

COPPER CREEK MEADOWS COMMUNITY GIRL SCOUTS OF SAN JACINTO COUNCIL



Save the date! Be on the lookout for more information! A Girl Scout EXPO is planned for Saturday, September 9 to introduce girls (and their parent(s)/ legal guardians to Girl Scouting in the residence area served by Cypress-Fairbanks ISD. Five

Communities, including Copper Creek Meadows, will be participating. If you want to find out more about Girl Scouting, this is the place!

Location will be the Science Resource center, 11206 Telge Rd., Cypress, TX 77429. Time is 10 am- 1 pm.

Two Cadette Girl Scouts from Copper Creek Meadows are working on a Silver Award Project. They will be holding a "Shoe Collection Drive" to aid the work of AARF-Houston, a no-kill dog rescue operation.

Shoes donated may be in any condition. Shoes are collected, sorted and sold to another organization, then sent to a Third World Country. Funds raised go towards kennels, blankets, dog beds, food and medicine.

One drive was held in July. The second will be on Wednesday, August 16 from 7:00 pm to 9:00 pm. Location is Lone Star College of Cy-Fair, Library, Room 131. The address is 9191 Barker Cypress Road, Cypress, TX 77433.

We know that Girl Scouts of all ages from Copper Creek Meadows are enjoying their summer vacation! Many of these girls have been attending Girl Scout day, twilight or resident camps. Camp is a great place for meeting new friends, learning new skills, and improving on what you learned LAST year. And where else do you learn all those crazy camp songs and traditions?

Copper Creek Meadows is already planning activities for the new Girl Scout year! We hope you will join us!

Girl Scouting is open to all girls ages 5(must be in kindergarten) through 18 who are willing to accept the Girl Scout Promise and law. Copper Creek meadows Community serves girls in the residence areas for the elementary schools listed below, as well as the corresponding middle and high schools. Home schooled and private school students are always welcome.

Our elementary schools are: Birkes, Fiest, Hairgrove, Horne, Kirk, Lee, Lieder, Lowery, Metcalf, Owens, Tipps, Wilson, St. Elizabeth Ann Seton, Texas Christian School, and Christian Life Center.

More information about Girl Scouts may be found on the Girl Scouts of San Jacinto Council website, www.gssjc. The Council phone # is 713-292-0300. For information on the Copper Creek meadows Community, please contact coppercreekmeadowsgirlscouts@gmail.com

Girl Scouts builds girls of courage, confidence, and character, who make the world a better place.



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IMPORTANT NUMBERS

EMERGENCY

Sheriff	713-221-6000
Fire Department	281-855-1110
Cy-Fair Medical Center	
Memorial City Hospital	
Poison Control	

SCHOOLS

Cypress Fairbanks ISD	281-897-4000
Postma Elementary	281-345-3660
Rennell Elementary	281-213-1550
Spillane Middle	281-216-1645
Cy-Fair High	
Cy-Falls High	281-856-1000
Cy-Woods High	
Cy-Fair College	

UTILITIES

HCMUD #196	
Billing	281-579-4500
Repairs	281-398-8211
Centerpoint Electric	713-207-2222
Centerpoint Entex Gas	713-659-2111
AT&T/SBC	800-464-7928
Comcast Cable/High Speed Internet	713-341-1000
Waste Mgt	713-686-6666
HOA, SCS Mgt	281-463-1777
United States Post Office	800-275-8777

LIBRARY

Cy-Fair College Library......281-290-3210

NEWSLETTER INFO

NEWSLETTER

Articles	riataranch@peelinc.com
Peel, Inc	888-687-6444
Advertising	advertising@Peelinc.com

ARTICLE SUBMISSIONS

Do you have an idea or suggestion for the newsletter? Want to submit a photo, article, or both? It's easy!! Email your articles to riataranch@peelinc.com by the 10th of the preceding month So if you get your ideas in before the deadline, you should see them in the very next month's newsletter.

We are glad to hear all of the positive feedback and we intend to continue to improving the look and feel of the newsletter according to what you tell us. So get as involved as you like! We look forward to hearing from you.

CHINCH BUGS

NO EASY FIX

Author: Nathan Riggs

The heat and high temps of July and August aren't the only culprits that take a toll on your landscape and lawn. If your St. Augustine grass is looking sad and jaundiced, it may be under attack.



Summertime means a lot of different things to people — grillin', fun in the sun, barefoot walks in the lawn and other outdoor activities.

Unfortunately, the hot temperatures in July and August also have a daunting impact on local lawns and landscapes by creating water stress. When St. Augustine lawns in full sun become water stressed in July and August,

they fall victim to attack by the Southern Chinch Bug (Blissus insularis).

Chinch bugs suck the sap from the grass at the point where the blade emerges from the runner, or rhizome. As they feed on the sap, chinch bugs release saliva into the wound, causing the grass to turn yellow and die.

