

Canyon Creek

CHRONICLE

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26th ANNUAL ALZHEIMER'S TEXAS WALK

OCTOBER 7th @ CAMP MABRY



9/15/17 – This year marks the 26th Annual Alzheimer's Walk for support, care, and research hosted by Alzheimer's Texas. The walk will be held on the morning of October 7 at Camp Mabry in Austin, Texas. Alzheimer's Texas, a local nonprofit organization serving Central Texas for 35 years, separated from the National Alzheimer's Association in

January 2016. As a result, 100% of the funds raised will remain local to be used here in Central Texas. Along with the new logo, Alzheimer's Texas changed its signature colors to blue and gold.

"We are, and always have been, deeply committed to providing families in Central Texas with compassionate services that are relevant to their needs, like our caregiver support groups and great educational programs," says Christian Wells, President of Alzheimer's Texas. "When people walk with us on October 7th, they know that they are supporting the services they value and will directly touch the people living with Alzheimer's in Central Texas."

The 2017 Honorary Family is The Amos Family. The Amos Family Team has participated in the event for several years and is led by family member, Sharhonda Broaders. "The Walk has always been a fun local event, but now more than ever it is an opportunity for Central Texans to get together to celebrate the difference we're making on a local level, for those affected by Alzheimer's, like the Amos Family," says Wells.

The Alzheimer's Texas Walk will be held Saturday, October 7 at Camp Mabry, with check-in beginning at 8:30 am. There are two scenic routes for Walkers to enjoy, a 1-mile course and a 2.5-mile course. In addition to the Walk, the event will feature food, music, activities for kids, prizes, and more. All participants who raise \$50 or more will receive a free event T-shirt. Teams who raise the most money and have the most members are recognized along with top fundraisers. To learn more and register for the 2017 Alzheimer's Texas Walk and keep your fundraising dollars for Alzheimer's local, visit www.txalz.org/walk.

MAKE SURE YOUR HALLOWEEN HAS MORE TREATS THAN TRICKS

Halloween is supposed to be a night filled with fun and candy, but sadly the American Automobile Association (AAA) says October 31st is the second deadliest day of the year for pedestrians. Toni Odumosu, M.D., who practices at the Memorial Hermann Convenient Care Center, says parents and kids should follow these safety tips to make their Halloween a safe and enjoyable night.

1. **Walk safely.** Make sure children travel in groups, utilize sidewalks when available, and look both ways when crossing the street. Parents should accompany trick-or-treaters under the age of 12. Those children allowed to walk without an adult should stick to areas where they are familiar with their surroundings.

2. **Keep costumes creative and safe.** Ill-fitting costumes or masks that make it difficult to see can be a recipe for an injury. Make sure costumes aren't too long and opt for face paint rather than masks, if possible. If the mask is a must, make sure your child can see in all directions when it is worn.

3. **Consider your accessories.** Children should not carry sharp objects or anything that could be mistaken for a weapon.

4. **Stay well lit.** Whether you trick-or-treat before the sun goes down, or carry flashlights, it is important that cars and other groups can see you. Consider putting reflective tape on dark-colored costumes.

5. **Check the candy.** Children are eager to tear into their loot, but parents should sort through the candy at the end of the night. Throw away anything that is not in its original wrapper. Children under the age of four should not consume hard or sticky candy, so that should be taken out as well.

"I also caution parents against allowing sugar overload. Kids want to eat their entire collection of candy in one day, but they will regret it later. Ration the candy to avoid stomach aches. Some dentists also offer "trade-in" programs where kids can swap the sugary treats for toys. I know it may be a hard sell for parents, but remind kids who make the swap that they can celebrate Halloween year-round with their new toy" encourages Dr. Odumosu.

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LBJ Museum to Raffle Restored Vintage Truck

The Lyndon Baines Johnson Museum of San Marcos will raffle a spectacular, fully restored 1972 vintage Chevy truck on December 7th as a fund-raiser for the Claudia Taylor Johnson (Lady Bird) endowment for the museum.

Tickets are \$20 and must be purchased online at www.lbjmuseum.org from now until Black Friday, December 1st.

The 1972 C10 Chevy was meticulously restored by Performance Auto Repair, LLC, of Tulsa Ok.

The classic "Build" truck features a fuel injected LSX engine, auto 4-speed transmission (4160E), updated brake system, oak bed, leather interior and dash, powder coated frame, vintage air kit, updated gauge cluster, power steering and custom suspension. The truck is valued at \$25,000.

The restorers will deliver the truck to San Marcos this week and it will be on display at events around Hays County during the fall, including the Mermaid Parade in downtown San Marcos on Sept. 16. The truck will also be showcased at Chuck Nash Chevrolet in San Marcos. The raffle drawing will be held at the LBJ Museum of San Marcos following its Christmas Tree Lighting Ceremony on December 7th.

Raffle rules include:

- For each raffle ticket purchased, the person whose name and information is listed on the entry form will receive one (1) entry into the promotion. The purchaser will receive email confirmation of the purchase with a corresponding entry number.
- Need not be present to win
- Each ticket has a \$1.99 processing fee by EventBrite, the online site for ticket sales.
- The winner will be selected by random drawing from among all valid raffle tickets purchased.
- Odds of winning depend on the number of tickets purchased.
- Drawing will be held Thursday, December 7, 2017 at the LBJ Museum, San Marcos, TX.
- Winner pays all registration, tag & title fees, and applicable taxes.
- The LBJ Museum was established in 1997 to honor the legacy of Texas State University graduate, President Lyndon B. Johnson, the only U.S. President to graduate from a Texas university.

The two story museum located at 131 N. Guadalupe in San Marcos features exhibits and artifacts from President Johnson's years as a student from 1927-1930 and his teaching experiences in South Texas.

