

The Rosehill

The Official Newsletter of the Lakes of Rosehill Homeowners Association

Volume 8, Issue 6

WELCOME TO THE ROSEHILL REPORT

June 2017

A Newsletter for the Lakes of Rosehill Community

The Rosehill Report is a monthly newsletter mailed to all Lakes of Rosehill residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www. PEELinc.com. Personal news (announcements, accolades/honors/ celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!



CONGRATULATIONS GRANT CLINTON

Lakes of Rosehill's own resident, Grant Clinton, will be competing in Season 9 of American ninja warrior. The show will be airing beginning in June on NBC and also on Esquire network. Clinton was one of season 8's breakout stars last year competing in Oklahoma City after a miraculous recovery from a stroke he suffered earlier that year.



Attention Parents of Graduating Seniors!

We would like to recognize our graduating seniors by including a small picture and a few lines about where your child will be attending college. Please send your information to articles@peelinc.com (include the newsletter you would like to recognize them in, photo, name, etc).

IMPORTANT NUMBERS

EMERGENCY NUMBERS	
EMERGENCY	911
Fire	911
Ambulance	911
Constable	281-376-3472
Sheriff - Non-emergency	713-221-6000
- Burglary & Theft	713-967-5770
- Auto Theft	
- Homicide/Assault	713-967-5810
- Child Abuse	
- Sexual Assault/Domestic Violence	
- Runaway Unit	713-755-7427
Poison Control	800-764-7661
Traffic Light Issues	713-881-3210
SCHOOLS	
Cypress Fairbanks ISD Administration	281-897-4000
Cypress Fairbanks ISD Transportation .	
Cypress Fairbanks Senior High	
Cy-Woods High School	
Goodson Middle School	
OTHER NUMBERS	
Animal Control	281-999-3191
Cypress Fairbanks Medical Center	281-890-4285
Harris County Health Department	
Post Office Box Assignment – Cypress	
Street Lights - CenterPoint Energy	713-207-2222
- not working (Report Number on Pole)	
Waste Management	713-686-6666
NEWSLETTER PUBLISHER	
Editorlakesofro	osehill@peelinc.com
Advertising	

COMMUNITY CONTACTS

BOARD OF DIRECTORS

Mike Kucharski	President
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To contact the Board, email Board@lakesofrosehill.com

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Michael McBride, Scott Brown, Teri Ellingham.....

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Yvonne Bukowski, Dawn Ziemianski.....

MANAGEMENT COMPANY

Gloria Lee, CMCA, AMS	281-537-0957 x27
Direct Line	281-586-1727
Email	. glee@chaparralmanagement.com

INTRODUCING

"Get To Know Your Neighbors"

We are all very fortunate to call Lakes of Rosehill home. But, Lakes of Rosehill is more than just a place to live; it is a vibrant community brimming with familyfriendly neighborhoods, chock-full of fascinating, talented people. Our variety is what makes us so both unique and extraordinary. However, sometimes, we get so busy, we lose sight of how interesting and diverse we've become. We believe that getting to know the people who live nearby will help us create a sense of belonging and shared identity. We have created a column entitled, "Get to Know Your Neighbors" which we hope will strengthen connections, build trust in our wider community, and contribute to a happier neighborhood for everyone.

If you know of a person or a family that you believe is making Lakes of Rosehill a better place to live, please let us know. We would like to introduce them to your neighbors.



EXPERT, **PROFESSIONAL** SERVICE...

Summer Selling Season is upon us!

Attention sellers! Selling this summer? Wouldn't it be great to know ahead of time what a buyer's inspector will be looking at after the home goes under contract?

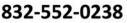
Watch my video at the link below to learn what you need to do to get ready and then call me to help you sell!

https://youtu.be/gxzFLEuNQek



Carol Leonard

Broker/Owner





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Cy-Fair Republican Women May Meeting

Tuesday, June 13th will be CFRW General Meeting from 10:30 AM - Noon.

Meeting is \$3 -- Meeting w/Lunch at Noon is \$23. Hearthstone Country Club, 7615 Ameswood, Houston, TX 77095

All are welcome!

Come and enjoy like-minded fellowship and relevant speakers.

RSVP to www.cfrw.net by June 6th. We look forward to seeing you there!

Scholarship is available for a female college student. Go to www. cfrw.net for criteria and application. Deadline is June 15th.

SAVE the DATE—November 3rd for High Heels & High Tea at Sterling CC. Watch this space or website for further details.

