

October 2017

NEWS FOR THE RESIDENTS OF CYPRESS CREEK LAKES

Volume 6, Issue 10

# CYRANCH THEATRE PRESENTS HAIRSPRAY

The award winning CyRanchTheatre Company Presents HAIRSPRAY winner of multiple Tony Awards, November 9-12th Tickets on sale www. cyranchtheatre.org

Hairspray is an American musical with music by Marc Shaiman, lyrics by Scott Wittman and Shaiman and a book by Mark O'Donnell and Thomas Meehan, based on the 1988 John Waters film Hairspray. The songs include 1960s-style dance music and "downtown" rhythm and blues. In 1962 Baltimore, Maryland, plump teenager Tracy Turnblad's dream is to dance on The Corny Collins Show, a local TV dance program based on the real-life Buddy Deane Show.[1]



When Tracy wins a role on the show, she becomes a celebrity overnight, and meets a colorful array of characters, leading to social change as Tracy campaigns for the show's integration. In 2003 it won eight Tony Awards, including one for Best Musical, out of 13 nominations. It ran for 2,642 performances, and closed on January 4, 2009.[2] Hairspray has also had national tours, a London West End production, and numerous foreign productions and was adapted as a 2007 musical film. The London production was nominated for a record-setting eleven Laurence Olivier Awards, winning four including Best New Musical.

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# Breast Cancer Awareness Month

October is breast cancer awareness month, and physicians affiliated with Memorial Hermann Cypress Hospital say it's a great reminder for women to schedule their annual mammography.

"I chose to go into medicine after a close family member passed away from breast cancer at a young age. That's why I encourage all my patients to have an annual mammography beginning at age 40," says Iyabode M. Ogunlade, M.D., an OB-GYN affiliated with Memorial Hermann Cypress.

Symptoms of breast cancer include any lump, thickening, or swelling in the breast or armpit, pain in the breast, or change in size or shape of the nipple. However, the American Cancer Society says many women don't experience any symptoms.

"The key to successfully treating breast cancer is detecting the cancer early. That's why having your annual mammography is so important," says Dr. Ogunlade. "There are also several types of mammograms, including 3-D mammograms, so make sure you speak with a physician about the different screening methods to determine which is right for you."

MD Anderson Breast Care with Memorial Hermann- Cypress combines the convenience and advanced technologies of Memorial Hermann's breast care centers with interpretation and consultation provided by expert radiologists from MD Anderson. This innovative partnership ensures the high quality, safe imaging and expert reading that are critical for precise diagnosis, effective treatment and followup for breast cancer patients. MD Anderson Breast Care with Memorial Hermann- Cypress offers 3-D mammography (breast tomosynthesis), breast MRI, breast MRI biopsies, breast ultrasound, stereotactic breast biopsies, and ultrasound biopsies. All of these advanced technologies are conveniently offered close to home for Cypress area residents, and appointments can be scheduled by calling 346.231.6950.

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## Cypress 5K Fun Run and Puppy Parade

Submitted by Tracy Williams

Cypress and Houston area residents can strengthen their families, their bodies, their neighborhood school, and their dogs at a very fun family friendly event this fall. Cypress 5K Fun Run and Puppy Parade benefiting the Performing Arts Department at Spillane Middle School will take place Saturday, November 18th at 9:00 a.m. at Spillane Middle School, 13403 Spillane Woods Blvd.

The event is the school's fourth annual Fun Run, and will feature a timed run. You don't have to be a competitive runner to participate since the race also features a family run for those pushing strollers or wanting to walk, and a dog walking segment. The race will begin at Spillane Middle School, and go through the Coles Crossing neighborhood. Medals will be awarded in multiple age brackets, and to the first three dogs who cross the finish line.

While generating funds to support the school's award-winning Performing Arts programs is one goal of this run, event organizers want to strengthen the school's ties to the community as well as encourage community spirit and fitness. The race has become an annual tradition for many, and provides the opportunity to run, walk, bond with, and support family, friends, and neighbors. Last year's run had over 900 participants, and was a great success.

Early bird registration runs August 20 through October 28 for \$30 per individual or \$100 for a family of four, and includes a commemorative T-shirt. From Oct. 29 Nov. 11th registration increases to \$35 per individual or \$110 for a family of four, and a T-shirt is not guaranteed. Late registration, which continues until race day, is \$40 per individual or \$160 for a family of four, and does not include the shirt.

Returning this year will be the option to "Sleep in for the Arts." Pay the registration fee. Do not participate on Race Day. Get a t-shirt!

Runners who have pre-registered can pick up their packets Thursday, November 16th at Spillane Middle School.

To register or for more information, visit the Cypress 5K Fun Run & Puppy Parade website at https://thedriven.net/cypress5k.







