



MAY 2017 VOLUME 10, ISSUE 5

A Newsletter for the Residents of Legend Oaks II

WELCOME!



According to the Legend Oaks 2 Homeowners Association, the following new neighbors moved into the neighborhood in March:

Sharon Mastenbrook	6433 Clay Allison Pass
Nolan & Joan Gore	8309 Siringo Pass

Everything you need to know about the Homeowners Association can be found at <http://hoasites.goodwintx.com/loh/Home.aspx> - bylaws, how to get a pool pass, meeting minutes, payment instructions for HOA dues, architectural change forms, ...

Want to know what is going on right now in the neighborhood? Subscribe to:

Legend Oaks 2 Digest – Email legendoaksneighbors-subscribe@yahoogroups.com. In order for your request to be approved, you need to include your street address.

Nextdoor Legend Oaks 2 – Go to www.nextdoor.com and enter your address. You will automatically be subscribed to Legend Oaks 2.

May Editorial

Janet Rourke



This month's newsletter includes articles on why we celebrate Mother's Day, mosquito repellents, and a festival to raise money for missing and exploited children.

Do you have a concern or helpful advice that would be of interest to neighbors? If so, please consider writing an article for the newsletter. The newsletter is submitted to Peel a month in advance, so if you are sending information about an upcoming event, it needs to occur at least two months in the future. Send any articles to Janet Rourke (janetrourke@sbcglobal.net) by the 10th of the month. Thanks for your help!

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind." ~ Dr.Seuss (Contributed by Manjula Lannan)

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NEWSLETTER

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ADVERTISING INFORMATION

Please support the businesses that advertise in the Legend Oaks newsletter. Their advertising dollars make it possible for all Legend Oaks II residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or advertising@PEELinc.com. The advertising deadline is the 8th of each month for the following month's newsletter.

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Legendoaks2.nikkiatate@gmail.com

Why Do We Celebrate Mother's Day?

Mother's Day is a day set aside to honor our mothers. It has been celebrated in many parts of the world throughout history, most commonly in March or May. Although it is not related to some of the earlier celebrations, in some countries it has become synonymous with the older traditions.

Mother's Day was first celebrated in the United States in 1908 when Anna Jarvis held a memorial for her mother at St. Andrew's Methodist Church in Grafton, West Virginia. Her campaign to make Mother's Day a recognized holiday in U.S. began in 1905 – the year of her mother's death. Her mother, Ann Jarvis, had been a peace activist who cared for wounded soldiers from the Civil War. Ann Jarvis created Mother's Day Work Clubs to address public health issues. Anna Jarvis wanted to honor her mother's contributions by continuing the work she started. She also wanted to honor all mothers because she believed "mothers were the person who has done more for you than anyone in the world."

In 1908 Congress rejected a proposal to make Mother's Day an official holiday. Due to Anna Jarvis' efforts, by 1911 all U.S. states observed the holiday. Woodrow Wilson signed a proclamation in 1914 designating the second Sunday in May as a national holiday to honor mothers.

In 1912, Anna Jarvis trademarked the phrases "second Sunday in May" and "Mother's Day" and created the Mother's Day International Association. She wanted "Mother's" to be singular possessive because Mother's Day should be a day to honor your own mother, not all the mothers in the world.

Jarvis later denounced the holiday as too commercial and spent the later part of her life trying to remove it from the calendar.



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Mosquito Repellents

As mosquito season is ramping up, everyone is (hopefully) aware of possible disease transmission by mosquitoes. It is important that you protect yourself when spending time outside.

Activity times for mosquitoes can vary. Most people are familiar with the four D's- DRAIN (standing water), DEET (wear some repellent), DUSK & DAWN (stay indoors during dusk and dawn to avoid peak populations) and DRESS (wear long sleeves and long pants). While this is still good advice, it may be a good idea to spread the dress and repellent advice for anytime you spend time outdoors.

When outside, wear long pants and a long sleeved shirt in light colors to reduce the number of mosquitoes that can reach your skin. Repellent should only be applied to clothing and exposed skin. Do not apply repellent underneath clothing! If you want to apply repellent to your face, spray your hands with repellent and rub it onto your face. Do not spray repellent directly into your face or near eyes or mouth. Make sure to apply repellent outdoors. Do not allow children to handle repellents. Wash hands before eating, smoking or using the restroom.

