

Volume 8, Issue 4

A NEWSLETTER FOR VILLAGES OF NORTHPOINTE

APRIL 2017

THE VILLAGES OF NORTHPOINTE COMPASS

A Newsletter for Villages of Northpointe

The Villages of Northpointe Compass is a monthly newsletter mailed to all Villages of Northpointe residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www. PEELinc.com. Personal news (announcements, accolades/honors/ celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!

VILLAGES OF NORTHPOINTE SPRING GARAGE SALE

Reminder of Villages of Northpointe Spring 2017 Community Wide Garage Sale April 21 and 22. The Villages of Northpointe Spring 2017 Community Wide Garage sale will be: Friday, April 21 and Saturday, April 22 from 8 am to 3 pm. Rain or Shine.

To get customers to your location, you can place signs to direct traffic to your address. You will be responsible for removing your signs in a timely manner after the garage sale days are over. Note:

Signs with large dark letters and arrows are more effective.

You may want to price your stuff for your sales in order to sell it faster. Especially if you don't want to pack it up.

If you have any questions, please email us at jrpivonka@yahoo.com or call us at phone No. 832-698-2055. Janice and Franklin Pivonka.



IMPORTANT NUMBERS

Villages of Northpointe Security Director	
Andy Elmore	hit02@scbglobal.net
Waste Management	281-376-8802
Centerpoint Energy	713-207-2222
Tomball Post Office	
Harris County MUD #281 (water and recycling)	281-376-8802
Harris County Constable Precinct #4	
24-hour Dispatch	281-376-3472
Villages of Northpointe Patrol Officer	
Deputy Kelly	281-376-3472
SCHOOLS	
	. 1.11:1
Tomball Independent School District	
Canyon Pointe Elementary	
NorthPointe Intermediate	
Willow Wood Junior High	281-357-3030
Tomball High School	281-357-3220
Tomball Memorial High School	
TAX ENTITIES:	
Tomball ISD Tax Office	281-357-3100
www.tomballisd.net and follow the link to	
MUD #281 & NorthPointe WCID	50
Harris County Appraisal District	
7 11	
Electric Company Choices	
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NEWSLETTER INFO

PUBLISHER

Articles	.villagesofnorthpointe@peelinc.com
Advertising	advertising@PEELinc.com

YOUR COMMUNITY, YOUR VOICE

Do you have an article or story that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email your document to *villagesofnorthpointe@peelinc.com*.



Miss Zavdiel Marie Anderson Chosen as a State Finalist in the National American Miss Texas Pageant



Miss Zavdiel Marie Anderson, age 16, has been chosen as a State Finalist in the National American Miss Texas Pageant to be held JUNE 18, 2017 – June 19, 2017 (Sunday – Monday at the Royal Sonesta Hotel – Galleria Area. The pageant is held for girls ages four through eighteen in five different age divisions.

The newly crowned Miss Teen Texas will receive a \$1000 cash award, the official crown and banner, a bouquet of roses, and air

transportation to complete in the national pageant at Disneyland in California. She will also tour Hollywood. She has the chance to represent the great state of TEXAS for the entire year.

Contestants will compete in four overall categories including Formal Wear Modeling, Personal Introduction, interview and Community Service Project. National American Miss also offers optional contests such as the Top Model Search, Talent, Actress, and so much more!

National American Miss is dedicated to celebrating America's greatness and encouraging its future leaders. Each year, the pageant awards thousands in scholarships and prizes to recognize and assist in the development of your ladies nationwide. All activities are age-appropriate and family-oriented.

The National American Miss Pageant System is the largest in the Nation. The focus of this organization is to create future leaders and to equip them with real-world skills to make their dreams a reality. The program is based on inner beauty as well as poise and presentation, and offers an "All-American spirit of fun of for family and friends. "Emphasis is placed on the importance of gaining self confidence and learning new skills, such as good attitudes about competition, as well as setting and achieving personal goals.

Families interested in learning more about this unique and outstanding youth program may visit www.namiss.com.

Miss Zavdiel Marie Anderson's activities include film making, singing, and dancing. She also enjoys traveling and learning new languages.





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SPRING IS HERE!

It is time to start thinking about opening your windows and brightening your home. Not sure where to start?

