

# BUTLER'S BRIDGE

WEST BEND COMMUNITY IMPROVEMENT ASSOCIATION

VOLUME 3 | ISSUE 6

JUNE 2017

## June 2017

## COMMUNITY CALENDAR

### Observed as:

- National Safety Month
- Men's Health Month

### Birthstone:

Alexandrite, Pearl  
& Moonstone

### Flower:

Rose

### Astrological Signs:

Gemini (til 20th) & Cancer (21st - )

### Board Meeting

**Wednesday, June 21st**

**Board Meetings are held on the 3rd Wednesday of each month excluding December**

### Board Meeting to be Announced by E-Blast

4th.....	Pentecost
11th.....	Trinity Sunday
14th.....	Flag Day
15th.....	Corpus Christi
17th.....	Splash Day
18th.....	Fathers Day
19th.....	Juneteenth
21st.....	Summer Solstice
22nd.....	Lailatul Qadr
24th.....	Ramadan (end)
24th.....	St. John the Baptist
25th.....	Eid al Fitr
29th.....	St Peters



**Saturday, June 17th**

**11:00 a.m. - 2:00 p.m.**

**Join us at the Pool for Food, Fun and Prizes!**

## Finding Yourself

*Wife. Daughter. Sister. Teacher. Friend.* These are some of the roles I play in life. They have become what define me. I have discovered the closer I adhere to each role, I lose a bit more of my identity; the "je ne sais quoi" that makes me unique. The mundane sameness of each day has trapped me into playing the roles I wear and forgetting who I really am. Most days I find myself on autopilot just trying to make it to the end of the day.

All too often, the roles we claim begin to take ownership of who we are as a person and we lose our sense of unique individuality. Don't you remember that feeling of knowing exactly who you were? I remember feeling strong, confident and comfortable in my skin. Now I just feel tired most of the time.

It's time for a change. It's time to take a step back to gain some clarity and fresh perspective. I need to know who I am now and what I want for my life. I don't know what that may be, but I am pretty excited to find out. I hope you will join me on this journey. It might be a little scary, but Finding Yourself might just be the best thing you ever do.

**\*\*If you find these things to be true in your own life, and would like to make a change, please visit our website at [www.fivehorses.com](http://www.fivehorses.com) to learn more about our new women's retreat, Finding Yourself, coming this June\*\***

## IMPORTANT NUMBERS

### EMERGENCY

Emergency Situation .....	911
Constable Precinct 5 .....	281 463-6666
Sheriff Emergency & Non.....	713 221-6000
Harris County Sheriff (Store Front).....	281 564-5990
Harris County Sheriff (sub-station) .....	281 463-2648
Poison Control.....	800 764-7661
Crime Stoppers .....	713 222-TIPS

### EMERGENCY

AT&T (Repairs).....	800 246-8464
Center Point Energy (Electric).....	713-207-2222
Center Point Energy (Gas) .....	713 659-2111
Comcast (Cable) .....	713 462-9000
Mud #120 (Water) .....	713 405-1750
Reliant (Electric) .....	713 207-2222
Street Light Repairs -need Pole#.....	713 207-2222
Trash (Texas Pride Disposal) .....	281 342-8178

### PUBLIC SERVICES

Local U.S. Post Office .....	281 920-9337
<i>12655 Whittington Dr, Houston, TX 77077</i>	
Toll Road EZ Tag.....	281-875-EASY (3279)
Volunteer Fire Dept.....	281 498-1310
Steve Radack ( <i>County Commissioner</i> ).....	713 755-6306
Animal Control.....	281 999-3191
Dead Animal Pick-up (Precinct 5).....	713 439-6000
Dead Bird Report.....	713 440-3036
Graffiti Clean-up.....	281 463-6300
Mosquito Control (Health Dept.) .....	713 440-4800
Mow the Bayou.....	713 684-4000

### SCHOOLS

Alief Independent School Dist. ....	281 498-8110
Alief Transportation (to report Bus).....	281 983-8400

### NEWSLETTER INFORMATION

Editor.....	Linda Hermon
WBCIANewsletter@yahoo.com	
Publisher .....	Peel Inc.
Advertising.....	www.PEELINC.com

## The Architectural Control Committee

The (ACC) Architectural Control Committee must be informed if you are planning to change the exterior style, color, or have plans for additions or any removal to your property. A mandatory Architectural Review Form will need to be completed and signed. You may obtain this form on-line at [www.ciaservices.com](http://www.ciaservices.com)

## NEXTDOOR.com

Nextdoor is the free and private social network just for West Bend neighbors. On Nextdoor, neighbors share crime and safety concerns, local events, recommendations, items for sale/free, ideas about how to make our neighborhood better, messages from the Harris County Sheriff's Dept., and the Houston Chronicle.

*Our neighborhood is using a private online network called Nextdoor.*

**Please join us to build a better neighborhood!**

[www.nextdoor.com/join](http://www.nextdoor.com/join) Code: MZXJX

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## Men's Health Month

Wear BLUE Day: Friday, June 16th

Whether it is your friend, brother, dad, boyfriend, spouse, or boss, show them you care about them and their health by wearing blue. If Friday of Men's Health Week doesn't work for you then pick any other day of the year and start a fun Wear BLUE day at work.

Host a Wear BLUE day to raise awareness and money for education about men's need to seek regular checkups, or testicular cancer education, prostate cancer education, or other health issues that affect men. (Cardiovascular disease, skin cancer, lung cancer, diabetes, gout, and more.)

Men live sicker and die younger. Wear BLUE was created by Men's Health Network to raise awareness about the importance of male health and to encourage men to live longer and healthier lives.

Men's health awareness can mean many different things.

