



March 2017

Official HOA Newsletter for Lakeshore

Volume 3, Issue 3

Lakeshore Community Crime Watch

Keeping our Lakeshore neighborhoods safe from criminal mischief, vandalism and other criminal activities is a responsibility of all of us who live here. Not only should we be concerned about our own personal property but, we should also be concerned about what happens to our neighbor's property.

Acts of crime can have a "spillover effect." And, Texas law does give you the right to protect your neighbor's property. You can find more information on protecting one's property on the Internet. Texas Penal Code § 9.41 Protection of One's Own Property; § 9.42 Deadly Force to Protect Property; and, § 9.43 Protection of Third Party's Property.

I am by no means advocating or encouraging use of force in protecting your property. This is just to create an awareness of your rights. We observe and report. IMMEDIATE NOTIFICATION SHOULD BE GIVEN TO PRECINCT 4 CONSTABLE'S DISPATCH (281-376-3472).

If we can generate enough interest, and participation, at our next Crime Watch Meeting (Lakeshore Clubhouse Tuesday, April 11 at 7:00PM), I would like to discuss development of a Neighborhood Watch program.

WHAT IS NEIGHBORHOOD WATCH?

Crime or the fear of crime provides the impetus for residents to become better informed on how to protect themselves and their property.

Neighborhood Watch operates under two principles: 1) when neighbors get to know and watch out for each other, they watch out for each other's property as though it was their own. 2) Neighborhood Watch helps to create an identity within the neighborhood, which in turn fosters a sense of pride, and belonging for the participants. Neighbors are asked to be the eyes and ears in helping the police in apprehending criminals. Neighborhood Watch is not designed

to substitute for police protection. Rather, it is an extension or supplement in assisting the police in making neighborhoods safer for all residents.

NEIGHBORHOOD WATCH PARTICIPANT GUIDELINES

Participation in Neighborhood Watch is not something that takes a lot of time. It does require each person to adopt a more observant and active attitude on a daily basis.

As a result, neighbors will get to know each other better and will become more aware of strange cars, persons or circumstances that might require calling the police. What participants do to make their homes more secure and how alert they become is entirely up to them. The more prepared individuals are, the more effective they will be as a weapon against crime.

Get to know your neighbors. Know their names and be able to identify them and their vehicles by sight.

Maintain a map of the immediate neighborhood with names and addresses.

Mark all property for identification using the "Operation Identification" program.

Be observant and watch over neighbors' homes, especially when they are not at home or out of town.

Write down license numbers and descriptions of suspicious-looking vehicles and persons in the neighborhood (the camera in your cell phone can be a very effective tool in this regard) and report them to the police immediately.

Report information that may be helpful in solving a crime to the police.

Educate children in crime prevention. Teach them respect and friendship for law enforcement officers.

THE LAKESHORE REPORT

IMPORTANT NUMBERS

LAKESHORE COMMUNITY ASSOCIATION BOARD OF DIRECTORS CREST MANAGEMENT CO.

Community Manager

..... Liz.Trapolino@crest-management.com
..... 281-579-0761

Clubhouse Manager

..... lakeshore-ca@sbcglobal.net
..... 281-458-3345

EMERGENCY INFORMATION FIRE, MEDICAL OR LIFE THREATENING

Emergency

..... 9-1-1
Constable Dispatch 281-376-3472
Humble ISD Police (Schools) 281-641-7900
Harris County Animal Control 281-999-3191
Texas Poison Control Center 800-222-1222

UTILITIES

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Power Outages 713-207-7777
Street Light Outages 713-207-2222
U.S. Water Utility Group 832-756-2143
Gas, Centerpoint Energy 713-659-2111

SCHOOLS

..... 281-641-1000
..... www.humble.k12.tx.us
Lakeshore Elementary 281-641-3500
Woodcreek Middle School 281-641-5200
Summer Creek High School 281-641-5400

NEWSLETTER PUBLISHER

Peel, Inc 888-687-6444
Article Submission lakeshore-ca@sbcglobal.net
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COMMITTEE INFORMATION

