

SUMMERWOOD LIFE

OFFICIAL NEWSLETTER OF THE SUMMERWOOD COMMUNITY ASSOCIATION, INC.

Summerwood's Independence Day Celebration

Summerwood's Independence Day celebration was a complete success! The parade route around Lake Anne was sparkling with all the participants displaying a beautiful array of red, white, and blue. Families dressed in coordinated festive attire, and wagons, bikes, and scooters were decorated in streamers for the parade. Even some of our four-legged residents walked in the parade. After the parade, it was time to hit the water slides! We had the very popular twenty-two-foot and ten-foot waterslide for everyone to enjoy and beat the heat.

Thank you to all who came out and participated in this event. If

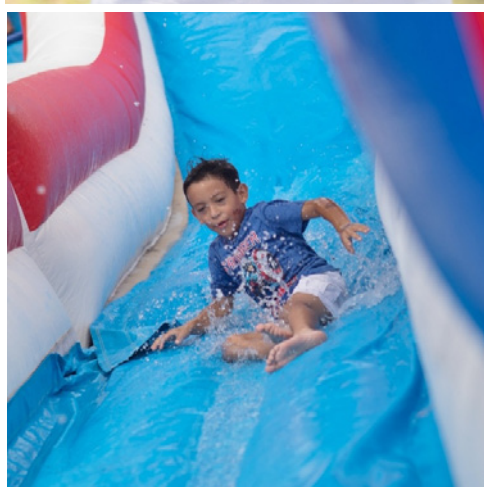
you were not able to make it this year, please view our website for photos of all the fun: www.summerwoodlife.com. Also, thank you to Renea Carr for donating her time to photograph and capture all the excitement.

Finally, congratulations to all the winners of the parade contest! We can't wait to see what you all come up with next year.

See you at the next event!

Thank you,

MJ Gonzales, Summerwood Activity Director



(Continued on Page 4)

IMPORTANT NUMBERS

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Peel, Inc. www.PEELinc.com
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MANAGER'S CORNER

Lakeview Park: Summerwood's Hidden Gem

Did you know that Summerwood has a park on Lake Houston? Nestled in a quiet corner of the community is a peaceful park with beautiful lake views. Lakeview Park has something for everyone! The children can enjoy the ship-themed playground and pretend to sail the high seas looking for adventure. Anglers big and small can cast a line out into Lake Houston from the fishing pier. Just please ensure you have the proper fishing license! Enjoy a picnic under one of the two shade structures, or spread a blanket and stretch out with a good book in the shade of the many mature trees. There's plenty of room to toss a football, baseball, Frisbees, and more in the large open spaces.

Lakeview Park is located at Yaupon Holly and Eastern Redbud. You'll need your electronic access device to enter the park via the pedestrian or vehicle gates.

If you have never visited this picturesque park, I hope you will soon. You will be glad you did.



SUMMERWOOD ONSITE MANAGEMENT OFFICE

The Onsite Management Office is located inside Resident Club Central at 14111 Summerwood Lakes Drive.

Office Hours

Wednesday 10 a.m. – 6 p.m.

Saturday 10 p.m. – 3:30 p.m.

Office phone: 281-225-2786

If you require assistance, please contact Jennifer Northington at 281-852-1700 or at customercare@ciaservices.com.



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A Sense of Community

You are invited to attend Summer Creek Biz Com #36 as we celebrate the beginning of the 2017-2018 school year. This event will begin at 11 a.m. Thursday, September 14, 2017 and a complimentary lunch will be provided to all attendees.

Anticipated speakers and topics for that day include:

- Rodney Ellis, Precinct One Commissioner, who will discuss his vision for this area and the projects he is responsible for that affect our lives every day.
- Coach Brian Ford, SCHS Head Football Coach and Athletic Director, who will discuss the outlook for the current football season.
- Dr. Paul Lyle, Pastor of Summer Creek Baptist Church, who will discuss the 5th annual SCHS Tailgating event.
- Mr. Correa, Summer Creek High School Principal, who will share great news about the coming year.
- Other topics such as recent developments at Generation Park.

Optional Networking Session

Please plan to stay with us from noon to 12:30 p.m. as each attendee will have the opportunity to introduce themselves and/or their organization. As a courtesy, we ask that you limit your time to 30 seconds.

For more information or to reserve your spot, please see www.lakehouston.org/bizcom-groups, www.youtube.com/MyChamberChannel or contact the Summer Creek BizCom staff liaison, Johnston Farrow at 281-446-2128.