Fitness and Nutrition for the Busy Professional



Tony Vinchealle, BA, CPT, PN1 tony@asufit.com

Luncheon Details

Thursday, June 22, 2017 Networking 11a.m. Luncheon begins at 11:30 a.m.

Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095

Costs \$25 with advanced reservations \$30 at the door

Tony Vinchealle is a wife, a mother of 4 children, a Holistic Fitness Professional, and founder of A'Stronger~U Fitness, Health, and Wellness. She was motivated to start her company in January 2013 after having her own transformational experience with a weight loss coach. Prior to becoming a full-time entrepreneur in the Fitness industry, Tony worked in Corporate America for over 10 years in Employee Training and Development and she also worked as a business developer for a large tax firm here in Houston, TX. She earned her degree in Biological and Physical Sciences from the

(Continued on Page 4)

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(Continued from Page 3)

University of Houston-Downtown where she concentrated her studies in Biochemistry and Human Metabolism and completed 2.5 years of graduate-level research at MD Anderson Cancer Center. Tony is certified as a Personal Trainer through the American College of Sports Medicine, a Metabolic Technician through Lifetime Fitness, and as a Nutritionist through Precision Nutrition.

Tony's mission is to empower people by providing them with the information and knowledge that is necessary to create a type of wellness that is well-rounded and comprehensive. She believes that Fitness, Health, and Wellness must be accomplished through knowledge, power, and the confidence to exhibit Self-Efficacy when it comes to YOUR overall Health. Through education, proper Metabolism Based Nutrition, Holistic Lifestyle Coaching, and through teaching you how to create synergistic teams who have YOUR best interest at heart, she is here to help YOU achieve your goals as you move towards #BecomingAStrongerU.

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support

of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.





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CYPRESS TEXAS TEA PARTY

The next meetings of the Cypress Texas Tea Party will be on: Saturday, June 17, 2017 NOON - 2:00 PM

- Gary Elkins, Texas State Representative, District 135 - Massey Campos, www.TheSelfEvidentTruth.com

The Cypress Texas Tea Party meets every three weeks on Saturday Noon until 2:00 PM at:

Spring Creek BBQ 25831 Northwest Freeway Cypress, Texas 77429 Map: http://goo.gl/maps/OoNjY

A schedule of our meetings and confirmed speakers can be found at our website, www.cypresstexasteaparty.org

Cypress Area Food Pantry

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations

and volunteers are also greatly appreciated.

Computerized job search and resume preparation and printing are also available.





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Girl from Sweden needs Host Family

Hi neighbors! As many of you know, I am a Local Coordinator for STS Foundation, a non-profit exchange student placement organization. I believe the exchange of cultures among high school students is so important. I am looking for host families for the 2017-18 school year.

Meet Emilie from Sweden....

I'm a kind and happy person who always tries to see things from the positive side. I'm a helpful person with a good ability to work with others. My friends has described me as a social person and I have to agree with them. I really like to talk and meeting new persons. In general, I've always been very motivated and responsible over my school work. When getting an assignment I always want to perform as good as I can. I love to challenge myself and to try new things, that way I always develop as a person. This is one of my many reasons going on an exchange year. To do something totally out of my comfort zone and to try new things is something I'm so excited for.

My hobbies include hanging out with friends and family,

listening to music, dancing, working out, watch series, reading and baking. I love hanging out with my family and friends and do that every opportunity that I get. I start and end everyday by listening to music. Music is something that helps me to express how I'm feeling, while at the same time gives me energy. I also have a big interest for dance, especially tap dance which is the only thing that I dance right now. I love to move and jump around even though I may not be the best dancer in the world. I also read on a daily basis. My favorite kinds of books are teen fiction and fantasy novels. I also watch a lot of series- all different kinds of them. It's something that I love to do and makes me feel relaxed. As said, I also love to bake. When I was younger a used to bake every day after school but now I only bake to special events, like family gatherings.

Emilie and others like her are looking for a host family for the year. If you are interested in hosting her or any other student, please give me a call at 832.455.7881 or email me at vicki. stsfoundation@gmail.com. I can answer any questions you might have. Remember on year of hosting leaves a lifetime of memories!