Community Watch

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Garage Sales

Lakeshore Clubhouse: lakeshore-ca@sbcglobal.net

Landscape Committee

Rex Spikes: rexspikes@sbcglobal.net

Pool Committee

Rex Spikes: rexspikes@sbcglobal.net

Social Committee

Elna Ermel: ronelna@comcast.net

To volunteer, please email lakeshore-ca@sbcglobal.net



Volunteers Needed

Do you have an interest in improving our Lakeshore Newsletter? We are looking for volunteers to collect and write articles highlighting the wonderful people and activities right here in our community and surrounding areas. If interested please send email to lakeshore-ca@sbcglobal.net.

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NEW to the Area

Fall Creek Rehabilitation and Healthcare Center is the newest option in Humble for Skilled Nursing and Long Term Care Services. This Center is privately owned and operated. Our mission is to be the leader in providing personalized quality healthcare in an ever-changing environment, resulting in the highest quality clinical outcomes and in the most financially responsible manner. We believe in "Healing in Motion." Which means we are always changing and looking for new ideas to provide the best care possible care to those who choose to call Fall Creek home. We take great pride in our Resident Directed Care Program. This program allows the residents of the center to let us know their preferences rather than us telling them what the day's schedule will hold. Resident Directed Care a philosophy created that makes the person more important than the system and the system serves the needs of those within it. The programs we will practice at our center will be: The Spa Program-residents choose when they want to shower rather than being assigned a day, Delicious Restaurant Style Choice Menu, 24 Hour Snacks, 24 Hour Menu, instead of halls, we will have neighborhoods making the center less institutional for the long term care residents, Family Council-family group which will offer support to each other and have come up with ideas to improve Fall Creek's family environment,

Resident Council-a time for the residents to gather together and express new ideas for the center. For example, activities they may want to do, meals they may want to add to the menu or outings they may want to go on, Consistent Staff assignments-we want to keep the same care givers on the halls. This helps the residents in the center feel more like a family, Music/Memory Program-helps to calm patients with Alzheimer's and dementia. We are very excited to be a part of the Fall Creek community and surrounding area and invite you to stop in for a tour of our center anytime; We are always looking for volunteers. For more information call 281.902.4152



An advertisement for TexasDirectAuto.com. The background is a light gray with a subtle sunburst pattern. In the center, the text "SELL US YOUR CAR!" is written in large, bold, black capital letters. Several dogs are positioned around the text: a white dog at the top left, a black and white dog at the top right, a small black and white dog in the middle, two white puppies at the bottom left, and a black and white dog at the bottom right. At the bottom of the advertisement, there is a dark gray banner with the TexasDirectAuto.com logo (a stylized star) and the text "TEXASDIRECTAUTO.COM" in white capital letters.

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THE LAKESHORE REPORT

Searching for a Forever Home

By Megan Ransom



Meet 17-year-old Aurilena and her sister, 16-year-old Lorna! Aurilena and Lorna are looking for a forever home. They need to be adopted by a family who has experience in raising teenagers. It is important that the forever family for these children understand that they are very bonded to each other. They would love more than anything to be adopted together. Learn more about the girls on the Heart Gallery of Central Texas website: heartgallerytexas.com

The Heart Gallery of Central Texas, a program featuring portraits of Central Texas children in the foster care system who are available for adoption. We believe through working together, our community can raise awareness around adoption, foster care that leads to permanency for our waiting children.

Daylight Saving Time

Spring has already sprung upon us, and this year's March equinox falls on March 20, 2017. Daylight Saving Time (DST) is the practice of setting the clocks forward one hour started by Benjamin Franklin as a means conserve energy. The practice was likely perpetuated by golfers wanting to play after work and before the sun went down. Whatever the reason for its continuation, daylight saving time will start Sunday, March 12, 2017 at 2:00 a.m. You can use the change in time twice to remind you to check the batteries in your smoke alarm.



