



The Jester Warbler

Official Publication of Jester Homeowners Association, Inc.

April 2017

Volume 12, Issue 4

President's Corner

The Jester Homeowner's Association had the annual meeting on February 21st at Coffee Shark. We had a great turnout. There was a presentation by Endeavor on the proposed Champion Tract. They are proposing a fully enclosed storage facility. It was agreed that they would share the design plans once available.

The meeting then officially started and reviewed the year end expenses and proposed budget. All actuals came in as expected. There were committee reports from the Social Committee – Teresa Gouldie would like volunteers for new events. Landscape Committee – Ron Herzfeld is working to get water lines installed to the main Jester sign and then proceed with beautification.

Diana Miller gave updates on CONA meetings and is now serving as Jester's representative.

Board positions were filled by current Board members who were nominated and agreed to continue service.

Jester has a new website now www.JesterHOA.com – meeting documents and Jester specific events will be posted there.

Jester is a great place to live...

Diana Miller

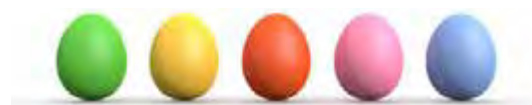
President

Spring Garage Sale

SATURDAY MAY 20TH 8 AM

REGISTER YOUR LOCATION SO YOU CAN GET MAXIMUM EXPOSURE!

JHA is sponsoring a Jester Garage sale on *Saturday May 20th at 8 am*. Ads will run in the American Statesman promoting this neighborhood-wide sale. Please email Teresa at tgouldie@gmail.com or call her at 512-751-8000 if you would like to register your garage sale location. Maps with lists of garage sale addresses will be available at the entrances to Jester.



Jester Easter Egg Hunt & Petting Zoo

SATURDAY, APRIL 8TH

9:30 AM – JESTER CLUB

**LOOK FOR SIGNS FOR 1 DOZEN PER CHILD
EGG DROP-OFF PLACES.**

GREEN TIPS

by Dale Bulla

Austin Resource Recovery has started a campaign to clarify that the new curbside recycling service, Simple Recycling, which picks up textiles and housewares (which residents put in the green bags that are provided), is not meant to discourage people from donating to charity. Residents should continue to donate high-quality clothes, working small appliances and usable housewares to charity. Holey, stained clothes and non-working small appliances can go to the for-profit Simple Recycling, which ensures that these items are recycled instead of going to the landfill. When textiles break down in landfills, they create global-warming methane, and both textiles and household items create toxic leachate and take up a lot of space in an expensive landfill. Simple Recycling provides this valuable diversion service free to residents and pays the city \$20/ton of material collected. Simple Recycling even recycles scrap fabric, underwear, unusable pillows, broken small furniture, broken tools, etc.. Here's a list below of what they take and some helpful websites:

- Men's Clothing
- Women's Clothing
- Children's Clothing
- Underwear, bras and socks
- Coats and Jackets
- Jewelry
- Shoes
- Purses
- Hats
- Toys
- Pictures
- Mirrors
- Blankets
- Drapes/Curtains
- Fabric
- Pillows
- Sleeping Bags
- Small Furniture
- Small Appliances
- Irons

(Continued on Page 2)

(Continued from Cover)

- Radios
- Lamps
- Hairdryers
- Tools
- Toasters
- Microwaves
- Coffee Makers
- Silverware
- Dishes
- Pots/Pans
- Glasses
- Backpacks



New Curbside Recycling Service Collects
Clothing and Housewares

AustinTexas.gov
The Official Website of the City of Austin

Beauford Drive Construction Update

by Dale Bulla

Many of you were asking about the road construction on Beauford Drive at the Jester HOA meeting recently. Here is what I received from Austin Water Utility:

Facility Upgrades and Demolitions **6700 Block of Beauford Drive**

Project Information

Austin Water is installing infrastructure to enhance water service pressure and removing a non-operational facility in your area.

Project Details:

- Removal of old structures and buried piping at 6712 Beauford Drive
- Installation of new piping and a pressure reducing vault in the roadway to improve water pressure for area residents.
- Once work is complete, the roadway will be repaved.

