

The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase

Kids' Running Team's Cross Country Season Starts September 5th

The Northwest Flyers Track Club Youth Cross-Country Team kicks off the fall season with a mandatory orientation meeting for parents and athletes on Tuesday, September 5, 2017, at 7:00 p.m. at Cypress Creek High School, 9815 Grant Rd., Houston. Registration starts online September 1 at www.northwestflyers.org. Practices are held at the Cypress Creek YMCA and Spring Creek Park in Tomball.

The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is celebrating its 30th year in the northwest Houston area. Ages 6 - 18 may participate in the team, and both beginners and experienced runners are welcome. Middle school and high school cross country athletes can also register, but should compete after their cross country season is over.

For more information contact Coach Angela Mosley at msangela. mosley@gmail.com or 469-336-9421. Visit www.northwestflyers. org to get updates and learn more about the team.

JUNIOR OLYMPIC JUNIOR OLYMPIC CROSS COUNTRY CHARTER BULF • SOUTHWESTERN GULF • SOUTHWESTERN SOUTH TEXAS • WEST TEXAS

THANKS FOR YOUR HELP

The SCIA Board thanks each Steeplechase resident who took time to participate in the survey which will be used to determine longer term Association plans. The results of the survey will be reported in the August newsletter and posted on the Association website. Furthermore, there will be a series of newsletter articles in response to specific comments, suggestions, etc. that were gathered through this survey.

Again, the Board of Directors appreciates your participation in the survey including your added comments.

TENNIS COURTS OPEN FOR PLAY

The newly reconstructed tennis courts are open for play. This work included a total reconstruction of the courts/fencing and the area in between the courts. A two-sided bleacher is installed between the courts on the concrete pad.

The only remaining work is drainage improvement around the courts as well as in other ponding or low-lying areas around the clubhouse property. This drainage work is scheduled to start in July. Please be patient until this work is done.

<u>STEEPLECHASE</u>

IMPORTANT Telephone Numbers



Emergency	911
Sheriff's Dept	713-221-6000
Cy-Fair Fire Dept	
Cy-Fair Hospital	281-890-4285
Animal Control	281-999-3191
Center Point (Street lights)	713-207-2222
http://cnp.centerpointenergy.com/outage	
Neighborhood Crime Watch SteeplechaseS	ecurity@gmail.com
Library	281-890-2665
Post Office	713-937-6827
Steeplechase Community Center	281-586-1700
Deed Restriction Issues (CMC)	281-586-1700
Water/Sewer	713-405-1750
Architectural Control (CMC)	
Trash Pick-up (Best Trash, LLC) (Wed. & Sat.)	281-313-BEST
Harris Co. Pct. 4 Road Maintenance	281-353-8424
Harris Co. MUD #168hcmud168	Board@gmail.com
Community Events	281-586-1700
Clubhouse Rentals: Private Parties and Commu	unity Events
(Jinnie Kelley)	832-922-8030
Traffic Initiative	281-290-2100
Private Pool Parties	281-446-5003
NEWSLETTER PUBLISHER	

Peel, Inc. (Advertising)......kelly@PEELinc.com, 888-687-6444 Articles.....lwikenczy@chaparralmanagement.com

Community Center Contacts

Community Maintenance Concerns		
Chaparral Management Company 281-586-1700		
Clubhouse Rentals		
Private Parties and Community Events		
(Jinnie Kelley)		
Pool Company Contact		
Aquatic Management of Houston		
www.houston-pmg.com		
Board Member Contact		
Chaparral Management Company 281-586-1700		

Schools

Emmott Elementary	281-897-4500
Campbell Middle School	
Cy-Ridge High School	281-807-8000

Contact the Management Company

www.steeplechasecia.com or by phone 281-586-1700



AHFC Soccer Summer Camp Series 2017

AHFC is pleased to offer the Summer Camp Series at multiple campuses in and around Houston. The club invites all interested players to the Canes Fundamental Camp (Ages 5-9) or the Canes Skills & Drills Camp (Ages 10-16).