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TEXAS A&M AGRI LIFE EXTENSION

Red Imported Fire Ants

I was making dinner the other night and my kiddo was outside playing. He came rushing in panicked. He discovered the fire ants of the season. While I knew it was inevitable, I was hoping that it would occur a bit later in the year. But, it's true. Fire ants have begun to yet again, dot the landscape with their mounds.

Spring time is usually when people see fire ants swarming (although it can also happen in the fall). Swarming is a reproductive process that usually occurs on warm days after a rain event. Winged males and females leave the mound and fly into the air to mate. After mating, they fall to the ground where males die and females break off their wings and search for a location to establish a new colony. Mated females dig a small chamber in soil, lay a few eggs and rear those young by themselves until the young become mature worker ants. At that point workers take over colony functions and the queen continues to expand the population of the colony by laying more eggs.



Fire ant queen without wings.

While searching for a new colony location, many mated fire ant queens are killed by lizards, birds, spiders, other ants, and often my shoe stomping on them. Queens that survive can be managed by broadcasting fire ant bait over your entire property. New colonies are usually very small and may not have substantial mounds for locating easily for individual treatment.

When worker ants forage for food, they would have the opportunity to locate, pick up, and carry fire ant bait back to the colony to share with other ants including the queen.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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MARCH MARKS NATIONAL NUTRITION MONTH

Five Key Nutrition Tips for a Health Lifestyle

March is National Nutrition Month, and it marks the perfect time to assess the foods you eat and commit to a healthy lifestyle. It's never too late to make healthy eating a part of your everyday life and Dyrell DiLorenzo, Hospitality Site Manager at Baylor Scott & White Medical Center—Lakeway, is ready to help get you started with these five key tips:

- **Highlight fruits, vegetables, and whole grains** - This category should be 45-60 percent of your daily calorie intake.
- **Fiber, fiber, fiber** - Fiber is important for our bodies during the digestion process, as it slows down how we process these foods.
- **Embrace lean proteins** - This includes poultry, fish, beans, egg whites, nuts, and other lean meats. 15-25 percent of our diet should come from proteins, according to the USDA.
- **Don't fear fats** - Although fats sound like something we should stay away from, it is essential to get between 20-30 percent of your daily calories from fats. Good fats include, olive oil, nuts, seeds, avocado and fatty fish.
- **Moderation is key** - Just because you are eating healthy doesn't mean you can't indulge on occasion. Just be wary of your sugar and calorie intake, read the ingredients, and decide "is this really worth it?"

Healthy eating is not about strict dietary limitations, staying unrealistically thin, or depriving yourself of the foods you love. Rather, it's about feeling great, having more energy, improving your health and stabilizing your mood.



Preparing a Family Emergency Plan

Natural disasters affect thousands of people every year, and with the increased risk of severe thunderstorms, flash flooding and tornadoes in the summer months, it's a good idea to think about having an emergency plan in place. Consider preparing a family emergency plan now before it's needed.

Have an open discussion with your family about the types of emergencies that could happen. These include severe weather like tornadoes, natural disasters like earthquakes and fires and even civil unrest like rioting or acts of terrorism.

Designate a meeting place in the event you cannot return home. It's a good idea to choose both a neighborhood meeting place and a place to meet outside of your neighborhood in case you can't access the area surrounding your home. If you have pets, ensure the meeting places you choose will accept them if you have to evacuate your home for any length of time.

Pick an out-of-town friend or relative as an emergency contact. When disaster strikes, it could be easier to make a long-distance phone call than to call across town. Your out-of-town contact could help communicate and reunite separated family members or assist with an evacuation. Make sure every member of your family has the phone number for your out-of-town emergency contact person.

If you have children, communicate with their schools and daycare providers. Make sure you know the emergency plan at your child's school or daycare provider. Find out how they plan to communicate with families during a crisis, whether they're prepared to "shelter in place" and where they plan to go if they must leave.