This yellowing usually begins at a central point and radiates in a circular pattern outward as the chinch bugs expand their feeding area. St. Augustine grass is a chinch bug's favorite meal, but Bermuda and Zoysia grasses may be attacked as well.

Here are a couple of ways to test for chinch bugs in the affected area.

- Drench method: flood an area on the edge of the sick grass with a soapy solution (2 tablespoons of liquid soap to 1 gallon water). If chinch bugs are present, they will emerge from the grass to get away from the soapy water.
- Flotation method: take a metal can with both ends removed and push one end into the ground at the border of the sick grass. Slowly fill with water and see if chinch bugs float up. Repeat for several different areas.

Once you've determined chinch bugs are present, you must target the infestation. To reduce chinch bug populations, treat a 15-foot radius around the damaged area with a liquid insecticide approved for turf grasses. It is NOT NECESSARY to treat the entire yard because a) non-target beneficial insects will be adversely impacted by the treatment, and b) chinch bugs won't be present in the entire yard.

After treatment, you must PATIENTLY rehab the affected turf areas. Do not overwater your grass in an effort to get it back to health because the root system is still recovering from the chinch bug onslaught. Instead, water thoroughly, but infrequently to encourage a deeper, more drought-tolerant root system.

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AHFC JUNIOR HURRICANES (JHSL) REGISTER **NOW FOR FALL 2017 OPEN**

The Junior Hurricanes Soccer League (JHSL) is led by professional United States Soccer Federation (USSF) licensed staff and is designed for boys & girls who want to play and have fun in a safe and developmentally appropriate environment. The JHSL program is being offered at multiple locations and in conjunction with CFSA at the Schiel Road Complex. To learn more about each location and to register please visit www.albionhurricanes.org.

For those wishing only to train, join us in Katy for AHFC Friday Night Academy. Visit Katy Youth Soccer to register for this Friday Fun Program.

AHFC is proud to partner with New Territory and offer New Territory Thursday Night Academy, a 5-week Skills

Email us at jhsl@albionhurricanes.org for more information or questions. Office Phone:713-939-7473



Cy-Fair Republican Women August Meeting

Tuesday, August 8th will be CFRW Evening Social, 6:30 PM at Sterling Country Club,

16500 Houston National Blvd., Houston, TX 77095 We'll have a great speaker and heavy appetizers \$20. Cash Bar. RSVP to www.cfrw.net by July 28th. No walk-ins.

We look forward to seeing you there! SAVE the DATE—Friday, November 3rd for High Heels & High Tea at Sterling CC. Watch this space and/or website for further details. Vendors wanted—Contact Nancy Roberts.

> Nancy Roberts-Publicity Chair Cy-Fair Republican Women 713-466-4199 / nancyroberts004@att.net



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Is Your Networking not Working?

Luncheon Details

Thursday, August 24, 2017
Networking 11 a.m.; Luncheon begins at 11:30 a.m.
Sterling Country Club, 16500 Houston National Blvd.,
Houston, TX 77095

Costs \$25 with advanced reservations; \$30 at the door

Houston, TX (July 7, 2017) Toni Harris Taylor is a motivation marketing coach who helps solopreneurs and sales professionals to take drastic steps to get known, get connected and get paid to earn six-figures in record time. Toni Harris Taylor has over 25 years' experience as an entrepreneur. Although she has suffered great personal losses and business challenges, every time she is knocked down, she turns it around by taking drastic steps. Toni brings a level of professionalism and expertise to her clients helping them to take the necessary steps to rise to the ranks of the Top 6 percent of entrepreneurs.

Toni speaks about effectively using networking to build relationships, stay connected and get new clients. With over 13,000 social media followers and friends and 5,000 on her



email list, Toni knows how to build relationships that have grown her business nationally and globally. Toni shares the strategies she used to grow her business and helps her sales professional clients to achieve six figures in record time!

Toni has a BS degree in Business Management and Entrepreneurship and a

Masters in Adult Education and Training.

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring.

(Continued on Page 5)





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(Continued from Page 4)

Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

ABOUT AMERICAN BUSINESS WOMEN'S ASSOCIATION (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.



CYPRESS AREA FOOD PANTRY

Times and Services

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations and volunteers are also greatly appreciated.

Computerized job search and resume preparation and printing are also available.



Memorial Herman Volunteers

Memorial Hermann Health System recognizes the vital importance of volunteers, and the newly opened Memorial Hermann Cypress Hospital is no different. The hospital is now taking applications for its volunteer program.

"Volunteers provide support to our staff so that they can focus on patient care, as well as provide positive interactions with patients and their family members," says Lorena Hurtado, the volunteer services coordinator at Memorial Hermann Cypress.

Volunteer tasks range from working at the front desk, to nursing unit assistance, helping discharge patients and much more. Dozens of volunteers have already joined the program, but there are more spots available.

