

# West Lake Hills ECHO

Volume 6, Issue 10

October 2017

## 26th ANNUAL ALZHEIMER'S TEXAS WALK OCTOBER 7th @ CAMP MABRY

9/15/17 –This year marks the 26th Annual Alzheimer's Walk for support, care, and research hosted by Alzheimer's Texas. The walk will be held on the morning of October 7 at Camp Mabry in Austin, Texas. Alzheimer's Texas, a local nonprofit organization serving Central Texas for 35 years, separated from the National Alzheimer's Association in January 2016. As a result, 100% of the funds raised will remain local to be used here in Central Texas. Along with the new logo, Alzheimer's Texas changed its signature colors to blue and gold.

"We are, and always have been, deeply committed to providing families in Central Texas with compassionate services that are relevant to their needs, like our caregiver support groups and great educational programs," says Christian Wells, President of Alzheimer's Texas. "When people walk with us on October 7th, they know that they are supporting the services they value and will directly touch the people living with Alzheimer's in Central Texas."



The 2017 Honorary Family is The Amos Family. The Amos Family Team has participated in the event for several years and is led by family member, Sharhonda Broaders. "The Walk has always been a fun local event, but now more than ever it is an opportunity for Central Texans to get together to celebrate

the difference we're making on a local level, for those affected by Alzheimer's, like the Amos Family," says Wells.

The Alzheimer's Texas Walk will be held Saturday, October 7 at Camp Mabry, with check-in beginning at 8:30 am. There are two scenic routes for Walkers to enjoy, a 1-mile course and a 2.5-mile course. In addition to the Walk, the event will feature food, music, activities for kids, prizes, and more. All participants who raise \$50

or more will receive a free event T-shirt. Teams who raise the most money and have the most members are recognized along with top fundraisers. To learn more and register for the 2017 Alzheimer's Texas Walk and keep your fundraising dollars for Alzheimer's local, visit [www.txalz.org/walk](http://www.txalz.org/walk).

# IMPORTANT NUMBERS

## EMERGENCY NUMBERS

EMERGENCY .....	911
Fire.....	911
Ambulance .....	911
Police Department .....	512-327-1195
Sheriff – Non-Emergency.....	512-974-0845
Fire Department Administration .....	512-539-3400
Travis County Animal Control .....	512-972-6060

## SCHOOLS

Eanes ISD .....	512-732-9000
Westlake High School.....	512-732-9280
Ninth Grade Center.....	512-732-9260
West Ridge Middle School .....	512-732-9240
Hill Country Middle School .....	512-732-9220
Valley View Elementary.....	512-732-9140
Forest Trail Elementary.....	512-732-9160
Eanes Elementary.....	512-732-9100
Cedar Creek Elementary .....	512-732-9120
Bridge Point Elementary .....	512-732-9200
Barton Creek Elementary.....	512-732-9100

## UTILITIES

Water District 10 .....	512-327-2230
Wastewater	
Crossroads Utility Service 24 Hour Number....	512-246-1400
New Accounts .....	512-402-1990
Austin Energy .....	512-322-9100
Texas Gas Service	
Custom Service.....	1-800-700-2443
Emergencies.....	512-370-8609
Call Before You Dig.....	512-472-2822
AT&T	
New Service.....	1-800-464-7928
Repair.....	1-800-246-8464
Billing.....	1-800-858-7928
Time Warner Cable	
Customer Service.....	512-485-5555
Repairs.....	512-485-5080
Austin/Travis County Hazardous Waste .....	512-974-4343

## OTHER NUMBERS

City Administration .....	512-327-3628
Municipal Court .....	512-327-1863
Property Tax .....	512-854-9473
Appraisal District .....	512-834-9317
Chamber of Commerce.....	512-306-0023
City of West Lake Hills .....	<a href="http://www.westlakehills.org">www.westlakehills.org</a>

## NEWSLETTER PUBLISHER

Peel, Inc. ....	512-263-9181
Editor.....	<a href="mailto:westlakehills@peelinc.com">westlakehills@peelinc.com</a>
Advertising.....	<a href="mailto:advertising@peelinc.com">advertising@peelinc.com</a>



# WESTLAKE VARSITY FOOTBALL SCHEDULE 2017-2018

vs. Katy High School

Sep 1st 2017, 6:30PM @ Katy ISD Stadium

vs. Niceville (Niceville, FL)

Sep 8th 2017, 7:30PM @ Westlake HS Chaparral Stadium

vs. Pflugerville High School

Sep 15th 2017, 7:30PM @ The Pfield Stadium

vs. Bowie High School (Homecoming)