Don Gaddy

Summer Creek BizCom Chairman

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Summerwood Stingrays End Their Successful 2017 Season



Summerwood community, we are so grateful for your patience in accommodating another rewarding and constructive season for the Stingrays. Starting in April, the Summerwood Stingrays practiced Tuesday–Friday in the Summerwood Central Pool.

The Summerwood Stingrays swim team serves young swimmers in Summerwood and surrounding communities, ages 4–18, no matter the swimming ability.

This year we recruited Coach Craig Sikkema, who has been an athletic coach in the Houston area for over thirty years. In addition to Coach Craig, Andrew Escamilla, Alex Rosas, Brianna Watkins, Caleb Liles, and Sydney Weesner nurtured our youngest swimmers and motivated our older swimmers to strive for improvement every single practice.

Swimmers competed in NWAL dual meets and the divisional tournament during the regular summer swim season. Additionally, many Stingray swimmers qualified and competed in the Trinity Silver,

Trinity Gold, and Ponderosa tournaments. We are so proud of the progress of our swimmers.

The parent community for the Stingrays is nothing short of incredible, and the summer swim program could not exist without the army of parent volunteers needed to set up, run, and take down the equipment for the Saturday swim meets. Volunteers also work behind the scenes in entering times, writing names on ribbons, and even tracking the time improvements and distributing time improvement rewards for every single swimmer.

So thank you, Summerwood. Thank you for renting your pool to us for practices and swim meets. Thank you for being patient with the additional traffic and congestion during Saturday swim meets. Thank you to the parents and volunteers who generously gave resources and time to make this season a success. We hope to see many returning swimmers in April 2018 and to continue our relationship within the Summerwood community.



SUMMER CREEK HIGH SCHOOL 2017-2018 UPCOMING EVENTS

9TH ANNUAL SCHS BULLDOG CAMP

"Seize the Opportunity"

SCHS Cafeteria

Thursday, August 17, 2017

9:30 AM - 7:00 PM

1ST ANNUAL SCHS PUP CAMP

"Welcoming Our Freshmen into Summer Creek High School"

SCHS Performing Arts Center (PAC)

Thursday, August 24, 2017

3:30 PM - 5:00 PM

3RD ANNUAL BULLDOGS & HOTDOGS COMMUNITY CELEBRATION

"Meet and Greet SCHS Teachers and Staff"

SCHS Cafeteria

Thursday, August 24, 2017

5:00 PM - 7:00 PM

Log onto www.humbleisd.net/schs for more information

The Friends of the Atascocita Library: Used-Book Sale



The Friends of the Atascocita Library (FOAL) will hold a used-book sale Saturday, August 19, from 10 a.m. to 5 p.m., at the Atascocita Library, 19520 Pinehurst Trail Dr. Individuals with disabilities may shop from 9 a.m. to 10 a.m. that day. A preview sale for FOAL members is Friday, August 18, from 5 p.m. to 7 p.m., with memberships available at the door.

There is a large selection that includes teaching materials, children's books, fiction and nonfiction, hardbacks and paperbacks, 25¢ CDs and magazines, and much more. Most books are priced at \$0.50–\$1 each, and FOAL reusable book bags are available for \$3. Donations of used books and magazines are welcome any time during regular library hours. Please, no wheeled carts or strollers due to space limitations.

Visit www.hcpl.net for library hours and www.foal.ws for more information, or email contact@foal.ws. All proceeds benefit the Atascocita Library.

Vet Talk: Advice from the Summerwood Veterinarian



Q: Are there any human foods that are OK to feed my dog?

A: That is a loaded question for veterinarians. I personally have a strict “no-people-food policy” at my house for my dogs. I see dogs every week whose owners have given them food from the table, resulting in the owner having to make a veterinary appointment because their dog is vomiting, having diarrhea, or both.

It is confusing since there are some dogs in this world who can seemingly eat anything and not get an upset stomach, and then others whose owners just switch dog food and the dogs get tremendous stomach upsets as a result. Today we are fortunate to have very nutritious and well-balanced dog foods. I feel that many of our canine companions probably eat healthier than their humans do. So when they are offered people food, that can upset the balance of their good nutrition.