The Center for Disease Control (CDC) recommends using a product registered with the EPA (Environmental Protection Agency) containing one of the following active ingredients: DEET, picaridin, IR3535 and some of the products containing oil of lemon eucalyptus.

DEET, also known N,N-diethyl-m-toluamide or N,N-dimethylbenzamide, was developed by the U.S. Army in 1946 to protect soldiers in insect-infested areas. Pesticides containing DEET have been used by the general public since 1957. Products containing DEET should not be used on children younger than 2 months of age (read the label and check with your pediatrician if you have questions). DEET has a slight odor and may have a greasy feel to some people. It may damage plastic, rubber, vinyl or synthetic fabrics. DEET may be irritating to the eyes and skin for some people. DEET comes in a wide variety of concentrations, so choose the one that will work best for your situation.

Picaridin was first made in the 1980's and resembles a natural compound called piperine (which is found in plants used to produce black pepper). Picaridin has been used in Europe and Australia for many years, but has only been in the U.S. since 2005. Picaridin is non-greasy and is odorless.

IR-3535, or 3-[N-Butyl-N- acetyl]-aminopropionic acid, ethyl ester, was developed in the mid- 1970's and became registered for use in the U.S. in 1999. It is registered as a biopesticide by the EPA because it is functionally identical to a naturally occurring substance (an amino-acid). It may dissolve or damage plastics and may be irritating to the eyes.

Oil of lemon eucalyptus (OLE) or PMD (para-menthane-3,8-diol) are essentially the same thing; PMD is the synthesized (lab created) version of oil of lemon eucalyptus. "Pure" or "essential" oil of lemon eucalyptus is not labeled as a repellent and has not undergone testing and should not be used as a repellent product. OLE/PMD has been on the market in the U.S. since 2002. OLE/PMD should not be used on children younger than 3 years of age. The natural product (OLE) has known allergens within it while the synthetic version (PMD) has less of a risk to allergens. This product is classified as a biopesticide. OLE/PMD has a varying range of residual, some offering about 20 minutes of protection while other products may last up to two hours.

Many factors play into how long a repellent will last for a person. Some of these are:

- The concentration (or percent of active ingredient) of the product. You can find the percentage on the product label.
- Person's attractiveness. Some people are more attractive to mosquitoes than others (and no scientific research has proven that it is because of eating garlic, taking vitamin B, using tobacco products, etc.). A person's genetic code plays a large part on what makes a person so attractive to mosquitoes.
- Frequency and uniformity of application. In other words, how often is the repellent applied and how good of coverage did you get?
- Activity level of the person. The more active the person is, the more sweat they produce which can cause the repellent to wash off the surface of the skin.

As a word of caution, there are products that combine sunscreen and insect repellent. The CDC recommends that if you need sunscreen and repellent, that you choose two separate products. Sunscreen should be applied more often than repellents.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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Lost and Found Lollapalooza

Calling all families! Join the National Center for Missing and Exploited Children, The Refuge Ranch, and beLydia for a day of music, markets, food and carnival games...all to benefit the fight to keep children safe.

On Sunday, June 4, 2017, from 2pm until 7pm, Pecan Springs Ranch, 10601 B Drecho, Austin, TX, 78737, will become the Lost and Found Lollapalooza. All proceeds from the event help provide prevention education as well as rescue and restoration of victims of child trafficking. Admission fee is \$35 for 12+ and \$20 for 3-11 years.

This G-rated event promises to be a safe, fun day for guests of all ages. Whether you want to create your own home cleaner, decorate a tee pee, play carnival games or just listen to live music and eat from the cool food trucks, the Lost and Found Lollapalooza has it all. You can even have your family's picture made, pull out your own fishing poles and fish the stocked pond or relax with a locally sourced refreshment.

The marketplace will feature jewelry, children's books, freshly baked goodies, a coffee bar, festival gear and more. The National Center for Missing and Exploited Children will be on hand to help parents install mobile safety apps, and The Refuge Ranch will have tiles for painting that will eventually decorate the shelter being built.

beLydia young entrepreneurs will be hosting their microbusinesses all day, too! Maybe a lemonade stand, maybe a sandal-making shop, perhaps wands and capes, these young fundraisers are working to raise money to keep their peers safe.