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FINDING YOURSELF

Wife. Daughter. Sister. Teacher. Friend. These are some of the roles I play in life. They have become what define me. I have discovered the closer I adhere to each role, I lose a bit more of my identity; the "je ne sais quoi" that makes me unique. The mundane sameness of each day has trapped me into playing the roles I wear and forgetting who I really am. Most days I find myself on autopilot just trying to make it to the end of the day.

All too often, the roles we claim begin to take ownership of who we are as a person and we lose our sense of unique individuality. Don't you remember that feeling of knowing exactly who you were? I remember feeling strong, confident and comfortable in my skin. Now I just feel tired most of the time.

It's time for a change. It's time to take a step back to gain some clarity and fresh perspective. I need to know who I am now and what I want for my life. I don't know what that may be, but I am pretty excited to find out. I hope you will join me on this journey. It might be a little scary, but Finding Yourself might just be the best thing you ever do.

**If you find these things to be true in your own life, and would like to make a change, please visit our website at www. fivehorses.com to learn more about our new women's retreat, Finding Yourself, coming this June*



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HOUSE FLIES





Moving into summer, we should prepare for the inevitable.... house flies. While many see house flies as a nuisance, they are capable of spreading diseases such as dysentery or food poisoning. Due to the locations house flies frequent- garbage, manure, and

carrion- they can pick up bacteria and other disease organisms which can transfer to other areas where they may land such as dishes, food, or countertops. House flies regurgitate onto food to liquefy it before eating and they can further contaminate items by defecating upon surfaces.

The common house fly has two wings and is dull gray with black stripes on the thorax (the section where the wings are attached). Adult flies can only eat liquid foods and have sponging mouthparts specialized to help them feed.

Eggs are usually laid on decaying matter such as animal fecal material, grass clippings, or garbage. Around 100-150 eggs are laid by the female. Depending upon temperature (warmer temperatures speed things up); eggs may hatch within 8 hours to 2 days.

Maggots, the immature stage of a fly, are small, white, carrot-shaped, and legless. There are 3 larval molts then mature larvae seek a dry location for pupation. Pupae are reddish brown and somewhat oval in shape.

During the summer, house flies may live up to 2.5 weeks while during cooler times of the year they may live up to 3 months.

The key to fly management is sanitation, or cleaning. Eliminate breeding sites by picking up animal waste one to two times per week; empty garbage cans regularly; clean garbage cans at least once a month with soapy water. Keep garbage cans located away from doors that lead into the home and

make sure they have tight fitting lids.

Other items that can help reduce fly problems include keeping window screens in good repair; making sure

screens in good repair; making sure doors and windows have a tight seal and weather stripping is in good condition; and using fly swatters or sticky fly paper to get rid of adult

flies.



For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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The Houston Choral Society Announces 2017 Summer Vocal Performance Camp July 10-14

The Houston Choral Society (HCS) announces its 2017 Summer Vocal Performance Camp – Voyages of the Voice Finders. This one week camp is for students entering grades 3-5 and grades 6-8. The camp runs July 10-14, 2017, at The Foundry United Methodist Church in northwest Houston.

For students entering grades 3-5 the camp runs from 9 AM to noon and for students entering grades 6-8 the camp runs from 1-4 PM. Students will learn how music enriches their brain, body and mind through singing classical, folk, and popular music. Songs that will be taught in these camps include "How Far I'll Go," and "You're Welcome" from Disney's Moana, "Ghostship," "Captains Mate," "The Water is Wide," and "Count on Me" by Bruno Mars.

Finding your voice, learning how to improve breath and tone quality, musicianship, singing on sight, and music games will be taught one-on-one and in ensembles. Workshops are led by professional, certified music teachers and singers from The Houston Choral Society.

Marguerite Lapetina, the camp director, has helped kids learn to sing for 35 years in public schools. She is a Music Education graduate from Sam Houston State with a Vocal Performance minor and has extensive directing experience. She is assisted by Shanan Colvin, Alyssa Orlando and Katie Vargo. Colvin has degree in Choral Music Studies

from the University of Texas at Austin and teaches music at Prelude Music Classes for Children. Orlando has a degree in Vocal Performance from HBU and has performed opera and choral works abroad. Vargo has a degree in Music Education from Ashland University and teaches music at Blackshear Elementary in Klein ISD.

The HCS Summer Vocal Performance Camp provides an exceptional education to all of our students with an excellent student/teacher ratio. Camps are filling up fast so we encourage parents to sign up for camps now.