Please visit albionhurricanes.org to register and for more details about each particular campus. The camps will be offered in New Territory, Cy Fair and Katy locations. All information can be found under "Camps" at albionhurricanes.org.



NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

Calling all Aggie moms!!! We would love to see you at one of the Aggie Mom mixers this summer, hosted by the Northwest Harris County Aggie Mom's club. This is a great opportunity for you to meet other Aggie moms, and to meet members of the NWHC Aggie Mom's Club, in a fun & casual get-together! The dates for the mixers are: June 29, July 13 & July 16. Come alone or bring another Aggie Mom with you! Please check our website (above) for details on locations.

And please mark your calendars for Tues, August 8th at 6:30 pm. at the Houston Distributing Company, 7100 High Life Drive, Houston, Texas!! This is our annual Howdy party, and a great way to meet other Aggie Moms, find out about upcoming events, and enter for a chance to win a door prize! We welcome all Aggie Moms, whether of freshman Aggies, current Aggie students or former Aggies. We'd love to meet you!

STEEPLECHASE

CYPRESS TEXAS TEA PARTY

The next meetings of the Cypress Texas Tea Party will be on:

Saturday, July 8, 2017 NOON - 2:00 PM Saturday, July 29, 2017 NOON - 2:00 PM

The Cypress Texas Tea Party meets every three weeks on Saturday

Noon until 2:00 PM at: Spring Creek BBQ 25831 Northwest Freeway Cypress, Texas 77429

Map: http://goo.gl/maps/OoNjY

A schedule of our meetings and confirmed speakers can be found at our website, www.cypresstexasteaparty.org





Cy-Fair Republican Women July Meeting

Tuesday, July 11th will be CFRW General Meeting from 10:30 AM - Noon.

Meeting is \$3 -- Meeting w/Lunch at Noon is \$23.

Hearthstone Country Club, 7615 Ameswood, Houston, TX 77095

All are welcome! Bring a friend to lunch and enjoy discussing timely topics with brilliant Republican Women! Speaker to be announced. RSVP to www.cfrw.net by July 3rd. We look forward to seeing you there!

In August, we have an evening social. Watch for details.

SAVE the DATE—November 3rd for High Heels & High Tea at Sterling CC. Watch this space or website for further details.

Nancy Roberts Publicity Chair - Cy-Fair Republican Women 713-466-4199 - nancyroberts004@att.net

BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- HardiPlank Replacement
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Repair/Replacement
- Custom Staining
- Gutter Repair & Replacement

- Wallpaper Removal
- Wood Replacement
- Interior Carpentry
- Wallpaper Removal & Texture
- Garage Floor Epoxy
- Roofing
- Faux Painting



STEEPLECHASE Women Empowering Women Express Network (WEWEN)

The Women Empowering Women Express Network (WEWEN) of the American Business Women's Association (ABWA) is proud to announce its first annual winner The Woman of Excellence Award. This award comes from the Federation of Houston Business Women, an umbrella organization of over a dozen professional woman groups in the greater Houston area. The prestigious award can only be won once in a woman's life. The business woman chosen is selected by a panel of three independent judges selecting a person who not only excels in her career but has made a lasting impact on their local community. A celebratory black-tie Gala will be held on September to honor the winners.

We are pleased to announce Carol Brace, Lecturer & Business Development Specialist for University of Houston-Downtown Davies College of Business as our 2017 Woman of Excellence. As one of our founding member of WEWEN, Carol quickly stepped into leadership as President-Elect of our league and will take the reins of the Presidency on August 1. Carol was also the formation chair and sponsor to ABWA's newest student chapter called the University Park Express Network (UPEN). She also gives immensely to the community. Touched by the needs of the thousands of displaced workers that were affected with layoffs due to the retirement of the Space Shuttle program she initiated and customized continuing education programs bringing in leaders from various industries and creating a partnership with Mayor Annise Parker's office. She actively serves on 6 boards and 10 committees. Some highlights of her volunteer service include, American Latino Center for Education Research & Justice -Advisory Chair, Federation of Houston Professional Women Education Foundation - Corresponding Secretary, Klein ISD Business & Marketing Education - Advisory Committee and Theatre Under the Stars - Advisory Committee.

