

Volume 16, Issue 8

August 2017

Looking To Join a Great Women's Group?



New to LOEN? Want to meet other women in the neighborhood? Looking for an established club with lots of social activities? Then check the LOEN Ladies Club! Since 2005, this ladies-only organization has been working hard to provide its members with activities that foster friendship and interaction among the wonderfully diverse

women residents of LOEN. Our groups include Angels, two Book Clubs, Bridge, Brunch, Bunco, Dinner, Explorers and Girls Night Out. We even assist a Men's group to encourage the same comradery among men in LOEN. In addition to the monthly activity group meetings, the club holds four to five general meetings a year and the occasional member-wide luncheon open to all members. There is also an all-member holiday party near the end of the year.

New members are welcomed all year long and we encourage any woman, whether a long-time, brand-new, or former LOEN resident to join our group. Our next general meeting is September 26 in the LOEN Clubhouse. That meeting begins with a Potluck Happy Hour at 6:30pm where members can mix and meet each other and concludes with a brief meeting starting around 7:30pm.

Ladies, we would love to hear from you! If you would like more information or to join our club, just email us at loenladiesclubpresident@gmail.com.

Excellent Season For the LOEST Dolphins

WOW! The LOEST Dolphins had a stellar season! The team had an outstanding show at the divisional swim meet, with many swimmers getting personal best times! Many swimmers also competed in and preformed their best in the Trinity and Ponderosa Invitationals. Congratulations are in order first to the swimmers who did their very best at every meet, and then to their dedicated parents and coaches who worked hard to give the children a wonderful experience they will not forget!

Many thanks go out to the volunteers who made it all possible and did it with great enthusiasm, and to all the residents of LOE, LOEN and VAL who very graciously hosted our practices and pep rallies this season.

There is still time to participate in the Fall Swim Program for swimmers looking for conditioning and stroke development, which runs through end of October. For more information on days and times, please refer to the team website: http:/loedolphins.swimteam.us

Begin looking for information on the Summer of 2018 season in next February's publications.



IMPORTANT NUMBERS

Harris Co. Sheriff - (non-emergency)	0	
Cy-Fair Fire Department - (emergency)	51	
(non-emergency)281-550-666	53	
Poison Control	51	
Texas DPS	51	
Waste Management	5	
(trash collection Mondays & Thursdays)		
TNG MUD 370	95	
Harris County Tax Office	9	
Centerpoint Energy 713-207-777	'7	
(give pole # of street which is out)		
Centerpoint Energy713-659-211	1	
Comcast Cable	00	
Houston Chronicle	1	
Metro Transit Info	00	
Kirk Elementary 713-849-825	0	
Truitt Middle School	00	
Cy-Ridge High School	00	
Newsletter Publisher		
Peel, Incadvertising@PEELinc.com, 888-687-644	4	

Deadline for submitting articles for the Lakes On Eldridge North Newsletter is the 10th of each month. Submissions are subject to space limitations and editorial approval. Email Articles to *loen@PEELinc.com*.

PERSONAL CLASSIFIED ADS: Deadline for submitting personal classified ads is the 10^{th} of each month for publication in the following month's newsletter. Email personal classifieds to <u>loen@PEELinc.com</u>.

ADVERTISING: Deadline for submitting ads is the 8th of each month for publication in the following month's newsletter. Please contact Peel, Inc. Sales Office at 888-687-6444 or

advertising@PEELinc.com *for information on advertising.*

LOEN Board Of Directors

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Asst Sec/ Treasurer:	Richard Weck

Article Submissions

Please e-mail articles and/or photos to <u>loen@peelinc.com</u>. Submissions must be received by the 10th of the month for the following month's issue. (Advertising deadline is the 8th of the month.)



Chiggers are the immature stage of a mite. They climb onto people walking through infested areas, crawl upwards, and wander around the body seeking a good site to settle down and feed. Feeding preference for these mites is in areas where skin is thinnest or where clothing fits tightly, such as the ankles, waist, behind the knees, and the groin area.

