



Steeplechase

NEWSLETTER



The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase

LANDLORD/TENANT REMINDER

If you are the owner of Steeplechase property that is rented to others, please ensure that Chaparral Management has an alternate set of contact information so that Chaparral can make sure that you receive all communication about important Steeplechase events and issues. This alternate contact information should include a mailing address, telephone number, fax number, and email address together with the street address of the rental property.

Additionally, you have a responsibility as a landlord to get your tenants a copy of the Steeplechase rules and regulations, covenants and restrictions.

Furthermore, you need to ensure that your tenants abide by these governing documents while a tenant in your Steeplechase property.

If you have questions, please contact Chaparral Management.

Lindsey Hall Wikenczy
lwikenczy@chaparralmanagement.com
Tel: 281-537-0957

SAVE THE DATE!

KNIGHTS OF COLUMBUS VEGAS NIGHT
JANUARY 27, 2018

The Knights of Columbus Council #8096 will be holding their 32nd annual Vegas Night on Saturday, January 27, 2018! Great fun, food and prizes have been the hallmark of this event for several years.

Where – St. Elizabeth Ann Seton Catholic Church Community Life Center
6646 Addicks-Satsuma Rd.
Houston, TX 77084

When – January 27, 2018 at 6:30 pm

Mark your calendars now and more detailed information will be coming soon!

For interest in table sponsorships or donating prizes contact Tom DeScioli at 918-633-3806; email tdescioli@aol.com

MORE LATER!

EARLY REGISTRATION OPEN FOR SPRING-KLEIN ATHLETICS YOUTH TRACK & FIELD

Registration is now open for the spring and summer youth outdoor track and field seasons! Spring-Klein Athletics Foundation, Inc. (SKAF) offers two competitive options for the outdoor season—Full Outdoor Track & Field and Summer Track & Field.

The full Outdoor Track and Field Season is for boys and girls in K – 6th grade as well as Home School Athletes who desire to compete in track and field. It provides a solid base for beginners and is designed to provide basic training in track and field and quality instruction in running mechanics.

The summer Outdoor Track season is ideal for middle and high school athletes who desire to continue their track & field season after school track is over and younger athletes looking to cross-train or stay active and engaged in positive activities during the summer.

Teams are coached by volunteer coaches. For full details and registration information, please visit us online www.SpringKleinAthletics.org. If you have questions email teamska@skathletics.com or call (832) 415-0568.

About the Spring-Klein Athletics Track & Field

Spring-Klein Athletics Track & Field is a non-profit organization managed by the Spring-Klein Athletics Foundation, Inc. and is sanctioned by the Texas Amateur Athletic Federation (T.A.A.F.) and Amateur Athletic Union (AAU) youth track programs for boys and girls from ages 6 to 18 years old. Our track team is focused on quality and precision instruction in a fun learning environment, while providing a platform for kids to reach their dreams. Questions? Contact the Spring-Klein Athletics Track & Field at (832) 415-0568 or email: teamska@skathletics.com on the web at <http://www.springkleinathletics.org>.

STEEPLECHASE

IMPORTANT

Telephone Numbers



Emergency.....	911
Sheriff's Dept.....	713.221.6000
Cy-Fair Fire Dept	911
Cy-Fair Hospital.....	281.890.4285
Animal Control	281.999.3191
Center Point (Street lights)	713.207.2222
http://cnp.centerpointenergy.com/outage	
Neighborhood Crime Watch	SteeplechaseSecurity@gmail.com
Library.....	281.890.2665
Post Office.....	713.983.9682
Steeplechase Community Center.....	281.586.1700
Deed Restriction Issues (CMC)	281.586.1700
Water/Sewer	832.467.1599
Architectural Control (CMC).....	281.586.1700
Trash Pick-up (Best Trash, LLC) (Wed. & Sat.)	281-313-BEST
Harris Co. Pct. 4 Road Maintenance	281.353.8424
Harris Co. MUD #168.....	hcmud168board@gmail.com
Community Events.....	281.586.1700
Clubhouse Rentals: Private Parties and Community Events (Jinnie Kelley).....	832.922.8030
Traffic Initiative	281.290.2100
Private Pool Parties	281.446.5003
NEWSLETTER PUBLISHER	
Peel, Inc. (Advertising).....	kelly@PEELinc.com, 888.687.6444
Articles.....	lwikency@chaparralmanagement.com

