



SPICEWOOD

MARCH 2018

A NEWSLETTER FOR THE RESIDENTS OF SPICEWOOD, TX

VOLUME 2, ISSUE 3

FEATURED FAMILY

The WINAR Family



"From Spicewood, Texas, Jordan Winarrrrrr" echoed across the finish line as Jordan, age 33 and rookie triathlete, ran across it carrying his son and running hand and hand with his daughter at the XTERRA World Championships in Maui, Hawaii last October. His wife, Mandy, and youngest son greeted them just past the finish line with smiles on all of their faces! The XTERRA World Championship is held on the island of Maui every year at the Ritz Carlton and consist of a 1 mile swim in the ocean, 18 mile mountain bike up 3,000 feet of elevation and finishes with 6.2 mile off road trail run up 2,500 of elevation all while in 90 degree temperatures. You may not have heard the announcer from Spicewood at the end of October last year across thousands of miles of ocean but you may have watched it on TV within the last couple

weeks as it aired on FOX sports and the WB and can also be seen on Amazon TV.

By day, Jordan is a director of sales for a large firm headquartered in Houston to over 22 outside sales reps. At night, he's a husband and father of three ages 6, 4 and 2. If your up early enough you might catch him training, which starts around 4am. He will be riding his mountain bike down Bee Creek Road over to Pace Bend Park which is one of Spicewood's two stunning parks located on the shores of Lake Travis.



Jordan signed up for his first triathlon in his life this past year just minutes from his house held at Pace Bend called XTERRA ATX. This year it will take place on April 21st. So if your looking for a fun activity for you, your spouse, friends or kids sign up and enjoy Spicewood on the trails (www.racerevolutions.com). You can sign up individually or as a relay. If you can't make the race in April you can sign

up for XTERRA Muleshoe on August 11th. Both races consist of an 800 meter swim in Lake Travis, 13 mile mountain bike, and 3 mile trail run to finish.

After Jordan competed in his first race that he signed up because of neighbor talked him into he realized he was pretty decent and took a liking to the sport and ended up qualifying for the World Championships by winning his region. With over 800 competitors and over 53 different countries being represented your neighbor and friend was amongst the best in the world both professionally and amateurs alike.

This spring, take advantage of Spicewood's parks at Pace Bend and Muleshoe. Go for a swim, buy a new mountain bike, or some trail running shoes and if your ever looking for a friend to train with or advice on racing on trails look up Jordan Winar or follow his races and diet at www.jordanwinar.blog and if you see him pedaling around make sure to honk and wave!

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Spicewood Community Center	512-755-3119
Helping Hands Crisis Ministry	512-808-6092
Spicewood & Highland Lakes Lions Club..	830-693-3645
Spicewood Post Office.....	830-693-2377

NEWSLETTER PUBLISHER

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Introducing Get To Know Your Neighbors

We are all very fortunate to call Spicewood home. But, Spicewood is more than just a place to live; it is a vibrant community brimming with family-friendly neighborhoods, chock-full of fascinating, talented people. Our variety is what makes us so both unique and extraordinary. However, sometimes, we get so busy, we lose sight of how interesting and diverse we've become.

We believe that getting to know the people who live nearby will help us create a sense of belonging and shared identity. We have created a column entitled, "Get to Know Your Neighbors" which we hope will strengthen connections, build trust in our wider community, and contribute to a happier neighborhood for everyone.

If you know of a person or a family that you believe is making Spicewood a better place to live, please let us know. We would like to introduce them to your neighbors.



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SPICEWOOD ARTS SOCIETY

Hot Texas Swing Band Plays Spicewood Vineyards April 6 Wear yer boots, Y'all



For just one night, the Spicewood Vineyards Event Center will be turned into a Texas honky-tonk when the Hot Texas Swing Band swings into town April 6. The fun starts at 7 p.m.

Dress code is jeans, boots and other Western gear. Get ready for a “crazy-good” band where they’ll be playing tight but hanging loose and having just as much fun as the dancers who’ll be crowding the floor.