There are certainly many human foods that should not be fed to dogs because they can be toxic: chocolate, grapes, raisins, onions, sugar-free gum, etc. Also, many foods such as bones, nuts, seeds, hot peppers, etc., can have a very irritating effect—or worse—on a dog’s gastrointestinal tract. There are definitely homemade diets for dogs that can be complete and nutritious, though. Paying close attention to ingredients and keeping a dog’s diet consistent is key in avoiding many gastrointestinal upsets.

Dr. Susan McCann

Summerwood Veterinary Clinic



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Feeling Sick and Not Sure What to Do? Call the Free 24/7 Nurse Health Line

Summer is a busy season for all families. Between swimming, summer camp, sports practices, and vacations, kids are always on the go. With such active lifestyles, kids can encounter infections, viruses, and injuries along the way. Sometimes it can be difficult to know when to take your child to the doctor's office or to the ER. Houston-area families have a solution: access to a 24-hour Nurse Health Line that is operated by Memorial Hermann Health System. Staffed by experienced registered nurses, the Nurse Health Line can answer your healthcare questions and help you choose the most appropriate place to get care. And the service is free!

Anyone in Texas can call the Nurse Health Line, regardless of healthcare provider, primary care provider, or insurance status. Bilingual staff members and interpreters of most languages are available 24/7 to answer calls about health concerns for ages one and up.

When you call the Nurse Health Line, the nurses use their training and experience to conduct assessments by phone. They help callers with health concerns and assist them in choosing the right kind of care for themselves or their families. Nurse recommendations include

having callers heal at home, set appointments with primary care physicians, or seek care from urgent care clinics or ERs.

As Kimber Molke, Nurse Health Line director, explains, "When patients call us, nurses ask a series of questions that allow them to make recommendations, such as 'You can care for this at home, this is how you take care of it, and call back if you have any further problems.'" Molke goes on to add that the Nurse Health Line offers "that peace of mind that you're doing what's right for you or your family."

The Nurse Health Line aims at directing patients to the right care at the appropriate places. Following the call, "Community health workers can connect patients to low-cost clinics and pharmacies that will work with them in their areas," Molke said. "Another goal is to connect patients to medical homes, where they can receive ongoing care and not rely on the ER as their primary medical care facility."

Community Health workers refer callers to clinics based on their needs and perform follow-up calls to see if the patients followed the nurses' recommendations and ask how they would rate the service

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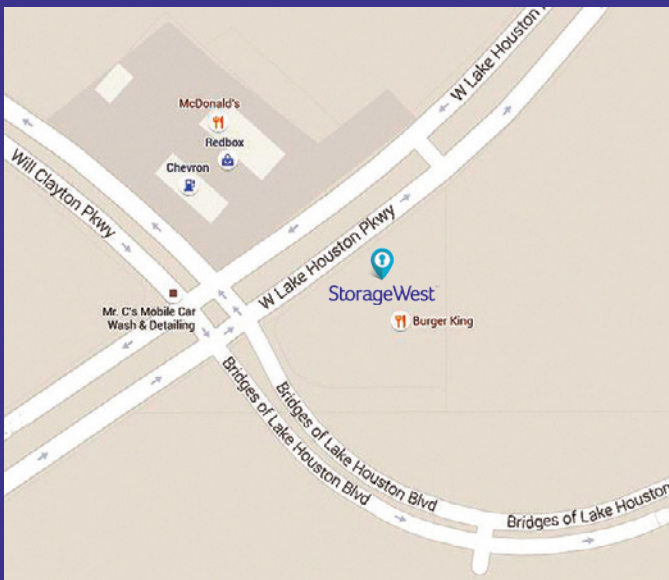
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provided. Handling over 5,000 calls a month, the Nurse Health Line addresses health questions ranging from abdominal pain to pregnancy and from fevers to vomiting.

“Our goal for those with a fever is to help them know how much fever-reducing medicine their child can have and offer other suggestions on ways to reduce the temperature,” Molke said.

If your family has a health concern and you’re not sure what to do, call the free Nurse Health Line at 713-338-7979 or toll-free at 1-855-577-7979.

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Tips & Tricks to Prepare for Back to School

Schedule doctor's visits, physicals and make sure all vaccinations are current.

Sort through clothes and donate anything that no longer fits.

Purchase wardrobe, backpacks, lunchboxes and supplies.

Reinstate the school year bedtime routines early.

Stock up on non-perishable items, napkins, sandwich bags, dry snacks, etc.

Make a schedule on a family calendar with any school events and holidays.

Make a lunch plan for the first week and grocery shop.

Make sure the camera is full charged and grab your tissues for the first day back!



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