

# Lakeway VOICE

Volume 10, Issue 2  
February 2018



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Ambulance.....	911
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Travis County ESD No.6/Lake Travis Fire Rescue Administration Office.....	512-266-2533
Travis County Animal Control.....	512-972-6060

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Lake Travis ISD.....	512-533-6000
Lake Travis High School.....	512-533-6100
Lake Travis Middle School.....	512-533-6200
Lake Travis Elementary.....	512-533-6300
Hudson Bend Middle School .....	512-533-6400
Lake Pointe Elementary.....	512-533-6500
Lakeway Elementary .....	512-533-6350
Serene Hills Elementary .....	512-533-7400
Bee Cave Elementary.....	512-533-6250
West Cypress Elementary .....	512-533-7500

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Hurst Creek MUD.....	512-261-6281
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Lake Travis Postal Office.....	512-263-2458
Lakeway City Hall.....	512-314-7500
City of Lakeway .....	www.lakeway-tx.gov

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# Around Lakeway

## LOVE-FILLED CHILDREN'S BOOK LEADS WAY THROUGH LAKEWAY STORYWALK

Lakeway Parks and Recreation Department has embraced "Love is You & Me" as its StoryWalk selection for 2018.

StoryWalk is open daily from Feb. 1-14. The free event is designed for children and their families to enjoy a Valentine's Day story while taking a short stroll around the trail behind Lakeway City Hall, 1102 Lohmans Crossing.

Pages of the popular children's book "Love is You & Me" will be posted along the trail so young readers may experience the importance of reading, spending time with friends and connecting with nature in a fun way.

Bestselling author and artist Monica Sheehan has created a sweet Valentine book that features a dog and his dear friend, a gray mouse, who share a hug, a marshmallow roast and a ride in a convertible.

"It warms my heart when I see people experiencing StoryWalk," said Andra Bennett, Lakeway Parks and Recreation director. "It is a wonderful way to get outdoors, enjoy an uplifting story, and spend time with family."

Parking is available at the lower level of the Lakeway Activity Center's lot, 105 Cross Creek. For information, call 512-314-7530.

# LOVE

is you & me.



Written & illustrated by monica sheehan



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## VALENTINES CELEBRATE AT LAKEWAY'S BIG BAND BASH

Celebrate Valentine's Day on Monday, February 12, 2018 in a very special way. Swinging music will be featured for dancing and listening at Lakeway's Big Band Bash. Enjoy the large dance floor with tables available for your own treats (e.g., champagne and caviar) at a place where you may invite your friends without the hassle of reservations. The ballroom of the Lakeway Activity Center (105 Cross Creek) is the place to be. The Lakeway Big Band Bash is on the second Monday of each month, from 8 to 10 p.m. Admission is free (donations to the band are encouraged).

Kent Dugan's 17-piece orchestra, The Republic of Texas Band, features well known singers (and Lakeway residents) David Cummings and Lisa Clark. This band consistently appeals to everyone. Expect to hear a wide variety of favorite tunes, mostly from the Sinatra era, with fresh arrangements.

"Treat your sweetheart to a great evening by having dinner at one of Lakeway's many restaurants, and then come to the Bash at 8 p.m.," suggests Fred Newton, Lakeway Arts Committee chairman.

For more information, call the Lakeway Activity Center at 512-261-1010.

## LAKE TRAVIS SCHOOL BOARD APPROVES 2018-2019 INSTRUCTIONAL CALENDAR

The Lake Travis school board approved the 2018-2019 instructional calendar at its regular meeting Tuesday, January 23. The calendar was developed in coordination with the District's Advisory Committee on Education (ACE) and with input from district and campus staff.

According to the new calendar, the first day of instruction will be Wednesday, August 15, 2018 and the last day of instruction will be Friday, May 24, 2019. Ending the year in May allows more time for planning for summer school and college enrollment for the summer session. Additionally, grading periods and semesters are more equally distributed with professional development occurring at the beginning, middle, and end of the year.

