

July 2017

NEWS FOR THE RESIDENTS OF CYPRESS CREEK LAKES

Volume 6, Issue 7

WELCOME TO THE SPECTATOR

Newsletter the Cypress Creek Lakes

The Spectator is a monthly newsletter mailed to all Cypress Creek Lakes residents. Each newsletter is filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www. PEELinc.com. Personal news (announcements, accolades/honors/ celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!

Cypress Ranch Orchestra

The Cypress Ranch High School Orchestra has topped off their streak of exceptional accomplishments with a jaw dropping performance on May 15, 2017. The Chamber Orchestra preformed their UIL concert program, which consisted of Frank Bridge's Suite for Strings, the Finale, Jack Jarrett's Elegy, and Corelli's Concerto Grosso. They also World Premiered Linda Haugen's newest piece, Rivers. Performed in America, Asia, Europe, and Australia, Linda's music has been described as "music of character and genuine beauty" and "a strangely wonderful sound". Her work has been critically acclaimed as "music of character and genuine beauty," (Minneapolis Star Tribune) "superbly crafted... engaging... beautiful and... powerful." (Opera Today) Haugen's music has incredible movement and direction, purpose and creativity. Her ingenious newest piece, Rivers, represents human emotion and desire, within a metaphoric "River" analogy, which was professionally recorded for the globe, last May. The performance not only left wet eyes with the student performers, but had left the audience with Rivers of tears. Congratulations to the Cypress Ranch Orchestra, for their newest accomplishment. Another obstacle to best on their journey for endless excellence!



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Cy-Fair Republican Women July Meeting

Tuesday, July 11th will be CFRW General Meeting from 10:30 AM - Noon.

Meeting is \$3 -- Meeting w/Lunch at Noon is \$23.

Hearthstone Country Club, 7615 Ameswood, Houston, TX 77095

All are welcome! Bring a friend to lunch and enjoy discussing timely topics with brilliant Republican Women! Speaker to be announced. RSVP to www.cfrw. net by July 3rd. We look forward to seeing you there!

In August, we have an evening social. Watch for details.

SAVE the DATE—November 3rd for High Heels & High Tea at Sterling CC. Watch this space or website for further details.



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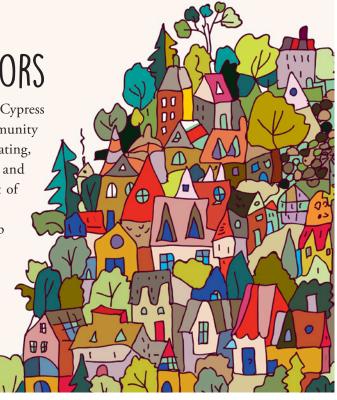
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INTRODUCING GET TO KNOW YOUR NEIGHBORS

We are all very fortunate to call Cypress Creek Lakes home. But, Cypress Creek Lakes is more than just a place to live; it is a vibrant community brimming with family-friendly neighborhoods, chock-full of fascinating, talented people. Our variety is what makes us so both unique and extraordinary. However, sometimes, we get so busy, we lose sight of how interesting and diverse we've become.

We believe that getting to know the people who live nearby will help us create a sense of belonging and shared identity. We have created a column entitled, "Get to Know Your Neighbors" which we hope will strengthen connections, build trust in our wider community, and contribute to a happier neighborhood for everyone.

If you know of a person or a family that you believe is making Cypress Creek Lakes a better place to live, please let us know. We would like to introduce them to your neighbors.





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Don't Spend Your Holiday in the Hospital

Physicians encourage safety while celebrating Independence Day

The upcoming Independence Day holiday may have people thinking about fireworks, barbecues, and outdoor activities. However, they are the very same activities that can make the holiday a dangerous one. In fact, according to the National Safety Council, Independence Day is one of the most dangerous holiday weekends of the year. Physicians and staff at the Memorial Hermann Convenient Care Center in Cypress want to remind people to stay safe while celebrating.

"We see a lot of heat and firework-related injuries during the Fourth of July holiday weekend. Parents may not think about it, but even sparklers can cause serious burns," says Marco Garza, M.D., a Board-Certified emergency medicine physician and Medical Director of the Emergency Center at Memorial Hermann Convenient Care Center in Cypress. The Consumer Product Safety Commission reminds parents that sparklers can burn at a temperature of 2,000 degrees.

The CPSC also offers these tips to use fireworks more safely:

- Follow local laws
- Do not allow young children to play with fireworks and older children should have adult supervision
- Never have any portion of your body directly over a

firework while lighting

Keep a bucket of water nearby for emergencies

If a person is burned by a firework, the injury may need immediate care.