Expand your network, grow your business skills, reach a new audience, or advance your career with the Women Empowering Women Express Network of ABWA. WEWEN meets the first Wednesday of each month from 11AM-1PM. Additional details and luncheon registration (\$25) are available at wewen.org. Contact communications@wewen.org with questions.

About ABWA

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 68 years to women's education, workplace skills, and career development training. For more information, visit abwa.org.

> Contact: Melanie Hugele (281) 989-3190 communications@wewen.org

TEXAS A&M GRILIFE EXTENSION TICK CONTROL IN THE YARD



This article covers what to do about ticks in your yard. I didn't want to make it too long, so I decided to just link to sources giving information on how to treat pets or yourself/ family.

Ticks are arachnids with two body regions, eight legs (except the first stage out of the egg has only six legs and is

called a seed tick), and no antennae. Ticks come in a variety of sizes depending upon if they are nymphs or adult, male or female, engorged or not. Ticks require a blood meal before molting to the next stage of their development as well as adult females requiring a blood meal before laying eggs.

Since ticks can feed on multiple hosts during their lifetime, including humans and other animals, they are capable of transmitting disease organisms through their bite. For more information on diseases transmitted by ticks see this link:

https://www.cdc.gov/ticks/diseases/index.html

Ticks wait hosts by climbing up vertical surfaces such as vegetation, fences or shrubbery. When a host brushes past, ticks grab on and locate a suitable spot for feeding. To reduce ticks in your yard you can try some or all of the following:

- Keep grass mowed
- Clear brush, weeds, or overgrown areas
- Discourage wildlife
- Remove debris from the yard
- Treat yard with insecticide making sure to go up surfaces as ticks will climb upwards to grab onto a passing host
- Treat pets

For information on how to deal with ticks on your pet(s) see this source: https://www.cdc.gov/ticks/avoid/on_pets.html

For how to avoid getting, properly inspecting for, or removing ticks from yourself or family members see this source:

https://www.cdc.gov/ticks/avoid/on_people.html

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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DID YOU KNOW THIS IS ILLEGAL?

By Cheryl Conley, TWRC Wildlife Center

Little did Ernesto Pulido know that he was breaking the law when he disturbed the nests of egrets and black-crowned night herons while trimming trees for the U.S. Postal Service in 2014. He was charged with a misdemeanor violation of the U.S. Migratory Bird Treaty Act of 1918 and because he showed remorse, was only fined \$3,000 to cover the cost of rehabilitating the injured baby birds. He could have been fined \$15,000 and faced six months in jail.

Most people are totally unaware of the Act and that it is one of the oldest wildlife protection laws on the books. Simply stated it's a law that protects birds from people. In 1916 the United States entered into a treaty with Great Britain (acting on behalf of Canada) whereby the two countries agree to end the hunting of insect-eating birds and established hunting seasons for game birds. In order to implement the treaty, the Migratory Bird Treaty Act was passed in 1918 by Congress which makes it illegal to "pursue, hunt, take, capture, kill," or "sell" a migratory bird or any of its parts, including nests, eggs, and feathers except under the terms of a valid permit issued pursuant to Federal regulations. The Act mostly came about because birds were needlessly being killed for their feathers which made great fashion accessories. Entire birds were stuffed and attached to the tops of hats. Birds were also being served in restaurants.