The school board-approved 2018-2019 instructional calendar has been posted on each school website (under 'About Us' and 'QuickFind'), [www.ltsdschools.org](http://www.ltsdschools.org). You can also view it on page 13.

## PAINTER POURS HEART INTO LAKEWAY CITY HALL WATERCOLOR EXHIBIT

Sylvia Brazell's captivating watercolor paintings will be on display through Feb. 27 at the Lakeway City Hall Art Gallery.

The free exhibit will be open from 8 a.m.- 5 p.m. weekdays at the Lakeway City Hall, 1102 Lohmans Crossing.

Brazell uses a "dry" watercolor technique that incorporates detail, dimension and vivid color in her paintings. She prefers variety in her artwork and subjects that stir emotion and fond memories.

Her belief is that a painting should not only blend with decor but be an extension of life experience and interests of the owner.

"A little piece of my heart goes into each painting," Brazell said.

From an early age, her interests revolved around creativity and the arts. Her mother was an artist and her father a gifted musician. Both had significant impacts on her avocations and vocation. She studied art and design and worked in the creative arts sector including advertising and TV, book and media promotion.

Furthering her creative talents, she pursued a career in interior design. She discovered that her exacting nature and unique "colourist" abilities were well suited for the new venture. She formed her own company which was active for 30 years.

When she retired, Brazell returned to her love for painting and chose watercolors as her medium. For this experience she is forever indebted to Johnnie Fields, architect and watercolorist extraordinaire, for his expert teaching and encouragement.



*Courtesy of Sylvia Brazell*

*Sylvia Brazell's painting of an old building and historic car near Independence, Texas is one of her works on display through Feb. 27 at Lakeway City Hall Art Gallery, 1102 Lohmans Crossing.*

# Around Lakeway

## WOMEN'S CLUB OF LAKEWAY



*Martha Wofford, Ph.D.*

How much do you know about Shirley MacLaine? She is one of the women Martha Wofford gives seminars on called, "Bad Girls You Sorta Wish You'd Known." She has a series of biographies on six women who blazed pathways in history...each one of whom she says would have been great fun to sit down and have a glass of wine with.

Martha was born and raised in the Texas Panhandle. She has lived all her life in Texas.

After receiving a Bachelor of Science in 1967, Master of Arts in 1969, and Ph.D. in 1977, she was an audiologist at The University of Texas Medical Branch in Galveston and taught audiology at Southwest Texas State University and at Lamar University. She was an assistant Clinical Professor at Baylor College of Medicine in Houston, and Chief of Audiology and Speech Pathology at the VA Medical Center in Houston.

After retiring in 2004, she now teaches seminars on different topics as a member of UT's Osher Lifelong Living Institute.

The Women's Club of Greater Lakeway meets once a month,

September through May, at the Lakeway Resort and Spa, 101 Lakeway Drive. The meetings are free to members, their guests, and potential new members. The Social begins at 9:30 a.m. with complimentary coffee and tea, followed by a brief business meeting at 10 a.m., and then the speaker presentation. Lunch follows by reservation - \$23 for members and \$28 for guests. To reserve lunch send your check to Sheila Niles at 219 Delphino, Lakeway 78734, or for more information contact Sheila Niles at 216-409-1110 or saniles4@gmail.com. The WCGL web site is [www.lakewaywomensclub.com](http://www.lakewaywomensclub.com).

## ANNUAL LAKEWAY TEA

The Annual Lakeway Tea is scheduled for Saturday, March 3, 2018 at 1:00 pm at the Hills Country Club. This beautiful event features traditional High Tea and gorgeous table decorations. Individuals, local organizations and businesses design and decorate the tables, which showcase exquisite table-settings designed around a theme. In order to attend, mail a \$40.00 check made payable to The Lakeway Church to Ann Neighbors, 1201 Lakeway Drive, Lakeway, TX 78734. All funds raised will benefit Hurricane Harvey victims being helped by The Lakeway Church. For more information contact Ann Neighbors 512-261-1980 or Rosie Babin 512-750-9722.