Please join us for a wonderful, happy day that will benefit not only your family, but children throughout Central Texas and beyond. Tickets are available online at Eventbrite. Contact events@beLydia.org for more information or to become a donor or event sponsor.

beLydia is a religious organization whose mission is to raise awareness about sex trafficking by focusing on prevention. They help support other anti-trafficking ministries with the objective to bring hope and restoration to victims.

SAVE THE DATE TO KEEP KIDS SAFE!

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For sponsorship opportunities, please contact: sponsorship@belydia.org
For general inquiries, please contact events@belydia.org

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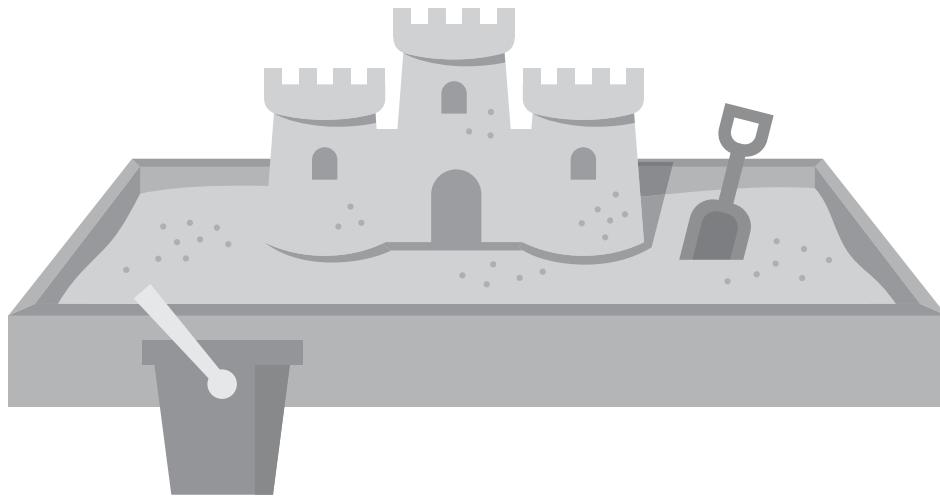


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12. Colder
13. Geneve
15. Consume
16. Collective Israeli farm
18. Chewbacca's partner (2 wds.)
21. Card game
22. Legume
26. Coding system
28. Portend
29. Induct
30. Look
31. Loch __ monster
32. Opp. of yeses

DOWN

1. Male deer
2. Large African river
3. Long time
4. Mediterranean island dwellers
5. IBM Competitor
6. Adios
7. Sports shoe projection
8. Hz
10. Apt
14. Purplish color
17. Candy
18. Woman
19. Negative battery terminal
20. Averages
23. African nation
24. Bored
25. Dregs
27. Bro.'s sibling

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Carrot Bundt Cake

From:
shugarysweets.com

Photograph: A portion of the frosting was left without nuts as a courtesy to one of the guests.

CAKE:

- 2 cup granulated sugar
- 1 cup canola oil
- 4 large eggs
- 2 cup all-purpose flour
- 1 tsp baking soda
- 1 tsp baking powder
- 2 tsp cinnamon
- 2 cup shredded carrots
- 1 cup Fisher Chopped Pecans

FILLING:

- 1 package (8oz) cream cheese, softened
- 1/3 cup granulated sugar
- 1 tsp vanilla extract
- 1 large egg

FROSTING:

- 4oz cream softened cheese
- 3 Tbsp milk
- 2 cup powdered sugar
- 1/4 cup Fisher Chopped Pecans

Directions

1. Preheat oven to 350 degrees F. Spray a 12 cup bundt pan generously with baking spray. Set aside.
2. In a large bowl, combined all the ingredients for the cake, mixing until well combined. The batter will be very thick! Set aside.
3. For the filling, beat cream cheese with sugar, vanilla, and egg until smooth and creamy. Set aside.
4. To assemble, fill the bottom of sprayed bundt pan with about 3/4 of the batter. Spoon the cream cheese into the pan, being careful not to let it touch the sides of the pan. Spoon the remaining batter over the cream cheese layer. It's okay if it doesn't cover completely.
5. Bake cake in a preheated oven for 60-65 minutes. The cake will be browned and will pull away from the pan when done. Remove from oven and cool for 5-10 minutes before inverting onto a wire rack. Cool completely before frosting.
6. For the frosting, beat cream cheese, milk, and powdered sugar together until smooth and creamy. Pour frosting into a large Ziploc bag and snip off the corner. Pipe onto the cake, generously. Sprinkle immediately with chopped pecans. ENJOY!