Sep 22nd 2017, 7:30PM @ Westlake HS Chaparral Stadium

vs. Vandegrift High School

Sep 29th 2017, 7:30PM @ Westlake HS Chaparral Stadium

vs. Hays High School

Oct 6th 2017, 7:30PM @ Bob Shelton Stadium

vs. Lake Travis High School

Oct 13th 2017, 7:30PM @ Westlake HS Chaparral Stadium

vs. Lehman High School

Oct 27th 2017, 7:30PM @ Bob Shelton Stadium

vs. Leander High School

Nov 3rd 2017, 7:30PM @ Westlake HS Chaparral Stadium

vs. Vista Ridge High School

Nov 10th 2017, 7:30PM @ Vista Ridge HS, John Gupton Stadium





**The BIGGEST little shirt shack in Austin.**

**Screen Printing, Custom Embroidery,  
and Promotional Products.**

**1901 Ranch Road 620N, Bldg 2  
Austin, TX 78734  
512-222-1120  
VillaPrints.com**



## MAKE SURE YOUR HALLOWEEN HAS MORE TREATS THAN TRICKS

Halloween is supposed to be a night filled with fun and candy, but sadly the American Automobile Association (AAA) says October 31st is the second deadliest day of the year for pedestrians. Toni Odumosu, M.D., who practices at the Memorial Hermann Convenient Care Center, says parents and kids should follow these safety tips to make their Halloween a safe and enjoyable night.

1. **Walk safely.** Make sure children travel in groups, utilize sidewalks when available, and look both ways when crossing the street. Parents should accompany trick-or-treaters under the age of 12. Those children allowed to walk without an adult should stick to areas where they are familiar with their surroundings.

2. **Keep costumes creative and safe.** Ill-fitting costumes or masks that make it difficult to see can be a recipe for an injury. Make sure costumes aren't too long and opt for face paint rather than masks, if possible. If the mask is a must, make sure your child can see in all directions when it is worn.

3. **Consider your accessories.** Children should not carry sharp objects or anything that could be mistaken for a weapon.

4. **Stay well lit.** Whether you trick-or-treat before the sun goes down, or carry flashlights, it is important that cars and other groups can see you. Consider putting reflective tape on dark-colored costumes.

5. **Check the candy.** Children are eager to tear into their loot, but parents should sort through the candy at the end of the night. Throw away anything that is not in its original wrapper. Children under the age of four should not consume hard or sticky candy, so that should be taken out as well.

"I also caution parents against allowing sugar overload. Kids want to eat their entire collection of candy in one day, but they will regret

it later. Ration the candy to avoid stomach aches. Some dentists also offer "trade-in" programs where kids can swap the sugary treats for toys. I know it may be a hard sell for parents, but remind kids who make the swap that they can celebrate Halloween year-round with their new toy" encourages Dr. Odumosu.



THE  
**BOYS'**  
SCHOOL  
OF AUSTIN

**EXPLORE. MOVE. GROW.**

[www.theboysschoolofaustin.org](http://www.theboysschoolofaustin.org)

**OPENING  
FALL 2018**

Attend a parent information  
session to learn more.

**512.553.2690**



## SHARE YOUR AMERICA

What if you didn't have chocolate chip cookies, Dr. Pepper, corndogs or \*gasp\* Tex-Mex food or Whataburger? These are just some of the things that we take for granted every day. Imagine having a whole year to experience new foods, a new culture, a whole new life! That's what hosting an exchange student is all about!

STS Foundation is currently looking for families for the 2018/2019 school year. What does it take to be a host family? STS accepts all types of families, be it single parents, young marrieds, empty nesters or same sex couples – we are looking for families that are willing to Share their America with a high school student for the year. All you need to provide is three meals a day and a room for them to sleep in. The student can share a room with a same sex sibling that is within five years of their age. Each student comes with their own spending money and health insurance. Most of all, they come with an excitement to learn all they can about our American way of life.

Hosting is a great way to learn about the student's culture as well, perhaps even learn a few new words in a new language. It's a way of opening a new world to your children as well. Most importantly, it's a way of making the world just a little bit smaller, so that we can all live in peace and harmony together.

If you are ready for this amazing experience, please give me a call, I'd love to talk with you more about it. I am one of the Houston area STS Local Coordinators, I've worked with foreign exchange students for seven years and have also hosted 13 students on my own. I can tell you anything you need to know about hosting. Please contact Vicki Odom at 832-455-7881 or via email at [vicki.stsfoundation@gmail.com](mailto:vicki.stsfoundation@gmail.com).

STS Foundation is a 501(c)(3) not for profit organization who mission is to facilitate educational opportunities where all participants can break down cultural barriers, and gain respect and understanding of each other's way of life.

