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# **IMPORTANT NUMBERS**

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Ambulance	911
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AREA HOSPITALS	
Cy-Fair Medical Center	281-897-3300
North Cypress Medical Center	281-477-0830
Willowbrook Methodist	
SCHOOLS	
Cy-Fair ISD	281-897-4000
Warner Elementary School	281-213-1645
Spillane Middle School	
Cy Woods High School	
Cy Fair High School	
Cypress Ranch High School	
PUBLIC SERVICES	
Cypress Post Office	
Drivers License Info	281-955-1100
Harris County Tax	713-224-1919
UTILITIES	
En-Touch (Customer Service)	281-225-1000
NEWSLETTER PUBLISHER	
Peel, Inc	888-687-6444
Article Submissions	lackhorse@peelinc.com
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## **Advertising Information**

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Andre Paul Schillaci, Cypress Ranch High School, Class of 2017, Summa Cum Laude. Andre will study at University of Texas Austin and was admitted directly into the McCombs School of Business.

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# RANCH RECORD

## **CHINCH BUGS: NO EASY FIX**

Author: Nathan Riggs

The heat and high temps of July and August aren't the only culprits that take a toll on your landscape and lawn. If your St. Augustine grass is looking sad and jaundiced, it may be under attack.

Summertime means a lot of different things to people — grillin', fun in the sun, barefoot walks in the lawn and other outdoor activities.

Unfortunately, the hot temperatures in July and August also have a daunting impact on local lawns and landscapes by creating water stress. When St. Augustine lawns in full sun become water stressed in July and August, they fall victim to attack by the Southern Chinch Bug (Blissus insularis).

Chinch bugs suck the sap from the grass at the point where the blade emerges from the runner, or rhizome. As they feed on the sap, chinch bugs release saliva into the wound, causing the grass to turn yellow and die.

This yellowing usually begins at a central point and radiates in a circular pattern outward as the chinch bugs expand their feeding area. St. Augustine grass is a chinch bug's favorite meal, but Bermuda and Zoysia grasses may be attacked as well.

Here are a couple of ways to test for chinch bugs in the affected area.

• Drench method: flood an area on the edge of the sick grass with a soapy solution (2 tablespoons of liquid soap to 1 gallon water). If chinch bugs are present, they will emerge from the grass to get away from the soapy water.

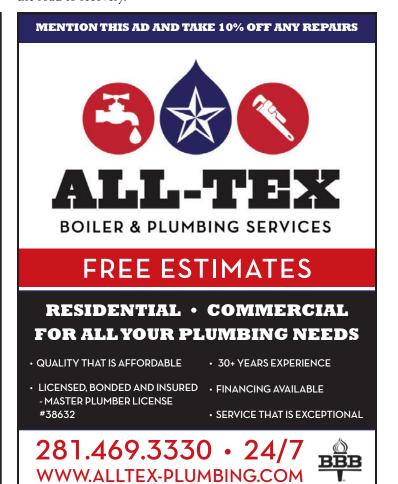
• Flotation method: take a metal can with both ends removed and push one end into the ground at the border of the sick grass. Slowly fill with water and see if chinch bugs float up. Repeat for several different areas.

Once you've determined chinch bugs are present, you must target the infestation. To reduce chinch bug populations, treat a 15-foot radius around the damaged area with a liquid insecticide approved for turf grasses. It is NOT NECESSARY to treat the entire yard because a) non-target beneficial insects will be adversely impacted by the treatment, and b) chinch bugs won't be present in the entire yard.

After treatment, you must PATIENTLY rehab the affected turf areas. Do not overwater your grass in an effort to get it back to health because the root system is still recovering from the chinch bug onslaught. Instead, water thoroughly, but infrequently to encourage a deeper, more drought-tolerant root system.

Secondly, avoid over-fertilizing your grass. Too much nutrients in the soil will encourage weed growth as well as place stress on the damaged root system. Aerate the affected turf areas to allow nutrients, water and oxygen to reach the root zone and get those roots back on the road to recovery.





# Memorial Hermann Announces Chuck Stokes as New President and CEO



Memorial Hermann Health System is pleased to announce the appointment of longtime and highly accomplished System Chief Operating Officer (COO) Charles "Chuck" D. Stokes to President and CEO of Memorial Hermann, effective immediately. In addition to his role as Executive Vice President and COO, Stokes had been serving as interim President and CEO following the departure of Benjamin K. Chu, M.D., who left the organization in June to pursue his passion in public and health policy.

