



CYPRESS MILL *Chronicle*

NEWS FOR THE RESIDENTS OF CYPRESS MILL

September 2017

Volume 17, Issue 9

4th Annual Shots for Holly Flu Season Kickoff Party

The Shots for Holly crew is gearing up for the 4th annual Flu Season Kickoff Party, set for Sept. 9 at The Shack, 12710 Telge Road in Cypress.

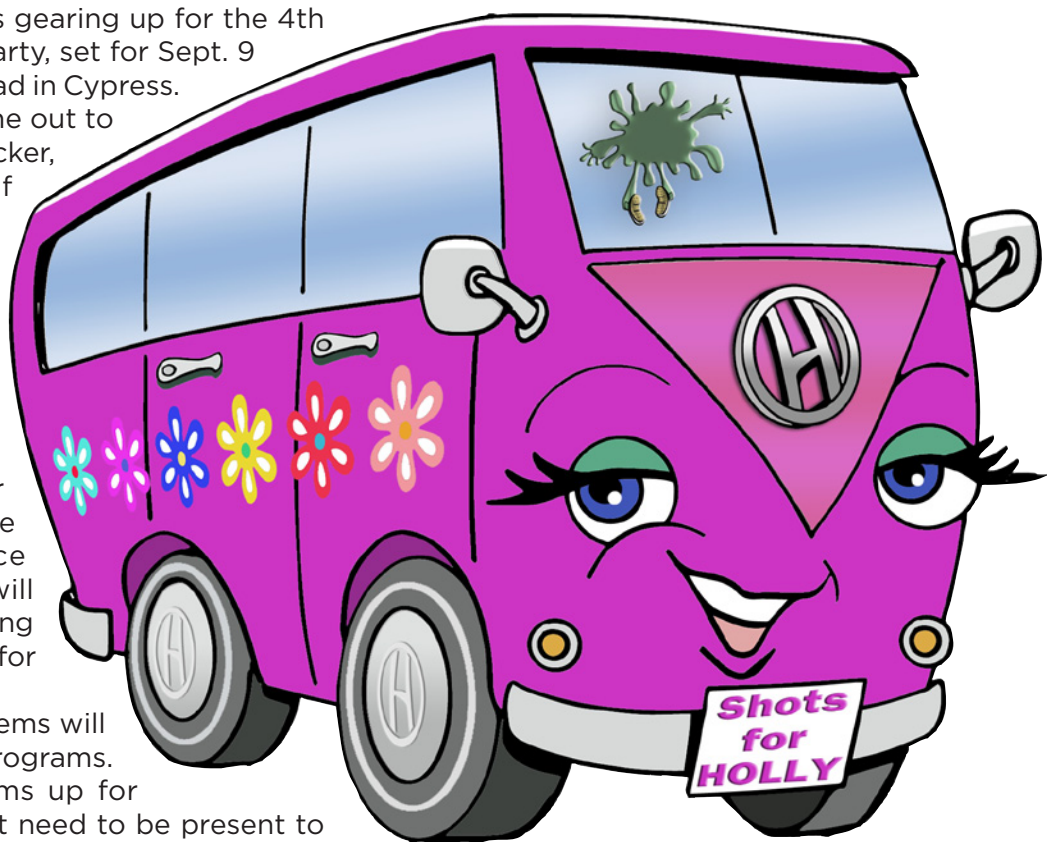
"We want to invite everyone out to join us," said Dr. Michelle Becker, founder and president of Shots for Holly. "We'll be there from 11 to 2. We'll have information about the flu, prevention and inoculations, as well as our infamous bus for picture-taking, raffle items and games.

"One of our clinic partners will be there to administer the flu shots. And, we're super excited to announce that the band Soul Shine will be with us that day, providing a backdrop of great music for our festivities."

Proceeds from the raffle items will fund ongoing educational programs.

"We will have several items up for grabs in our raffle. You don't need to be present to win," Becker said. "Check our Facebook page and website for details on how you can purchase tickets for a wagon loaded up with party supplies, as well as a grill, and other fun items."

Each year, approximately 50,000 people die of flu-related complications, according to the Center for Disease Control. Deaths among young people 29-45 are on the rise.



"Thanks to our supporters, in the last three years, we have raised more than \$70,000, facilitated over 700 flu shots, traveled over 4000 miles in our bus, and made over 50 appearances at medical facilities and health expos to raise flu awareness," Becker said.

