

NORMANDY FOREST



September 2017

Official Publication of the Normandy Forest Homeowners Association

Volume 6, Issue 9



NORMANDY FOREST

NORMANDY FOREST COMMITTEES

THE ARCHITECTURAL COMMITTEE

Brian Badger 281-353-1972
Cecil Mixon 832-663-5200
Mark Lawson 281-651-8034

The Association has an active Architectural Control Committee that approves or denies all construction and any improvements. You may request an ACC form by contacting Chaparral Management 281-537-0957 or the association website. Please keep in mind that the Association has thirty days (30 days) to approve or disapprove any ACC and verbal approvals or disapprovals are not given.

SECURITY COMMITTEE

In the event of an emergency please call "911" or for Precinct 4 please program your cell phone with the number below.

Precinct 4 281-376-3472
Paul Diaz 281-651-8606

POOL MAINTENANCE & LIFEGUARDS

Jeffery King 281-655-8675

CLUBHOUSE RENTALS

Chaparral Management / Valerie Overbeck 281-537-0957

MAINTENANCE COMMITTEE

John Nemec 281-651-8606 | jnemec@normandyforest.org
Paul Diaz 281-687-2045

POOL TAG COMMITTEE

Lindsey McPherson 713-898-9878
Chaparral Management 281-537-0957

BLOCK CAPTAIN

Sherri Cabrera 512-709-8476

IMPORTANT CONTACTS

BOARD OF DIRECTORS

John Nemec | President 281-651-8606
Paul Diaz | Vice President 281-687-2045
Judy Doll | Secretary 281-528-9110
Lindsey McPherson | Treasurer 713-898-9878
Jim Norris | Director at Large 281-924-5828

BALLPARK RESERVATIONS

John Nemec | Coordinator 281-651-8606

COMMUNITY SERVICES

Gas | Centerpoint Energy 713-659-2111
Call Centerpoint for street light repair or outages
Electric | Reliant Energy 713-207-7777
Phone | AT&T www.att.com
MUD #28 Meet 4th Tuesday of the Month @ 6:30pm
Hayes Utility South (Water & Sewer) 281-353-9756
Trash | Republic Waste 281-446-2030
Heavy Trash 2nd Friday of the Month
Fire Department | Spring VFD 281-355-1266
County Commissioner | Jack Cagle 713-755-6444

MANAGEMENT COMPANY

Chaparral Management Company, AAMC
6630 Cypresswood Suite 100 | Spring, Texas 77379
281-537-0957 phone | 281-537-0312 fax
Valerie Overbeck | Association Manager
voverbeck@chaparralmanagement.com

OFFICE HOURS

9am to 5pm | closed for lunch 12:30 to 1:15 pm

NEWSLETTER INFO

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PUBLISHER

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ESSENTIAL BACK TO SCHOOL TIPS FOR PARENTS

Summer is ending and parents are spending time preparing their children to go back to school. New school supplies, haircuts and new clothes all play into the back to school routine. Below are eight ways to get this new school year off to a great start.

1. A week or two in advance set up a bedtime and wake up routine. This way, by the time school bells ring your children will be on the right sleeping and waking schedule.
2. Know your child's teachers. There will be orientations, open houses, and meet and greet at the beginning of the school year. Try and connect one-on-one or send an introductory email to the teacher that includes how you can help out during the year.
3. Plan healthy snacks and lunches. It is better to plan, the night before, what your child will take for lunch and snacks. Pack protein-rich foods, fruits, veggies to ensure your child has the energy to make it through the day.
4. Organize clothing. Take the time to carefully organize what clothing your child can wear. Donate unused and outgrown clothing.
5. Set up an area just for storing everything related to school. Include backpacks, outfits, and event calendar. Try and keep non related items and clutter out of this area so you can find what you need quickly.
6. Update all medical records. Be sure your child is up to date with shots and a physical exam. Teachers and administrators should have a record of medications and allergies. Be sure all emergency contacts are up to date.
7. Speak about bullying to your children. One in three kids are bullied at some point in their lives and it is increasing in our digital world. Make sure your kids know how to treat their peers and when to speak up if they or someone else is being bullied. They should also know to go to a parent or teacher for support.
8. Ask your children if they have any concerns. Starting a new school year is exciting, but also can bring anxiety. Speak to your children and ask if they are worried about anything. Help them express any concerns and help work them out issues in advance of school starting so they won't have a bumpy start.