Jill M. Mayfield, APR
Public Information Specialist Sr.
City of Austin | Austin Water
512-972-0150 | C: 512-585-0474



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4308 N. Quinlan Park Rd.
Suite 100
Austin, TX 78732
512.266.6130

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6507 Jester Boulevard
Building 2
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512.795.8300

CCOA-WESTLAKE
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Interested in submitting an article? You can do so by emailing
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*All news must be received by the 12th
of the month prior to the issue.*



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DellChildrens.net/EmergencyCare

NATURE WATCH

THREE TERRIFIC TREES

by Jim and Lynne Weber

Trees are often planted for their ornamental value, or to provide shade, but there are many other reasons to plant them. They improve air quality by producing oxygen and storing carbon, which offsets the harmful byproducts of burning fossil fuels. They can moderate the effects of sun and wind, reduce air conditioning costs, and clean the air by trapping dust and pollen. Trees can also be credited with increasing property values, lowering our heart rates and reducing stress, and providing shelter and food for many types of wildlife.

In Central Texas, three terrific trees that are native to our area include Escarpment Black Cherry (*Prunus serotina* var. *eximia*), Mexican Plum (*Prunus mexicana*), and Carolina Buckthorn (*Frangula* or *Rhamnus caroliniana*). All three of these trees are medium-sized, deciduous, display fall color, and benefit wildlife by producing fruit.

Escarpment Black Cherry is a distinct variety of Black Cherry, found only on the calcareous soils in our wooded hill country canyons, slopes, and floodplains. Up to 50 feet tall, this tree is prized for its attractive silvery trunk and branches, five-inch long clusters of showy white blooms that occur in March and April, juicy summer fruits, and vivid yellow to red fall foliage. While the small dark red to purple-black cherries it produces are edible, the rest of the plant is not, and the cherries are often eaten first by birds. Several butterflies, including Viceroy, Eastern Tiger Swallowtail, Two-tailed Swallowtail, Red-spotted Purple, and Striped Hairstreak use this tree as their host plant.

Often called the 'star of our native plums', Mexican Plum is easily recognizable in spring, as it is an early bloomer. Before the leaves appear, white to pale pink, five-petaled flowers cover the 15 to 35 foot tall tree from February to April, and they are extremely fragrant, attracting several species of native bees and butterflies. Plums up to one-inch wide turn from yellow to mauve to purple as they ripen July through September, and they are edible for humans and wildlife alike. Thick, five-inch long leaves provide food for the Eastern Tiger Swallowtail and Cecropia Silkmoth, and turn a showy shade of orange in autumn. Mature trunks are a beautiful satiny blue-gray with horizontal striations, typical of most fruit trees.

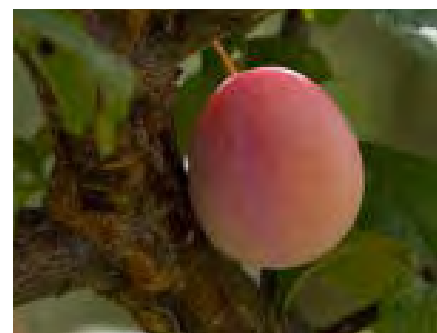
Lesser known is the Carolina Buckthorn, an understory tree 12 to 15 feet tall, with oval, shiny green leaves and small yellow clusters of blooms produced near the leaf stems in May and June. It prefers bottomlands, canyons, and streamsides, and in light shade it is airy and tiered. Bright red fruits turn to black when ripe, and are relished by many birds and mammals. The leaves stay green into late fall, turning various colors from yellow-gold to bronze-sienna as the weather cools. Carolina Buckthorn is also the host plant for Spring Azure, Gray Hairstreak, and Painted Lady butterflies.

Consider adding one or all of these terrific trees to your property. While the best time to plant trees in Central Texas is in the fall, it's never too late to plan for future enhancements to your native landscape!