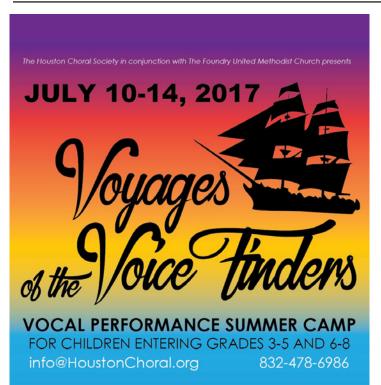
Camp tuition for 15 hours of instruction is only \$175. The average performing arts camp in Houston costs in excess of \$14.00 per hour. HCS offers these camps with four degreed instructors for less than \$12.00 per hour.

Each family will receive 2 free tickets for the end of class performance. Additional tickets can be purchased for only \$5 per person. The camps include two complimentary tickets to the show, a camp t-shirt, music, and other needed materials.

The camps will be held at The Foundry United Methodist Church. It is located in northwest Houston at 8350 Jones Road, Houston, TX 77065 with easy access from Highway 290. For more info and to register for summer camps, check The Houston Choral Society website at www.houstonchoral.org or call 832-478-6986.



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BREAKING NEWS TEXAS CHRISTIAN SCHOOL

Texas Christian School, home of the Tigers, was given the highest honor by receiving the title of "2016 – 2017 School of the Year"! This award was given to TCS because of the academic and athletic accomplishments the students have received this school year. Students won awards in the Houston Rodeo Art, Speech Meet, Math Competition, Football State Champs, Tennis State Champs, Basketball State Runner Up, 1st and 3rd in Spelling Bee, and more. To learn more about this amazing school visit www. TexasChristianSchool.org or call to schedule a tour.

281-550-6060 Way to go Tigers!!!





EXPANDING EXPECTATIONS.

IN HEALTH CARE. AND IN CYPRESS.

We're now open to meet our community's need for exceptional care.

Now Cypress families can get Memorial Hermann healthcare services and specialties close to home. Memorial Hermann Cypress Hospital offers orthopedics and sports medicine, neurology, general surgery, heart and vascular, labor and delivery, gastroenterology, urology and more. The 80-bed, state-of-the-art hospital includes an Emergency Center staffed by boardcertified affiliated emergency medicine physicians, 8 operating rooms, a 16-bed intensive care unit, labor and delivery, a neonatal intensive care unit, a cardiac catheterization lab and Memorial Hermann Life Flight* helipad. The hospital is set on a 32-acre, master-planned campus designed with room to grow as Cypress does. And you can expect all of our advanced offerings to maintain the highest quality and safety standards, because a community as special as ours deserves the very best.

Highway 290 between Mueschke and Mason

memorialhermann.org/cypress

MEMORIAI HERMANN Cypress

NOW OPEN

Free Community Breakfasts at Shield Bearer this Summer



Shield Bearer, a local non-profit organization that brings hope and healing to survivors of trauma, including abused children, women rescued from human trafficking, veterans and their families, and survivors of domestic abuse, invites you to breakfast this

summer! Tour their central location, hear how they reach over 15,000 struggling hearts each year, and find ways to get involved in the fight for these hearts. Volunteers are needed for the prayer team, ambassadors team, event team, administrative team, and so much more. Bring the family (high school age and up) and find out how serving together can impact the community for generations. For more information, visit shieldbearer.org or call (281) 894-7222.

Shield Bearer Free Community Breakfast Dates June 6, July 11, or August 1st 9AM-10AM 12340 Jones Rd Ste 290 Houston, TX 77070 RSVP at events@shieldbearer.org

Good Shepherd United Methodist Church

Good Shepherd United Methodist Church will again host one of the largest Vacation Bible Schools in the area, June 19-23, 9 am-noon. The VBS theme this year is Maker Fun Factory - Created by God, Built for a Purpose. Children ages 3 through incoming 6th graders are welcome to participate. VBS activities will include rallys in the Worship Center with interactive songs, creative Bible lessons, fun crafts and projects, yummy snacks, and more! Registration fee is \$20, and includes a t-shirt. Register by going to the Good Shepherd Church website, www.goodchurch.us, and clicking on the Vacation Bible School words at the top of the home page.





MANY LAKES OF ROSEHILL ROOFS ARE

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(LAKES OF ROSEHILL RESIDENTS ONLY)

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FOR A FREE ESTIMATE

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Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club

308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/Peellnc. DUE: June 30th

Be sure to include the following so we can let you know!

Name: ______(first name, last initial)
Age:





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