



PARKSIDE AT MAYFIELD RANCH

VOLUME 4, ISSUE I

JANUARY 2018



INFORMATION FOR NEW RESIDENTS

First and foremost- welcome to the neighborhood! Moving into a new community is both exciting and stressful. As your professional community association management company, we are here to help. There are many useful tips on living in Parkside at Mayfield Ranch as well as links and number that you will need to set up your utilities below. If you have any questions that are not answered below, please contact the Southwest Management Services office and we will be happy to assist you.

How do I obtain a pool key?

Please login to the community website with your user name and password and complete the online request form -Pool Use Agreement. Here you will agree to the terms and conditions of using the amenities, purchase, and submit your request to the management office. All requests will be filled within 48 and the card will be mailed to your home address on file with us.

How do I obtain a mailbox key?

Please take a copy of your closing papers or lease to the local post office box and they will issue a mailbox key.

How do I reserve the amenity center for a private event?

We make reservations easy for you! Please log in to the community website with your user name and password provided, and click on Activities-Reservation-Request a Reservation. There you can view dates available and submit your request. You will receive a response and further instructions from our office.

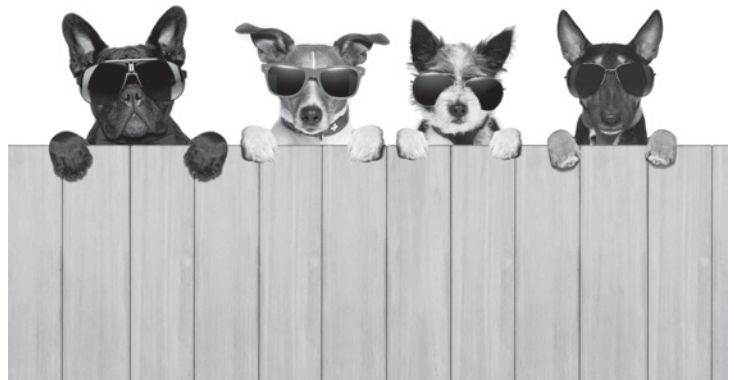
Who maintains the ponds at Parkside at Mayfield Ranch?

The Parkside MUD maintains the ponds.

ROUND ROCK NEW NEIGHBORS

Round Rock New Neighbors is a non-profit social club for women with over 180 members from Round Rock and surrounding communities. Since 1978, RRNN has been active in providing women the opportunities to come together and meet new friends and neighbors. The name may fool you, but you do not have to be new to the area to join the fun. We have new members who have lived in Round Rock for many years. All women are welcome!

You are cordially invited to attend one of our monthly luncheons and coffees. To find out more about these events and who to contact, please visit our website at www.rrnewneighbors.org



PARKSIDE

CONTACT INFORMATION

ON THE WEB:

Parkside at Mayfield Ranch Official web site:

www.southwestmanagement.net/parksideatmayfieldranch/home.asp

Parkside at Mayfield Ranch Official Facebook page:

COMMUNITY PROFESSIONALLY MANAGED BY:

First Service Residential

PO Box 342585

Austin, TX 78734

Phone: (512) 266-6771

Fax: (512) 266-6791

www.fsresidential.com

E-MAIL CONTACTS:

Accounting accounts@fsresidential.com
(for questions about your HOA account or vendors with billing questions)

Architectural Review: acc@fsresidential.com
(for questions about making modifications to the exterior of your home)

Board of Directors: board@fsresidential.com
(for feedback and requests to address the board at meetings)

General Info Amenity Center & Pool Info:
..... info@fsresidential.com
(for general questions about your Owners Association, Reservations & Pool Keys)

Lifestyle Director:

Ali Vonal ali.vonal@fsresidential.com
(for questions or suggestions about events or activities)

Community Manager:

Sophie Carrington sophie.carrington@fsresidential.com

Community Assistant Manager:

Kerbie Anderson kerbie.anderson@fsresidential.com

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY 911

Fire 911

Ambulance 911

Williamson County Sheriff (Non Emergency) 512-943-1300

SCHOOLS

Leander ISD 512-434-5000

Parkside Elementary School 512-570-7100

Stiles Middle School 512-570-3800

Rouse High School 512-570-2000

UTILITIES

AT&T/Uverse (phone, internet, cable) 800-288-2020

Atmos Energy 800-460-3030

City of Georgetown 512-930-3640

Pedernales Electric Co. 512-331-9929

Time Warner (phone, internet, cable) 512-576-3521

Wastewater (Parkside MUD) 512-930-3640

OTHER NUMBERS

Williamson County Phone 512-943-1100

Williamson County Road Department 512-943-3330

Parks & Recreation Department 512-943-1920

Williamson County Regional Park 512-260-4283

Williamson County Animal Shelter 512-943-3322

Georgetown Post Office 512-868-9925

Georgetown Animal Control 512-930-3592

Round Rock Animal Control 512-218-5500

Travis County Animal Control 512-972-6060

NEWSLETTER PUBLISHER

Peel, Inc. 512-263-9181

Article Submissions Parkside@peel.com

Advertising advertising@peelinc.com

PASTOR,
DAVE
JAMERSON



RENOVATE CHURCH



CONNECT. GROW. IMPACT.

