

# Woodwind Lakes



It's all right here

February 2018

Volume 7, Issue 2

## Best in Show Christmas Decor Winners



7919 Sonata Court



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7610 Crescendo Court



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## IMPORTANT CONTACTS

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Harris County Pct. 4 Constable's Office.....281-375-3472  
.....<http://www.cd4.hctx.net>

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### NEWSLETTER AND WEBSITE

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#### Website

.....[servicedesk@sterlingasi.com](mailto:servicedesk@sterlingasi.com)

#### Advertising

Peel, Inc ..... [advertising@PEELinc.com](mailto:advertising@PEELinc.com), 1-888-687-6444

### GROUNDS COMMITTEE

Jay Michaels & Ray Pavia..... [woodwindlakeshoa.com](mailto:woodwindlakeshoa.com)

### PAVILION & ADULT POOL

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### FAMILIES OF WWL

Dana Patterson..... [greg.dana.patterson@gmail.com](mailto:greg.dana.patterson@gmail.com)

### CHRISTMAS COMMITTEE

Terry Buckner ..... [terry214@live.com](mailto:terry214@live.com)

### WOMEN'S CLUB

President: Barbara Henderson Strong.....[texas.cats@sbcglobal.net](mailto:texas.cats@sbcglobal.net)  
Vice President: Ann Tatum.....[anntatum9203@gmail.com](mailto:anntatum9203@gmail.com)  
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Treasurer: Judith Simons.....[jjsimons@comcast.net](mailto:jjsimons@comcast.net)

### OTHER USEFUL NUMBERS

#### Sterling Association Services, Inc.

.....[servicedesk@sterlingasi.com](mailto:servicedesk@sterlingasi.com), 832-678-4500  
6842 North Sam Houston Parkway W., Houston TX 77064  
Mailing Address - P.O. Box 38113, Houston TX 77238-8113

#### Association Manager

Debra Willis..... [dwillis@sterlingasi.com](mailto:dwillis@sterlingasi.com)

**Administrative Asst. - Melissa Fulp**..... [melissa@sterlingasi.com](mailto:melissa@sterlingasi.com)

**Call Before You Dig**..... 1-800-DIG-TESS or 1-800-344-8377

**Pct. 4 Constable**..... 281-376-3472

**Street Light Outage**..... 713-207-2222

..... [www.centerpointenergy.com](http://www.centerpointenergy.com) - Have light number.

#### Texas Department of Public Safety Crime Service

.....<http://records.txdps.state.tx.us>

## UTILITIES

### SECTIONS 1, 2, 3

**WASTE MGT CUSTOMER SERVICE**.....713-686-6666  
Trash Pick-up is Tuesday and Friday.

**Water/Sewer Issues, all Sections: 281-807-9500**

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**M.U.D. 261** ..... [www.HCMUD261.com](http://www.HCMUD261.com)

### SECTION 4 VILLAGE OF WOODWIND LAKES

Royal Disposal & Recycle, P.O. Box 160, Fulshear TX 77441  
P. - 713-526-1536 | F. - 281-346-2961 | [royaldisposal@comcast.net](mailto:royaldisposal@comcast.net)  
Trash pick-up for Section 4 only, is on Wednesday and Saturday  
including curbside recycling every Saturday.  
TOPS Water, Eric Martin (713) 822-8389

### USEFUL LINKS

WL Website.....[www.woodwindlakeshoa.com](http://www.woodwindlakeshoa.com)  
Sec 1, 2 and 3 Utility.....  
..... <http://hcmud261.com/HCMUD261/Index.htm>  
Section 4 Utility ..... <http://www.wfud.org/>  
Social Media .. [https://woodwindlakes.nextdoor.com/news\\_feed/](https://woodwindlakes.nextdoor.com/news_feed/)  
Newsletter ..... <http://www.peelinc.com/>  
Sec 4 Gate (ICS)

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Please support the advertisers that make the *Woodwind Lakes Newsletter* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

## ARTICLE INFO

The *Woodwind Lakes Newsletter* is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to [Lynn.Collins@garygreene.com](mailto:Lynn.Collins@garygreene.com). The deadline is the 7th of the month prior to the issue.



## Janury/February 2018 YARD OF THE MONTH

Due to the hard freezes, judging for Yard of the Month for January and February has been suspended. Judging is scheduled to resume in March.