Welcome Neighbors!

Judith Gott

Alan and Danielle
Rodriguez



VISIT THE 2017 ST. MARY'S FALL GIFT MARKET!



On Friday, September 29 and Saturday, September 30 from 9 a.m. to 4 p.m., St. Mary's Episcopal Church is hosting its 12th annual

Fall Gift Market. This is the ideal event to kick off your holiday shopping and decorating! The convenient location at the church on Louetta Road and N. Eldridge Parkway makes it easy to shop the selection of unique jewelry, home decor, creative toys, handcrafted gifts, collectibles, pottery, candles and trendy clothing for ladies and children. The Fall Gift Market also features The Tea Room offering the famous taco soup, sandwiches, desserts and homemade baked goods, plus the Silent Auction benefiting church-affiliated projects and outreach. For more information, please visit stmaryscypress.org, or call Michelle at 832-559-8726.

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NORMANDY FOREST

TEXAS A&M
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EXTENSION

Monarchs and OE

The protozoan parasite *Ophryocystis elektroscirrha* (OE) infects monarch and queen butterflies. It is an obligate parasite and requires a host to live within and to grow and multiply. It was first discovered in the 1960's infecting monarchs in Florida. Since then, it's been found in monarch populations across the world. It is thought that the parasite has co-evolved with monarchs.

There are three major populations of monarchs in the United States- one east of the Rocky Mountains that winters in Central Mexico and migrate north into the US and Canada; another west of the Rocky mountains that overwinters on the coast of California; the third population are non-migratory and can breed year round in areas such as Florida, Texas and Hawaii. All three populations are infected with OE.

Monarchs infected with OE will have spores wedged between the scales on their body, with the greatest concentration usually occurring on the abdomen. The spores are very small and require a microscope to see.

Female monarchs pass OE spores onto their offspring when they lay eggs. When caterpillars emerge from the egg, they eat the egg shell ingesting the spores. When spores reach the midgut of the insect, they break open and release protozoan parasites. The protozoans move through the gut lining to the epidermis where they reproduce asexually (divides multiple times increasing the number of protozoans). In the butterfly chrysalis stage, the protozoans go through sexual reproduction (again increasing the number of protozoans). Spores form so the emerging butterfly is covered in spores. Spores can also be scattered onto milkweed from butterflies laying eggs or feeding on nectar. Spores on the milkweed can be consumed by caterpillars as they eat foliage.

Once butterflies are infected, they do not recover. OE does not grow or reproduce on the adults; spores remain dormant until they are ingested by a caterpillar.

Infected pupae have dark blotches 2-3 days before emergence. Adults that are heavily infected often have problems emerging from the chrysalis and some may die before emerging. Others that do emerge may fall to the ground before their wings are expanded leading to them dying quickly. Many infected monarchs look healthy, so the only way to determine infection is by looking for spores.

