

BUTLER'S BRIDGE

WEST BEND COMMUNITY IMPROVEMENT ASSOCIATION

VOLUME 3 | ISSUE 3

MARCH 2017

March 2017

COMMUNITY CALENDAR

Observed as:

- Women's History Month
- National Nutrition Month

Birthstone:

Aquamarine, Bloodstone, & Jade

Flower:

Daffodil

Astrological Signs:

Pisces (till 20th) & Aries (21st)

1st..... Ash Wednesday
8th..... Int'l Women's Day
8th WBCIA **Board Meeting**
12th..... Daylight Saving Begins
12th Purim (starts)
17th..... St. Patrick's Day
19th..... St. Joseph
20th Spring Begins (Northern Hemisphere)
24th World Tuberculosis Day

QUARTERLY INSPECTION AREA OF FOCUS

West Bend Community Improvement Association

The following areas will receive a more comprehensive evaluation during the specified quarter. However, bi-weekly deed restriction inspections done by the auditor will continue to check the items below, in addition to all other areas throughout the year.

Homeowners are legally obligated to maintain their property in accordance with the West Bend Community Improvement Association governing documents.

December – February

- Sidewalk & Driveway repairs
- Power washing of sidewalk & driveway

March – May

- Gutter cleaning including house & street
- Removal of pine needles & leaves

June – August

- Mildew removal
- Power washing exterior home
- Painting

September – November

- Fence Repairs
- Tree Trimming

The Quarterly Inspection Area of focus is an attempt to decrease the number of first letter violation notices. It gives homeowners the opportunity to rectify any problems in a focus area before the quarter approaches.

Thank you for your continued cooperation.

IMPORTANT NUMBERS

EMERGENCY

Emergency Situation	911
Constable Precinct 5	281 463-6666
Sheriff Emergency & Non	713 221-6000
Harris County Sheriff (Store Front).....	281 564-5990
Harris County Sheriff (sub-station)	281 463-2648
Poison Control.....	800 764-7661
Crime Stoppers	713 222-TIPS

EMERGENCY

AT&T (Repairs).....	800 246-8464
Center Point Energy (Electric).....	713-207-2222
Center Point Energy (Gas)	713 659-2111
Comcast (Cable)	713 462-9000
Mud #120 (Water)	713 405-1750
Reliant (Electric)	713 207-2222
Street Light Repairs -need Pole#	713 207-2222
Trash (Texas Pride Disposal)	281 342-8178

PUBLIC SERVICES

Local U.S. Post Office	281 920-9337
<i>12655 Whittington Dr, Houston, TX 77077</i>	
Toll Road EZ Tag.....	281-875-EASY (3279)
Volunteer Fire Dept.....	281 498-1310
Steve Radack (<i>County Commissioner</i>).....	713 755-6306
Animal Control.....	281 999-3191
Dead Animal Pick-up (Precinct 5).....	713 439-6000
Dead Bird Report.....	713 440-3036
Graffiti Clean-up.....	281 463-6300
Mosquito Control (Health Dept.)	713 440-4800
Mow the Bayou.....	713 684-4000

SCHOOLS

Alief Independent School Dist.	281 498-8110
Alief Transportation (to report Bus).....	281 983-8400

NEWSLETTER INFORMATION

Editor.....	Linda Hermon
WBCIANewsletter@yahoo.com	
Publisher	Peel Inc.
Advertising.....	www.PEELINC.com

Reminders...

- Please store trash cans from public view on non-trash days.
- Please remove all Christmas decoration by January 20th to avoid deed restriction violations and fines.
- Assessments are due every year on January 1st.



Please check the website for updates. www.ciaservices.com

Board Meeting and Management

C.I.A. SERVICES INC.
3000 Wilcrest Drive Suite #200 Houston, TX 77042

Phone: 713 981-9000
Hours: 9:00 am – 6:00 pm

www.ciaservices.com
customercare@ciaservices.com

**NEXT BOARD MEETING IS
WEDNESDAY, MARCH 8th**

7:00p - Executive Session

7:30p - Board Meeting

West Bend Pool

3915 Summit Valley Dr.

Houston, TX 77082

Yard of the Month Guidelines

West Bend Community Improvement Association

Homeowners of West Bend C.I.A. will be sponsoring a self-governed “Yard of the Month” program. The purpose of the program is to recognize West Bend C.I.A. neighbors who demonstrate above-average efforts in maintaining their property, thereby contributing to the overall appearance of the community at large. There is a great award and the program is administered entirely by volunteers. All award winners receive an official “Yard of the Month” lawn-sign, to be placed on their property for the duration of their award month. If your sign becomes lost or damaged, please request a replacement by sending an e-mail to www.ciaservices.com. Position of the sign should be prominent in the yard located midway between the street and the front of the house. West Bend C.I.A. Yard of the Month group congratulates all “Yard of the Month” award selections and encourages all neighbors to join the efforts of these homeowner’s in keeping their yards and homes beautiful.

CONTEST GUIDELINES:

All current West Bend C.I.A. properties are automatically eligible by default.