A large advertisement for Quality Printing Company. On the left, a black silhouette of a hand holds various white icons representing printing and design services, including a lightbulb, gears, a computer monitor, a printer, a magnifying glass, a thumbs up, a barcode, and a heart. The word "Quality" is written in a large, white, cursive font, and "PRINTING COMPANY" is in a smaller, white, sans-serif font below it. To the right, the text "Call today for more info" is followed by the phone number "512.263.9181" in large, bold, black digits. Below this, it says "From design to print to mail, Quality Printing can help you with all of your printing needs!" and at the bottom, "QualityPrintingOfAustin.com" is listed.

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Friday, Saturday & Sunday

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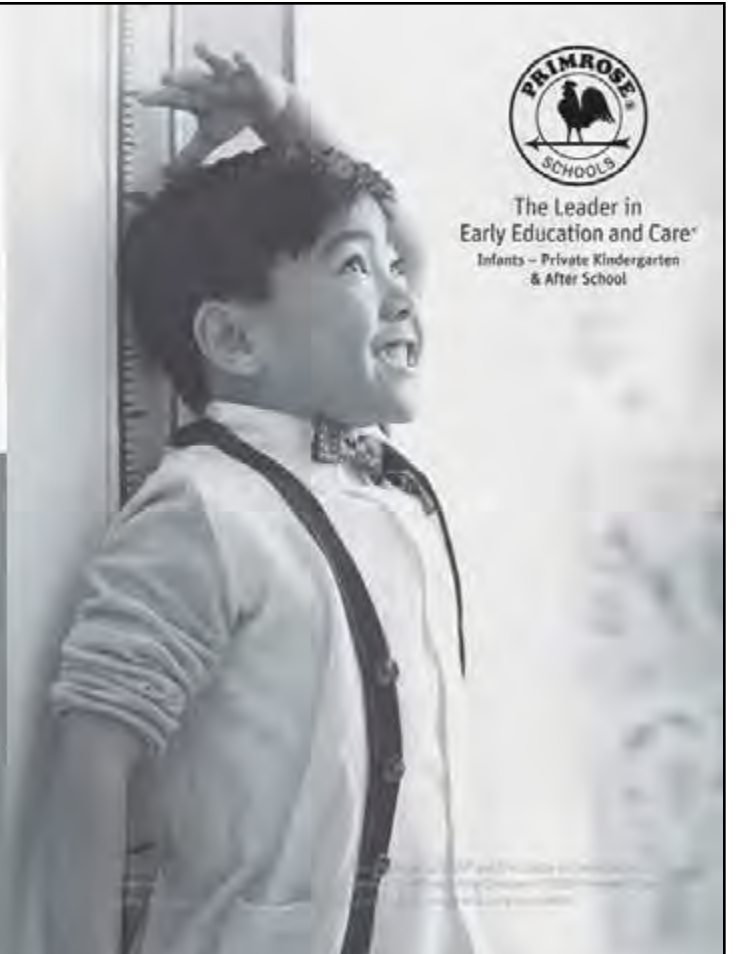
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DUE: March 31st

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Now is the Time to Invest in a Rental Property Tips for Taking that Plunge

As the economy continues to expand, now may be an excellent time to invest in a rental property. The following tips may help you make a sound decision if you're thinking about taking the plunge.

Going Local: Purchasing a local property has some distinct advantages. You already have a feel for the neighborhoods and you'll be nearby should your tenants need you.

Covering the Gaps: Renters come and go! MSN Money recommends saving enough to cover six months of vacancy before purchasing a rental property.

Preventing Headaches: Home systems and appliances have limited life spans. Either have some money set aside for appliance repairs or replacements, or consider purchasing a home warranty.

Screen Prospective Tenants: However nice they seem, you should check with previous landlords and other references: verify income, employment and obtain a credit report.

The Tracy Montgomery Team can help you find a rental property. Give us a call if you are interested in selling, buying or investing. We can explain the fundamentals so you can sell or buy with confidence.



Tracy Montgomery
Cell: 713.825.5905

Sandy Brabham
Cell: 713.503.8110

Lisa Hughes
Cell: 281.323.5894

Melissa Nelson
Cell: 832.527.4989

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