Stokes, who began his career as a registered nurse, is a well-respected industry veteran with nearly four decades of leadership experience and demonstrated success in fostering a culture of innovation and exceptional patient care experiences, with an emphasis on superior quality, safety and stellar operations.

"Chuck has proven himself to be an outstanding leader during the course of his remarkable career with our organization, working tirelessly to guide Memorial Hermann on its journey toward becoming a high-reliability organization with a strong focus on innovation and transformation," said Memorial Hermann Board Chair Deborah M. Cannon. "He has an unwavering commitment to our patients, medical staff and to Memorial Hermann, the latter of which has been instrumental in helping us transform our operational structure in order to meet the challenges and demands of a rapidly changing healthcare landscape."

As COO, Stokes was responsible for overseeing operations for the System, which has 17 hospitals, more than 200 outpatient clinics, 25,000 employees and 5,500 affiliated physicians. He has a proven track record of achieving success in service line leadership, employee engagement, physician collaboration, and leadership development.

"I am honored and humbled to work alongside our exceptional employees and talented medical staff as we fulfill our mission to advance the health of all Houstonians," Stokes said. "In its 110 years of faithfully serving this community, Memorial Hermann has grown to become a nationally recognized organization with an unrelenting focus on providing enhanced access to the safest, highest-quality care, all at an affordable cost."

Most recently, Stokes' leadership was instrumental in helping Memorial Hermann Sugar Land Hospital become the first organization and hospital in the Houston area to receive the Malcolm Baldrige National Quality Award, the nation's highest presidential honor for performance excellence. During his tenure, Memorial Hermann also has been perennially recognized as the country's most successful Accountable Care Organization, underscoring the emphasis on innovative, evidence-based medicine designed to improve overall population health.

Stokes was recently named among the Top 25 COOs in healthcare by Modern Healthcare, a list that recognizes high-achieving leaders across the industry and the increasingly demanding roles they play. He also serves as the Chairman of the Board of Governors for the American College of Healthcare Executives (ACHE), an organization of more than 48,000 healthcare executives working together to improve care delivery and the education of healthcare leaders. Prior to his appointment as Chairman, Stokes served as ACHE faculty for 10 years.

"At a time when our industry is facing unprecedented challenges with declining reimbursements and escalating costs, I have every confidence that Chuck has the experience and visionary leadership necessary to navigate our organization through this period of change and uncertainty," Cannon said.

Prior to joining Memorial Hermann as COO in 2008, Stokes served as President of North Mississippi Medical Center, a 650-bed tertiary hospital and a 2006 Malcolm Baldrige National Quality Award recipient. He previously served as COO for three other health systems and as Vice President of Operations for St. Luke's Episcopal Hospital/Texas Heart Institute in Houston.

In addition to his professional commitments, he serves on the Holocaust Museum Houston Advisory Board and on the Board of the Children's Defense Fund-Texas. He also serves as an adjunct faculty member at the University of Alabama at Birmingham (UAB) and has penned numerous articles on leadership development.

Stokes, who is board certified in Healthcare Management as an ACHE fellow, earned his Bachelor of Science degree in nursing from the University of Mississippi Medical Center in Jackson, Miss., and a master's degree in hospital and health administration from UAB. He is married to Judy Liswood Stokes and has three adult children.





# Cy-Fair Republican Women August Meeting

Tuesday, August 8th will be CFRW Evening Social, 6:30 PM at

Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095

We'll have a great speaker and heavy appetizers \$20. Cash Bar.

RSVP to www.cfrw.net by July 28th. No walk-ins. We look forward to seeing you there!

SAVE the DATE—Friday, November 3rd for High Heels & High Tea at Sterling CC. Watch this space and/ or website for further details.

# Cypress Area Food Pantry

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations

and volunteers are also greatly appreciated.

Computerized job search and resume preparation and printing are also available.





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# **Is Your Networking Not Working?**



Luncheon Details
Thursday, August 24th, 2017
Networking 11 a.m.
Luncheon beings at 11:30 a.m.
Sterling Country Club
16500 Houston National Blvd.
Houston, TX 77095
Costs \$25 with advanced
reservations: \$30 at the door.