Chiggers do not burrow into skin as many people believe, so "smothering" them with nail polish is useless. When chiggers feed, they inject a digestive enzyme that breaks down skin cells which are then eaten. Itching and redness is caused by our body reacting to the enzymes injected into our skin. Itching typically begins 3-6 hours after being bitten, peaks at 24 hours, and can last up to two weeks.

The best way to avoid getting chiggers is to avoid infested areas. Since this is not always possible, here are some other things to try:

- Wear protective clothing- tightly woven items that fit loosely; including long sleeves & pants; shoes or boots
- Tuck pant legs into boots
- Avoid sitting on the ground
- Remove & launder clothing ASAP after being in infested areas
- Shower/ bathe after being in an infested area; scrub vigorously with a washcloth
- Use an insect repellent with DEET or picaridin

To treat chigger infestations around the home try the following:

- Keeping lawn trimmed
- Maintain vegetation; do not allow weeds to grow up & keep brush cleared
- Targeted residual pesticide sprays, usually pyrethroids

For chigger bites:

- Do not scratch pustules; opening pustule might lead to infection
- Oral antihistamines or topical anti-itch creams to relieve itching sensation

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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AHFC Junior Hurricanes (JHSL) Registration Now For FALL 2017 Open



The Junior Hurricanes Soccer League (JHSL) is led by professional United States Soccer Federation (USSF) licensed staff and is designed for boys & girls who want to play and have fun in a safe and developmentally appropriate environment. The JHSL program is being offered at multiple locations and in conjunction with CFSA at the Schiel Road Complex.

To learn more about each location and to register please visit www. albionhurricanes.org.

For those wishing only to train, join us in Katy for AHFC Friday Night Academy. Visit Katy Youth Soccer to register for this Friday Fun Program.

AHFC is proud to partner with New Territory and offer New Territory Thursday Night Academy, a 5-week Skills Program.

Email us at jhsl@albionhurricanes.org for more information or questions. Office Phone:713-939-7473



Cy-Fair Republican Women August Meeting

Tuesday, August 8th will be CFRW Evening Social, 6:30 PM at Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095

We'll have a great speaker and heavy appetizers \$20. Cash Bar.

RSVP to www.cfrw.net by July 28th. No walk-ins. We look forward to seeing you there!

SAVE the DATE—Friday, November 3rd for High Heels & High Tea at Sterling CC. Watch this space and/ or website for further details.

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Lakes on Eldridge North Is Your Networking not Working?

Luncheon Details

Thursday, August 24, 2017 Networking 11 a.m.; Luncheon begins at 11:30 a.m. Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095 Costs \$25 with advanced reservations; \$30 at the door

Houston, TX (July 7, 2017) Toni Harris Taylor is a motivation marketing coach who helps solopreneurs and sales professionals to take drastic steps to get known, get connected and get paid to earn sixfigures in record time. Toni Harris Taylor has over 25 years' experience as an entrepreneur. Although she has suffered great personal losses and business challenges, every time she is knocked down, she turns it around by taking drastic steps. Toni brings a level of professionalism and expertise to her clients helping them to take the necessary steps to rise to the ranks of the Top 6 percent of entrepreneurs.

Toni speaks about effectively using networking to build relationships, stay connected and get new clients. With over 13,000



social media followers and friends and 5,000 on her email list, Toni knows how to build relationships that have grown her business nationally and globally. Toni shares the strategies she used to grow her business and helps her sales professional clients to achieve six figures in record time!