"Volunteering is a great experience. The nurses and staff are so friendly and professional, and many of them live in the area. As a long-time Cypress area resident, it makes me feel even better knowing the hospital is staffed by people who share the same love for this community that I do," says Toni Scott, a volunteer at Memorial Hermann Cypress.

Four-hour volunteer shifts are available seven days a week from 5 a.m.to 9 p.m. Adults are asked to complete an application and schedule an interview with the volunteer coordinator. Learn more at: http://www.memorialhermann.org/locations/cypress/volunteer-at-memorialhermann-cypress-hospital/

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Popular pediatrician's second book helps ease the mind of new parents

HOUSTON (June 29, 2017) — Board-certified pediatrician Peter Y. Jung, M.D., F.A.A.P., of Houston's Blue Fish Pediatrics has penned his second book. Available currently on Amazon.com, "What To Know Before Having Your Baby" is a follow up to his first book "What To Know Before Seeing Your Pediatrician." The newest book will help reduce the anxiety of new parents by guiding them through "normal abnormals," or issues that are not true health concerns, but which prompt a parent to wonder "Does this need to be evaluated?"

"My goal for the book is to provide parents with a better understanding of what is going on with their newborn baby," said Dr. Jung. "By reading the book, I hope parents will feel more at ease about the myriad of rashes and noises that every baby makes."

The 10-chapter, 151-page quick read covers a variety of topics, including rashes, development, feeding, sleeping, and the delivery day. Dr. Jung's writings are paired with colorful and informative illustrations by Becky Kim.

"This book is an amazing resource for parents bringing home a newborn baby. It answers many of the common questions new parents have and it also explains many medical issues in a thorough, yet concise and easy-to-understand way. It's an excellent quick read to put parents' minds at ease," says Dr. Neelish Kenia.

Dr. Mark Ward, Director of the Pediatric Residency Program at Texas Children's Hospital agrees. "There are two types of EBM: evidence-based medicine and experience-based medicine. This book has both. Written by a seasoned pediatrician and father, parents will find it filled with advice regarding the care of their newborn that is scientifically sound and everyday practical."

By the end of the book, readers will better understand:

- What to expect on delivery day.
- Common newborn findings of the skin, head, torso, diaper area, arms, and legs.
 - What to expect the first two months.
 - How to handle sleeping and feeding challenges.
 - Practical tips for going out with a newborn baby.

To purchase a copy of "What To Know Before Having Your Baby," go to Amazon.com. It is available in paperback for \$12.50.

Blue Fish Pediatrics is accepting new patients at its offices in Memorial City, Katy and Cypress. Additionally, new locations will be opening in The Woodlands and Fairfield soon. To learn more about Dr. Jung and Blue Fish Pediatrics, visit www.bluefishmd.com.

About the author

Peter Jung was born in Passaic, New Jersey, in 1973 but has resided in Houston, Texas, for most of his life. He eagerly followed his father's footsteps into pediatrics, and after receiving his board certification in pediatrics and becoming a Fellow of the American Academy of Pediatrics in 2002, Dr. Jung went into private practice with his father. When his father retired in 2004, Dr. Jung opened the doors to Blue Fish Pediatrics. Today, Blue Fish Pediatrics has

grown to include 20 providers in five Houston-area locations.

Dr. Jung is an Assistant Professor of Pediatrics at the University of Texas Medical School at Houston, and enjoys teaching pediatric residents, medical students, and nursing students at his community clinic year round. He has written for several local magazines, has been interviewed by local and national news programs about pediatric issues, and has taught several pediatric classes geared toward equipping parents.

Dr. Jung is active in his community at New Life Fellowship Baptist Church, where he leads the drama team and teaches the youth group. In his free time he enjoys basketball, softball, fishing, and spending time with his family.

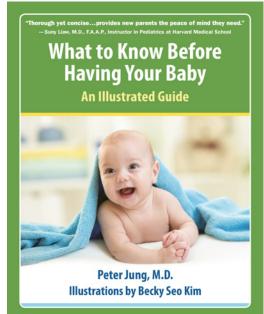
About the illustrator

Becky Seo Kim was born in Mountain View, California and has lived in both California and Texas for equal parts of her life (which she is very proud of).

In 2005, she graduated with a Bachelor of Arts in Visual Communication from American Intercontinental University, and has worked in marketing and as a graphic designer for most of her career. Becky's portfolio includes web sites, digital ads, and menus for restaurants such as Popeye's, Fuddruckers, and Simply Seoul Kitchen.

During her time with Woodlands Church, her work was distributed on an international level, ranging from booklets to brochures to sermon series artwork. She was also the lead designer for Woodlands Seminary, which launched in January 2015. This is Becky's second book illustration project, and she enjoys doing freelance design on top of her full-time job as an administrative and marketing coordinator.

Becky enjoys cooking and trying new restaurants, writing, playing video games, daydreaming about home improvement projects, and getting involved in her local church. Becky, her husband Sam, and their pit bull mix, Ernest, currently live in Houston.



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