It means raising awareness of making healthy lifestyle choices, making regular annual visits to the doctor, getting educated on heart disease or diabetes, starting general health conversations with their male friends, and much more.

Wear BLUE event where you live, work, play, and pray.



## CrimeReports™

Register on [www.crimereports.com](http://www.crimereports.com)

## REMINDERS

- Assessments are due every year on January 1st.
- Remove trash cans from public view on non-trash days.
- Remove all Christmas decorations by January 20th.
- Yard of the Month is in Effect.
- Please pick up after your pet.
- Splash Day on June 17th.



June  
Yard  
of the  
Month

4006  
Club Valley





## I Found a Baby Squirrel, Now What?

By Cheryl Conley, TWRC Wildlife Center

If you find a baby squirrel, check for the following:

- Is it bleeding, have an open wound, or a broken bone?
- Is it covered in fly eggs [they look like grains of rice]?
- Is it cold, wet, or crying?

If the answer is YES to any of the above, the squirrel is likely injured. Bring it to us as soon as possible.

If NO, the next step is to determine its approximate age to see if you need to intervene.

Does the squirrel have a fluffed-out tail [like a bottle brush]?

Is the body longer than 6" [not including the tail]?

If the answer is YES to these questions, this is likely a juvenile squirrel. You do not need to intervene. Even at the young age of 10 to 12 weeks, the squirrel is already independent and on its own.

If NO, this is an infant squirrel. You will need to help reunite the baby with its mother.

Baby squirrels at this age must be kept warm. Heat a towel in the microwave or place uncooked rice or bird seed in a sock and warm in the microwave for 20-30 seconds. Wrap the sock in a soft towel and place it with the baby in an open container like a small box or

plastic container.

Place the box IN A SAFE PLACE OFF THE GROUND near where you found the baby or under the tree with the nest if you know which tree it is. You can also attach the container directly to the tree but MAKE SURE IT IS SECURE.

Keep children, dogs, and cats out of the area.

Observe the baby squirrel for the next six to eight hours of daylight. Reheat the towel or rice/birdseed bag every two hours. Has the mother returned to retrieve her baby?

If YES ... congratulations!

If NO, bring the box with the baby inside.

Continue to keep it warm until you can bring it to us.

REMEMBER: DO NOT ATTEMPT TO FEED THE SQUIRREL OR GIVE IT WATER!

*TWRC Wildlife Center is your resource for wildlife-related questions. They also serve as an emergency wildlife care facility should you find animals in need of help. If you have any questions, please call 713-468-TWRC. You can also find useful information at [www.twrcwildlifecenter.org](http://www.twrcwildlifecenter.org).*

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## HOUSE FLIES TEXAS A&M AGRI LIFE EXTENSION



Moving into summer, we should prepare for the inevitable....house flies. While many see house flies as a nuisance, they are capable of spreading diseases such as dysentery or food poisoning. Due to the locations house flies frequent- garbage, manure, and carrion- they can pick up bacteria and other disease organisms which can transfer to other areas where they may land such as dishes, food, or countertops. House flies regurgitate onto food to liquefy it before eating and they can further contaminate items by defecating upon surfaces.

The common house fly has two wings and is dull gray with black stripes on the thorax (the section where the wings are attached). Adult flies can only eat liquid foods and have sponging mouthparts specialized to help them feed.

Eggs are usually laid on decaying matter such as animal fecal material, grass clippings, or garbage. Around 100-150 eggs are laid by the female. Depending upon temperature (warmer temperatures speed things up); eggs may hatch within 8 hours to 2 days.

Maggots, the immature stage of a fly, are small, white, carrot-shaped, and

legless. There are 3 larval molts then mature larvae seek a dry location for pupation. Pupae are reddish brown and somewhat oval in shape.

During the summer, house flies may live up to 2.5 weeks while during cooler times of the year they may live up to 3 months.

The key to fly management is sanitation, or cleaning. Eliminate breeding sites by picking up animal waste one to two times per week; empty garbage cans regularly; clean garbage cans at least once a month with soapy water. Keep garbage cans located away from doors that lead into the home and make sure they have tight fitting lids.

Other items that can help reduce fly problems include keeping window screens in good repair; making sure doors and windows have a tight seal and weather stripping is in good condition; and using fly swatters or sticky fly paper to get rid of adult flies.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)

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## 3-Meat Pizza Ring



**Preparation:** 20 minutes **Cook Time:** 20 minutes **Serves:** 8

### Ingredients

- 1 lb. Italian Sausage
- 1 (15 oz.) can pizza sauce, divided
- 2 garlic cloves, crushed
- 1 1/2 c. shredded pizza cheese
- 1/2 c. diced Canadian bacon
- 1/2 c. chopped pepperoni
- 2 (8 oz.) tubes refrigerated crescent rolls

### Instructions

1. Preheat oven to 375 degrees.
2. In a large skillet over medium heat cook sausage and garlic until no longer pink. Drain grease off. Stir in 1/2 c. pizza sauce, pepperoni, Canadian bacon and 1 c. pizza cheese.
3. Unroll crescent dough and separate into triangles. Arrange triangles on a 14 inch ungreased pizza pan with points toward the outside and wide ends overlapping at the center, leaving a 4 inch opening in the center. Press overlapping dough to seal.
4. Spoon the mixture onto the wide ends of the triangles. Fold pointed ends of triangles over filling, tucking points under to form a ring. The filling will be visible.
5. Baked for 12-15 minutes or until the crescents are golden brown. Sprinkle with remaining cheese. Bake 5 minutes longer or until cheese is melted. Serve with remaining pizza sauce.



## Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club

308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/PeelInc.

DUE: June 30th

Be sure to include the following so we can let you know!

Name: \_\_\_\_\_ (first name, last  
initial)

Age: \_\_\_\_\_



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