Out of his own love for Western swing, bandleader Alex Dormont launched HTSB in 2011. It’s quickly grown into one of Austin’s hottest bands, recording, performing and touring, reaping a shelf-full of awards and accolades along the way.

The HTSB’s latest release, *Off the Beaten Trail*, offering a generous helping of Dormont’s original songs, was recently named an Academy of Western Artists Top 5 Finalist for 2017 Western Swing Album of the Year. *Ain’t Dead Yet*, from the previous album of the same name, is a finalist for 2017 Western Swing Song of the Year.

Dormont said he’s “loved Western Swing since I first heard Bob Wills and Asleep at the Wheel music. Texas is at a musical crossroads between north, east, south and west: the fiddle tunes of the Appalachians, the jazz from New Orleans, the Latin music from Mexico and the cowboy music from the West.”

That rich heritage can be heard in *Off the Beaten Trail*, which includes a Western take of *Cow-Cow Boogie* and a bluesy version of *Cry Me a River*, wrote Kristin Brown in *Cowboys and Indian Magazine*.

“Western Swing was created in Texas in the 1930’s and is now the official state music. What appeals to me most about Western Swing is the positive energy in the music and the surprises that come with all the individual improvising and group synergy,” Dormont said.

Reviewers have taken note. “HTSB’s horn-laced western swing knows from whence it came but takes some fresh sounding side trips as well,” said *Roots Music Report*, one of many glowing reviews cited on the HTSB website.

Playing on concert night will be Alex Dormont- upright bass and vocals; Liz Morphis and Selena Rosanbalm- vocals; Ileana Nina- fiddle; Cat Clemons-guitar; Stephen Bidwell- drums.

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MARCH 26th 2018

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Players contact Lion Guy Weinhold—512-263-9499

Sponsors contact Lion David Almond—830-693-3645

SpicewoodGolfGuy@gmail.com

golf@HighlandLakesLions.Club



CELEBRATING EASTER AT ONE CHAPEL LAKE TRAVIS

Easter falls on April 1 this year, and One Chapel Lake Travis, located at 22800 Highway 71 West, will offer its two regular services that day, at 9:30 and 11:30 a.m. The Easter event will provide a dramatic interpretation of Jesus' resurrection, along with awesome worship music and an uplifting message. A photo booth with a photographer will allow individuals, couples and families to take pictures of themselves in their Easter finery.

The Sunday before, March 25, is Palm Sunday and will conclude the current series on the book of Romans, a book of the Bible that has initiated reformation several times over the last two millennia. Between services on that day, at 11:15

am, an Easter egg hunt will be conducted for the children, while adults enjoy specialty coffee and scones.

To listen to a past message online, go to onechapel.com/messages, select "Podcasts," and then choose the message you would like to listen to from One Chapel Lake Travis.

One Chapel Lake Travis is part of a neighborhood of churches united in one purpose: to keep Jesus at the center of everything they do. Currently, three One Chapel churches serve the greater Austin area - in Spicewood, Austin and Kyle. They gather each Sunday, and with groups during the week, to worship, explore scripture, and find community. To learn more about One Chapel, go to www.onechapel.com.

ONEchapel



Palm Sunday, March 25

Easter egg hunt for the kids

Between services

at 11:15 am

Easter Sunday, April 1st

9:30 and 11:30 am

www.onechapel.com

PUT **GOD** FIRST!



Sundays - 9:30 am 11:30 am • 22800 Hwy 71 West, Spicewood, Texas 78669

Lions Club Student Poster Contest

Exhibit displays winning entry, honorable mentions in Lions Club Student Poster Contest

The artwork of Lake Travis Middle School eighth grade student Bella Hatch was prominently displayed at a recent exhibit at Baylor Scott & White Medical Center Lakeway. Her winning entry in the Austin Lake Travis Lions Club Peace Poster Contest was shown alongside Hudson Bend Middle School students Vivian Heitkoetter, 7th grade and Victoria Rebber, 6th grade—each of whom received Honorable Mention.

For the past 30 years, Lions clubs around the world have sponsored the Lions International Peace Poster Contest in local schools and youth groups. The art contest for kids encourages young people worldwide to express their visions of peace.