## HILL COUNTRY INDOOR WINTER SPORTS ARE HERE!

**Winter Season: November through February**

**Adult and Youth Leagues**  
**Basketball - Volleyball - Soccer**  
**Box Lacrosse - Flag Football**

- **Skill and Athletic Performance Academies**
- **Skill Development**

**Visit our website for updated information:**  
**[www.hillcountryindoor.com](http://www.hillcountryindoor.com)**

**Like us on Facebook @HillCountryIndoor**



# The Echo

The West Lake Hills Echo is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the West Lake Hills Echo contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

## CLASSIFIED ADS

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

**Personal Classifieds** (one time sell items, such as a used bike...) run at no charge to West Lake Hills residents, limit 30 words, please e-mail [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

### STEVE'S PLUMBING REPAIR

Master License: M-39722

- Water Pressure Problems
- Sewer & Drain Service
- Fiber Optic Drain Line Inspections
- Free Estimates
- Satisfaction Guaranteed

**Steve Brougner**  
**512.276.7476**

2605 Buell Ave



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## EXERCISE YOUR HEART IN MORE WAYS THAN ONE.

When you join the Y, you're committing to more than simply becoming healthier. You are supporting inclusion and accessibility for all.

The Y works to ensure our programs and facilities are accessible and welcoming to all abilities. We turn to community partners like Archer's Challenge to help us grow in these areas.

For more than a workout. For a better us.

JOIN IN OCTOBER  
AND WE'LL DONATE

**\$25**

IN YOUR NAME TO  
ARCHER'S CHALLENGE

**LEARN MORE & JOIN TODAY AT [AUSTINYMCA.ORG](http://AUSTINYMCA.ORG)**

TOWNLAKE YMCA 1100 W. Cesar Chavez • 512.542.9622



# ADVERTISE YOUR BUSINESS TO YOUR NEIGHBORS

*support your community newsletter*

**Kelly Peel**

kelly@peelinc.com • 512.263.9181 ext 22  
Vice President | COO



## NATURE WATCH

### SNOUTBREAK!

by Jim and Lynne Weber

The change from late summer into early fall can trigger some unusual natural events, and at this time of year in Central Texas, we can often see periodic population explosions of the American Snout butterfly.



*American Snout Butterfly*

Often mistaken for migrating Monarch butterflies, the American Snout (*Libytheana carinenta*) is a medium-sized butterfly with a brown upperside, wings orange at the base, and white spots near the tips of the forewings. Its underside is a mottled grayish-brown pattern, much like a dried, dead leaf. Snouts are named for their elongated mouthparts, and when they hang from the underside of a branch, which they most often do, their 'snout' resembles the stem or 'petiole' of a leaf and their folded wings appear to be the dead leaf itself. It's the perfect camouflage for defense against avian predators.



*American Snout Camouflage*

In the caterpillar stage, snouts are dark green with yellow stripes along the top and sides of their body, with two small, black tubercles on the top of their thorax. These caterpillars feed on all hackberry species, but they prefer spiny hackberry. While Austin is at the northernmost boundary of this plant's range, it is close enough that we get to experience a 'snoutbreak.' After a good rain, spiny hackberry plants (also known as granjeno or desert hackberry) grow numerous new leaves. In response, the snout butterfly

lays its eggs on these new leaves, which provides the fuel for a significant number of its caterpillars. In Texas, it only takes 12 days to go from egg to caterpillar to adult butterfly.



*Spiny Hackberry*

development/reproduction and decreased metabolism in response to the adverse environmental conditions. This condition reverses when the rains arrive and trigger the third factor, new growth on the spiny hackberry host plants. Female snouts will only lay eggs on this prolific new growth, and coupled with the lack of parasites, this creates a population boom.

Most often, 'snoutbreaks' occur in South Texas and Mexico, where the spiny hackberry is plentiful. However, one of the largest recorded snout emergences occurred in late September of 1921, when over the course of 18 days more than 6 billion southeasterly-bound snout butterflies flew over San Marcos to the Rio Grande River. That's an estimated 25 million per minute! While not every year is quite that spectacular, keep your eyes open this time of year, about two weeks after a rain, and you should see region-wide migrations of snout butterflies as they waft by in pretty impressive numbers.

Send your nature-related questions to [naturewatch@austin.rr.com](mailto:naturewatch@austin.rr.com) and we'll do our best to answer them. If you enjoy reading these articles, check out our books, [Nature Watch Austin](#) and [Nature Watch Big Bend](#) (both published by Texas A&M University Press), and our blog at [naturewatchaustin.blogspot.com](http://naturewatchaustin.blogspot.com).

The ecology behind this event is related to several factors. First, the population of snouts is positively correlated to the intensity and duration of dry periods that immediately precede significant rains. These droughts seem to greatly diminish parasites that can harm and kill snout larvae. Second, adult snouts wait out these long, dry periods by remaining in 'reproductive diapause', a state of arrested



**PEEL, INC.**

308 Meadowlark St. South  
Lakeway, TX 78734

PRSR STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

WES



LET US HELP YOU  
GROW YOUR NEXT

**BIG  
IDEA**



**PEEL, INC.**  
printing & publishing

CONTACT US TODAY!

**512.263.9181**

OR VISIT

**PEELINC.COM**