Join us every Sunday
morning at 10:00 a.m.
at the

MUV Dance Center

2051 Cypress Creek Rd. Suite
R, Cedar Park, TX 78613

MEANINGFUL FAITH
MEANINGFUL RELATIONSHIPS

www.RenovateChurch.com

Winter Alert! Protect Your Plants and Irrigation Systems

PROTECT YOUR PLANTS:

Water your plants thoroughly ahead of time. You need to be sure the roots are wet, not just the leaves. Much of freeze damage is from dehydration. Watering before a freeze could make a big difference in your tropicals and tender perennials.

Cover your delicate plants. Remember, you want to be sure the roots are protected, covered, or mulched well. Even if you lose the top growth of these tender plants, if the roots are alive the plants will come back in the spring. Do not cover them with plastic touching the leaves of your plants. If possible, use woven frost protection sheets such as N-Sulate (which can be folded, stored, and reused for many years) or sheets and blankets. In a mild freeze or frost, one blanket will probably do for most plants. In a hard freeze (below 30 degrees for any period of time), use a heavy blanket or several layers of sheets. You can even add a plastic over that if you want, since it won't be touching the foliage. Also, don't forget to put rocks or something heavy on the edges of your N-Sulate or blanket to be sure the wind doesn't blow it away, exposing the roots of your plants.

Don't do any heavy pruning on freeze-damaged plants until late

winter, when you think all chance of frost is over.

Remove all protective covering if the sun comes out and the temperature goes up, because it can be 32 degrees today and 70 degrees tomorrow.

Along with protecting your tender plants during the winter, remember it's not a good idea to fertilize tender tropicals that are exposed to outside temperatures during these cold months. Fertilizing encourages new growth, and that new growth is more vulnerable to freezing and near-freezing conditions than old growth is. It's OK to fertilize and encourage growth with indoor or green-housed tropicals, although shorter days usually slow down growth no matter how much you fertilize.

PROTECT YOUR IRRIGATION SYSTEM:

Your backflow-prevention device is the most important part of your irrigation system. It's also the most vulnerable part of your system if there is a freeze. It may be located somewhere right outside the garage and next to the foundation. Cover the top by wrapping the part that is above ground with a towel. It is also best to turn off your valve.

Dr. Randal Watson

Family, Cosmetic & Implant Dentistry



Cerec
Crowns
COMPLETE
in one
visit!

PARKSIDE AT MAYFIELD RANCH'S
LOCAL DENTIST

smiles are our speciality

COMPLIMENTARY WHITENING FOR LIFE

With New Patient Exam.
Some conditions may apply

Call for an appointment today!

331-0001

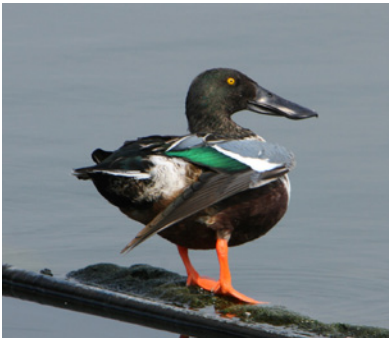
WWW.RWATSONDDS.COM
13809 RESEARCH BLVD, STE 804
AUSTIN, TX 78750

NATURE WATCH

DABBLERS AND DIVERS

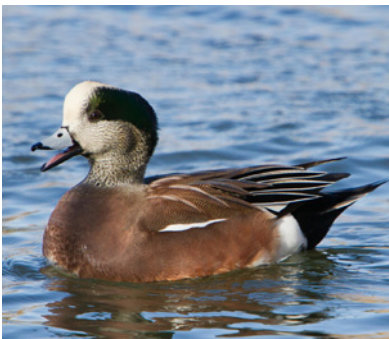
by Jim and Lynne Weber

Wintertime is the perfect time to look for ducks in Central Texas. Several species that breed far north of our state's border return to Texas in the colder months to feed in our unfrozen freshwater lakes and rivers. From the Old English 'duce', the word duck is a derivative of the verb meaning to duck or dive, or bend down low as if to get under something. It best describes the way many ducks feed, by upending or diving under the water in search of a wide variety of food sources, such as small aquatic plants, grasses, fish, insects, amphibians, worms and mollusks. Most ducks fall into either the dabbler or diver category. Dabblers feed on the surface of the water, and sometimes on land, while divers disappear completely beneath the surface and forage deep underwater. In general, divers are heavier than dabblers, which gives them the ability to submerge more easily, but they often pay the price by having more difficulty when taking off to fly.



