

## AERATION NOW CAN HELP YOUR SPRING AND SUMMER IRRIGATION

In order to prepare your lawn for a healthy spring growing season, you should employ basic lawn care practices at this time of year, which includes aerating your yard. It is important that nutrients reach the soil beneath your grass, and aeration can help you get that done.

Aeration involves making small holes in the soil to allow air, water and nutrients to get to the grass roots.

This helps the roots grow deeper and produce a stronger, more vibrant lawn.

Aerating helps alleviate soil compaction. Compacted soils have too many solid particles in a space, which prevents proper circulation of air, water and nutrients within the soil. Excess lawn thatch or heavy organic debris buried under the grass surface can also starve the roots from these essential elements.

So when is the right time to get this aeration done? These next six to eight weeks leading up to the spring season, when grass begins to grow again, is a good time to aerate.

The two main aeration tools are the spike aerator and a plug aerator. The spike aerator poke holes in the ground with a solid piece of metal. Plug aerators remove a core or plug of grass and soil from the lawn. Most landscaping companies and horticulturists recommend the use of the plug aerator. The machines can be rented or you can have a lawn care service aerate for you. After aerating,



it's always a good idea to apply about a half-inch of compost over the aerated yard. The compost fills in the holes left by the plug aerator and brings organic materials into the root zone.

If you have noticed that your turfgrass isn't looking its best or that water has difficulty penetrating through the soil surface, it may be time to aerate your lawn. Lawns with clay soils that get a lot of foot traffic typically require aeration more often as they become compacted over time. Here's a great tip to check to see if your yard needs to be aerated.

Using a shovel, dig a square-foot section of grass about six inches deep and take a look at it. If the grass roots don't extend further than two inches deep into the soil, your lawn would benefit from aeration.

#### If you plan to aerate your own yard, here are a few helpful tips to get the job done.

- Before you get started, make sure the soil is moist enough. There's nothing more frustrating than trying to aerate soil that is bone dry. Aerating the day after a rain shower or watering your lawn the day before is advised.
- Most aeration machines cover only a small percentage of soil surface per pass, so make multiple passes over the most compacted areas. Save resources (and your energy) by leaving unaffected areas alone.
- The soil plugs can be left on the ground after aeration and allowed to decompose. Or, you can rake them into piles to throw in the compost bin. However, this isn't necessary as it should take about two to four weeks for the soil cores to break down naturally. Sprinkle compost (sand or peat moss can be used instead of compost) over the lawn to fill in the holes.
- An aeration myth is that if you apply a pre-emergent herbicide on your lawn in the spring, aerating your lawn will destroy the herbicide "barrier." This is not true research shows that aeration will not affect crabgrass control or weed prevention.

After aerating, it's important to continue appropriate lawn care practices. (Continued on Page 2)

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Please support the businesses that advertise in the Ranch Record. Their advertising dollars make it possible for all Blackhorse Ranch residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or <u>advertising@PEELinc.com</u>. The advertising deadline is the 8th of each month for the following month's newsletter.

(Continued from Cover)

Aerating will help you save water over the spring and summer seasons. Instead of running off or only penetrating a few inches, water will be better absorbed in an aerated yard. That makes your entire landscape and your water bill happier.

#### Did you know...

According to the U.S. Environmental Protection Agency, outdoor water use varies greatly depending upon geographic location. In dry climates such as that in the Trinity Glen Rose District, a household's outdoor water use can be as high as 60 percent. Some experts estimate that as much as 50% of that irrigation water is wasted due to inefficient watering techniques, wind and evaporation.





# JUST ADD WATER

It's hard not to think about water. Just how much water are you using? Is it more or less than your neighbors?

In our community, water usage varies greatly by season. In the hotter, summer months more people are running their sprinklers and filling their swimming pools.

Did you know the typical  $14 \times 28$  ft. pool holds 16,000 - 18,00 gallons? Larger pools can hold double that amount. Don't forget about that irrigation system. Watering your ½ acre lot four times a week can use 45,000 gallons a month, or more.