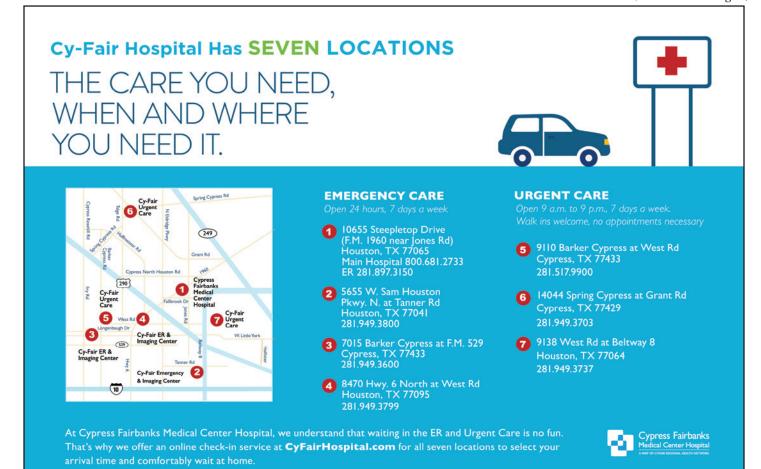
Toni has a BS degree in

Business Management and Entrepreneurship and a Masters in Adult Education and Training.

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve *(Continued on Page 5)*



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(Continued from Page 4)

both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

ABOUT AMERICAN BUSINESS WOMEN'S ASSOCIATION (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.



CYPRESS TEXAS TEA PARTY

The next meetings of the Cypress Texas Tea Party will be on: Saturday, August 19, 2017 NOON - 2:00 PM - To be determined

Saturday, September 9, 2017 NOON - 2:00 PM Dwayne Bohac, Texas State Representative, District 138

The Cypress Texas Tea Party meets every three weeks on Saturday Noon until 2:00 PM at: *Spring Creek BBQ* 25831 Northwest Freeway *Cypress, Texas 77429* Map: http://goo.gl/maps/OoNjY A schedule of our meetings and confirmed speakers can

be found at our website, www.cypresstexasteaparty.org





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Lakes on Eldridge North Memorial Hermann Announces Chuck Stokes as New President and CEO



Memorial Hermann Health System is pleased to announce the appointment of longtime and highly accomplished System Chief Operating Officer (COO) Charles "Chuck" D. Stokes to President and CEO of Memorial Hermann, effective immediately. In addition to his role as Executive Vice President and COO, Stokes had been serving as interim President and CEO following the departure of Benjamin K. Chu, M.D., who left the organization in June to pursue his passion in public and health policy.

Stokes, who began his career as a registered nurse, is a well-respected industry veteran with nearly four decades of leadership experience and demonstrated success in fostering a culture of innovation and exceptional patient care experiences, with an emphasis on superior quality, safety and stellar operations.

"Chuck has proven himself to be an outstanding leader during the course of his remarkable career with our organization, working tirelessly to guide Memorial Hermann on its journey toward becoming a high-reliability organization with a strong focus on innovation and transformation," said Memorial Hermann Board Chair Deborah M. Cannon. "He has an unwavering commitment to our patients, medical staff and to Memorial Hermann, the latter of which has been instrumental in helping us transform our operational structure in order to meet the challenges and demands of a rapidly changing healthcare landscape."

As COO, Stokes was responsible for overseeing operations for the System, which has 17 hospitals, more than 200 outpatient clinics, 25,000 employees and 5,500 affiliated physicians. He has a proven track record of achieving success in service line leadership, employee engagement, physician collaboration, and leadership development.

"I am honored and humbled to work alongside our exceptional employees and talented medical staff as we fulfill our mission to advance the health of all Houstonians," Stokes said. "In its 110 years of faithfully serving this community, Memorial Hermann has grown to become a nationally recognized organization with an unrelenting focus on providing enhanced access to the safest, highest-quality care, all at an affordable cost."

Most recently, Stokes' leadership was instrumental in helping Memorial Hermann Sugar Land Hospital become the first organization and hospital in the Houston area to receive the Malcolm Baldrige National Quality Award, the nation's highest presidential honor for performance excellence. During his tenure, Memorial Hermann also has been perennially recognized as the country's most successful Accountable Care Organization, underscoring the emphasis on innovative, evidence-based medicine designed to improve overall population health.