Northern Shoveler

The most distinctive dabbling duck is the Northern Shoveler (*Anas clypeada*). True to its name, it possesses a two and a half inch long bill, which is spoon-shaped and has a comb-like structure called a pecten at the edge of its beak. The pecten is used to filter food from the water and to aid in preening its feathers. A medium-sized duck, the adult male (or drake) has an iridescent green head, rusty sides, and a white chest. When flushed from her nest, the adult female (or hen) will often defecate on the eggs, presumably to deter predators from eating them. This species of duck is monogamous, and stays together longer than any other known pairs of dabbling duck species.



American Wigeon

Another common dabbler is the American Wigeon (*Anas americana*), whose population is increasing throughout its range. The male has a white crown, green face patch, large white patches in its wings, and a black rear end bordered by white. At one time this duck was known as 'baldpate' due to the white crown

resembling a man's bald head. Its feeding behavior is distinctive among the dabbling ducks, as its short bill allows it to be much more efficient at plucking vegetation from both the water and sometimes even agricultural fields. The diet of this duck has been shown to include a much higher proportion of plant matter than any other dabbler species.



Lesser Scaup

Among the most abundant and widespread freshwater diving ducks is the Lesser Scaup (*Aythya affinis*). The male has a slight bump or peak on the back of the head, a bluish bill with a small black tip, grey sides (black on the ends with white in the middle), and a black head, chest, and rear end. When grasped by a predator like a Gray Fox, an adult Lesser Scaup may play dead, rendering itself immobile with its head extended, eyes open, and wings folded close to its body. They are capable of diving underwater the day they are hatched, but are too buoyant to stay under for long, until maturity gives them the body composition and strength they need to stay underwater for longer periods of time.



Ring-necked Ducks

Usually found on smaller, calmer bodies of water like ponds, Ring-necked Ducks (*Aythya collaris*) are more readily identified by the bold white ring around their bill that the subtle purplish band around their necks for which they are named. A medium-sized diving duck, they also have a small bump or peak on the back of their black heads, with the male having a black chest, back, and rear end, with grey sides and a white stripe up the shoulder.

The next time you visit a lake, river, or pond this winter, venture out to the quiet corners to see if you can spot one of our best known dabblers or divers!

Send your nature-related questions to naturewatch@austin.rr.com and we'll do our best to answer them. If you enjoy reading these articles, check out our books, *Nature Watch Austin* and *Nature Watch Big Bend* (both published by Texas A&M University Press), and our blog at naturewatchaustin.blogspot.com.

How can I get in Ski-Shape?

By Kelly Cunningham, MD, Sports Medicine specialist

Dr. Cunningham spent 15 years as a traveling doctor for the men's Olympic downhill team, accompanying the athletes throughout the US, Canada and Europe on the World Cup tour. He was able to pick up tips from some of the world's finest altitude athletes and their trainers.

Ski conditioning begins about 6 weeks prior to travel, and involves three phases:

Muscle training, Stamina & Agility

Muscle training for the skier or boarder utilizes stretching, closed & open-chain strengthening exercises, and emphasizing the core muscle groups of the spine, hips, quadriceps & hamstrings. For most recreational athletes, low-weight/high-repetition sets will be best. Another option may be a personal trainer or workout club pro to help you design a program to strengthen your core without over-stressing your joints. Joint pain is a common skier injury so muscle training will aid in prevention.

Stamina is crucial for a recreational athlete, especially at altitude. (That's another discussion for later!) Cardio conditioning can be as simple as running, jumping on a bike or elliptical, preferably using "interval" periods to increase your heart rate.

Sports like tennis, swimming, and basketball have built-in interval training as part of the sport.

Speaking of sports, these are great for honing the athletic agility that helps prevent ski injury, especially at the end of a long, fatiguing ski or snowboarding day. These are "ski-adaptive" sports. "Ski-specific" training involves side-to-side training tools that focus on the specific ski muscles and coordination. Slide boards, closed-chain waist belt regimens, in or out of ski boots, are popular.

The goal is to decrease fatigue-related injury but also to increase your enjoyment, help you relax, and enjoy the sport!