Community Center Contacts

Community Maintenance Concerns

Chaparral Management Company 281.586.1700

Clubhouse Rentals

Private Parties and Community Events

(Jinnie Kelley) 832.922.8030

Pool Company Contact

Aquatic Management of Houston. 281.446.5003
www.houston-pmg.com

Board Member Contact

Chaparral Management Company 281.586.1700

Schools

Emmott Elementary 281.897.4500

Campbell Middle School 281.897.4300

Cy-Ridge High School 281.807.8000

Contact the Management Company

www.steeplechasecia.com
or by phone 281.586.1700

2018 POOL SEASON

After hearing from multiple residents over their concerns involving our community pool, the Board would like to begin addressing these issues and create a plan of action for the 2018 pool season. If this topic is near and dear to your heart, please consider volunteering your time to join the Steeplechase Pool Committee and help develop ideas for BOD review and consideration. A board member will head this committee but interested volunteers are needed. If you would like to make a difference please contact Lindsey Hall-Wikency at lwikency@chaparralmanagement.com or (281) 537-0957 to sign up.

The current system allows residents to purchase wristbands (an unlimited number at the rate of \$10 per band). Aquatic management tracks resident and guest attendance via a sign-in sheet. They have found that the pool sees an average of 2-3 visitors per day during the week and 8 or more on weekends.

Some of the issues the Steeplechase Pool Committee will address include the following:

- A secure and resident friendly pool tag/entry system
- Costs for pool use, Daily/Season
- Pool usage tracking
- After hours adult pool usage

BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- HardiPlank Replacement
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Repair/Replacement
- Custom Staining
- Gutter Repair & Replacement
- Crown Molding
- Wallpaper Removal
- Wood Replacement
- Interior Carpentry
- Wallpaper Removal & Texture
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IS IT A COLD, OR THE FLU?

PHYSICIANS OFFER TIPS TO TELL THE DIFFERENCE

It may be the most asked healthcare question of the winter season: is it a cold, or the flu? Physicians affiliated with Memorial Hermann Cypress Hospital know that it can be a tough one to answer on your own.

“While the cold and flu can have similar symptoms, the treatments are very different,” says Lillian Howard, M.D., a family medicine physician with Memorial Hermann Medical Group at Cypress.

The National Institute of Health says the flu will usually cause fever and chills, cough, sore throat, runny or stuffy nose, headaches and/or body aches, and fatigue. A cold has much milder symptoms like runny or stuffy noses and scratchy throats.

“Your best shot at protecting yourself against the flu is to get the flu vaccination,” says Dr. Howard. “If you haven’t gotten the vaccine, and you start feeling flu-like symptoms, schedule a visit with your primary care physician. If you do have the flu, there are medications that can be prescribed to help shorten the duration and severity of the flu.”

The flu can lead to more serious complications, including pneumonia, dehydration, and even death.

“Those older than 65 years old, young children and pregnant women are at higher risk for experiencing complications from the flu. If you experience high fever, a cough, or shortness of breath or chest pains, you need to see a doctor immediately,” recommends Dr. Howard.

Memorial Hermann Medical Group Cypress is open Monday-Friday from 7:30 a.m. to 5 p.m. The clinic is conveniently located on FM 1960 at Wortham Boulevard, just north of Highway 290 and across from the Commons at Crossroads. Call 281.890.6446 to schedule an appointment.

SEE SOMETHING THAT NEEDS REPAIR?

If you see something that needs repair, please report it. For example, monument lighting is out, graffiti, sprinkler heads blown off or sprinklers spraying the streets, not the grass, etc. Go to www.steeplechasetx.com and fill out a suggestion form or contact Lindsey Hall-Wikenczy at Chaparral Management. Thanks for your help in keeping your community well maintained.



CARPET BEETLES

Carpet beetle adults can be found outdoors on crape myrtles or other plants where the adults eat pollen and nectar. The adults may also be found in rodent or bird nests. When these adults move into homes, they may lay eggs which can lead to problems. These beetles can be pests in warehouses, homes, museums and other locations.

Carpet beetle adults are small, round to oval shaped and often brightly colored. Larvae are small, tan, and ringed with bands of long hairs.

