

Volume 8, Issue 7

A NEWSLETTER FOR VILLAGES OF NORTHPOINTE

JULY 2017

### **Don't Spend Your Holiday in the Hospital** *Physicians encourage safety while celebrating Independence Day*

The upcoming Independence Day holiday may have people thinking about fireworks, barbecues, and outdoor activities. However, they are the very same activities that can make the holiday a dangerous one. In fact, according to the National Safety Council, Independence Day is one of the most dangerous holiday weekends of the year. Physicians and staff at the Memorial Hermann Convenient Care Center in Cypress want to remind people to stay safe while celebrating.

"We see a lot of heat and firework related injuries during the Fourth of July holiday weekend. Parents may not think about it, but even sparklers can cause serious burns," says Marco Garza, M.D., a board-certified emergency medicine physician and Medical Director of the Emergency Center at Memorial Hermann Convenient Care Center in Cypress. The Consumer Product Safety Commission reminds parents that sparklers can burn at a temperature of 2,000 degrees.

The CPSC also offers these tips to use fireworks more safely:

- Follow local laws

- Do not allow young children to play with fireworks and older children should have adult supervision

- Never have any portion of your body directly over a firework while lighting

- Keep a bucket of water nearby for emergencies

If a person is burned by a firework, the injury may need immediate care.

"Any burn involving your face, hands, feet, genitals or over a major joint should get medical attention. If the burn is larger than your hand, or a blister forms soon after the injury, you should go to the emergency center or call 9-1-1," adds Dr. Garza.

The summer heat can also prove dangerous over the holiday weekend.

"It's no secret that it's hot here in Texas. Spending too much time in the sun can lead to everything from sunburn to heatstroke," reminds Dr. Garza. Physicians encourage people to stay hydrated, use sunscreen, and take a break from the sun when possible.

"If you do choose to drink alcohol over the holiday weekend, it's even more important that you also drink plenty of water. Excessive alcohol consumption can cause dehydration. Dehydration combined with the Texas heat can make for a dangerous situation," advises Dr. Garza.

If an emergency does arise, the Memorial Hermann Convenient Care Center in Cypress offers a 24-hour emergency center at their location at 27700 Northwest Freeway in Cypress, Texas. The Convenient Care Center also offers access to primary care physicians through the Memorial Hermann Medical Group, a diagnostic laboratory, outpatient imaging, The University of *(Continued on Page 5)* 

## **Attention Parents of Graduating Seniors!**

We would like to recognize our graduating seniors by including a small picture and a few lines about where your child will be attending college. Please send your information to articles@ peelinc.com (include the newsletter you would like to recognize them in, photo, name, etc).

#### **IMPORTANT NUMBERS**

Villages of Northpointe Security Director

Andy Elmore	hit02@scbglobal.net
Waste Management	
Centerpoint Energy	713-207-2222
Tomball Post Office	
Harris County MUD #281 (water and recycling)	
Harris County Constable Precinct #4 24-hour Dispatch	
Villages of Northpointe Patrol Officer Deputy Kelly	

#### SCHOOLS

Tomball Independent School District	www.tomballisd.net
Canyon Pointe Elementary	
NorthPointe Intermediate	
Willow Wood Junior High	
Tomball High School	
Tomball Memorial High School	

#### TAX ENTITIES:

Tomball ISD Tax Office www.tomballisd.net and follow the lin	
MUD #281 & NorthPointe WCID	
Harris County Appraisal District	713-957-7800 www.hcad.org
Electric Company Choices	

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### **Finding Hope**

Sometimes I just feel broken. Broken as in not whole, shattered & not even sure how to begin putting the pieces back together. Are all of the pieces even still there?

I'm not going to lie. Living and dealing with emotional trauma is no cup of tea. You feel lost, beaten, broken, and very much alone. You frequently feel things will never get better. After all, how can they ever be as good as they were (or, at least, as good as you thought they were) when you're this broken shell of a person. Then, you watch and see the rest of the world passing, and think, "Why even try? It's hopeless."

With the passing of spring, I've been thinking about the significance of this particular season at this junction of my life. Spring is the season of rebirth and renewal; the time of fresh starts. So, as I sit & watch the renewal of everything around me, I wonder... What about me? Can I be renewed? Is there enough left of this broken person to put back together, fill the holes, and turn out a new person fresh and whole?