If you have a history of joint pain or arthritis (DJD), consider your options before you head to the slopes— perhaps 3 to 4 weeks before your trip, you might want to explore PRP or stem cell injectable treatments in Austin as a autologous, potentially regenerative medicine alternative to steroids to ensure that you get the most out of your trip.

Austin, Texas, resident Kelly Cunningham, MD is board certified by the American College of Orthopedic Surgeons, and an active member of the Arthroscopy Association of North America and the International Cartilage Repair Society

**You may be paying
too much for home &
auto insurance.**



**Contact Parkside resident
broker/owner Brad Lange
for a free quote today!**

WWW.AFPHOMEAUTOLIFE.COM



**AFP P&C, INC.
Home-Auto-Life
Brad Lange**

**Phone: 512-861-0841
brad@austinfo.com**

CAMP BOW WOW

DOGGY DAY CARE AND BOARDING

WHERE A DOG CAN BE A DOG.®

- Large Indoor & Outdoor Play Yards
- Spacious Cabins with Comfy Cots
- Fun & Safe All-Day Play
- Live Web Cams

50% Off* Your First Day of Day Care
Camp Bow Wow®

Austin | Spicewood | Cedar Park | Georgetown/Hutto
www.campbowwow.com/greater-austin

First time visits only. Must meet all entrance requirements including free interview visit. Offer cannot be combined with any other package or discount. Offer not valid on holidays. Coupon must accompany visit. Offer good only at Greater Austin Camp Bow Wow locations. Spicewood, Cedar Park and Georgetown/Hutto locations opening soon. CODE: Peel

At no time will any source be allowed to use Parkside at Mayfield Ranch newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

MEET IRIS

By Cheryl Conley, TWRC Wildlife Center



Let me introduce you to Iris, our 9-year-old Eastern Screech Owl. She makes her home at TWRC Wildlife Center and is a “gal about town”. As one of our Animal Ambassadors, she can often be seen at schools, churches and community events throughout the Houston area.

Iris was just a few days old when a rescuer found her on the ground. Our vet staff could see that one of her eyes wasn't developing

properly. After being examined by a specialist, it was discovered that she was blind in that eye. Knowing that owls can still survive in the wild with only one eye, a dedicated rehabilitator worked with her to prepare her for release. With her eye problem and some other issues that developed, it was decided that it was in the best interest of Iris not to release her and instead “promote” her to an Animal Ambassador.

Iris lives a pretty good life. She is served with frozen mice that have been warmed. She goes to the “beauty shop” every couple of months to get her nails done (actually they're called talons) and get her beak trimmed and shaped. She is also given a thorough examination to make sure she is healthy. We are grateful to Dr. White at Briarcrest Veterinary Clinic who donates his time to the Center to care for Iris and our other Animal Ambassadors. In the wild, Screech Owls live an average of 12 years but because Iris doesn't have to face the challenges of life in the wild, she is expected to live well beyond 12 years of age.

Screech owls have a unique call. One source described it as a horse on helium. They let out a descending whinny capped off with a trill. If you come to our Center to visit, she may even “talk” to you. One of her favorite things is to do is to respond to sirens she hears. As soon as she hears a siren, she starts in. Wish we could read her mind to find out why she does that.

Iris and her handlers are available to come and talk to your group, your school, your church or other gatherings. If you would like pricing information, send an email to education@twrcwildlifecenter.org.

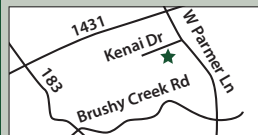
TWRC Wildlife Center is a 501(c)(3) organization.
www.twrcwildlifecenter.org

AVERY ORTHODONTICS



Blair R. Barnett, DDS, MS

Comprehensive Orthodontic care for children, teens and adults



12151 W. Parmer Ln. • Cedar Park, TX 78613

Conveniently located on Parmer Lane across from the Ranch at Brushy Creek, just North of Avery Ranch.

Invisalign Now Offers Different Treatment Options to Fit Your Needs and Budget!

Invisalign 5: Perfect for minor crowding or correction of minor orthodontic relapse from not wearing retainers. Cases would complete in 5 trays (3-4 months) and at a very affordable fee.

Invisalign 10: Great for mild cases that would require up to 10 trays (5-6 months) and at a surprisingly low fee.

Invisalign Teen: Invisalign can be great for certain teenagers. The invisalign teen product includes replacement aligners and compliance indicators.

Comprehensive Invisalign: Many types of comprehensive cases can be successfully treated with the Invisalign system instead of traditional braces.

Mention this ad and receive a

\$250 credit toward comprehensive or invisalign treatment



Call today for a complimentary consultation!