Send your nature-related questions to: naturewatch@austin.rr.com and we'll do our best to answer them. If you enjoy reading these articles, check out our two books, *Nature Watch Austin & Nature Watch Big Bend*, both published by Texas A&M University Press, and our blog at: naturewatchaustin.blogspot.com.



Escarpment Black Cherry (blooms & fruit)



Mexican Plum (blooms & fruit)



Carolina Buckthorn (blooms & fruit)



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Compassion Games - Let's Play!

by Lesa Walker

Calling all neighbors to participate in the Compassion Games for "Earth Week" from April 22 - April 30, 2017.

It's FREE. Go to this website to sign up: <http://compassiongames.org/earth-week/>.

Let's take action to care for our Earth and each other! Steps: 1) Sign up (as an individual or team) online by going to the Compassion Games website (see link above); 2) Take action-do something at your home, in your neighborhood, in your community, and/or at your workplace, etc. to care for the environment; 3) Report/share what you do on the Compassion Report Map: <https://crowdsource.storymaps.esri.com/stories/compassion-report>.

You can play as part of team "Compassionate Austin" or as an individual or other team.

One simple action everyone can take is to download the free "2020 Or Bust" app and share it with others to encourage them to do so. Go to this link to download the app: <http://www.2020orbust.org/app/>. The app is also available through the Apple Store and Google Play. If you download and share the app,

please report on the Compassion Report Map or just send an email to compassionateaustin@gmail.com to say you have done so. We want to engage all of Austin in using this app!!

The Compassion Games ignite and catalyze compassionate action in communities around the world. In five annual Compassion Games, competition becomes cooperation as teams and individuals challenge one another to strive together to make our planet a better place to live through community service, acts of kindness, and raising monies for local causes. The Games amplify what is already working in our communities and inspires increased engagement, leading to new activities that bring compassion to life and improve our well-being.

The Compassion Games adapt creatively to any community who wants to embrace and play them. Over the past five years, the Games have mobilized nearly 500,000 volunteers that have served over 5,400,000 people in 40 countries.

Become an agent of compassion! Let's help put Austin on the map for the Compassion Games in April, 2017!!

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How to Raise a Confident Child

Neena Hamamcy, MA, LPC, LMFT

A child's self-worth is the gateway to social success and sound mental health. Developing healthy self-esteem is the building blocks of child development and affects us at every age of our lives, determining how we act, not just in childhood, but also as adults. Having low self-esteem drives behavior problems, troubles in relationships and school performance, to name a few. As parents, we are greatly influential in how our children perceive themselves, thus ensuring that we raise our children to grow to have confidence and positive self-worth is essential for their success as adults. Here are some ways to help improve your child's self-esteem:

Help Your Child Express and Embrace their Feelings

When your child looks in the mirror and sees themselves, you want to make sure that they like who they see. One way to ensure this is to cultivate a relationship where you encourage your children to express their feelings openly. When you take the time to listen and accept their feelings, you are sending a message that they matter and how they feel is important. A child's feelings are part of who they are as individuals, thus embracing their feelings is in effect embracing them. When a parent listens and validates their child's feelings, it makes a child feel valued and worthy. If a parent repeatedly responds to their child's feelings with hurt, anger, shame or judgment, the child receives a message from a parent that their feelings are wrong and that their parents are not emotionally available. This can lead a child to shut off their emotions, which in turn can lead to behavior problems down the road. The way a child feels about themselves reflects in their behaviors. By listening and accepting your child's emotions, your child will feel loved, valued and reassured that you are capable of meeting their needs emotionally.

Teach Ownership

It is important to distinguish between a child's feelings and their actions. You want ensure that your child feels loved, but you also want to hold your child accountable for undesirable actions. Setting clear expectations and having consequences is essential for teaching accountability and promoting self-esteem. Helping your child take ownership for their actions helps them learn that their actions have consequences and that they can control the outcome based on their choices. "If I make good choices, then good things follow, if I make bad choices, then bad things follow." Just as kids learn to be accountable for their mistakes, they also learn to own their achievements and success. Without this accountability, children miss the opportunity to experience the joy and satisfaction that comes from mastering their efforts. It is important to allow children to learn from their missteps and develop the resiliency to deal with their failures and the difficult feelings that accompany. We have morphed into a society that struggles with negative emotions and what we often see are parents trying to protect their children from