I've found that spending time with friends, both the human and equine variety, is a great healer. They have become my glue that pulls the shattered pieces back together. While spending quiet moments relaxing with my horse I hear God more clearly, telling me that I have purpose in this life. What came before was meant to happen, if

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only to prepare me for what is to come and to help me become the person He means me to be. Learning God's plans for me not only helps reassemble the scattered pieces, but leads me to discover new pieces, more vibrant than the old ever were. Suddenly, I find myself renewed and, just like that, there it is--- Hope Resurrected

\*\*If you find these things to be true in your own life, and would like to make a change, please visit our website at www.fivehorses.com to learn more about our newest workshop, Finding Courage, coming this July\*\*

#### **AHFC Soccer** Summer Camp Series 2017

AHFC is please to offer the Summer Camp Series at multiple campuses in and around Houston. The club invites all interested players to the Canes Fundamental Camp (Ages 5-9) or the Canes Skills & Drills Camp (Ages 10-16).

Please visit albionhurricanes.org to register and for more details about each particular campus. The camps will be offered in New Territory, Cy Fair and Katy locations. All information can be found under "Camps" at albionhurricanes.org.



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### **INTRODUCING** "Get To Know Your Neighbors"

We are all very fortunate to call Villages of Northpointe home. But, Villages of Northpointe is more than just a place to live; it is a vibrant community brimming with familyfriendly neighborhoods, chock-full of fascinating, talented people. Our variety is what makes us so both unique and extraordinary. However, sometimes, we get so busy, we lose sight of how interesting and diverse we've become. We believe that getting to know the people who live nearby will help us create a sense of belonging and shared identity. We have created a column entitled, "Get to Know Your Neighbors" which we hope will strengthen connections, build trust in our wider community, and contribute to a happier neighborhood for everyone.

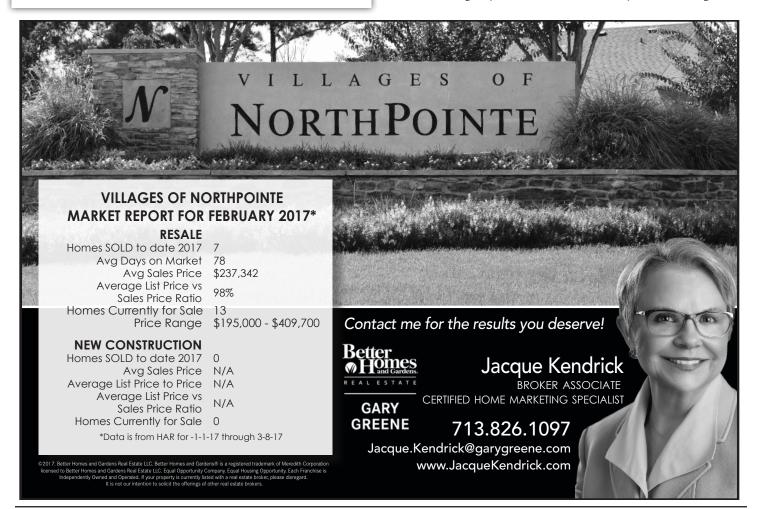
If you know of a person or a family that you believe is making Villages of Northpointe a better place to live, please let us know. We would like to introduce them to your neighbors.

#### (Continued from Cover)

Texas MD Anderson Cancer Center Breast Care with Memorial Hermann and Sports Medicine & Rehabilitation.

#### About Memorial Hermann

An integrated health system, Memorial Hermann is known for world-class clinical expertise, patient-centered care, leading edge technology, and innovation. The system, with its exceptional medical staff and more than 24,000 employees, serves to advance health in Southeast Texas and the Greater Houston community. Memorial Hermann's 14 hospitals include four hospitals in the Texas Medical Center: an acute care hospital which houses the Memorial Hermann Red Duke Trauma Institute and a Level I trauma center of which Life Flight<sup>®</sup> air ambulance is a part, a hospital for children, a rehabilitation hospital and an orthopedic and spine hospital; nine suburban hospitals; and a second rehabilitation hospital in Katy. The system also operates three Heart & Vascular Institutes, the Mischer Neuroscience Institute, three IRONMAN Sports Medicine Institute locations, urgent care centers, convenient care centers, joint replacement centers, cancer centers, imaging and surgery centers, sports medicine and rehabilitation centers, outpatient laboratories, a chemical dependency treatment center, a home health agency, a retirement community and a nursing home.