Carpet beetle larvae feed on high protein foods, usually animal based, but they can also feed on plant material. They can be found in a variety of locations throughout the home. In the pantry, you may find them in items such as powdered milk, dried meats (jerky), or pet food. Other areas of the home they can be attracted to items made from wool, fur or feathers, areas where dead insects accumulate (i.e. light fixtures), leather book bindings, hair, silk or dried plant products. If the larvae are seen feeding on synthetic fibers, it is because the material is stained with body oils or food.

A program utilizing sanitation, exclusion and insecticides should be able to get a carpet beetle problem under control.

- Clean accumulations of hair, dead insects, and bird, rodent or wasp nests
- Regularly clean rugs, carpets, upholstery, etc.
 - o make sure to get along edges, under cushions, and under furniture where debris may collect
- Inspect animal based items (taxidermied animals, leather, wool, silk, etc.) once a year to avoid infestations
- Keep pantry items/ dry goods in sealed, air-tight containers
- Infested items (if possible, depending on the items) can be heated or cooled to kill any beetles
 - o freeze 2 weeks at temperatures below 18°F
 - o heat for at least 30 minutes to temperatures above 120°F
- Insecticides should be used as spot treatments- make sure carpet beetles are listed on the label as well as the area/ item you are treating
 - o make sure the product will not stain

If you find a few adult carpet beetles in your home, squish them on vacuum them up. A few adults usually do not warrant a full treatment, but you should watch for a developing infestation.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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FINDING HOPE

Sometimes I just feel broken. Broken as in not whole, shattered & not even sure how to begin putting the pieces back together. Are all of the pieces even still there?

I'm not going to lie. Living and dealing with emotional trauma is no cup of tea. You feel lost, beaten, broken, and very much alone. You frequently feel things will never get better. After all, how can they ever be as good as they were (or, at least, as good as you thought they were) when you're this broken shell of a person. Then, you watch and see the rest of the world passing, and think, "Why even try? It's hopeless."

With the passing of spring, I've been thinking about the significance of this particular season at this junction of my life. Spring is the season of rebirth and renewal; the time of fresh starts. So, as I sit & watch the renewal of everything around me, I wonder... What about me? Can I be renewed? Is there enough left of this broken person to put back together, fill the holes, and turn out a new person fresh and whole?

I've found that spending time with friends, both the human and equine variety, is a great healer. They have become my glue that pulls the shattered pieces back together. While spending quiet moments relaxing with my horse I hear God more clearly, telling me that I have purpose in this life. What came before was meant to happen, if only to prepare me for what is to come and to help me become the person He means me to be. Learning God's plans for me not only helps reassemble the scattered pieces, but leads me to discover new pieces, more vibrant than the old ever were. Suddenly, I find myself renewed and, just like that, there it is--- Hope Resurrected

****If you find these things to be true in your own life, and would like to make a change, please visit our website at www.fivehorses.com to learn more about our newest workshop, Finding Courage ****





Share Your America

What if you didn't have chocolate chip cookies, Dr. Pepper, corn dogs or *gasp* Tex-Mex food or Whataburger? These are just some of the things that we take for granted every day. Imagine having a whole year to experience new foods, a new culture, a whole new life! That's what hosting an exchange student is all about!

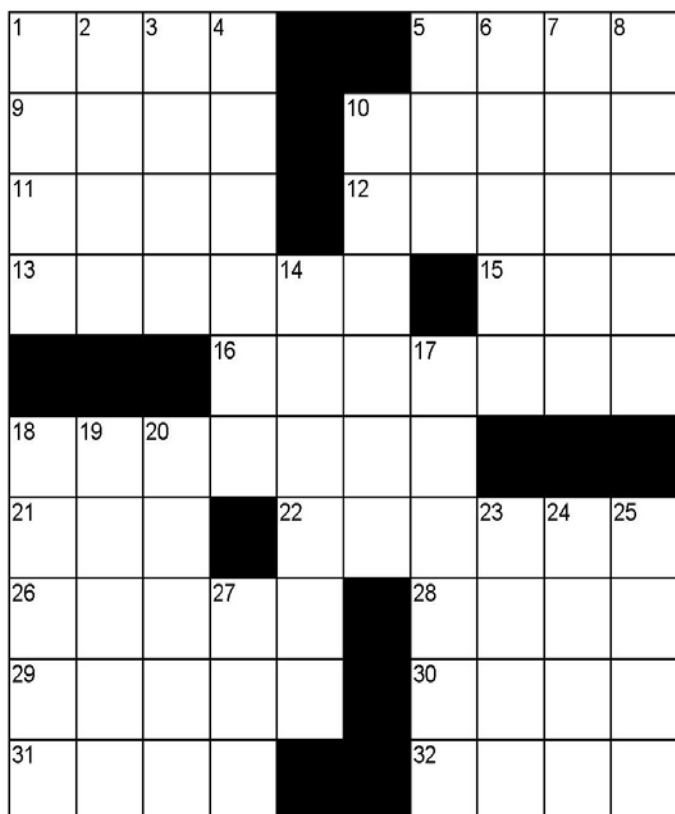
STS Foundation is currently looking for families for the 2018/2019 school year. What does it take to be a host family? STS accepts all types of families, be it single parents, young marrieds, empty nesters or same sex couples – we are looking for families that are willing to Share their America with a high school student for the year. All you need to provide is three meals a day and a room for them to sleep in. The student can share a room with a same sex sibling that is within five years of their age. Each student comes with their own spending money and health insurance. Most of all, they come with an excitement to learn all they can about our American way of life.