CYPRESS MILL

Important Numbers

Robison Elementary	281-213-1700
Spillane Middle School.....	281-213-1645
Cy-Fair High School	281-897-4600
Cy-Woods High School.....	281-213-1919
Constable Ron Hickman, (24 Hour Emergency)	281-376-3472
Centerpoint Energy Gas.....	713-659-2111
Centerpoint Emergency Gas Leaks.....	713-659-3552
CenterPoint Energy.....	713-207-2222
Poison Control Center	800-764-7661
Cypress Mill M.U.D. #1	281-374-8989
AT&T Repair Center	800-246-8464
Street Light Outages.....	713-207-2222
Comcast Cable.....	713-341-1000
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Principal Management	713-329-7100
Pipeline Company	281-925-3816
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Harris County Road and Bridge.....281-463-6300

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Newsletter Deadline

The deadline for the newsletters is the 9th of each month.

Please email articles to: cypressmill@peelinc.com

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Cypress 5K Fun Run and Puppy Parade

Submitted by Tracy Williams



Cypress and Houston area residents can strengthen their families, their bodies, their neighborhood school, and their dogs at a very fun family friendly event this fall. Cypress 5K Fun Run and Puppy Parade benefiting the Performing Arts Department at Spillane Middle School will take place Saturday, November 18th at 9:00 a.m. at Spillane Middle School, 13403 Spillane Woods Blvd.

The event is the school's fourth annual Fun Run, and will feature a timed run. You don't have to be a competitive runner to participate since the race also features a family run for those pushing strollers or wanting to walk, and a dog walking segment. The race will begin at Spillane Middle School, and go through the Coles Crossing neighborhood. Medals will be awarded in multiple age brackets, and to the first three dogs who cross the finish line.

While generating funds to support the school's award-winning Performing Arts programs is one goal of this run, event organizers want to strengthen the school's ties to the community as well as encourage community spirit and fitness. The race has become an annual tradition for many, and provides the opportunity to run, walk, bond with, and support family, friends, and neighbors. Last year's run had over 900 participants, and was a great success.

Early bird registration runs August 20 through October 28 for \$30 per individual or \$100 for a family of four, and includes a commemorative T-shirt. From Oct. 29 Nov. 11th registration increases to \$35 per individual or \$110 for a family of four, and a T-shirt is not guaranteed. Late registration, which continues until race day, is \$40 per individual or \$160 for a family of four, and does not include the shirt.

Returning this year will be the option to "Sleep in for the Arts." Pay the registration fee. Do not participate on Race Day. Get a t-shirt!

Runners who have pre-registered can pick up their packets Thursday, November 16th at Spillane Middle School.

To register or for more information, visit the Cypress 5K Fun Run & Puppy Parade website at <https://thedriven.net/cypress5k>.

Buddy Holly Comes to Cypress!



Cypress Woods Theatre Company season starts with "BUDDY: The Buddy Holly Story."

This award-winning musical celebrates the life of the singer-songwriter Buddy Holly who shot to stardom in the 1950's. This is the first time a high school in Texas has performed this show- especially significant

since Buddy Holly was a native himself.

Musical numbers include "La Bamba", "Peggy Sue", "Shout", "That'll be the Day!"

The show is at Cypress Woods High School auditorium, Friday Sept 15th at 7pm, Saturday Sept 16th at 2pm and 7pm, and Monday Sept 18th at 7pm. It is rated PG-13

Tickets are available online at showtix4u.com and at the door. Sit back, relax, and enjoy a night of entertainment.

INTRODUCING

"Get To Know Your Neighbors"

We are all very fortunate to call Cypress Mill home. But, Cypress Mill is more than just a place to live; it is a vibrant community brimming with family-friendly neighborhoods, chock-full of fascinating, talented people. Our variety is what makes us so both unique and extraordinary. However, sometimes, we get so busy, we lose sight of how interesting and diverse we've become. We believe that getting to know the people who live nearby will help us create a sense of belonging and shared identity. We have created a column entitled, "Get to Know Your Neighbors" which we hope will strengthen connections, build trust in our wider community, and contribute to a happier neighborhood for everyone.

If you know of a person or a family that you believe is making Cypress Mill a better place to live, please let us know. We would like to introduce them to your neighbors.

Join us for a
Teddy Bear Tea
Monday, September 11 from 2-4 pm
Drop off NEW teddy bears to be donated to local first responder organizations (Police and Fire). The teddy bears will be given to children to comfort them during their time of need.

A photograph of a young girl with long brown hair, wearing a pink sweater and a white scarf, holding a glass of tea next to a large brown teddy bear.