### KIDS' RUNNING TEAM'S CROSS COUNTRY SEASON STARTS SEPTEMBER 5TH

The Northwest Flyers Track Club Youth Cross-Country Team kicks off the fall season with a mandatory orientation meeting for parents and athletes on Tuesday, September 5, 2017, at 7:00 p.m. at Cypress Creek High School, 9815 Grant Rd., Houston. Registration starts online September 1 at www.northwestflyers.org. Practices are held at the Cypress Creek YMCA and Spring Creek Park in Tomball.

The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is celebrating its 30th year in the northwest Houston area. Ages 6 - 18 may participate in the team, and both beginners and experienced runners are welcome. Middle school and high school cross country athletes can also register, but should compete after their cross country season is over.

For more information contact Coach Angela Mosley at msangela. mosley@gmail.com or 469-336-9421. Visit www.northwestflyers. org to get updates and learn more about the team.



#### NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

Calling all Aggie moms!!! We would love to see you at one of the Aggie Mom mixers this summer, hosted by the Northwest Harris County Aggie Mom's club. This is a great opportunity for you to meet other Aggie moms, and to meet members of the NWHC Aggie Mom's Club, in a fun & casual get-together! The dates for the mixers are: June 29, July 13 & July 16. Come alone or bring another Aggie Mom with you! Please check our website (above) for details on locations.

And please mark your calendars for Tues, August 8th at 6:30 pm. at the Houston Distributing Company, 7100 High Life Drive, Houston, Texas!! This is our annual Howdy party, and a great way to meet other Aggie Moms, find out about upcoming events, and enter for a chance to win a door prize! We welcome all Aggie Moms, whether of freshman Aggies, current Aggie students or former Aggies. We'd love to meet you!

## **VENDOR OPPORTUNITY**

Saint Aidan's Episcopal Church ACE Committee announces our Fall Holiday Market to be held on Sunday, October 29th from 10am to 5pm. Saint Aidan's is located at 13131 Fry Road, just South of 290. Great highly visible outdoor space with Fall Festival activities including Blessing of Animals, Trunk-n-Treat, Live Music, Children's Area, Silent Action and much more. For Additional Information and Booth Reservation form contact us at 281.373.3202 or email at fallfest@aidanschurch.org. Online registration also available Fall Festival Vendor Registration.

#### Shield Bearer "Tapas and Sangria" Taste and Toast Celebration



Tuesday, August 8, 2017 6:00-8:30PM The Work Lodge-Vintage Park, 118 Vintage Park Blvd W, Houston, TX 77070

Join other community, business, and ministry leaders for a celebration of the hope and healing found at Shield Bearer. Beat the summer time heat with a refreshing evening of tapas style appetizers, sangria tastings, networking, and door prizes. Discover the story behind the Shield Bearer name and hear how they serve over 15,000 people each year including human trafficking survivors, victims of crime and abuse, veterans and active military families, struggling marriages, and many more. Find out how you can join in Shield Bearer's mission and strengthen the community, one heart and one family at a time. RSVP required by July 29 at events@shieldbearer.org or (281) 894-7222.

For more information about Shield Bearer, a Houston based non-profit and lead agency in the movement to strengthen individuals, couples, families, and the entire community visit shieldbearer.org, call (281) 894-7222.



#### Visit the 2017 St. Mary's Fall Gift Market!

On Friday, September 29 and Saturday, September 30 from 9 a.m. to 4 p.m.,

St. Mary's Episcopal Church is hosting its 12th annual Fall Gift Market. This is the ideal event to kick off your holiday shopping and decorating! The convenient location at the corner of Louetta Road and N. Eldridge Parkway makes it easy to shop the selection of unique jewelry, home decor, creative toys, handcrafted gifts, collectibles, pottery, candles and trendy clothing for ladies and children. The Fall Gift Market also features The Tea Room offering the famous taco soup, sandwiches, desserts and homemade baked goods, plus the Silent Auction benefiting church-affiliated projects and outreach. For more information, please visit stmaryscypress.org, or call Michelle at 832-559-8726.