For 2017-2018, each poster was judged on originality, artistic merit and portrayal of the contest theme, "The Future of Peace." In all, more than 120 posters will be displayed at the exhibit.

Lake Travis Lions Club member Linda Davis said she was impressed by the expression and creativity of the participating students from both Hudson Bend and Lake Travis middle schools.

"It is obvious that these young people have strong ideas about what peace means to them," said Davis. "I'm so proud that we were able to provide them with the opportunity to share their vision."



Lions Clubs International is the world's largest service club organization with more than 1.36 million members in more than 46,000 clubs in 210 countries and geographical areas around the

world. In addition to its efforts toward conquering blindness, the organization has made a strong commitment to community service and helping youth throughout the world.

Lake Travis art teachers who served as contest coordinators for students included Lynne Johnson, Lake Travis Middle School; and Kristen Blauvelt and Robin Garcia, Hudson Bend Middle School.

.....
Pictured (L-R) - Bella Hatch, First Place; pediatric physician Shubha Adeni, MD, of Baylor Scott & White Health; and Vivian Heitkoetter, Honorable Mention at the Lake Travis Lions Club Peace Poster display held February 5 at Baylor Scott & White Medical Center Lakeway; not pictured is Victoria Rebber, Honorable Mention.

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HEART GALLERY OF CENTRAL TEXAS



Meet Chasity, 11, she is waiting for a forever family. Chasity is a sweet and kind young girl. She is somewhat shy but likes being around others. She is very comfortable around those who are caring and affectionate toward her. She is very polite and will use 'please', 'thank you', and 'sorry'. Chasity greatly enjoys being outdoors, and she especially likes going to the water park. She loves coloring and showing off her work. Chasity has development, emotional, and learning disabilities and receives special education services. She loves praise and likes to let everyone around know when she is able to accomplish a task. She is working on becoming more independent and pushes towards doing things on her own.

The Heart Gallery of Central Texas, a program of Partnerships for Children, features portraits of Central Texas children in the foster care system who are available for adoption. Working together, our community raises awareness around adoption, foster care and permanency.

heartgallerytexas.com

Lake Travis Retired Physicians Host Authors of Rotary 3-D Limbs Project

Donna Gunn and Barker Keith of the Lakeway/Lake Travis Rotary Club will speak at a monthly luncheon meeting of the Lake Travis Retired Physicians on Wednesday, March 7, 11:15 a.m., Cafe Blue, Hill Country Galleria.

The pair co-authored a 3-D artificial limb project which they hope will help children worldwide.

"Many countries face a dire shortage of qualified prostheses for amputees. The 3-D Limbs Project helps to meet this need by providing 3-D printing technology, training and educational materials. Our goal is to enable amputees the opportunity to regain self-sufficiency," Gunn says.

In 2016, the first international trial of this project was in rural Tanzania, in cooperation with Baylor College of Medicine, Houston.

The meeting is open to area retired physicians and their guests. Luncheon reservations are required. Contact Dr. Bill Evans, 512-261-3536, or club organizer Pat Evans, patevans39@gmail.com. Inquiries from potential speakers are welcome.

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AERATION NOW CAN HELP YOUR SPRING AND SUMMER IRRIGATION

In order to prepare your lawn for a healthy spring growing season, you should employ basic lawn care practices at this time of year, which includes aerating your yard. It is important that nutrients reach the soil beneath your grass, and aeration can help you get that done.

Aeration involves making small holes in the soil to allow air, water and nutrients to get to the grass roots.

This helps the roots grow deeper and produce a stronger, more vibrant lawn.



Aerating helps alleviate soil compaction. Compacted soils have too many solid particles in a space, which prevents proper circulation of air, water and nutrients within the soil. Excess lawn thatch or heavy organic debris buried under the grass surface can also starve the roots from these essential elements.

So when is the right time to get this aeration done? These next six to eight weeks leading up to the spring season, when grass begins to grow again, is a good time to aerate.