- Award winners are selected based on the recommended judging criteria listed below.
- Recipients must reside in West Bend C.I.A.
- Key criteria include manicured yard, beautification, originality and creativity.
- The upkeep of the yard can reflect the efforts of the residents themselves or that of a professional landscaper or groundskeeper.
- An award duration term lasts a single calendar month and runs from the first day of the month to the last day of that same month.
- The same property cannot receive more than one award in the same rolling 12 month calendar period. At least 12 months must elapse between awards for the same yard.
- Recipients receiving awards in the middle of the month shall surrender their award at the end of that same month.
- More than one Yard of the Month recipient may be selected in a single month. In other words, multiple yards may be concurrently recognized.
- While an individual's home is being recognized as a West Bend C.I.A. "Yard of the Month" they are expected to maintain their yard in the same manner that allowed them to win the title.

RECOMMENDED JUDGING CRITERIA

West Bend C. I. A. Yard of the Month candidates are judged solely on the total exterior appearance of their property and front yard as viewed from the street. General upkeep of the yard and property is paramount. Factors include the overall appearance, tidiness and neatness of the front of the property as evidenced by pruned, trimmed and shaped foliage, edged and defined lawns, borders & flower beds, and a visually appealing facade.

LAWN: Healthy grass with no bare spots or excessive weeds. Grass shall be mowed and edged, and grass around foundations and fences shall be trimmed. Debris (garbage, pet feces, etc.) shall be picked up and removed. A unified, simple, and balanced landscape design. Neat and natural.

LANDSCAPE & FLOWER BEDS: Beds weeded and edged. Flowers deadheaded and dead plants removed. Trees and shrubs pruned. Natural areas cleaned. Beautification efforts including new flowers, new trees, new shrubs, etc. Plantings in scale with the surroundings and limited to a few different types of plants rather than too many which may confuse the eye.

WALKWAYS & DRIVEWAYS: Walkways and driveways shall be clean (including trash containers or yard products removed from view). Area in front of curb free from debris and dirt. Evening appearance after dusk including accent lighting, safety lighting, visible interior lighting, etc.

AESTHETICS: Overall look of landscaping (formal versus informal, use of color and textures, garden art). Inviting look of front entryway (hanging baskets, pots, cleanliness etc.) Originality/creativity (any special touches of the owner i.e., yard art, bird feeders, etc.)

Summary note: While lack of strict adherence to the criteria above does not necessarily result in a disqualification, these principles offer general guidelines that should be recognized by the West Bend C.I.A. Yard of the Month program. WBCIA Yard of the Month is dedicated to improving the quality of living and appearance of our community. We encourage residents to take pride in their homes and neighborhood. In turn, we look to celebrate those who do a superior job in maintaining their yards in such a way that they enhance the overall curb appeal of the entire community. Yards of the Month are awarded at the beginning of each calendar month. Yards are judged on neatness, landscaping and color. All yards are eligible. If you feel you're yard is being overlooked, please send a voting e-mail with your name, address & phone number to www.ciaservices.com.

The Architectural Control Committee

The (ACC) Architectural Control Committee must be informed if you are planning to change the exterior style, color, or have plans for additions or any removal to your property. A mandatory Architectural Review Form will need to be completed and signed. You may obtain this form on-line at www.ciaservices.com

NEXTDOOR.com

Nextdoor is the free and private social network just for West Bend neighbors. On Nextdoor, neighbors share crime and safety concerns, local events, recommendations, items for sale/free, ideas about how to make our neighborhood better, messages from the Harris County Sheriff's Dept., and the Houston Chronicle.

Our neighborhood is using a private online network called Nextdoor. Please join us to build a better neighborhood!

www.nextdoor.com/join Code: MZXJX

West Bend Community Improvement Association Swimming Pool Tag Policy

1. Pool Tags are Required to Enter and Use the WBCIA Pool Facilities
2. Pool Tags are available to property owners in good standing with the West Bend Community Improvement Association.
* a.) Residents who have obtained the use of property rights from the owner(s) must present proper documentation**
3. The tag holder must present the current year pool tag, sign-in on the lifeguard's log, and register all accompanying guests.
4. Each Household of registered pool tag is limited to four (4) guests to enter the pool facility, subject to the maximum safety capacity of the pool.
5. Please refer to the Pool Rules for minimum age, and accompanied guest requirements.
6. Misuse may result in forfeiture of pool tags.*

Homeowners may obtain the status of their West Bend Community Improvement Association account by contacting www.CIASERVICES.com or call 713 981-9000.

How to Collect your Pool Tags

1. **Pick-up BEFORE Swim Season at the POOL on**

April 7nd	FRIDAY	6:00 PM - 8:00 PM
April 8th	SATURDAY	11:00 AM - 2:00 PM
April 9th	SUNDAY	11:00 AM - 2:00 PM
2. **Available for Pick-up after April 15th at**
C.I.A. Services, 3000 Wilcrest Drive, Suite #200
(Monday – Friday, between the hours of 9:00 AM – 4:00 PM excluding holidays.)