Follow these 3 easy steps from Tarragona Designs:

1. Update your walls

Color trends change every year. From light and bright colors to dark and daring, colors don't go out of style, it's just the pairings of different colors that come and go. New color combinations may be just what your walls need for a fresh new look, especially if you've had the same color palette in your home for a long time. My top 5 colors that I recommend are:

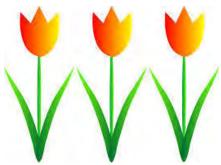
- 1. Agreeable Gray-Sherwin Williams 7029
- 2. Intellectual Gray-Sherwin Williams 7045
- 3. White Flour-Sherwin Williams 7102
- 4. Ancient Marble-Sherwin Williams 6162
- 5. Sea Serpent-Sherwin Williams 7615

2. Accessorize

Have your throws & pillows seen better days? It might be time to bring in some new pieces for a fresh & updated feel to your home. You can transform the entire look of a room by changing out some basic design items such as lighting, pillows, throws & artwork.

3. Spring clean your home-lots of work but you will be so glad you did when the weather draws you outside. Pull out your screens and wash the winter grime off your windows, then work on cleaning things like the ceiling fans and fireplaces. Once your cleaning is complete, gather mason jars from your cabinet and pick up fresh flowers on your next visit to the grocery store. Arrange together in groupings throughout your home for a finished and fresh look. Spring is here...

Article by Rita Droege Lopez, business owner and creative designer. If you would like more home design and/or organization tips, please contact rita@tarragonadesigns.com





VBS Registration Now Open!

July 17-21 St. Aidan's Episcopal Church 13131 Fry Rd. Cypress, TX

Saint Aidan's Episcopal Church VBS registration opens March 5th! Come join us for an In and Out, Over, Under Adventure July 17-21! This year's theme is Maker Fun Factory. Our VBS is completely Gluten, and nut free. The cost is \$30.00. Registration ends July 2. If you have any questions, please contact Taylor at taylor@aidanschurch.org. Saint Aidan's Episcopal is located at 13131 Fry Road, just south of Hwy 290.

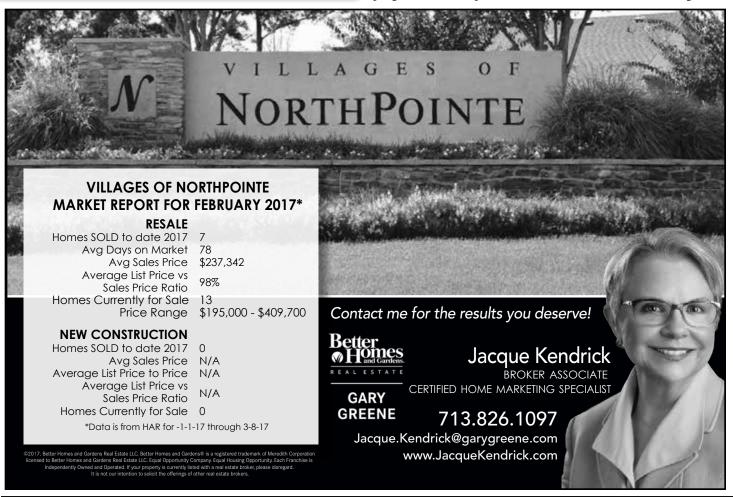
Register at our website: http://aidanschurch.org

Albion Hurricanes FC Soccer Tryouts and **Evaluations Coming** in May!

Albion Hurricanes FC (AHFC), established in 1989, is leading the way in South Texas youth soccer by inspiring and developing young men and women through world class coaching and innovative techniques, as well as instilling the proper framework, self-esteem, confidence and sportsmanship within our athletes.

AHFC has multiple campuses in and around Houston. The club invites all interested players from the ages of 7 to 18, to the Player Evaluations and Tryouts to become part of our success. We ask that all interested players pre-register before coming out to the fields. Please visit albionhurricanes.org for details about your particular campus.

AHFC offers JHSL (a recreational program for 5 - 10 year olds) at our Cy Fair and Central locations and offers additional training at Katy Friday Night Academy and New Territory Thusday Night Academy. Canes Summer Soccer Camp will be in Juna and July and is now open to register. All information regarding all of the programs and camps can be found at albionhurricanes.org.



The Art of Choosing a Summer Camp

By Mike McDonell President, Kidventure

Parents, let's face it. Our kids are growing up in a world much different than the ones we rode our Big Wheels in. Back then, we roamed the neighborhood in search of an adventure. Left to our own devices, we would transform empty lots into playgrounds, create fantastic forts with blankets held fast by encyclopedias, and find endless utility out of something as simple as a stick.