His formative years here shaped landmark civil rights, education, and anti-poverty legislation enacted during his presidency from 1963-1969. The museum's endowment honors Lady Bird Johnson for her singular impact on the President's career and legacy.

The Claudia Taylor Johnson Endowment raises funds from donations, gifts and fund-raisers to support new exhibits, acquisition of artifacts, and special programs.

The LBJ Museum is free and open to the public Thursday-Saturday from 10 a.m. – 5 p.m. Facilities for community meetings are available for rental. For more information, contact the LBJ Museum at 512-353-3300 or email director@lbjmuseum.com.





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What if you didn't have chocolate chip cookies, Dr. Pepper, corndogs or *gasp* Tex-Mex food or Whataburger? These are just some of the things that we take for granted every day. Imagine having a whole year to experience new foods, a new culture, a whole new life! That's what hosting an exchange student is all about!

STS Foundation is currently looking for families for the 2018/2019 school year. What does it take to be a host family? STS accepts all types of families, be it single parents, young marrieds, empty nesters or same sex couples – we are looking for families that are willing to Share their America with a high school student for the year. All you need to provide is three meals a day and a room for them to sleep in. The student can share a room with a same sex sibling that is within five years of their age. Each student comes with their own spending money and health insurance. Most of all, they come with an excitement to learn all they can about our American way of life.

Hosting is a great way to learn about the student's culture as well, perhaps even learn a few new words in a new language. It's a way of opening a new world to your children as well. Most importantly, it's a way of making the world just a little bit smaller, so that we can all live in peace and harmony together.

If you are ready for this amazing experience, please give me a call, I'd love to talk with you more about it. I am one of the Houston area STS Local Coordinators, I've worked with foreign exchange students for seven years and have also hosted 13 students on my own. I can tell you anything you need to know about hosting. Please contact Vicki Odom at 832-455-7881 or via email at vicki.stsfoundation@gmail.com.

STS Foundation is a 501(c)(3) not for profit organization who mission is to facilitate educational opportunities where all participants can break down cultural barriers, and gain respect and understanding of each other's way of life.

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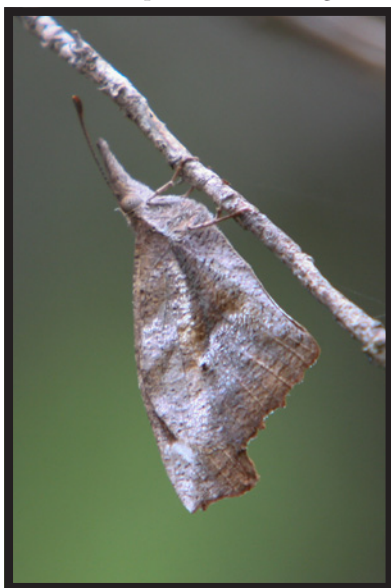
by Jim and Lynne Weber

The change from late summer into early fall can trigger some unusual natural events, and at this time of year in Central Texas, we can often see periodic population explosions of the American Snout butterfly.



American Snout Butterfly

Often mistaken for migrating Monarch butterflies, the American Snout (*Libytheana carinenta*) is a medium-sized butterfly with a brown upperside, wings orange at the base, and white spots near the tips of the forewings. Its underside is a mottled grayish-brown pattern, much like a dried, dead leaf. Snouts are named for their elongated mouthparts, and when they hang from the underside of a branch, which they most often do, their 'snout' resembles the stem or 'petiole' of a leaf and their folded wings appear to be the dead leaf itself. It's the perfect camouflage for defense against avian predators.



American Snout Camouflage

In the caterpillar stage, snouts are dark green with yellow stripes along the top and sides of their body, with two small, black tubercles on the top of their thorax. These caterpillars feed on all hackberry species, but they prefer spiny hackberry. While Austin is at the northernmost boundary of this plant's range, it is close enough that we get to experience a 'snoutbreak.' After a good rain, spiny hackberry plants (also known as granjeno or desert hackberry) grow numerous new leaves. In response, the snout butterfly

lays its eggs on these new leaves, which provides the fuel for a significant number of its caterpillars. In Texas, it only takes 12 days to go from egg to caterpillar to adult butterfly.



Spiny Hackberry

development/reproduction and decreased metabolism in response to the adverse environmental conditions. This condition reverses when the rains arrive and trigger the third factor, new growth on the spiny hackberry host plants. Female snouts will only lay eggs on this prolific new growth, and coupled with the lack of parasites, this creates a population boom.

Most often, 'snoutbreaks' occur in South Texas and Mexico, where the spiny hackberry is plentiful. However, one of the largest recorded snout emergences occurred in late September of 1921, when over the course of 18 days more than 6 billion southeasterly-bound snout butterflies flew over San Marcos to the Rio Grande River. That's an estimated 25 million per minute! While not every year is quite that spectacular, keep your eyes open this time of year, about two weeks after a rain, and you should see region-wide migrations of snout butterflies as they waft by in pretty impressive numbers.

Send your nature-related questions to naturewatch@austin.rr.com and we'll do our best to answer them. If you enjoy reading these articles, check out our books, [Nature Watch Austin](#) and [Nature Watch Big Bend](#) (both published by Texas A&M University Press), and our blog at naturewatchaustin.blogspot.com.



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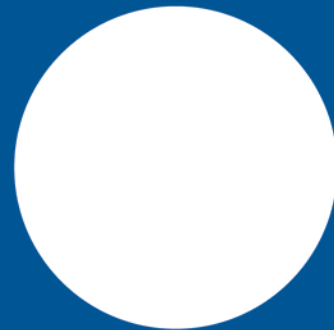
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