512-260-0084 • www.averyortho.com



ATTENTION KIDS: SEND US YOUR MASTERPIECE!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club

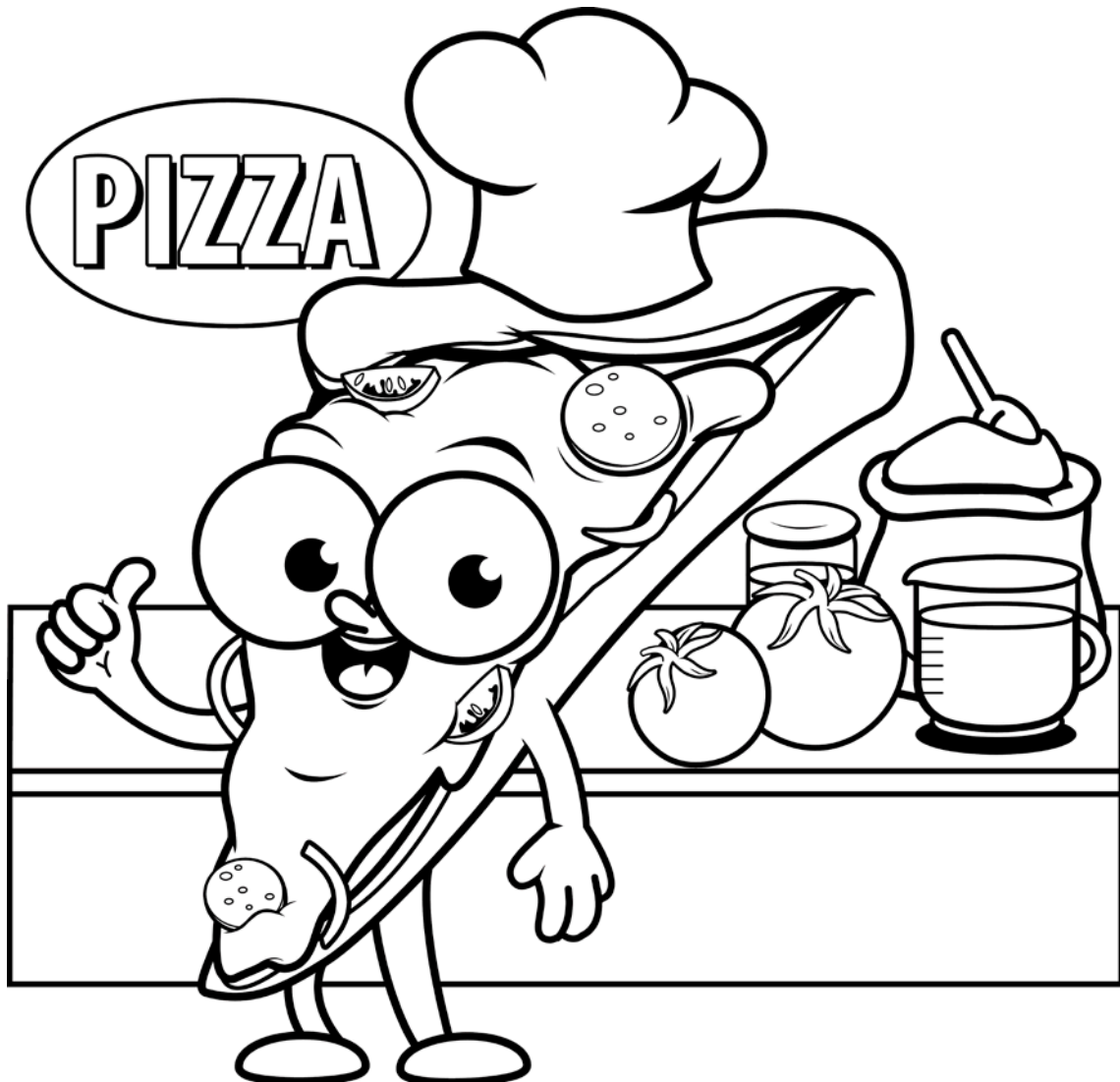
308 Meadowlark St. Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/PeelInc.

DUE: January 31st

Be sure to include the following so we can let you know!

Name (first name, last initial): _____ Age: _____



PAR



PEEL, INC.

308 Meadowlark St.
Lakeway, TX 78734-4717

PRSRT STD
U.S. POSTAGE
PAID
PEEL, INC.

PAR

LET US HELP YOU
GROW YOUR NEXT

**BIG
IDEA**



PEEL, INC.
printing & publishing

CONTACT US TODAY!

512.263.9181

OR VISIT

PEELINC.COM