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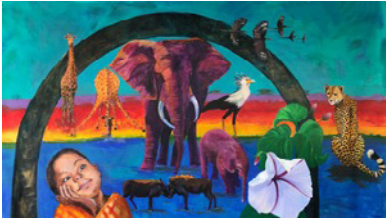
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## ROTARY INVITES THE PUBLIC TO A SHOWING OF AFRICAN ART



On March 1, 2018, the Rotary Club, in conjunction with Twin Liquors, will host an educational get together entitled Wine 101, Africa . Wine tastings from South Africa will accompany the educational information provided by the Twin Liquors staff. Following the presentation Linda Well and other artists from the Bunkhouse group of local artists who have participated in the development of art for a new school in Tanzania, East Africa will show a power point and present some of the amazing art that has been developed by the Lakeway community artists.

Linda and Donna Gunn, Executive Director of Africa's Promise Village, a local non-profit working in Tanzania, traveled to Tanzania in the spring of 2017 to give Linda the opportunity to meet the Maasai people and their children. While there, Mrs. Wells photographed various subjects which she has used to develop an extensive collection of African art focused upon the Maasai people and their lands in Tanzania.

The artists, led by Linda Wells, have spent months and untold hours working on five murals that will hang in the classrooms of a new school

in Lenjani, Tanzania which will open with more than 200 students. In addition having painted the extensive murals, Linda has developed note cards, calendars and place mats, all which can be purchased at the March 1st event.

In June of 2018 Mrs. Wells and other artists from the Bunkhouse Group will travel to Tanzania to participate in hanging the murals in the newly constructed classrooms. In addition, they will participate with Rotary members in building a chicken house, a small dorm for children who are amputees and in developing an acre garden to provide food for the children. In addition, the artists will host a "first of its kind" art workshop for the Maasai children. The children have never heard English spoken, and no knowledge of a paintbrush, paint, or how to draw an image. It should be both heartwarming and information for the artists and the children.

Mrs. Wells's art work will also be on display in June at the International Rotary Convention held in Toronto.

Members of the community can contribute to bringing art to Maasai children in Tanzania by using Pay Pal on the Africa's Promise Village website or by check mailed to Dr. Donna Gunn, 15 Monarch Oaks Lane, Austin, Texas 78738. If you are sending a check please mark the lower left hand corner, African Aft Project.

A photograph of a man and a woman sitting on a white outdoor sofa with patterned cushions. Two dogs are in the foreground, one on the left and one on the right, both looking towards the camera. A semi-transparent dark box is overlaid on the center of the image, containing text for Serene Hills Dentistry.

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# Around Lakeway

## THE LAKEWAY PLAYERS ANNOUNCE AUDITIONS FOR "THE FOREIGNER" A COMEDY BY LARRY SHUE

**CONTACT:** Linda Dobbs, Director, ldsyd@gmail.com or 512 431-8917

**SHOW DATES:**

Thursday, Friday, Saturday,  
March 22nd, 23rd, and 24th, 2018

**AUDITION DATES:**

Saturday, January 6th, 2018, 10:00 A.M. to Noon  
Monday, January 8th, 2018, 7:00 to 9:00 P.M.  
Tuesday, January 9th, 2018, 7:00 P.M. to 9:00 P.M.

**AUDITION LOCATION:** The Lakeway Activity Center  
105 Cross Creek  
Lakeway, TX 78734

**AUDITION TIMES:** Please contact Linda Dobbs to set up a specific audition time.

**AUDITION REQUIREMENTS:**

- Actors should be prepared to cold read from the script.
- Please bring 1 copy each of your headshot and resume' if you have them.

**CASTING:** Looking for men and women various ages.

**SYNOPSIS:** The story takes place in a fishing lodge in rural Georgia often visited by 'Froggy' LeSeuer, a British demolition expert who occasionally runs training sessions at a nearby army base. This time 'Froggy' has brought along a friend, an extremely shy young man named Charlie who is overcome with fear at the thought of making conversation with strangers. So, 'Froggy' tells everyone that Charlie is from an exotic foreign country and speaks no English. Once alone the fun begins, as Charlie overhears more than he should ... the evil plans of a sinister, two faced minister and his associate; the fact that the minister's pretty fiancée' is pregnant; and many other damaging revelations made with the thought that Charlie doesn't understand a word being said. That he does fuels the nonstop hilarity of the play and sets up the wildly funny climax in which things go uproariously awry for the 'bad guys', and the 'good guys' emerge triumphant.

