue.

(Continued from Cover)

ANONYMOUS

Dear ANONYMOUS,

Next time, give Sterling a call and report the address. The Deed Restrictions say at Article X, Section 8, "No vehicle shall ever be permitted to park on a driveway at a point where the vehicle obstructs pedestrians from use of a sidewalk."

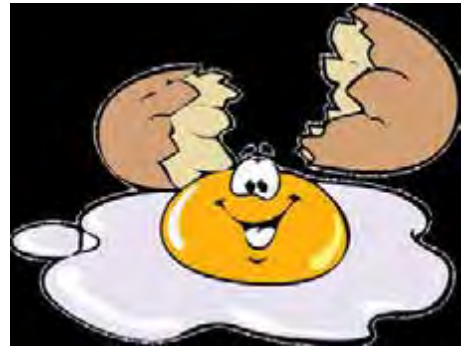
Dear Aunt Rosie,

What kind of deal is this? The tree guy comes by the door looking for work so I told him to cut down a tree in my yard. Then I get a letter from Sterling fining me \$300 for tree removal without authorization. ANONYMOUS

Dear ANONYMOUS,

I think Joyce Kilmer was right when he heaped praise on the beauty of a tree. (Yes, he was a boy person.) We are so lucky to have a neighborhood in a forested area rather than in one those rice paddy neighborhoods. Getting permission to cut down a tree is so simple. See Tree Removal Application/woodwindlakes.us/ If you have good reason to remove a tree and the ACC agrees with you – no problem. But, given the fine policy, it is better to ask before you cut.

Woodwind Lakes Women's Club



Tuesday, February 21, 2017 at 11:00 am

The Egg & I

10603 W. Sam Houston Pkwy N between Fallbrook and West Rd
Brunch and Social Time

For additional information please contact:

Marianne West (713 849-0364)

Barbara Henderson (713 466-4893)

Sharon Siebern (713 849-5596)

Anne Martin (713 466-8502)

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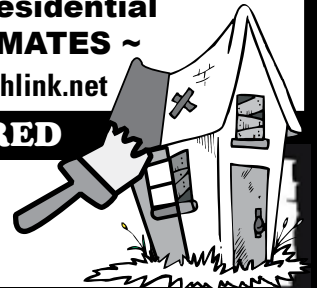
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LET'S CHAT ABOUT ONE OF THE MOST CRAVED TREATS IN THE WORLD..... CHOCOLATE



The first solid chocolate bar, made from cocoa butter, cocoa powder and sugar was introduced by the British chocolate company J.S. Fry & Sons in 1847 but the history of chocolate goes back at least 4,000 years.

Research has shown that chocolate, “the food of the Gods” has some rather impressive health benefits, provided you are willing to give up modern milk chocolate. Not all chocolate is created equal. Researchers say the higher the percentage of cocoa, the better it is for you. 70% or higher packs the best anti-oxidant punch. Anti-oxidants bind to free radicals (bad guys that cause cell damage) and keep them from destroying other cells. Dark chocolate has been shown to lower blood pressure; increase elasticity of blood vessels and decrease plaque on blood

vessels. It also reduces inflammation in the body and can lower LDL or bad cholesterol.

As good as dark chocolate is for us, it does contain a lot of calories. It is best to stick to 1.5 to 3.5 ounces a day and do not enjoy with milk. Milk will inhibit the amount of anti-oxidants your body can absorb from the chocolate.

Here's a suggestion for a heart smart dessert: Arrange your favorite berries (fresh or frozen) on a plate with a small square of dark chocolate and 8-10 walnuts or pecan halves.

Dr. Mercola health tip: “When paired, dark chocolate and apples have been shown to break up blood clots, thereby reducing the risk of stroke. There are a couple of caveats: look for organic apples because much of the antioxidant content is in the skin. With a non-organic apple we could be ingesting pesticides. Again, please look for a higher cacao and lower sugar content in your chocolate.

“I have learned that love is a great investment. No matter whom you give it to, it returns great dividends.”

Donna Kelly-Konopka

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Woodwind Lakes

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TEXAS A&M AGRI LIFE EXTENSION

Common Structural Termites

There are three main types of termites that can cause problems for homeowners in Texas- native subterranean termites, formosan subterranean termites and drywood termites.

Native subterranean termites have nests in the soil and must maintain contact with soil or an above-ground moisture source to survive. If native subterranean termites move to areas above ground they make shelter (mud) tubes of fecal material, saliva and soil to protect themselves.



Native subterranean termite workers and soldiers.

Formosan termites are a more voracious type of subterranean termite. These termites have been spread throughout Texas through transport of infested material or soil. Formosan termites build carton nests that allow them to survive above ground without contact with the soil. Nests are often located in hollow spaces, such as wall voids.



Formosan subterranean termite workers and soldiers.

Formosan termites feed on a wider variety of cellulose than other subterranean termites, including live plants (and can be found living and feeding on trees), consuming both spring and summer growth wood whereas native subterranean termites feed only on spring growth. Formosan termites have also been known to chew through non-cellulose materials such as soft metals, plaster or plastic.

Drywood termites do not need contact with soil and reside in sound, dry wood. These termites obtain moisture from the wood they digest. Drywood termites create a dry fecal pellet that can be used as an identifying characteristic. They have smaller colonies- around 1,000 termites- than subterranean termites; they also do not build shelter tubes.



Drywood termite fecal pellets.

If you are concerned that you may have termites, call a pest management professional to inspect your home for termites.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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