Toni Harris Taylor is a motivation marketing coach who helps solopreneurs and sales professionals to take drastic steps to get known, get connected and get paid to earn six-figures in record time. Toni Harris Taylor has over 25 years' experience as an entrepreneur. Although she has suffered great personal losses and business challenges, every time she is knocked down, she turns it around by taking drastic steps. Toni brings a level of professionalism and expertise to her clients helping them to take the necessary steps to rise to the ranks of the Top 6 percent of entrepreneurs.

Toni speaks about effectively using networking to build

relationships, stay connected and get new clients. With over 13,000 social media followers and friends and 5,000 on her email list, Toni knows how to build relationships that have grown her business nationally and globally. Toni shares the strategies she used to grow her business and helps her sales professional clients to achieve six figures in record time!

Toni has a BS degree in Business Management and Entrepreneurship and a Masters in Adult Education and Training.

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

#### About Cy-Fair Express Network (CYFEN)

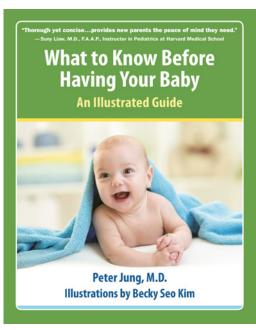
Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.





# RANCH RECORD

# POPULAR PEDIATRICIAN'S SECOND BOOK HELPS EASE THE MIND OF NEW PARENTS



Board-certified pediatrician Peter Y. Jung, M.D., F. A. A. P., of Houston's Blue Fish Pediatrics has penned his second book. Available currently on Amazon.com, "What To Know Before Having Your Baby" is a follow up to his first book "What To Know Before Seeing Your Pediatrician." The newest book will help reduce the anxiety of new

parents by guiding them through "normal abnormals," or issues that are not true health concerns, but which prompt a parent to wonder "Does this need to be evaluated?"

"My goal for the book is to provide parents with a better understanding of what is going on with their newborn baby," said Dr. Jung. "By reading the book, I hope parents will feel more at ease about the myriad of rashes and noises that every baby makes."

The 10-chapter, 151-page quick read covers a variety of topics, including rashes, development, feeding, sleeping, and the delivery day. Dr. Jung's writings are paired with colorful and informative illustrations by Becky Kim.

"This book is an amazing resource for parents bringing home a newborn baby. It answers many of the common questions new parents have and it also explains many medical issues in a thorough, yet concise and easy-to-understand way. It's an excellent quick read to put parents' minds at ease," says Dr. Neelish Kenia.

Dr. Mark Ward, Director of the Pediatric Residency Program at Texas Children's Hospital agrees. "There are two types of EBM: evidence-based medicine and experience-based medicine. This book has both. Written by a seasoned pediatrician and father, parents will find it filled with advice regarding the care of their newborn that is scientifically sound and everyday practical."

By the end of the book, readers will better understand:

- What to expect on delivery day.
- Common newborn findings of the skin, head, torso, diaper area, arms, and legs.
  - What to expect the first two months.
  - How to handle sleeping and feeding challenges.

Practical tips for going out with a newborn baby.

To purchase a copy of "What To Know Before Having Your Baby," go to Amazon.com. It is available in paperback for \$12.50.

Blue Fish Pediatrics is accepting new patients at its offices in Memorial City, Katy and Cypress. Additionally, new locations will be opening in The Woodlands and Fairfield soon. To learn more about Dr. Jung and Blue Fish Pediatrics, visit www.bluefishmd.com.

#### **About the Author**

Peter Jung was born in Passaic, New Jersey, in 1973 but has resided in Houston, Texas, for most of his life. He eagerly followed his father's footsteps into pediatrics, and after receiving his board certification in pediatrics and becoming a Fellow of the American Academy of Pediatrics in 2002, Dr. Jung went into private practice with his father. When his father retired in 2004, Dr. Jung opened the doors to Blue Fish Pediatrics. Today, Blue Fish Pediatrics has grown to include 20 providers in five Houston-area locations.

Dr. Jung is an Assistant Professor of Pediatrics at the University of Texas Medical School at Houston, and enjoys teaching pediatric residents, medical students, and nursing students at his community clinic year round. He has written for several local magazines, has been interviewed by local and national news programs about pediatric issues, and has taught several pediatric classes geared toward equipping parents.