Hosting is a great way to learn about the student's culture as well, perhaps even learn a few new words in a new language. It's a way of opening a new world to your children as well. Most importantly, it's a way of making the world just a little bit smaller, so that we can all live in peace and harmony together.

If you are ready for this amazing experience, please give me a call, I'd love to talk with you more about it. I am one of the Houston area STS Local Coordinators, I've worked with foreign exchange students for seven years and have also hosted 13 students on my own. I can tell you anything you need to know about hosting. Please contact Vicki Odom at 832-455-7881 or via email at vicki.stsfoundation@gmail.com.

STS Foundation is a 501(c)(3) not for profit organization who mission is to facilitate educational opportunities where all participants can break down cultural barriers, and gain respect and understanding of each other's way of life.

CROSSWORD PUZZLE



ACROSS

1. Among
5. Cubby
9. Santa call (2 wds.)
10. British princess
11. Absent
12. Praise
13. Her former last name
15. Ball holder
16. Surpasses
18. Bar enforcer
21. Trail
22. Humorous
26. Bets
28. Information
29. Vista
30. Paradise
31. Animal group
32. Lady

DOWN

1. Hit
2. State
3. Tai
4. Saucy Girl
5. Tyrannosaurus
6. Speak
7. Eyed
8. Tiny insects
10. Wears mesh mask to fight
14. Tax
17. Worn
18. Cheeky
19. Small measurement 1/16 of a pound
20. Whoop
23. Cipher
24. Object
25. Walking stick
27. The __ (final word)

View answers online at www.peelinc.com

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STEEPLECHASE

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Betty Crocker Date-Filled Cookies

This recipe is from Betty Crocker's Picture Cook Book, Second Edition, 1956. My mom used Ethel's Sugar Cookie Recipe as the basic cookie.

MIX THOROUGHLY:

3/4 cup soft shortening (part butter)
1 cup sugar
2 eggs
1/2 tsp. flavoring (vanilla or lemon or a combination of the two)

Sift together and stir in:

2-1/2 cups sifted Gold Medal Flour
1 tsp. baking powder
1 tsp. salt

Chill dough. Roll very thin (1/16"). Cut 3" rounds or squares. Place on lightly greased baking sheet. Place a rounded teaspoon full of cooled filling on each. Fold over like a turnover, pressing the edges together with floured fork tines.

Temperature: 400 degrees F

Time: Bake 6 to 10 minutes

Amount: About 4 doz. 3" cookies

DATE, FIG, RAISIN, OR PRUNE FILLING

Cook together slowly, stirring constantly until thickened...

2 cups dates, figs, or raisins, finely cut up, or 2 cups mashed cooked prunes (2-2/3 cups uncooked)

3/4 cup sugar

3/4 cup water

Add, if desired...1/2 cup chopped nuts

Cool.

Filling is sufficient for about 5 dozen cookies.

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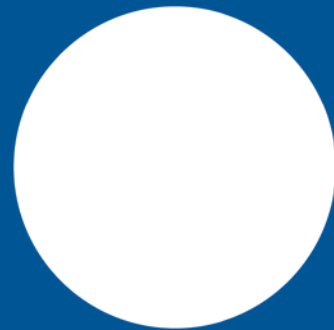
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