The world is now lightyears away from what we knew then. Driven by an endless flow of information and novelty, the bar to keep kids engaged is as high as it has ever been. That is why camp is so important and has never been more essential than right now.

Choosing the right camp can allow your child the opportunity to discover themselves, to interact with others, to feel inspired, or part of something great. Yet with all the camp options out there, choosing an appropriate program can be challenging.

The following are some of the most important questions you can ask of any camp program. These will aid you when looking to make the most of your child's camp experience.

General Camp Questions

1. Is the camp right for your child? Too many times, parents will

enroll their kids in a camp they see themselves in and not their kids. You know your child best, so take into account their strengths, natural inclinations, and preferences.

- 2. What is the camp's mission statement? Every camp should have a goal or a mission. That mission should ultimately be to makes kids feel great about themselves and feel successful.
- 3. Does the camp program have a track record of quality programming and service? Read reviews, ask for a couple of references, and talk with other parents who have been to that camp.
- 4. Is this camp licensed by the State of Texas Youth Camps Division? This licensing ensures that every camp is held to certain standards in terms of safety, quality of staff, and quality of programming. If a camp is unlicensed, then it can be shut down by the state of Texas at any time.
- 5. What is the camp's policy on how they reward good behavior and regulate poor behavior?

Staff Questions

A camp can have the most beautiful facilities, state-of-the-art (Continued on Page 8)



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camp equipment, and the best website, but the quality of any camp program begins and ends with the quality of the staff.

- 1. What is the ratio of counselors to campers?
- 2. What is the age of the staff, and what are the camp staff minimum qualification standards?
- 3. What medical qualifications and procedures are set in place for campers and their staff?
 - 4. What is the background check process on your staff?
- 5. Will the staff simply be supervising kids, or will they be active participants

Programming Questions

Good camps have an active and well thought out curriculum. That curriculum should take into account factors like multiple ages, the weather, and the number of children attending. The following are a set of questions that should give you a good feel for the programming.

- 1. Does the camp provide an age appropriate curriculum suited for my child and his/her abilities? Camps tend to be open to a wide range of kids, so make sure that their activities are developmentally appropriate. Make it a point to ask about the appropriateness of the program with regards to your child's age and individual needs.
- 2. What percentages of those activities are outdoors vs. indoors? How does the camp program plan for the hot temperatures during

the summer?

- 3. How are multi-age campers grouped in camp?
- 4. Are there field trips? If so, how are campers transported? Who drives and is there air-conditioning on that transportation?

Overnight Camp Specific Questions

When it comes to overnight camp options, many of the previous questions are perfectly applicable. However, because your kids will be going away for camp, a few more specific questions will help you make a better and informed decision.

- 1. What are the sleeping arrangements like? Not every camp has air conditioning. If that's a deal breaker for you or your camper, then ask. Additionally, the number of campers within a lodging varies greatly from camp to camp.
- 2. What is the waterfront safety procedure? Are there lifeguards stationed at all water activities?
 - 3. What is the camp policy on use of technology at camp?
- 4. What are the food options like? Can they accommodate any allergies or dietary needs?

In Conclusion

Though this is not a comprehensive list, these questions will help you learn more about a camp program and give you the opportunity

(Continued on Page 10)



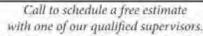


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to select your child's camp experience more wisely. At the end of the day, the camp you choose for your child must be safe, it must place the camper first in all matters, and it must provide both you and your child with an environment that is both comfortable and rewarding.

Camp has the power to transform the lives of our kids. It can teach courage, teamwork, empathy, grit, independence, and confidence. That transformative spirit has never been more alive than today. Seek out great camp programs, ask the right questions, and make solid camp choices with your child. The results will provide them with an immensely rewarding experience, one that they will carry with them for the rest of their lives. Happy camping!



