



# The HOME FRONT

JUNE 2017

Official Publication of the Cardiff Ranch HOA

VOL 2, ISSUE 6

## Planning on Doing Home Improvements?



The P.O.A. requires a Request for Home Improvement Approval form be submitted and approved prior to the start of any work. A fee and/or deposit may be needed for certain projects. Contact First Service Residential at 877-378-2388 with any questions regarding the form or required fees.

## Men's Health Month

Wear BLUE Day: Friday, June 16th

Whether it is your friend, brother, dad, boyfriend, spouse, or boss, show them you care about them and their health by wearing blue. If Friday of Men's Health Week doesn't work for you then pick any other day of the year and start a fun Wear BLUE day at work.

Host a Wear BLUE day to raise awareness and money for education about men's need to seek regular checkups, or testicular cancer education, prostate cancer education, or other health issues that affect men. (Cardiovascular disease, skin cancer, lung cancer, diabetes, gout, and more.)

Men live sicker and die younger. Wear BLUE was created by Men's Health Network to raise awareness about the importance of male health and to encourage men to live longer and healthier lives.

Men's health awareness can mean many different things.

It means raising awareness of making healthy lifestyle choices, making regular annual visits to the doctor, getting educated on heart disease or diabetes, starting general health conversations with their male friends, and much more.

Wear BLUE event where you live, work, play, and pray.

## Reporting a Streetlight Outage

Have a streetlight out? You can go online to report the outage. Just go to [centerpointenergy.com](http://centerpointenergy.com), select customer service – electric outage center – report street light outage. You will need the streetlight number located on the pole.



## Fitness Center

Fitness center hours are  
5:00 a.m. to 10:00 p.m. daily

**Please remember that no one under the age of 18 is allowed in the fitness center at any time, even if accompanied by an adult, with the exception of using of the bathroom.**

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# IMPORTANT NUMBERS

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## IMPORTANT NUMBERS

Emergency .....	911
Fort Bend County Sheriff .....	281-342-6116
Poison Control .....	800-222-1222
First Service Residential (24/7) .....	877-378-2388
Customer Service and Billing .....	800-932-9449

## UTILITIES

Best Trash.....	281-313-2378
En-Touch (Customer Service) .....	281-225-1000
Fort Bend MUD # 58 (Water) .....	713-405-1750

## SCHOOLS

Katy ISD .....	281-396-6000
Davidson Elementary .....	281-234-2500
Wood Creek Junior High .....	281-234-0800
Obra D. Tompkins High School .....	281-234-1000

## PROPERTY MANAGEMENT

### Property Manager

Marci Birthisel .....	713-984-7205
.....	marci.birthisel@fsresidential.com

### Service Specialist - Katy Division

Ty Howery .....	713-984-7282
.....	tyrona.howery@fsresidential.com

### On-Site Community Manager

Doreen Cutroni.....	281-394-7314
.....	crclubhouse@entouch.net

## OFFICE HOURS:

Monday 4 P.M. – 8 P.M.  
Friday 1 P.M. – 6 P.M.  
Saturday 10 A.M. – 4 P.M.

## NEWSLETTER PUBLISHER

Peel, Inc. ....	512-263-9181
Advertising.....	advertising@peelinc.com

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## Cardiff Ranch 2017 Board of Directors

Rachel Gwin – Land Tejas - President  
Jeff Sheehan – Land Tejas - Director  
Gwen Farley – Resident - Treasurer  
Raj Gupta – Resident - Vice President  
Rob Kerzee – Resident - Secretary  
Email address – crboard@entouch.net

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## Cardiff Ranch 2017 Board and Round Table Meetings

Board Meeting: May 18, @ 5pm  
Round Table: Jun. 17, 2017 @11am  
Board Meeting: July 20, @ 5pm  
Round Table: Aug. 19, 2017 @11am  
Board Meeting: Sept. 21, @ 5pm  
Round Table: Oct. 21, 2017 @11am  
Board Meeting: Nov. 16, @ 5pm  
Round Table: Dec 9. 2017 @11am  
Annual Meeting: Date and location to be announced

\*\* The annual meeting cannot be scheduled until the end of **August**. (Unable to schedule until the new school year to determine availability.)