Rehearsals will begin in February and continue thru tech and dress, the third week in March.

The quality of the auditions will determine the best casting for the show. This will be assessed after all auditions are completed.



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## THE LAKE TRAVIS COMMUNITY LIBRARY



The Lake Travis Community Library will display the artwork of Sharon Moore during the month of February. A native of Houston, Moore graduated from Rice University and taught English and Humanities at a local high school. After a move to Dallas, Moore took time to raise her children and served as a church administrator. Now living in Austin, Moore focuses on her artwork and is a member of both the Texas Fine Arts Association and the Creative Arts Society.

A lifelong artist, Moore spent many years painting in oils and acrylics and creating handmade jewelry. Her newest passion is to create fiber designs using shells, feathers, beads, and driftwood which she has collected from all over the country. Moore's fiber designs include woven wall hangings, mandalas, dreamcatchers, and organic tapestries. She also creates woven forms on a wire matrix including baskets and sculptures.

"My other love is creating mixed media collages showing people I have loved or do love, using papers and personal items to tell the story of what they did or are doing with their lives," said Moore. "Other collages are totally abstract designs or illustrations of the American Indian, the Buddhist tradition and other spiritual disciplines, under water and beach scenes, or still lifes."

The community is invited to join Moore for a reception on Saturday, February 10th from 1:00 p.m. to 3:00 p.m. Everyone is invited to visit the Lake Travis Community Library during the month of February to view the fiber designs and mixed media collages of Sharon Moore.

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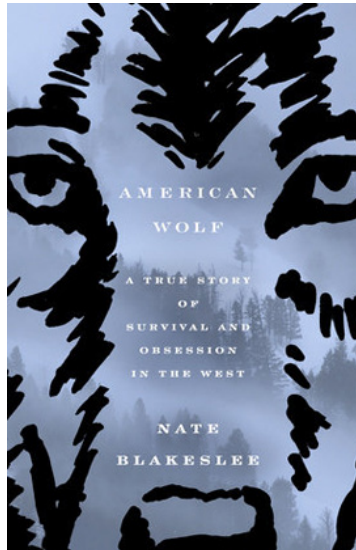
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## LAKE TRAVIS READS AMERICAN WOLF: A TRUE STORY OF SURVIVAL AND OBSESSION IN THE WEST BY NATE BLAKESLEE



Popular cultural education program features bestselling wildlife biography

Now entering its eleventh year, LAKE TRAVIS READS 2018 will feature the new book by Nate Blakeslee, *American Wolf: A True Story of Survival and Obsession in the West*. This enthralling story tells of the rise and reign of O-Six, the celebrated Yellowstone wolf, and the people who loved or feared her.

Once abundant in North America, wolves were hunted to near extinction by the 1920s. But in recent decades, conservationists have brought wolves back to the Rockies. With novelistic detail, Nate Blakeslee tells the gripping story of one of these wolves, O-Six, a charismatic alpha female named for the year of her birth. Uncommonly powerful, with gray fur and faint black ovals around each eye, O-Six is a kind and merciful leader, a fiercely intelligent fighter, and a doting mother. She is beloved by wolf watchers, particularly renowned naturalist Rick McIntyre, and becomes something of a social media star, with followers around the world. But as she raises her pups and protects her pack, O-Six is challenged on all fronts: by hunters who compete with wolves for the elk they both prize; by cattle ranchers who are losing livestock and have the ear of politicians; and by other Yellowstone wolves who are vying for control of the park's stunningly beautiful Lamar Valley. These forces collide in *American Wolf*, a riveting multigenerational saga of hardship and triumph that tells a larger story about the ongoing cultural clash in the West—between those fighting for a vanishing way of life and those committed to restoring one of the country's most iconic landscapes.