Inside your home, your typical family of four uses 240-320 gallons per day! According to Texas A&M, the largest water users are the shower, clothes washer and toilets, accounting for about two-thirds of the water used in an average household. Toilets use up to 27% of the household water supply while clothes washers use 20.9% and showers account for 17.3%. Faucets account for about 15.3% and leaks account for 13.8% of a family's water use. Dishwashers, baths, and other account for the remaining water use. Assuming you have a new water saving showerhead, a four-minute shower uses about 8 gallons of water; older showerheads run at 5 gallons or more per

minute. Washing machines can use anywhere from 20-57 gallons per load. Front-loaders tend to use less water and some new high efficiency machines use not only 40-50% less water but less electricity too. Do you know how much water your machine uses per load?

Let's talk about toilets. Older toilets can use 3-7 gallons per flush; newer models are less than half of that. No matter what the model, if its leaking, it's costing you money. A moderate toilet leak will generally waste 6,000 gallons of water a month – that's \$50-\$70 depending on rates! If it's just a flapper or floater that needs replacing, it will cost you around \$3 at your nearest home improvement store. A simple and quick way to determine if your toilet is leaking is to insert a couple drops of food coloring into the tank and don't flush your toilet for 20-30 minutes. Then, check to see if there is color in the toilet bowl. If there is, then you have a running toilet leak. More serious problems should be addressed by a licensed plumber.

Lastly, don't dismiss that pesky leaking faucet. One faucet leaking at a very typical rate of 10 drips per minute, is wasting close to a gallon of water per day. Got a fast drip going? A faucet or showerhead that drips 60 drips per minute wastes 5 gallons of

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## RANCH RECORD

(Continued from Page 3)

water a day. That's 2,082 gallons per year.

No one wants to be seen as the neighbor who wastes water, especially when your water provider may issue voluntary and/or mandatory rules about water usage during the upcoming summer months. It's always nice to be as eco-friendly as possible, and understanding your water usage often results in savings on your home water bills.

For more information:

- (TAMU Water Education Network) https://water.tamu.edu/save-water-at-home/
- (Faucet drip calculator) https://water.usgs.gov/edu/activity-drip.html
- (Irrigation system usage) http://www.severntrentservices.com/uploads/how%20much%20 water%20does%20my%20irrigation%20system%20use.pdf



## TACOS FOR TOTS Submitted by Juan Lozano

Fairfield's Juan & Yadira Lozano Family will be hosting their 4th annual World Down Syndrome Awareness Day at their restaurant Tacoland. Free face painting and balloon artist will be at Tacoland 3pm-4pm. Free meal all day to any down syndrome friend, and 20% discount for their families. Any kid that come wearing silly socks get a free toy and a free taco, adults wearing silly socks get a free taco. **Tacos for Tots** | 22224 NW Freeway, Cypress TX 77429





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#### **CY-FAIR** REPUBLICAN WOMEN MARCH MEETING

CFRW will meet on Tuesday, March 13th at 10:30 AM.

Hearthstone Country Club,

7615 Ameswood, Houston, TX 77095

Meeting is \$3 – Meeting with Lunch at Noon is \$23.

Darcy Mingoia will be our speaker for March. She is a member of the Cy-Fair School Board and has been an active volunteer for our community as well as having been Executive Director of the Lone Star College Foundation and President of the Cy-Fair Houston Chamber of Commerce.

See the website for details and RSVP to www.cfrw.net by March 6th. Several candidates attend our meetings regularly so come and get to know them.

We look forward to seeing you there. Nancy Roberts | Publicity Chair | nancyroberts004@att.net

Cy-Fair Republican Women | info@cfrw.net

# CYPRESS AREA FOOD PANTRY

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm

> to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations and volunteers are also greatly appreciated.

Computerized job search and resume preparation and printing are also available.

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# Cy-Fair Women's Expo Kick Off

#### Luncheon Details

Thursday, March 29, 2018 Networking 11a.m.; Luncheon begins at 11:30 a.m.