*All meetings will take place in the Cardiff Ranch club house located at 26818 Wooded Canyon Dr. with the exception of the annual meeting.*

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## Cardiff Ranch Committees

The following committees have been established to help aide the Board of Directors.

- Executive Committee – comprised of the advisory members
  - Landscape Committee – overseeing the landscaping needs of the community
  - Events Committee – social events, community events, “kids” committee, community outreach
  - Flag Committee – proper maintenance /respect of the flags at the front entrance
  - Finance Committee – financial information and reporting
- Please email the clubhouse at crclubhouse@entouch.net if you are interested in joining a committee.

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# CARDIFF RANCH

## HOUSE FLIES TEXAS A&M AGRI LIFE EXTENSION



Moving into summer, we should prepare for the inevitable....house flies. While many see house flies as a nuisance, they are capable of spreading diseases such as dysentery or food poisoning. Due to the locations house flies frequent- garbage, manure, and carrion- they can pick up bacteria and other disease organisms which can transfer to other areas where they may land such as dishes, food, or countertops. House flies regurgitate onto food to liquefy it before eating and they can further contaminate items by defecating upon surfaces.

The common house fly has two wings and is dull gray with black stripes on the thorax (the section where the wings are attached). Adult flies can only eat liquid foods and have sponging mouthparts specialized to help them feed.

Eggs are usually laid on decaying matter such as animal fecal material, grass clippings, or garbage. Around 100-150 eggs are laid by the female. Depending upon temperature (warmer temperatures speed things up); eggs may hatch within 8 hours to 2 days.

Maggots, the immature stage of a fly, are small, white, carrot-shaped, and

legless. There are 3 larval molts then mature larvae seek a dry location for pupation. Pupae are reddish brown and somewhat oval in shape.

During the summer, house flies may live up to 2.5 weeks while during cooler times of the year they may live up to 3 months.

The key to fly management is sanitation, or cleaning. Eliminate breeding sites by picking up animal waste one to two times per week; empty garbage cans regularly; clean garbage cans at least once a month with soapy water. Keep garbage cans located away from doors that lead into the home and make sure they have tight fitting lids.

Other items that can help reduce fly problems include keeping window screens in good repair; making sure doors and windows have a tight seal and weather stripping is in good condition; and using fly swatters or sticky fly paper to get rid of adult flies.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)

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## FIRST TREATMENT

New customers only. Limited to 1/2 acre. Expires 8/31/2017

## FINGER LICKING GOOD BBQ CHICKEN WINGS



### Instructions

1. Preheat Oven to 425F
2. In a large bowl, combine flour, chili powder, salt, pepper, paprika, and garlic powder – set aside.
3. In another large bowl, combine BBQ sauce and honey – set aside.
4. Lightly coat wings with mayonnaise and then drop a few at a time into prepared flour mix to coat, shaking off any excess.
5. Place the floured wings onto a parchment paper lined baking sheet and spread them out in a single layer.
6. Bake for 23 mins then flip them over.
7. Bake for an additional 23 mins, until skin is crispy and golden brown then remove from oven.
8. Preheat oven to 500F
9. Drop the wings into the large bowl with BBQ Sauce and Honey – mix around a few at a time to coat evenly then replace back onto baking sheet, spreading them into a single layer.
10. Bake for an additional 8 to 10 mins, until sauce is bubbly and caramelized. Cool then serve!

### Ingredients

- |                               |                                   |
|-------------------------------|-----------------------------------|
| 1 cup flour                   | 1 tsp chili powder                |
| 1 tsp kosher salt             | 1 tsp freshly ground black pepper |
| 1 tsp paprika                 | 1 tsp garlic powder               |
| 20 chicken wings or drumettes | 1 tbs Mayonnaise                  |
| 1 cup BBQ Sauce               | ½ cup Honey                       |

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# CARDIFF RANCH

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