"Any burn involving your face, hands, feet, genitals or over a major joint should get medical attention. If the burn is larger than your hand, or a blister forms soon after the injury, you should go to the emergency center or call 9-1-1," adds Dr. Garza.

The summer heat can also prove dangerous over the holiday weekend.

"It's no secret that it's hot here in Texas. Spending too much time in the sun can lead to everything from sunburn to heatstroke," reminds Dr. Garza. Physicians encourage people to stay hydrated, use sunscreen, and take a break from the sun when possible.

"If you do choose to drink alcohol over the holiday weekend, it's even more important that you also drink plenty of water. Excessive alcohol consumption can cause dehydration. Dehydration combined with the Texas heat can make for a dangerous situation," advises Dr. Garza.

If an emergency does arise, the Memorial Hermann Convenient Care Center in Cypress offers a 24-br emergency center at their location at 27700 Northwest Freeway in Cypress, Texas.





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Preparation: 20 minutes Cook Time: 20 minutes Serves: 8

Ingredients

- 1 lb. Italian Sausage
- 1 (15 oz.) can pizza sauce, divided
- 2 garlic cloves, crushed
- 1 1/2 c. shredded pizza cheese
- 1/2 c. diced Canadian bacon
- 1/2 c. chopped pepperoni
- 2 (8 oz.) tubes refrigerated crescent rolls

Instructions

- 1. Preheat oven to 375 degrees.
- 2. In a large skillet over medium heat cook sausage and garlic until no longer pink. Drain grease off. Stir in 1/2 c. pizza sauce, pepperoni, Canadian bacon and 1 c. pizza cheese.
- 3. Unroll crescent dough and separate into triangles. Arrange triangles on a 14 inch ungreased pizza pan with points toward the outside and wide ends overlapping at the center, leaving a 4 inch opening in the center. Press overlapping dough to seal.
- 4. Spoon the mixture onto the wide ends of the triangles. Fold pointed ends of triangles over filling, tucking points under to form a a ring. The filling will be visible.
- 5. Baked for 12-15 minutes or until the crescents are golden brown. Sprinkle with remaining cheese. Bake 5 minutes longer or until cheese is melted. Serve with remaining pizza sauce.





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Cypress Area Food Pantry

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner

77429. For more information, contact 281-373-9337. Food donations and volunteers are also greatly appreciated.

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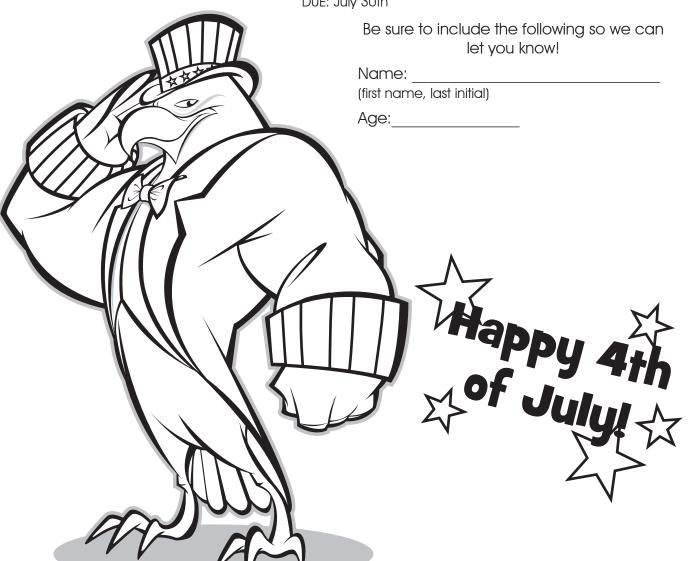
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Cypress Creek Lakes Year-to-Date Sales Report											
	Aug '16	Sep '16	Oct '16	Nov '16	Dec '16	Jan '17	Feb '17	Mar '17	Apr '17	May '17	
\$500,000 and above	1	3	1	1	2	2	0	3	2	2	
\$451,000\$499,999	1	1	2	2	1	1	4	5	0	5	
\$351,000\$450,999	7	4	4	3	3	2	1	9	5	7	
\$276,000\$350,999	4	1	2	3	4	2	1	2	4	11	
\$231,000\$275,999	1	1	1	3	1	2	4	9	3	5	
\$201,000\$230,999	0	0	0	0	0	0	0	3	0	0	
\$200,999 and below	0	0	0	0	0	0	0	0	0	0	
Total	14	10	10	12	11	9	10	31	14	30	
Highest \$/sq ft	\$158.48	\$139.12	\$133.21	\$112.77	\$115.35	\$127.91	\$128.31	\$144.29	\$150.66	\$140.26	

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