Dr. Jung is active in his community at New Life Fellowship Baptist Church, where he leads the drama team and teaches the youth group. In his free time he enjoys basketball, softball, fishing, and spending time with his family.

About the illustrator

Becky Seo Kim was born in Mountain View, California and has lived in both California and Texas for equal parts of her life (which she is very proud of).

In 2005, she graduated with a Bachelor of Arts in Visual Communication from American Intercontinental University, and has worked in marketing and as a graphic designer for most of her career. Becky's portfolio includes web sites, digital ads, and menus for restaurants such as Popeye's, Fuddruckers, and Simply Seoul Kitchen.

During her time with Woodlands Church, her work was distributed on an international level, ranging from booklets to brochures to sermon series artwork. She was also the lead designer for Woodlands Seminary, which launched in January 2015. This is Becky's second book illustration project, and she enjoys doing freelance design on top of her full-time job as an administrative and marketing coordinator.

Becky enjoys cooking and trying new restaurants, writing, playing video games, daydreaming about home improvement projects, and getting involved in her local church. Becky, her husband Sam, and their pit bull mix, Ernest, currently live in Houston.

# Rosehill Christian School TAPPS Henderson Cup

Submitted by Sherry Johnson

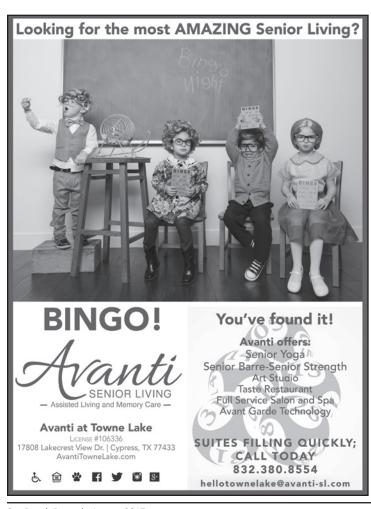


For the second year in a row, Rosehill has been a top contender for the coveted TAPPS Henderson Cup. The Henderson Cup is a year-long contest for "Best Overall School" in the state that takes into account all points accumulated in sports, fine arts, and academic competitions throughout the year. After moving up from TAPPS classification 2A to 3A this season, RCS knew that the road to the Henderson Cup would be a challenging task and that the

competition in 3A would be very strong. In 2016, RCS was the State Runner-up in the 2A Henderson Cup sweepstakes by 15 points. For our move to 3A this year, administrators, coaches, students, parents, and teachers joined together to make a school-wide, concerted effort to win the highly sought-after trophy. RCS collected points by placing at the state level in a wide array of extracurricular events, including:

State Champions in Baseball (back-to-back), Cheer, and Girls' Track; State Runner-up in Vocal Music; Third place in Academics (State Champions in Speech) and Dance; Fourth place in Band; Fifth place in One Act Play and Art; Bi-district Champions in Girls' Basketball; and playoff points in Volleyball. It was a groundbreaking year, and even though we crushed our point totals from the previous year, RCS ended up placing third in the overall Henderson Cup competition by a mere three points. This third place finish was the strongest TAPPS showing by RCS in our school's history. Additionally, we were State Champions for the second year in a row in overall Fine Arts events by over a 30% margin over all other TAPPS 3A schools. The Henderson Cup is the ultimate team event, and it demonstrates how the body of Christ works. Each part of the body is important, and together those parts serve an even greater purpose. Though RCS came in third place in the Henderson Cup, we feel like true winners, because we accomplished this extraordinary goal together. Furthermore, coming so close to winning will only make us stronger and more unified as we look to the 2017-18 season.