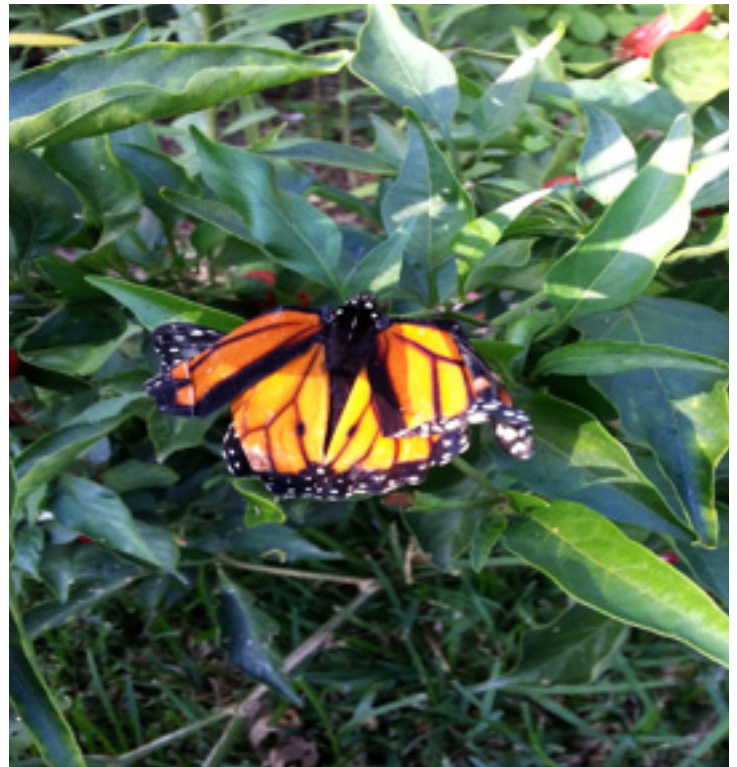
What can you do? Check monarchs for spores and destroy any you find that are infected. I know this seems harsh, but infected monarchs further spread the protozoa and kill more butterflies in later generations. Cut down milkweed several times per year to get rid of any possible spores that may be on the plants and to encourage new, healthy growth.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at

512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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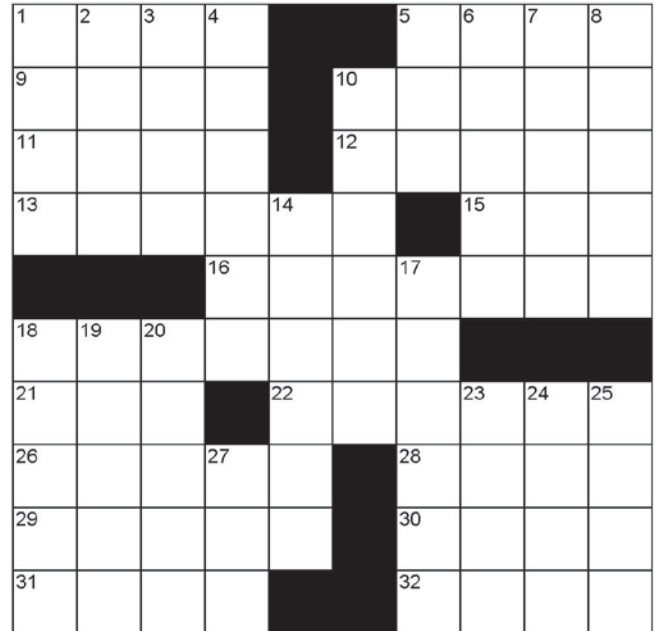
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6. Leafy Greens
7. Low Fat or Nonfat Yogurt

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8. Watermelon
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10. Leafy Greens



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ACROSS

1. Squeeze
5. Lovers
9. Women's magazine
10. Special case only (2 wds.)
11. Lemony
12. Passes at the bull
13. Of this
15. Feign
16. Long scoldings
18. Tutee
21. To be
22. Band instrument
26. ___ cotta (clay)
28. Too
29. Append (2 wds.)
30. Worker
31. Honker
32. University (abbr.)

DOWN

1. Fit together
2. Healing plant
3. Speak indistinctly
4. To this document
5. Food and drug administration (abbr.)
6. Leading
7. Time being
8. Beats it!
10. Wrangle
14. What the Tin Man needed
17. Naval fleet
18. Devil
19. Doctrine
20. Tends sheep
23. Group of nations
24. Afloat
25. Noble
27. Fish eggs

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DUE: September 30th

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