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### **DID YOU KNOW THIS IS ILLEGAL?**

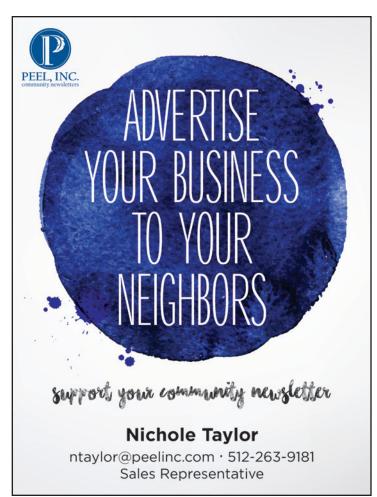
By Cheryl Conley, TWRC Wildlife Center



Little did Ernesto Pulido know that he was breaking the law when he disturbed the nests of egrets and black-crowned night herons while trimming trees for the U.S. Postal Service in 2014. He was charged with a misdemeanor violation of the

U.S. Migratory Bird Treaty Act of 1918 and because he showed remorse, was only fined \$3,000 to cover the cost of rehabilitating the injured baby birds. He could have been fined \$15,000 and faced six months in jail.

Most people are totally unaware of the Act and that it is one of the oldest wildlife protection laws on the books. Simply stated it's a law that protects birds from people. In 1916 the United States entered into a treaty with Great Britain (acting on behalf of Canada) whereby the two countries agree to end the hunting of insect-eating birds and established hunting seasons for game birds. In order to implement the treaty, the Migratory



Bird Treaty Act was passed in 1918 by Congress which makes it illegal to "pursue, hunt, take, capture, kill," or "sell" a migratory bird or any of its parts, including nests, eggs, and feathers except under the terms of a valid permit issued pursuant to Federal regulations. The Act mostly came about because birds were needlessly being killed for their feathers which made great fashion accessories. Entire birds were stuffed and attached to the tops of hats. Birds were also being served in restaurants.

In 1936, the USA signed a similar treaty with Mexico. Japan and the Soviet Union were added in the 1970s. !n 1972 an amendment to the Act added protection for an additional 32 families of birds including eagles, hawks, owls and corvids. Since then more species have been added to include almost every native species in the USA with a few exceptions like the House Sparrow, the European Starling and the domestic pigeon. Some of the birds don't actually migrate but are still protected under this Act. For a complete listing of protected birds go to:

https://www.fws.gov/birds/management/managed-species/ migratory-bird-treaty-act-protected-species.php.

It wasn't until 2013 that the Department of Justice enforced the Act for the first time by penalizing a wind farmer for killing Golden Eagles and other birds at two sites in Wyoming. The farmer was fined \$1 million. A second wind farmer was penalized a year later and fined \$2.5 million.

So what does all of this mean to you? Let's say a bird builds a nest above your front door and drops poop everywhere. Can you remove the nest? NO—it's illegal. Can my son take bird eggs to school for show and tell? NO—it's illegal. We collect bird feathers. Is this okay? NO—it's illegal. I found a nest and I brought it in the house. ILLEGAL. We found a dead Blue Jay and we want to have it "stuffed" for display. Guess what? ILLEGAL. We live on a farm and randomly shoot birds for fun. Is this legal? NO, NO, NO. In July 2007, a man was sentenced to six months in a federal halfway house, five years probation with no contact with firearms, and a fine of a \$65,000 fine for killing protected birds on his property.

Although this law may seem a little silly to the average person, it does serve a purpose. It reminds us that we must learn to live in harmony with wildlife and not purposely disrupt or cause harm to other living beings.

TWRC Wildlife Center serves a great purpose as well. We help wildlife that has been injured, orphaned or displaced and return them to the wild. Your donations help us keep the doors open and allow us to provide this service to the public free of charge. Please see our website for more information on what we do and how you can help. www.twrcwildlifecenter.org

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