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How to Raise a Confident Child

Neena Hamamcy, MA, LPC, LMFT

A child's self-worth is the gateway to social success and sound mental health. Developing healthy self-esteem is the building blocks of child development and affects us at every age of our lives, determining how we act, not just in childhood, but also as adults. Having low self-esteem drives behavior problems, troubles in relationships and school performance, to name a few. As parents, we are greatly influential in how our children perceive themselves, thus ensuring that we raise our children to grow to have confidence and positive self-worth is essential for their success as adults. Here are some ways to help improve your child's self-esteem:

Help Your Child Express and Embrace their Feelings

When your child looks in the mirror and sees themselves, you want to make sure that they like who they see. One way to ensure this is to cultivate a relationship where you encourage your children to express their feelings openly. When you take the time to listen and accept their feelings, you are sending a message that they matter and how they feel is important. A child's feelings are part of who they are as individuals, thus embracing their feelings is in effect embracing them. When a parent listens and validates their child's feelings, it makes a child feel valued and worthy. If a parent repeatedly responds to their child's feelings with hurt, anger, shame or judgment, the child receives a message from a parent that their feelings are wrong and that their parents are not emotionally available. This can lead a child to shut off their emotions, which in turn can lead to behavior problems down the road. The way a child feels about themselves reflects in their behaviors. By listening and accepting your child's emotions, your child will feel loved, valued and reassured that you are capable of meeting their needs emotionally.

Teach Ownership

It is important to distinguish between a child's feelings and their actions. You want ensure that your child feels loved, but you also want to hold your child accountable for undesirable actions. Setting clear expectations and having consequences is essential for teaching accountability and promoting self-esteem. Helping your child take ownership for their actions helps them learn that their actions have consequences and that they can control the outcome based on their choices. "If I make good choices, then good thing follow, if I make bad choices, then bad things follow." Just as kids learn to be accountable for their mistakes, they also learn to own their achievements and success. Without this accountability, children miss the opportunity to experience the joy and satisfaction that comes from mastering their efforts. It is important to allow children to learn from their missteps and develop the resiliency to deal with their failures and the difficult feelings that accompany. We have morphed into a society that struggles with negative emotions and what we often see are parent's trying to protect their children from

unpleasant feelings. Where everyone is a winner and there are no losers; where in an effort to preserve self-esteem, we try to protect our children from feeling bad about themselves. This approach actually produces the opposite outcome; it creates children that are spoiled, entitled and view themselves as victims. A parent who intervenes and tries to protect their children from difficult feelings and situations, inadvertently interferes in learning lessons that build self-esteem and resiliency that set the path for success in adulthood. Parenting with accountability allows children to own their failures as well as their achievements and empowers kids to see they have control over the outcome of their lives.

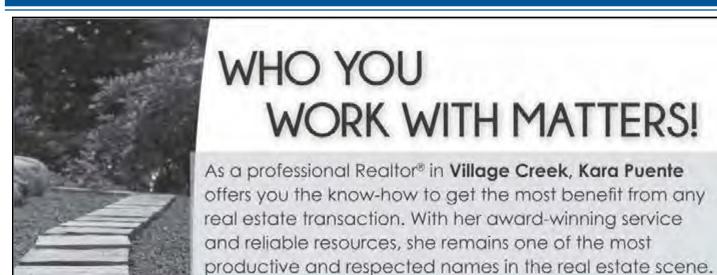
Create Experiences to Help Your Child Feel Successful

Help your child find their strengths and acquire skills, whether it be academically, socially or in extracurricular activities. One way children measure their self-worth is by how other's perceive them, and in our society that is full of measuring and comparing, children can be vulnerable to heightened criticism and comparison. Emphasize to your child that you accept and love them regardless of their performance. Create opportunities for them at home and outside the home, where they can accomplish goals and feel the satisfaction of completing a task. Experiences of success create confidence and foster self-esteem. Experiences that can foster self-esteem include having chores and responsibilities at home, participating in athletics, or other areas of social or extracurricular interest. Encouraging their independence and helping your children be responsible will encourage positive self-worth.

Try to Understand and Heal your own Self-Worth Issues

Parenting can be emotionally intoxicating as well as draining. Becoming a parent tends to bring out the best and worst of ourselves. As we navigate through such an intensely emotional relationship with our children, we are often confronted with our own insecurities and fears. Becoming a parent has a way of bringing to the surface our own unresolved emotional issues stemming from our relationships with our own family or origin. Our children's self-worth is not genetic, but rather learned and especially in early childhood, is a reflection of the parent's sense of self, particularly the mother. A parent's unhappiness is passed down to a child, and children view your unhappiness as unhappiness with them. It is important to address your own insecurities and fears because no matter how many parenting books you read, if you don't address your own self-worth issues, you are bound to pass them to your kids. Looking at your own wounds from your early childhood and trying to understand the positive and negative ways your parents influenced your self-esteem can help you identify ways to break the cycle in your own relationships with your children and help promote your own self-worth as well as your children's.





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