## WOODWIND LAKES WOMEN'S CLUB



Tuesday, February 20, 2018 at 11:00 am

THE EGG & I

10603 W. Sam Houston Parkway North  
between Fallbrook and West Rd

Brunch and Social Time

For additional information please contact:

Barbara Strong (713 466-4893)

Ann Tatum (713 724-0998)

Judith Simons (713 896-7041)

Cindy Horn (972 998-8242)

## Results Matter!

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You can count on me. That's a guarantee because at Gary Greene our passion is making a positive difference in the lives of the people we touch, one home at a time.



*A 2014, 2015, 2016 & 2017  
Top Producer*

**Lynn Collins**  
REALTOR® | MBA  
Woodwind Lakes Resident

**281.743.1159**

Lynn.Collins@GaryGreene.com  
<http://Lynn.Collins.GaryGreene.com>

"Most professional and attentive agent I have worked with on home purchase."  
- Satisfied, Houston, TX\*

"Have had the pleasure of working with Lynn on several occasions and will continue to do so for all future real estate needs."  
- Happy Client, Houston, TX

"Already recommended agent to others looking to sell in Katy... a house selling rockstar!"  
- Happy Seller- Katy, TX\*

"Very knowledgeable and always accessible when I needed to talk to her. I would highly recommend her to friends & family."  
- Satisfied, Cypress, TX\*

"Best agent I have ever dealt with. Lynn is tenacious and goes further to make her clients happy. She is great!" - Houston, TX\*

\*SOURCE: [www.RealSatisfied.com](http://www.RealSatisfied.com)

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## Want to Chase Away Winter Blues?



Whether You Love Cold Weather Or Not, Health Living Guru, Lee Holmes, Has Some Tips To Lift Our Mood And Lighten Our Spirit.

Let's start with FLAX SEEDS. These superstar seeds are full of Omega-3 Fatty Acids that are essential for our body. Want help to avoid a foggy brain? Want more energy? Want to strengthen your immune system and add fiber to your diet? Start sprinkling flax seeds on your foods.

Next on our list is MACA, a root vegetable, native to Peru. If you want to increase energy, decrease stress, support your immune system and reduce your fatigue, you've come to the right place (or vegetable). It is also rich in iron, a mineral we often lack. How can we incorporate it in a diet? Try adding a teaspoon to your oatmeal or add to warmed milk then stir in a little honey.

Most likely, you are going to LOVE this tip. Incorporating CACAO, the key ingredient in chocolate, is known to boost serotonin and dopamine levels to promote well-being. Please no milk chocolate (too much sugar) but chocolate that contains above 70% cacao.

Winter means we are often lacking in vitamin D, which leaves us pale. Enter the AVOCADO! This beautiful fruit is loaded with benefits to lift our mood, protect our heart and improve digestion. Our body needs a healthy fat to help absorb various vitamins, particularly vitamin D.

Don't forget BEANS, which pack a powerful punch of plant based protein, iron and other nutrients.

I find these to be healthful tips to keep us happy and healthy. Take Good Care, Stay Well and Enjoy the Season.

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Monthly Contract Stats

## WOODWIND LAKES

For December 2017

### Categories

Burglary Habitation: 0	Burglary Vehicle: 0	Theft Habitation: 0
Theft Vehicle: 0	Theft Other: 0	Robbery: 0
Assault: 0	Sexual Assault: 0	Criminal Mischief: 0
Disturbance Family: 0	Disturbance Juvenile: 0	Disturbance Other: 0
Alarms: 7	Suspicious Vehicles: 3	Suspicious Persons: 0
Runaways: 0	Phone Harassment: 0	Other Calls: 7

### Detailed Statistics By Deputy

Unit Number	Contract Calls	District Calls	Reports Taken	Felony Arrests	Misc Arrests	Tickets Issued	Recovered Property	Charges Filed	Mileage Driven	Days Worked
W12	45	0	4	0	1	26	0	0	1304	17
W13	28	33	13	0	0	9	0	0	730	16
TOTAL	73	33	17	0	1	35	0	0	2034	33

### Summary of Events

#### Other Calls

8600 CONCERTO CR- A known complainant stated that an unknown suspect(s)unlawfully obtained his personal information and used it to open a cell phone account without his consent.

#### Alarms

Deputies responded to 7 residential alarms that were all cleared as false or cancelled.

#### Suspicious Vehicles

Deputies responded to a 3 suspicious vehicle calls that were all cleared as GOA or information.

#### Suspicious Persons

Deputies responded to 0 suspicious person calls that were all cleared as GOA or information.

Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing the possibility of accidents.

Deputies conducted multiple contract, neighborhood and business checks within the contract increasing visibility while performing regular patrol duties.