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Triathlon, Duathlon, & Aqua Bike

FAIRFIELD

Sunday October 22, 2017

Benefitting Our Charities: JDRC, OMS Life & Teddy Bear Drive, Team Tiara, Phred's Place, & Gulf Coast Lupus Foundation

Location: Fairfield Athletic Club, 16055 Mason Road, 290/Mason

Check-In: 5:30 am; Race Starts: 7:15 am

Awards/Prize Drawings 10:00 am

Registration Individual \$85, Relays \$155 per team

\$105 VIP (Registration limited to 1st 200)

New this year, VIP Pricing Includes:

- Custom Headsweats Visor, or Cap
- Custom Socks
- VIP Hot Meal
- VIP Parking
- VIP Packet Pick-up

Register Early
Save \$\$\$

	SWIM	RUN	BIKE	RUN
TRIATHLON	300 Meters		10 Miles	5K
DUATHLON	NO SWIM	1 Mile	10 Miles	5K
AQUA BIKE	300 Meters		10 Miles	NO RUN

Individual divisions by age and relay team entries (Men, Women and Youth)
To Register <https://enduranceui.active.com/event-reg/select-race?e=45006552>
Swim, Bike & Transition Clinics available for \$15 each or all 3 clinics for \$40
Clinics Oct. 1, 8, & 15 at 2 pm Certified coaches take your race to the next level!

RSVP for Clinics to reserve your spot!

To sponsor, volunteer or for information, FAIRFIELDTRIATHLON.ORG

Email: mbyrne9961@aol.com or call (832)594-7656

KIDS TRIATHLON



FAIRFIELD

Saturday October 21, 2017



Location: Fairfield Athletic Club, 16055 Mason Road, 290/Mason

Check-In: 5:30 am; Race Starts: 7:15 am

Awards/Prize Drawings 10:00am

Registration Fee-\$40 \$50 VIP (Registration limited to 1st 250)

VIP Pricing Includes:

- Custom Socks
- VIP Hot Meal
- VIP Parking
- VIP Packet Pick-up

Register Early
Save \$\$\$

	SWIM	BIKE	RUN
5 - 6 yrs	25 meters	1 mile	½ mile
7 - 11 yrs	50 meters	2 miles	¾ mile
12 - 14 yrs	100 meters	3 miles	1 mile

Calling all Kids! Come and enjoy a Fun Family Event

supporting our charities: JDRC, OMS Life and Teddy Bear Drive, Phred's Place, Gulf Coast Lupus Foundation, and Team Tiara

To Register or to view bike & run routes:

Fairfieldtriathlon.org

<https://enduranceui.active.com/event-reg/select-race?e=45006552>

Hours: M, Th, F: 9-6 • Tues, Wed: 8-7 • Sat: 9-3 Use your HSA or Flex Accounts

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Albion Hurricanes

Technical Development Indoor Soccer Program (TDIS) will be held on Monday evening's from 5:00 - 6:00 PM. The objective is to further the technical skills of each player through innovative drills, guided discovery exercises and fun and challenging game play. This program is open to all players regardless of club affiliation.

All sessions will be held at Dynamic Indoor Soccer, 20212 Franz Road, Katy TX 77449 for nine weeks.

AGE GROUP: (BOYS & GIRLS) U8 - U10

DATES Fall 2017 Option 1:

August 7, 14, 21, 28

September 4, 11, 18, 25

October 2

COST: \$200

For further information please contact Eliel Pierre:

epierre@albionhurricanes.org

Cy Fair Isd Club Rewind

CFISD's before- and after-school care program, Club Rewind, is now enrolling elementary and middle school students for the 2017-2018 school year.

The fun-filled program gives the benefit of being in a familiar area without being transported to a daycare center. Children remain with their friends and are able to build relationships with varying age groups from their campus, increasing the "family atmosphere" within the school. Club Rewind has access to different areas of the campus to create the ideal environment for each activity.

Revenue generated from Club Rewind is reinvested back into the children of Cypress-Fairbanks ISD. Tuition rates for combination before/after-school care begin at \$310/month with discounts for siblings, students who qualify for reduced or free lunch and varying rates for before only or after-school only services.

Visit www.cfsd.net/clubrewind for more information or register at cpo.cfsd.net.

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Monarchs and OE

The protozoan parasite *Ophryocystis elektroscirrha* (OE) infects monarch and queen butterflies. It is an obligate parasite and requires a host to live within and to grow and multiply. It was first discovered in the 1960's infecting monarchs in Florida. Since then, it's been found in monarch populations across the world. It is thought that the parasite has co-evolved with monarchs.