unpleasant feelings. Where everyone is a winner and there are no losers; where in an effort to preserve self-esteem, we try to protect our children from feeling bad about themselves. This approach actually produces the opposite outcome; it creates children that are spoiled, entitled and view themselves as victims. A parent who intervenes and tries to protect their children from difficult feelings and situations, inadvertently interferes in learning lessons that build self-esteem and resiliency that set the path for success in adulthood. Parenting with accountability allows children to own their failures as well as their achievements and empowers kids to see they have control over the outcome of their lives.

Create Experiences to Help Your Child Feel Successful

Help your child find their strengths and acquire skills, whether it be academically, socially or in extracurricular activities. One way children measure their self-worth is by how others perceive them, and in our society that is full of measuring and comparing, children can be vulnerable to heightened criticism and comparison. Emphasize to your child that you accept and love them regardless of their performance. Create opportunities for them at home and outside the home, where they can accomplish goals and feel the satisfaction of completing a task. Experiences of success create confidence and foster self-esteem. Experiences that can foster self-esteem include having chores and responsibilities at home, participating in athletics, or other areas of social or extracurricular interest. Encouraging their independence and helping your children be responsible will encourage positive self-worth.

Try to Understand and Heal your own Self-Worth Issues

Parenting can be emotionally intoxicating as well as draining. Becoming a parent tends to bring out the best and worst of ourselves. As we navigate through such an intensely emotional relationship with our children, we are often confronted with our own insecurities and fears. Becoming a parent has a way of bringing to the surface our own unresolved emotional issues stemming from our relationships with our own family or origin. Our children's self-worth is not genetic, but rather learned and especially in early childhood, is a reflection of the parent's sense of self, particularly the mother. A parent's unhappiness is passed down to a child, and children view your unhappiness as unhappiness with them. It is important to address your own insecurities and fears because no matter how many parenting books you read, if you don't address your own self-worth issues, you are bound to pass them to your kids. Looking at your own wounds from your early childhood and trying to understand the positive and negative ways your parents influenced your self-esteem can help you identify ways to break the cycle in your own relationships with your children and help promote your own self-worth as well as your children's.

JESTER HOA HAS A NEW WEBSITE!

The HOA has a new updated, website. Besides HOA documents and contact information, it will keep you informed on the social events throughout the year.