Erik Larson, author of *The Devil in the White City*, stated that the book "is a startlingly intimate portrait of the intricate, loving, human-like interrelationships that govern wolves in the wild, as observed in real time by a cadre of dedicated wolf-watchers—in the end, a drama of lupine love, care, and grief."

# Around Lakeway

## LT Lov

LTlov supports neighbors helping neighbors to overcome limiting circumstances. The resources necessary to carry out this mission are a direct result of the support received from the Lake Travis community in the form of goods, services and financial support. LTlov has participated in I Live Here, I Give Here's Amplify Austin 24 hour online giving event since its inception in 2013. This is the only fundraiser LTlov employs to promote donations dedicated to funding the College Scholarships, Grants Funding and Kids Free Dental Day programs, and to supplementing the Green Santa and School Supplies' Project Supply Pack programs, as needed. Amplify Austin kicks off at 6:00 pm on March 1st and runs through 6:00 pm on March 2nd. LTlov's goal is to raise \$15,000 dollars in 24 hours. For more information, visit [ltlov.org](http://ltlov.org). Pictured, LTlov members gear up for Amplify Austin



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## NATURE WATCH

### RASCALLY RACCOONS

by Jim and Lynne Weber

Although easily recognized by its bandit mask and ringed tail, the Northern Raccoon (*Procyon lotor*) is a widespread mammal but not often seen due to its nocturnal habits. It consumes a highly varied diet, is very intelligent and curious, and possesses a far greater manual dexterity and mental ability than cats and dogs, enough to defeat any but the most determined defense of garbage cans or home gardens. Much has been made of the intelligence of raccoons, with recent studies showing they are capable of remembering tasks for up to three years, possessing a mental acuity more closely approximating that of monkeys.

Denning above ground in tree cavities, chimneys and attics, underground in old burrows, storm sewers and crawl spaces, raccoons mate from February to August with 2 to 5 young (or kits) in each litter. Previously thought to be solitary, related females can share a common breeding territory, while unrelated males live together in small groups to guard their mating opportunities against potential rivals. Raccoons have a large array of over 50 vocalizations, including hissing, growling, purring, squealing, and chirping. They can run up to 15 mph, are efficient tree climbers, and can survive unharmed if dropped from heights of up to 40 feet. Raccoons are found throughout all regions in Texas, but they are seldom found far from water, which has an important influence on their distribution and breeding success.

Contrary to popular belief, raccoons do not wash everything they eat, but they do manipulate their food (appearing to wash it when water is available) in order to tactually experience the object rather than actually clean it. In fact, the word 'raccoon' was adopted into English from a now extinct language called Powhatan, which was spoken by the native peoples of Tidewater

Virginia, and translated to mean 'one who rubs, scrubs, and scratches with its hands.'

Raccoons exhibit rascally behavior by stealing food out of pet dishes, eating fish out of backyard ponds, and knocking over trash cans and scattering the contents. Additionally, they can carry and spread disease like rabies and parvovirus. However, since they are scavengers, they play an important role in keeping our ecosystems healthy by cleaning up carrion (keeping our surroundings sanitary), eating other species we humans consider pests (when numbers get out of control), and spreading the seeds of native

plants (by consuming berries and nuts).

You can do your part to keep their destructive behavior at bay by resolving conflicts compassionately. Contain available food sources by putting your trash out in the morning instead of the evening, feeding your pets indoors, and placing netting over ponds containing fish. Close all entry points to your home and other outdoor structures, so they are not used as dens to raise young. If a family of nesting raccoons is found in or around your home, they should not be removed until the end of nesting season in the fall. Separating the young from their mother will mean they will starve to death, and trapping and moving the family will



**Northern Raccoon**

likely result in death from resident raccoons, and is a Class C misdemeanor in Texas (this applies to transporting or selling live raccoons, coyotes, and foxes from, to, or within the state).