Deputies responded to 7 other calls within the contract including:

*(Continued on Page 6)*

## BUSINESS CLASSIFIEDS

**RAINCO IRRIGATION SPECIALIST:** Commercial & Residential. Backflow Testing, Irrigation (Sprinkler) System Service, Maintenance and Repair, Rainbird - Hunter. Fully Insured. License # 9004 & 9226. Call 713-824-5327.

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).



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(Constable Report, continued from Page 5)

Motor Vehicle Accidents  
Animal Humane  
Child Custody Disputes  
Domestic Preventions  
D.W.I.  
Follow Up Investigations  
Information Calls  
Meet the Officer Lost  
Found Property  
Sex Offender Verification  
Stranded Motorist  
Traffic Hazard  
Unknown Medical Emergency  
Abandoned/Speeding Vehicles  
Welfare Checks

## Be a Courteous Driver

As you well know, Section #4 does not have sidewalks. Therefore residents need to use the streets or lake trails to walk or jog. Please be extremely careful and aware when driving in Section #4 because residents and pets may be on the streets. A few residents have reported drivers that have honked at them repeatedly or driven so close to them as to try to scare them off the street. Unlike sections 1, 2 and 3, the streets in section 4 are privately owned because they are within a gated community. We will be working with the Pct. 4 Constables to assist in making the streets safe for all pedestrians and pets.



## Crane Flies

Crane flies are surrounded by misinformation and misnomers. Some think that adult crane flies eat mosquitoes, but this is untrue. Adult crane flies feed on nectar or are non-feeding. Also, crane flies are sometimes referred to as “mosquito hawks” which is a misnomer. The name mosquito hawk is most often used to refer to dragonflies, but sometimes is also used to refer to a large species of mosquito with a larval stage which feeds on other mosquito species.



Crane flies can be small to large insects- topping out at about 1 inch, with long, slender legs, and a V-shaped suture on the thorax (body section behind the head). Legs tend to break off very easily, so you may often encounter these insects with less than their allotted amount of 6 legs (see image). Adults can be mistaken for giant mosquitoes and may frighten people.

Crane fly larvae are found in moist soil feeding on decaying organic

matter. The larvae are wormlike, legless, and without well-developed heads. Some species feed on roots of turf grass or other plants, but usually do not cause enough damage to be considered a pest.

In Texas, crane flies become abundant in the spring. While adults may be a nuisance when entering homes or disturbing outdoor activities, they do not cause damage and do not bite. Keep doors and windows closed and make sure screens are in good repair. Either turn off outside lights at night or use “bug bulbs” to reduce the number of crane flies drawn near the home because of light sources.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)

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## UNCONDITIONAL LOVE

Why the relationship between owners and pets is always an unconditional one.  
As we approach Valentine's Day, think of the great love between owners and their pets.

We all know our pets love us but what is behind their unconditional love? Research shows the bond between people and dogs has strengthened over time, around 30,000 years to be precise. Anyone who has ever owned a pet knows they have the capacity for the kind of unconditional love that is seen otherwise only between a human and its offspring. We are lucky to have so many residents in Woodwind Lakes that love their pets as much as they do.

The gentle nudge of a wet nose or a lick on the hand comes unbidden when we're upset or feeling down. The bounding dash to the door to greet us is also a demonstrable sign of the strength of the human-canine bond.

A subtle change in our demeanor can be picked up and registered by our dogs or cats. Cats, although fiercely independent by nature, do possess a similar capacity for love and nurture, as my cat-owning friends can testify.

Studies have also shown that looking a dog in the eyes can boost levels of oxytocin (a hormone involved in social bonding), in both the person and the dog. It's not just "cupboard love" triggered by a hungry belly. There is in fact nothing artificial that could ever replace that sheer authenticity of feeling. Dogs are the only species that, like a human child, runs to its human when it is frightened, anxious or just pleased to see us.

It is also the only animal, aside from other humans, that actively seeks out eye contact with people and truly wants to be with us. Cats too come to us when we are down and will show they are pleased to see us with a lick on the hand or a gentle purr to express their own feelings of contentment.

Pets give people so much in terms of love and emotional support. Simply stroking a dog, cat, rabbit or even horse can lead to lower blood pressure and can combat stress. The feelings are reciprocated, as our touch can have therapeutic effects for our pets, particularly if they are feeling out of sorts.

Companion animals can provide support and friendship to society's lonely, sick or elderly. They can be friends to those who do not easily understand the world around them. Autistic children for instance

can be guided gently from their closed, confusing and isolated worlds by a patient and loving dog or cat. Anxiety disorders and depression also can be eased by the loving presence of a pet.