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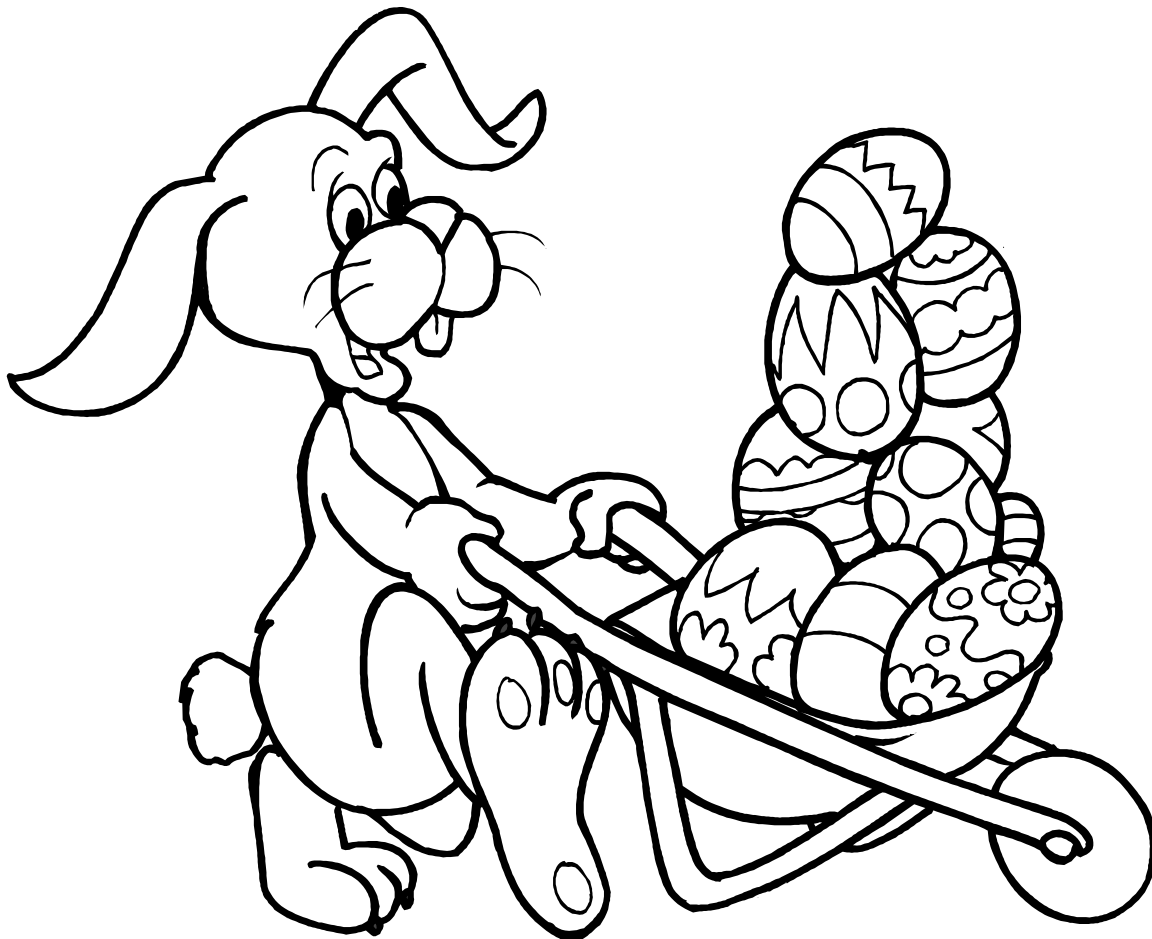
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April Events

Compliments of ... Teresa Gouldie 751-8000 Coldwell Banker, United

Apr. 9	Austin 1020 - Run 10 miles, see 20 bands	HEB Center austin1020.com
Apr. 14 - 15	Greater Tuna <i>The hilarious hit comedy about the third smallest town in Texas</i>	The Long Center thelongcenter.org
Apr. 14 - 16	Austin Reggae Festival <i>Local & national bands be jammin' for the Central Texas Food Bank</i>	Auditorium Shores austinreggaeafest.com
Apr. 19 - 30	The Phantom of the Opera <i>One of the largest productions now on tour</i>	Bass Concert Hall texasperformingarts.org
Apr. 20	Miranda Lambert with Special Guest Jack Ingram	acl-live.com
Apr. 20 - 23	Old Settler's Music Festival <i>Lineup includes Los Lobos, and many more</i>	Salt Lick Pavilion oldsettlersmusicfest.org
Apr. 22 - 23	Monster Jam <i>Adrenaline charged motorsports experience for families</i>	Frank Erwin Center uterwincenter.com
Apr. 23	Statesman Cap 10K	cap10k.com
Apr. 23	Louisiana Swamp Thing and Crawfish Festival <i>If you love all things Louisiana this is the event for you</i>	Statesman parking lot roadwayevents.com
Apr. 28 - 30	Austin Food & Wine Festival <i>Food & Wine hosts this epicurean adventure</i>	austinfoodandwinefestival.com
Apr. 29	Eeyore's 54th Annual Birthday Party <i>A free family-friendly event benefiting local charities</i>	Pease Park eeyores.org
Apr. 29	The Color Run <i>Known as the happiest 5K on the planet</i>	Travis County Expo Center thecolorrun.com
Apr. 29 - 30	Wiener Dog Races - It's worth the drive	budalionsclub.com
Apr. 29 - 30	Dragon Boat Festival and Race <i>Dragons race on Lady Bird Lake</i>	atxdragonboat.com
Apr. 29 - May 7	Madame Butterfly - One of the most beloved operas of all time	thelongcenter.org

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