In 1936, the USA signed a similar treaty with Mexico. Japan and the Soviet Union were added in the 1970s. !n 1972 an amendment to the Act added protection for an additional 32 families of birds including eagles, hawks, owls and corvids. Since then more species have been added to include almost every native species in the USA with a few exceptions like the House Sparrow, the European Starling and the domestic pigeon. Some of the birds don't actually migrate but are still protected under this Act. For a complete listing of protected birds go to:

https://www.fws.gov/birds/management/managed-species/ migratory-bird-treaty-act-protected-species.php.

It wasn't until 2013 that the Department of Justice enforced the Act for the first time by penalizing a wind farmer for killing Golden Eagles and other birds at two sites in Wyoming. The farmer was fined \$1 million. A second wind farmer was penalized a year later and fined \$2.5 million.

So what does all of this mean to you? Let's say a bird builds a nest above your front door and drops poop everywhere. Can you remove the nest? NO—it's illegal. Can my son take bird eggs to school for show and tell? NO—it's illegal. We collect bird feathers. Is this okay? NO—it's illegal. I found a nest and I brought it in the house. ILLEGAL. We found a dead Blue Jay and we want to have it "stuffed" for display. Guess what? ILLEGAL. We live on a farm and randomly shoot birds for fun. Is this legal? NO, NO, NO. In July 2007, a man was sentenced to six months in a federal halfway house, five years probation with no contact with firearms, and a fine of a \$65,000 fine for killing protected birds on his property.

Although this law may seem a little silly to the average person, it does serve a purpose. It reminds us that we must learn to live in harmony with wildlife and not purposely disrupt or cause harm to other living beings.

TWRC Wildlife Center serves a great purpose as well. We help wildlife that has been injured, orphaned or displaced and return them to the wild. Your donations help us keep the doors open and allow us to provide this service to the public free of charge. Please see our website for more information on what we do and how you can help. www.twrcwildlifecenter.org

Finding Hope

Sometimes I just feel broken. Broken as in not whole, shattered & not even sure how to begin putting the pieces back together. Are all of the pieces even still there?

I'm not going to lie. Living and dealing with emotional trauma is no cup of tea. You feel lost, beaten, broken, and very much alone. You frequently feel things will never get better. After all, how can they ever be as good as they were (or, at least, as good as you thought they were) when you're this broken shell of a person. Then, you watch and see the rest of the world passing, and think, "Why even try? It's hopeless."

With the passing of spring, I've been thinking about the significance of this particular season at this junction of my life. Spring is the season of rebirth and renewal; the time of fresh starts. So, as I sit & watch the renewal of everything around me, I wonder... What about me? Can I be renewed? Is there enough left of this broken person to put back together, fill the holes, and turn out a new person fresh and whole?

I've found that spending time with friends, both the human and equine variety, is a great healer. They have become my glue that pulls the shattered pieces back together. While spending quiet moments relaxing with my horse I hear God more clearly, telling me that I have purpose in this life. What came before was meant to happen, if only to prepare me for what is to come and to help me become the person He means me to be. Learning God's plans for me not only helps reassemble the scattered pieces, but leads me to discover new pieces, more vibrant than the old ever were. Suddenly, I find myself renewed and, just like that, there it is--- Hope Resurrected

If you find these things to be true in your own life, and would like to make a change, please visit our website at www.fivehorses.com to learn more about our newest workshop, Finding Courage, coming this July

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VENDOR OPPORTUNITY

Saint Aidan's Episcopal Church ACE Committee announces our Fall Holiday Market to be held on Sunday, October 29th from 10am to 5pm. Saint Aidan's is located at 13131 Fry Road, just south of 290. Great highly visible outdoor space with Fall Festival activities including Blessing of Animals, Trunk-n-Treat, Live Music, Children's Area, Silent Action and much more. For Additional Information and Booth Reservation form contact us at 281.373.3202 or email at fallfest@aidanschurch.org. Online registration also available Fall Festival Vendor Registration.









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