The two main aeration tools are the spike aerator and a plug aerator. The spike aerator poke holes in the ground with a solid piece of metal. Plug aerators remove a core or plug of grass and soil from the lawn. Most landscaping companies and horticulturists recommend the use of the plug aerator. The machines can be rented or you can have a lawn care service aerate for you. After aerating, it's always a good idea to apply about a half-inch of compost over the aerated yard. The compost fills in the holes left by the plug aerator and brings organic materials into the root zone.

If you have noticed that your turfgrass isn't looking its best or that water has difficulty penetrating through the soil surface, it

(Continued on Page 9)

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(Continued from Page 8)

may be time to aerate your lawn. Lawns with clay soils that get a lot of foot traffic typically require aeration more often as they become compacted over time. Here's a great tip to check to see if your yard needs to be aerated.

Using a shovel, dig a square-foot section of grass about six inches deep and take a look at it. If the grass roots don't extend further than two inches deep into the soil, your lawn would benefit from aeration.

If you plan to aerate your own yard, here are a few helpful tips to get the job done.

- Before you get started, make sure the soil is moist enough. There's nothing more frustrating than trying to aerate soil that is bone dry. Aerating the day after a rain shower or watering your lawn the day before is advised.
- Most aeration machines cover only a small percentage of soil surface per pass, so make multiple passes over the most compacted areas. Save resources (and your energy) by leaving unaffected areas alone.
- The soil plugs can be left on the ground after aeration and allowed to decompose. Or, you can rake them into piles to throw

in the compost bin. However, this isn't necessary as it should take about two to four weeks for the soil cores to break down naturally. Sprinkle compost (sand or peat moss can be used instead of compost) over the lawn to fill in the holes.

• An aeration myth is that if you apply a pre-emergent herbicide on your lawn in the spring, aerating your lawn will destroy the herbicide "barrier." This is not true — research shows that aeration will not affect crabgrass control or weed prevention.

After aerating, it's important to continue appropriate lawn care practices.

Aerating will help you save water over the spring and summer seasons. Instead of running off or only penetrating a few inches, water will be better absorbed in an aerated yard. That makes your entire landscape and your water bill happier.

Did you know...

According to the U.S. Environmental Protection Agency, outdoor water use varies greatly depending upon geographic location. In dry climates such as that in the Trinity Glen Rose District, a household's outdoor water use can be as high as 60 percent. Some experts estimate that as much as 50% of that irrigation water is wasted due to inefficient watering techniques, wind and evaporation.

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Carmelitas

INGREDIENTS

32 caramel squares, unwrapped
½ cup heavy cream
¾ cup butter, melted
¾ cup brown sugar, packed
1 cup flour
1 cup rolled oats
6 ounces semisweet chocolate chips
1 teaspoon baking soda

DIRECTIONS

Combine caramels and cream in a small saucepan over low heat. Stir until completely smooth; set aside. In a separate bowl combine melted butter, brown sugar, flour, oats, and baking soda. Pat half of the oatmeal mixture into the bottom of an 8 x 8 inch pan. Bake at 350 degrees for ten minutes. Remove pan from oven and sprinkle chocolate chips over crust.



Pour caramel mixture over chocolate chips. Crumble remaining oatmeal mixture over caramel. Return to oven and bake an additional 15 – 20 minutes, until the edges are lightly browned. Remove from oven and cool completely before cutting

Serve and store at room temperature.

There is nothing more beautiful than someone who goes out of their way to make life beautiful for others.



Partners in Hope connects one person's gifts and talents with another person's needs and equips the Lake Travis community to serve through the lens of ministry. Contact Matt Peacock at mattbp61@gmail.com to get involved.

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2017 was a busy and meaningful year for LTlov, which celebrated 10 years of operation in October and passed the \$1,000,000 mark in goods, services and financial contributions provided to struggling residents in the Lake Travis community. LTlov has been honored and challenged over the past 10 years to be a channel and a witness to the power of ordinary people coming together to do extraordinary things for those struggling in our midst. The membership of LTlov would like to thank our generous community as we look forward to the upcoming year and continuing the work of helping our neighbors overcome limiting circumstances. Pictured, Members toast the completion of the LTlov's first Annual Grants Funding in 2009.



SUDOKU

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