Send your nature-related questions to [naturewatch@austin.rr.com](mailto:naturewatch@austin.rr.com) and we'll do our best to answer them. If you enjoy reading these articles, check out our books, *Nature Watch Austin* and *Nature Watch Big Bend* (published by Texas A&M University Press), and our blog at [naturewatchaustin.blogspot.com](http://naturewatchaustin.blogspot.com).

# Lake Travis 2018-2019 School Calendar

August 2018						
Su	Mo	Tu	We	Th	Fr	Sa
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April 2019						
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June 2019						
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July 2019						
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First Day of School - August 15, 2018

Last Day of School May 24, 2019

September 3	Labor Day	January 21	Martin Luther King Day	<div> <div>Student and Staff Holiday</div> <div>STAAR Testing</div> <div>Professional Development Day</div> <div>Early Release Day</div> </div>
October 8	Columbus Day	Mar 18-22	Spring Break	
Nov 19-23	Fall Break	April 19	Good Friday	
Dec 24-Jan 4	Winter Break	May 27	Memorial Day	

End of Grading Periods - 10/12, 12/20, 3/8, 5/24

LTISD Board of Trustees Approved - January 23, 2018

# Around Lakeway

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## Hitting the Slopes This Ski Season?

Keep in mind these tips to preventing injuries on the slopes.

*By Kelly Cunningham, MD, Sports Medicine specialist*

As a former US Olympic Men's Ski Team physician and orthopedist, every year during the winter months I treat many ski & snowboard injuries in Austin recreational athletes of all ages and abilities.

For 15 years, as a traveling doctor for the team, I accompanied the athletes throughout the US, Canada and Europe on the World Cup tour and was responsible for the triage, stabilization, and treatment of injuries in these world-class skiers.

One of the most frequent questions I get this time of year from my patients who ski is

"How can I avoid hurting myself on the ski slopes?"

So what do I tell recreational skiers about staying healthy on the hill?

First and foremost, adjust to the altitude in your first few days. While there are medications that will improve your blood oxygen, they require a prescription and can have side effects. Perhaps the easiest to take along are low-dose aspirin or ginkgo biloba, as both are safe (unless allergic) and easy to take. Low-level exercise and lots of water (especially during the first night) are also key, as is abstinence from alcohol during the first 24 hours at altitude. Early trip moderation equals a better mountain experience!

Modern skis, boots, and bindings are universally safe now, unlike in decades past. Multi-release bindings help you come out of your skis safely in a fall and with less stress on your knees, the most commonly injured joint in a skier. Make sure they are set correctly.

Speaking of knees, in most solid, intermediate skiers, unlike beginners (learning to stop) and racers (ACL injury from shear forces), serious knee injuries are actually quite rare.

The best way to protect yourself from ski injury is:

- Get in good "ski-shape"
- 6 weeks of strength and some aerobic training will suffice
- Ski within your limits
- Stay relaxed, focused & well hydrated
- Watch out for that last, fatigued run of the afternoon
- If you fall, fall forward and throw your hands in front of you - it's proven that less knee and shoulder injuries occur in the forward lean of a fall.
- And always, always, wear a helmet!

Before you ski, take time to take stock of your physical condition, especially your knee, shoulder and hip joints. Pre-trip aches and pains will not make for an enjoyable ski trip!

Austin, Texas, resident Kelly Cunningham, MD is board certified by the American College of Orthopedic Surgeons, and an active member of the Arthroscopy Association of North America and the International Cartilage Repair Society



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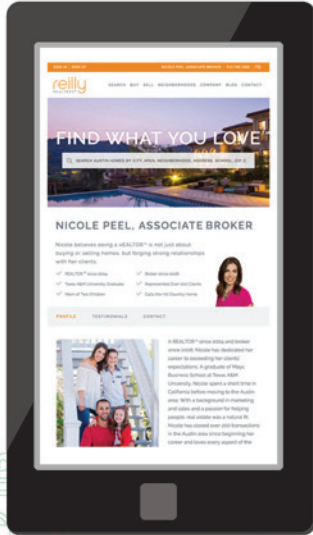
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