(Continued on Page 9)





(Continued from Page 8)

Besides the Henderson Cup, TAPPS also recognizes the top coaches and male and female competitors in the state in Athletics and Fine Arts. These elite honors are extremely difficult to receive, as all TAPPS schools can nominate competitors from any sport or fine art, and the top individuals in the state are then voted on by an executive TAPPS panel. We are pleased to announce, that for only the third time in school history, the TAPPS 3A State Fine Arts Female Student of the Year is our own Ashley Alexander. Ashley's 2016-17 TAPPS accomplishments are undeniable: State Champion in Original Oratory (Speech); State Runner-up In Ready Writing and 5th Place in Literary Criticism (Academics); Gold Medal in Instrumental Piano Solo (Class I); State Champion in Black & White Photography (Art); State All-Star Crew for One Act Play; and she even served as a state accompanist for TAPPS Vocal Music, not to mention her TAPPS accolades throughout her high school career in these same disciplines. Furthermore, Ashley has accomplished all of this while earning the title of RCS Valedictorian, with a smile on her face and the love of Jesus in her heart, shining through to everyone who meets her. We are so proud of you, Ashley! RCS loves you, and we cannot wait to see how God uses all of your talents as you set sail for the next stage of your journey. Congratulations!

## AHFC Junior Hurricanes (JHSL) Registration Now For FALL 2017 Open



The Junior Hurricanes Soccer League (JHSL) is led by professional United States Soccer Federation (USSF) licensed staff and is designed for boys & girls who want to play and have fun in a safe and developmentally appropriate environment. The JHSL program is being offered at multiple locations and in conjunction with CFSA at the Schiel Road Complex.

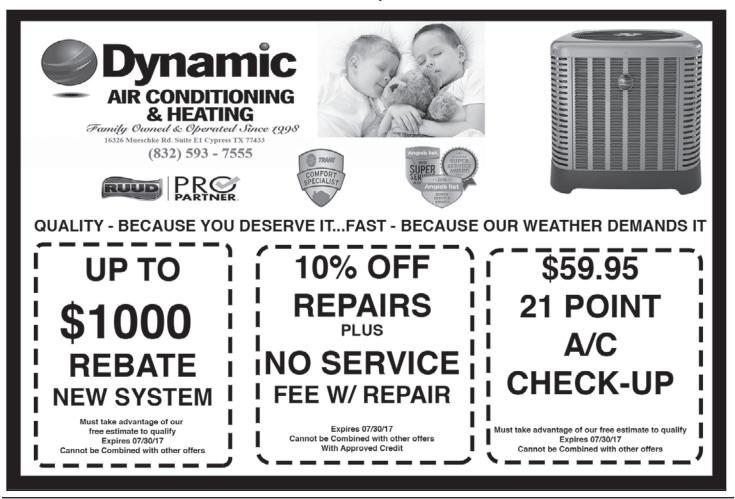
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To learn more about each location and to register please visit www. albionhurricanes.org.

For those wishing only to train, join us in Katy for AHFC Friday Night Academy. Visit Katy Youth Soccer to register for this Friday Fun Program.

AHFC is proud to partner with New Territory and offer New Territory Thursday Night Academy, a 5-week Skills Program.

Email us at jhsl@albionhurricanes.org for more information or questions. Office Phone:713-939-7473



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## **Teenage Job Seekers**

		Baby	Pet	House	Yard	
Name	Age	Sit	Sit	Sit	Work	Phone
Abbott, V'Ana*+	17	·····•	•	•		
Aly, Autumn Nichole	12	·····•				. 281-256-3019
Barker, Carson	15		····• ···	•		.832-784-2553
Bennett, Hanna*+	15	·····•	····• ···	•		.832-683-2056
Celestine, Sherita*	15	·····•				.832-482-5183
Cox, Caitlin*+	17	·····•		•		. 205-331-9392
Fanning, Shelly	17	·····•	····• ···	•		. 281-723-8959
Hasan, Sami		·····•	•	•	·····•	.832-975-5212
Heymann, Victoria	16	·····•	•	•		.832-457-8066
James, Madison*+	16	•	•	•		. 281-904-1388
Livingstone, Christine*.	16	·····•	•			.832-334-2374
Martin, Heather*+	18	·····•	•	•		. 281-213-3390
Martin, Noah	15		•	•	•	. 281-213-3390
Ordonez, Ernesto	15		•			.832-220-6183
Vivas, Yolivette	15	•	•			. 281-744-1300
Robinson, Kerra	16	•	•			.832-444-9189

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**Attention Teenagers** 

The **Teenage Job Seekers** listing service is offered free of charge to all Blackhorse Ranch teenagers seeking work. Submit your name and information to <u>blackhorse@peelinc.com</u> by the 9<sup>th</sup> of the month!

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DUE: August 31st

Be sure to include the following so we can let you know!

Name:

(first name, last initial)

Age:



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