#### Sterling Country Club,

16500 Houston National Blvd., Houston, TX 77095 Costs \$25 with advanced reservations; \$30 at the door

**Houston, Texas (February 9, 2018)** Cy-Fair Express Network (CYFEN) is holding its monthly luncheon to kick off the 2018 Cy-Fair Women's Expo. This year's Expo theme is "Uniting the Community".

Come hear inspirational stories about various journeys through the business world.

#### About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support



**American Business Women's Association** 

Cy-Fair Express Network

of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

#### About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.

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## RANCH RECORD



Cypress Mill Mako Sharks will be having registration on Saturday, March 24 and Saturday, April 7 from 9:00-12:00 at the Cypress Mill Rec Center. Come find out about our local summer league swim team! More info can be found on our Facebook page and website cymillmakosharks.swimtopia.com

# **Shalom Cypress**

Shalom Cypress was established in 2011 by local families seeking a Jewish presence in Northwest Houston. We are the closest synagogue within 25 miles of the nearest synagogue. Many thought that they were the only Jews in the Cypress area, but it turns out that they were wrong! Shalom Cypress has grown to more than 30 affiliated families.

Passover is right around the corner! We will be having a Passover Seder, along with our monthly services. Please visit our website at www.shalomcypress.org, or e-mail us at info@shalomcypress.org to find out more information.

Shalom Cypress has many ongoing & active programs for people of all ages. It is not too late to sign-up for our Hebrew School. Now available for adults!

# REGISTER FOR LOCAL SENATE DISTRICT DEMOCRATIC CONVENTION

The 2018 Senate District 17 (Harris County) and Senate District 7 Democratic Convention will be held on Saturday, March 24th at Northbrook High School (Spring Branch ISD), located at 1 Raider Circle South, Houston TX, 77080. (Senate District 17 and Senate District 7 will be holding a joint convention).

Registration/Check-in starts at 8:00 am with a Call-to-Order at 9:00 am. The Convention is expected to adjourn at 3:00 pm. The Convention is free and open to ALL Democrats but it is important that you pre-register for the convention. To register, visit TexasDemocraticConvention.com.

The Senate District Conventions are held every two years in preparation for the Texas Democratic Convention (to be held June 21-23 in Fort Worth). The purpose of the Senate District Convention will be to: Select delegates to the State Convention; Pass Resolutions that will be forwarded to the State Convention for possible inclusion in the Party Platform; Meet your fellow Democratic activists in your precinct and neighborhood; Hear from Democratic candidates and elected officials.



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# MEMORIAL HERMANN CYPRESS HOSPITAL CELEBRATES FIRST ANNIVERSARY OF OPENING

CYPRESS – More than 700 babies born, one thousand surgeries completed, and 14 thousand Emergency Center visits. These are just a few of the accomplishments Memorial Hermann Cypress Hospital will be celebrating on the first anniversary of opening on March 31, 2018.

"We've seen amazing growth in the hospital's first year of operation. I am proud that the community has embraced us as a trusted care provider. We will continue to expand services in the years to come to meet the needs of this growing community," said Heath Rushing, Senior Vice President and CEO of Memorial



Hermann Cypress.

Since opening, the 81-bed facility has added a High-Risk Pregnancy Center, Wound Care, and robotic surgery capabilities. The hospital also began its journey toward becoming a designated Level III trauma center and Level II Neonatal Intensive Care Unit.

"It takes time to demonstrate the consistent, high-quality care offered at the hospital in order to receive these designations. We feel confident that we will show the state that we can handle seriously injured and ill patients, and ultimately receive both designations," said Jessica Rivas, Vice President and Chief Nursing Officer at Memorial Hermann Cypress.

Memorial Hermann Cypress invites members of the community to attend a First Anniversary Celebration on April 7, 2018 from 10 a.m. to 1 p.m. The family-friendly event will have carnival-style food and games and a live DJ, as well as opportunities to meet affiliated physicians and receive free health screenings.



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