There are three major populations of monarchs in the United States- one east of the Rocky Mountains that winters in Central Mexico and migrate north into the US and Canada; another west of the Rocky mountains that overwinters on the coast of California; the third population are non-migratory and can breed year round in areas such as Florida, Texas and Hawaii. All three populations are infected with OE.

Monarchs infected with OE will have spores wedged between the scales on their body, with the greatest concentration usually occurring on the abdomen. The spores are very small and require a microscope to see.

Female monarchs pass OE spores onto their offspring when they lay eggs. When caterpillars emerge from the egg, they eat the egg shell ingesting the spores. When spores reach the midgut of the insect, they break open and release protozoan parasites. The protozoans move through the gut lining to the epidermis where they reproduce asexually (divides multiple times increasing the number of protozoans). In the butterfly chrysalis stage, the protozoans go through sexual reproduction (again increasing the number of protozoans). Spores form so the emerging butterfly is covered in spores. Spores can also be scattered onto milkweed from butterflies laying eggs or feeding on nectar. Spores on the milkweed can be consumed by caterpillars as they eat foliage.

Once butterflies are infected, they do not recover. OE does not grow or reproduce on the adults; spores remain dormant until they are ingested by a caterpillar.

Infected pupae have dark blotches 2-3 days before emergence. Adults that are heavily infected often have problems emerging from the chrysalis and some may die before emerging. Others that do emerge may fall to the ground before their wings are expanded leading to them dying quickly. Many infected monarchs look healthy, so the only way to determine infection is by looking for spores.

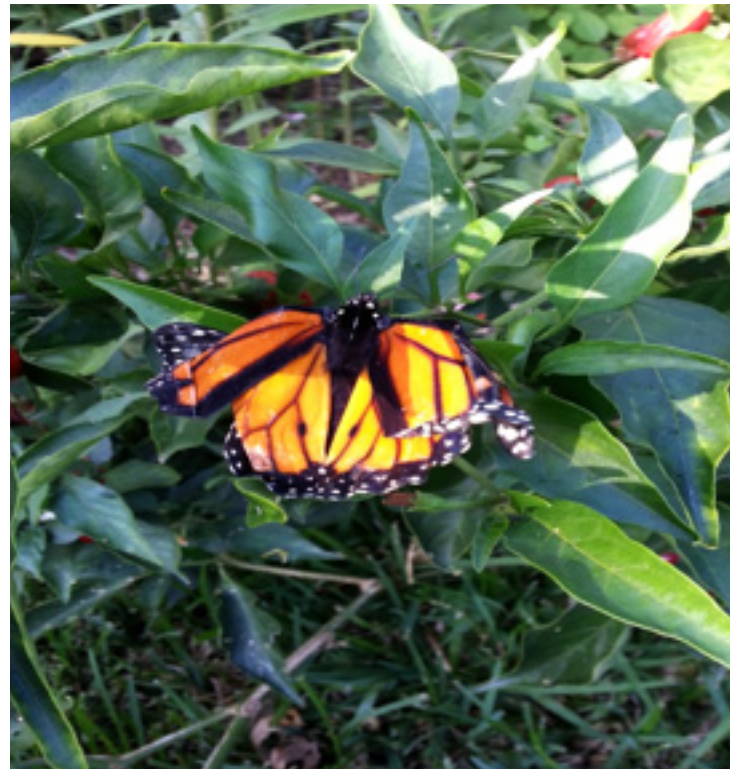
What can you do? Check monarchs for spores and destroy any you find that are infected. I know this seems harsh, but infected monarchs further spread the protozoa and kill more butterflies in later generations. Cut down milkweed several times per year to get rid of any possible spores that may be on the plants and to encourage new, healthy growth.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at

512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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Cypress Mill Year-to-Date Sales Report

	Oct '16	Nov '16	Dec '16	Jan '17	Feb '17	Mar '17	Apr '17	May '17	Jun '17	Jul '17
\$201,000 and above	1	3	4	0	3	3	2	4	3	1
\$176,000--\$200,999	2	0	2	1	1	1	1	4	7	3
\$151,000--\$175,999	0	1	2	0	1	1	1	0	3	0
\$141,000--\$150,999	0	0	0	0	0	0	0	0	0	0
\$121,000--\$140,999	0	0	0	0	0	0	0	0	0	0
\$101,000--\$120,999	0	0	0	0	0	0	0	0	0	0
\$100,000 and below	0	0	0	0	0	0	0	0	0	0
Total	3	4	8	1	5	5	4	8	13	4
Highest \$/sq ft	\$102.58	\$107.78	\$119.26	\$97.55	\$102.65	\$119.58	\$100.83	\$113.13	\$136.00	\$108.58

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