Stokes was recently named among the Top 25 COOs in healthcare by Modern Healthcare, a list that recognizes high-achieving leaders across the industry and the increasingly demanding roles they play. He also serves as the Chairman of the Board of Governors for the American College of Healthcare Executives (ACHE), an organization of more than 48,000 healthcare executives working together to improve care delivery and the education of healthcare leaders. Prior to his appointment as Chairman, Stokes served as ACHE faculty for 10 years.

"At a time when our industry is facing unprecedented challenges with declining reimbursements and escalating costs, I have every confidence that Chuck has the experience and visionary leadership necessary to navigate our organization through this period of change and uncertainty," Cannon said.

Prior to joining Memorial Hermann as COO in 2008, Stokes served as President of North Mississippi Medical Center, a 650-bed tertiary hospital and a 2006 Malcolm Baldrige National Quality Award recipient. He previously served as COO for three other health systems and as Vice President of Operations for St. Luke's Episcopal Hospital/ Texas Heart Institute in Houston.

In addition to his professional commitments, he serves on the Holocaust Museum Houston Advisory Board and on the Board of the Children's Defense Fund-Texas. He also serves as an adjunct faculty member at the University of Alabama at Birmingham (UAB) and has penned numerous articles on leadership development.

Stokes, who is board certified in Healthcare Management as an ACHE fellow, earned his Bachelor of Science degree in nursing from the University of Mississippi Medical Center in Jackson, Miss., and a master's degree in hospital and health administration from UAB. He is married to Judy Liswood Stokes and has three adult children.



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Lakes on Eldridge North CHINCH BUGS: NO EASY FIX





The heat and high temps of July and August aren't the only culprits that take a toll on your landscape and lawn. If your St.

Augustine grass is looking sad and jaundiced, it may be under attack.

Summertime means a lot of different things to people — grillin', fun in the sun, barefoot walks in the lawn and other outdoor activities.

Unfortunately, the hot temperatures in July and August also have a daunting impact on local lawns and landscapes by creating water stress. When St. Augustine lawns in full sun become water stressed in July and August, they fall victim to attack by the Southern Chinch Bug (Blissus insularis).

Chinch bugs suck the sap from the grass at the point where the blade emerges from the runner, or rhizome. As they feed on the sap, chinch bugs release saliva into the wound, causing the grass to

turn yellow and die.

This yellowing usually begins at a central point and radiates in a circular pattern outward as the chinch bugs expand their feeding area. St. Augustine grass is a chinch bug's favorite meal, but Bermuda and Zoysia grasses may be attacked as well.

Here are a couple of ways to test for chinch bugs in the affected area.

• Drench method: flood an area on the edge of the sick grass with a soapy solution (2 tablespoons of liquid soap to 1 gallon water). If chinch bugs are present, they will emerge from the grass to get away from the soapy water.

• Flotation method: take a metal can with both ends removed and push one end into the ground at the border of the sick grass. Slowly fill with water and see if chinch bugs float up. Repeat for several different areas.

Once you've determined chinch bugs are present, you must target the infestation. To reduce chinch bug populations, treat a 15-foot radius around the damaged area with a liquid insecticide approved for turf grasses. It is NOT NECESSARY to treat the entire yard because a) non-target beneficial insects will be adversely impacted by the treatment, and b) chinch bugs won't be present in the entire yard. *(Continued on Page 8)*



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Lakes on Eldridge North - August 2017 7

(Continued from Page 7)

After treatment, you must PATIENTLY rehab the affected turf areas. Do not overwater your grass in an effort to get it back to health because the root system is still recovering from the chinch bug onslaught. Instead, water thoroughly, but infrequently to encourage a deeper, more drought-tolerant root system.

Secondly, avoid over-fertilizing your grass. Too much nutrients in the soil will encourage weed growth as well as place stress on the damaged root system. Aerate the affected turf areas to allow nutrients, water and oxygen to reach the root zone and get those roots back on the road to recovery.





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DUE: August 31st
Be sure to include the following so we can let you know!
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