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## Free Memoir Writing Workshop

Cypress Historical Society at Cypress Top Historic Park running through October and November from 10:30 AM to 12:00 PM.

Everyone has a story, and everyone has memories. Some of them are good. Others are not so good. But, all of them are valuable. This workshop is about preserving your family history, one memory at a time. With the help of your teacher, coach and mentor you will learn to jar those faded memories loose, then compose, organize, preserve and share them electronically for future generations.

"If we know where we came from, we may better know where to go. If we know who we came from, we may better understand who we are." Anonymous

Jackie Devine loves working with active writers and people who have never tried to write! She says, "The 'creative process' is a place where we delve into our truest selves and make a difference." This course will help you understand the memoir writing process: story structure, scenes, dialogue, character development, tone, and voice. You'll learn that you are creating a legacy. If desired, stories will be recorded and saved online where family and friends can enjoy them for years to come.

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# **Shadow Oaks Fall Futsal League**

Development at a young age is vital to a player's growth. Our goal is to create technically sound players who are individually more skilled than their opponents. AHFC is launching the Shadow Oaks Futsal League. (Shadow Oaks: 10502 Westview Drive Houston Texas United States 77043). This new league provides a platform for players to express their creativity and put their skills to the test.

#### **Divisions:**

U10 Boys U10 Girls U8/9 Boys

U8/9 Girls

Registration: \$250 per team (8 player maximum).

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\*\*\* Non AHFC players welcome per
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# ATEXAS A&M GRILIFE EXTENSION FLOODWATER MOSQUITOES

If you've been outside lately, you have most likely noticed the giant mosquitoes that seem to want to pick people up and carry them off. With recent weather conditions, floodwater mosquitoes have emerged in large numbers.

Floodwater mosquitoes lay their eggs above the water line in ponds, ditches, pastures, or other places where water collects. The eggs can remain in dry areas and when these areas are flooded the eggs hatch, leading to swarms of hungry mosquitoes. These mosquitoes are larger than mosquitoes we are used to and can swarm in high numbers.

While floodwater mosquitoes won't last forever, other mosquitoes called container breeding mosquitoes emerge when floodwaters begin to recede. Many of these species are ones that we are used to seeing around our homes.

Many things can help to reduce mosquito problems around the home. Eliminate all sources of standing water. Containers such as watering cans, buckets and bottles can turn into mosquito breeding grounds. Water should be drained from birdbaths, gutters, flowerpots and pet dishes at least once a week. Children's wading pools should be emptied of water at least once a week and stored so they cannot collect water when not in use. Tree holes should be filled in with sand or mortar, or drained after each rain. Leaky faucets and pipes located outside should be repaired.

Areas that cannot be drained, such as ponds or large rain collection systems, can be stocked with mosquito fish that eat mosquito larvae. Dunks can also be used in these areas. Dunks are a small, donut-shaped product that contains Bacillus thuringiensis var. israeliensis. The donut disrupts the life cycle of the mosquito and is non-toxic to humans, amphibians and fish.

When outside, wear loose-fitting, light colored clothing with long sleeves & long pants. Repellants containing active ingredients such as DEET, Picaridin, IR3535, or oil of lemon eucalyptus can be effective to keep mosquitoes from biting when activities cannot be rescheduled.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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### Albion Hurricanes

AHFC Premier GK Program will be held on Friday evening's . Our objectives are to further aid our current goalkeepers' development, and to develop any prospective goalkeepers.

\*\*\* Non AHFC players welcome per League, Club, Associations Rules\*\*\*

Block 2 training will run on a pattern where keepers will train for two weeks, have one week off, followed by two weeks of training to complete the block. Our second block of training will run slightly different due to prior engagements with our coaching staff.

All sessions will be held at Campbell Road Sports Park (CRSP 3601 Campbell Rd.).

U11 - U14 6:00 - 7:00PM

U15 - U18 7:30 - 8:30PM

Fall Training Block 2:

October 13, 20

November 3, 10

Cost: \$120

To Register visit www. albionhurricanes.org



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Cypress Creek Lakes Year-to-Date Sales Report											
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\$451,000\$499,999	2	1	1	4	5	0	5	0	4	1	
\$351,000\$450,999	3	3	2	1	9	5	7	4	6	8	
\$276,000\$350,999	3	4	2	1	2	4	11	2	8	2	
\$231,000\$275,999	3	1	2	4	9	3	5	1	4	2	
\$201,000\$230,999	0	0	0	0	3	0	0	0	0	0	
\$200,999 and below	0	0	0	0	0	0	0	0	0	0	
Total	12	11	9	10	31	14	30	10	24	14	
Highest \$/sq ft	\$112.77	\$115.35	\$127.91	\$128.31	\$144.29	\$150.66	\$140.26	\$152.22	\$150.30	\$128.47	

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