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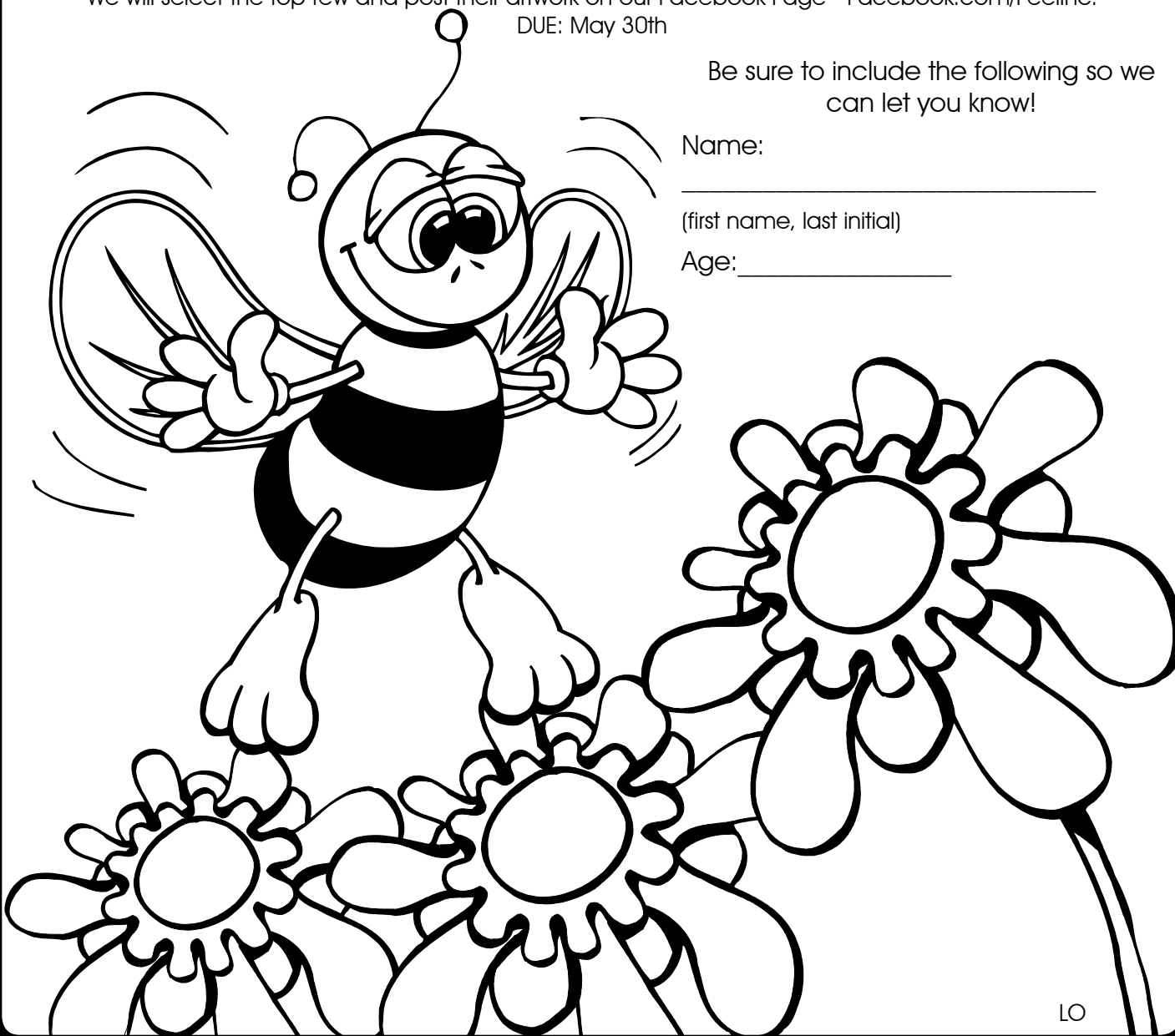
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Age: _____



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