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community newsletters



Register on www.crimereports.com



Eating Right Isn't Complicated

by Sharon Denny, MS, RDN

Eating right doesn't have to be complicated — simply begin to shift to healthier food and beverage choices. These recommendations from the Dietary Guidelines for Americans can help get you started.

- Emphasize fruit, vegetables, whole grains and low-fat or fat-free milk and milk products.
- Include lean meats, poultry, fish, beans, eggs and nuts.
- Make sure your diet is low in saturated fats, trans fats, salt (sodium) and added sugars.

Make Your Calories Count

Think nutrient-rich rather than "good" or "bad" foods. The majority of your food choices should be packed with vitamins, minerals, fiber and other nutrients, and lower in calories. Making smart food choices can help you stay healthy, manage your weight and be physically active.

Focus on Variety

Eat a variety of foods from all the food groups to get the nutrients your body needs. Fruits and vegetables can be fresh, frozen or canned. Eat more dark green vegetables such as leafy greens and broccoli and orange vegetables including carrots and sweet potatoes. Vary your protein choices with more fish, beans and peas. Eat at least 3 ounces

of whole-grain cereals, breads, crackers, rice or pasta every day.

Know Your Fats

Look for foods low in saturated fats and trans fats to help reduce your risk of heart disease. Most of the fats you eat should be monounsaturated and polyunsaturated oils. Check the Nutrition Facts panel on food labels for total fat and saturated fat.

For more information, view the Academy infographic on the Total Diet Approach to Healthy Eating.



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West Bend CIA

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after your pets and
“scoop the poop”

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INTERNATIONAL WOMEN'S DAY

Mother, sisters, wives, girlfriends and fiancées...what would we ever do without them? Nobody can honestly say we don't owe an enormous amount to the women in our lives, from the mothers who made us chicken soup when we were sick as children, to the sisters who helped us decide what to wear on our first date, to the wives who somehow manage to juggle both a career and a family, never missing a beat. Women's Day is all about celebrating these incredible people and showing them how much we love, respect and value them. This holiday is perhaps especially important in parts of the world where women are still forced to deal with shocking inequality on a daily basis and is meant to raise awareness of the challenges and struggles faced by these women. Women's Day celebrates women's history, highlighting key events, milestones and achievements, and aims to further promote and raise awareness of women's rights and to achieve equal opportunity status in all walks of life.

The History of Women's Day

It may come as a rather sad surprise that Women's Day was first celebrated on February 28th, 1909 in New York. Two years later, German socialist Luise Zietz proposed that the holiday become an annually observed one that would celebrate various women's issues, such as suffrage, so as to promote equal rights for women. The first few Women's Days were celebrated in a quite different fashion than they are nowadays, with hundreds of demonstrations taking place in Europe. During these demonstrations, women demanded they finally be given both the right to vote and to hold public office. Employment sex discrimination was also an important issue. In 1917, the Women's Day demonstrations in Saint Petersburg, Russia, helped initiate the February Revolution, when women marched through the city demanding an end to World War I. This shocked even Leon Trotsky, who, much like other Russian leaders of the day, did not expect the Women's

Day protests to cause that much of a stir. Until 1977, Women's Day was celebrated mainly in socialist countries. It was only after the United Nations General Assembly's decision to proclaim March 8th International Women's Day that the holiday gained worldwide popularity.

How to Celebrate Women's Day

There are many ways that you can go about celebrating this holiday, but all of them have a similar goal: to raise awareness about the struggles of women the world over and honor their achievements. Of course, not all achievements are huge, worldwide game-changers like women finally obtaining the right to vote—there are all sorts of other, smaller feats that women you know manage on an everyday basis that you may not pay too much attention to until you try calming 2 crying toddlers, making dinner and explaining the particulars of a newly-acquired client to your boss over the phone at the same time. This may sound ridiculously hard to pull off, but this is something thousands of women pull off every day, something that should be deeply appreciated and something that nobody should take for granted. Grand gestures aren't necessarily required to show appreciation, either—sometimes a simple “thank you, I have no idea how you do it” is enough to lift an overworked woman's spirits. If you'd like to do something more, though, there is a virtually endless amount of things you can do to help improve women's lives the world. You can attend one of the 1000+ events organized globally where you can learn about what women's lives are like in different countries and make a donation to the event you attend. Reading books is also a great way of broadening your horizons, and biographies of women like fearless Somalian women's rights activist Ayaan Hirsi Ali will definitely open your eyes and inspire you to see women's lives and problems completely differently.





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WSB

**SELL US
YOUR
CAR!**TM

 **TEXASDIRECTAUTO.COM**

The advertisement features a central graphic with a sunburst background. The text 'SELL US YOUR CAR!' is written in large, bold, black letters. Several puppies are integrated into the text: one is perched on the top of the 'S', another on the top of the 'R', a third is peeking out from the middle of the 'O', and two are at the bottom left, and one is at the bottom right. The entire graphic is set within a black border.