

# Aeration Now Can Help Your Spring and Summer Irrigation

In order to prepare your lawn for a healthy spring growing season, you should employ basic lawn care practices at this time of year, which includes aerating your yard. It is important that nutrients reach the soil beneath your grass, and aeration can help you get that done.

Aeration involves making small holes in the soil to allow air, water and nutrients to get to the grass roots.

This helps the roots grow deeper and produce a stronger, more vibrant lawn.

Aerating helps alleviate soil compaction. Compacted soils have too many solid particles in a space, which prevents proper circulation of air, water and nutrients within the soil. Excess lawn thatch or heavy organic debris buried under the grass surface can also starve the roots from these essential elements.

So when is the right time to get this aeration done? These next six to eight weeks leading up to the spring season, when grass begins to grow again, is a good time to aerate.

The two main aeration tools are the spike aerator and a plug aerator.



The spike aerator poke holes in the ground with a solid piece of metal. Plug aerators remove a core or plug of grass and soil from the lawn. Most landscaping companies and horticulturists recommend the use of the plug aerator. The machines can be rented or you can have a lawn care service aerate for you. After aerating, it's always a good idea to apply about a half-inch of compost over the aerated yard. The compost fills in the holes left by the plug aerator and brings organic materials into the root zone.

If you have noticed that your turfgrass isn't looking its best or that water has difficulty penetrating through the soil surface, it may (Continued on Page 3)

# "GET TO KNOW YOUR NEIGHBORS"

We are all very fortunate to call Tarrytown home. But, Tarrytown is more than just a place to live; it is a vibrant community brimming with family-friendly neighborhoods, chock-full of fascinating, talented people. Our variety is what makes us so both unique and extraordinary. However, sometimes, we get so busy, we lose sight of how interesting and diverse we've become.

We believe that getting to know the people who live nearby will help us create a sense of belonging and shared identity. We have created a column entitled, "Get to Know Your Neighbors" which we hope will strengthen connections, build trust in our wider community, and contribute to a happier neighborhood for everyone.

If you know of a person or a family that you believe is making Tarrytown a better place to live, please let us know. We would like to introduce them to your neighbors.

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#### **IMPORTANT NUMBERS**

EMERGENCY NUMBERS	
EMERGENCY	911
Fire	911
Ambulance	911
Police Department	512-975-5000
Sheriff – Non-Emergency	
Animal Services Office	311
SCHOOLS	
Austin ISD	512-533-6000
Casis Elementary School	
O. Henry Middle School	
Austin High School	
C C C C C C C C C C C C C C C C C C C	
UTILITIES	
City of Austin	512-494-9400
Texas Gas Service	
Custom Service	
Emergencies	
Call Before You Dig	
Grande Communications	512-220-4600
AT&T	1 000 /// 7000
New Service	
Repair	
Billing	1-800-858-/928
Time Warner Cable	512 405 5555
Customer Service	
Repairs	
Austin/Travis County Hazardous Waste	312-9/4-4343
OTHER NUMBERS	
Ausitn City Hall	512-974-7849
Ausitn City Manager	512-974-2200
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### ALZHEIMER'S CAREGIVER SUPPORT GROUP

In Texas alone, roughly 1,270,000 caregivers provide an average of 20 hours a week of unpaid care for friends and loved ones. Caregiving is a demanding undertaking and results in high levels of stress. One core service of Alzheimer's Texas is to provide support to caregivers through volunteer facilitated support groups.

"These groups educate and inform participants about dementia and help caregivers develop methods and skills to solve problems," says Christian Wells, President of Alzheimer's Texas. "They encourage caregivers to maintain their own personal, physical and emotional health as well as providing peer guidance on how to care for the person with dementia."

At 7:00 pm on the third Tuesday of every month, caregivers in the Austin area can gather at Tarrytown Methodist to share their experiences in a safe, supportive environment. Meetings last about an hour and there is no charge to attend.

"We provide a safe, confidential space for caregivers to share what only other caregivers might understand," says Barbara Wiederaenders, facilitator at Tarrytown Methodist. "The mutual trust is precious and supportive."

#### **Event Details:**

When: 3rd Tuesday of Every Month, at 7:00 pm

Where: Tarrytown Methodist, 2601 Exposition, Room 227, Austin, TX 78703

Contact: Barbara Wiederaenders, (512) 451-0684 or (512) 845-6117

To find out more information about this program, Alzheimer's disease or Alzheimer's Texas, email vcardenas@ TXAlz.org or call (512) 241-0420.

#### About Alzheimer's Texas

Alzheimer's Texas is dedicated to eliminating Alzheimer's disease through the advancement of research and to enhance care and support for individuals with Alzheimer's disease and related disorders, their families, and caregivers. The organization provides care consultations, 24-hour helpline, support groups, respite care, educational and social engagement programs, and professional training. Alzheimer's Texas was founded in 1982 and serves Central Texas. For more information, visit www.txalz.org.

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(Continued from Cover)

be time to aerate your lawn. Lawns with clay soils that get a lot of foot traffic typically require aeration more often as they become compacted over time. Here's a great tip to check to see if your yard needs to be aerated.

Using a shovel, dig a square-foot section of grass about six inches deep and take a look at it. If the grass roots don't extend further than two inches deep into the soil, your lawn would benefit from aeration.

If you plan to aerate your own yard, here are a few helpful tips to get the job done.

- Before you get started, make sure the soil is moist enough. There's nothing more frustrating than trying to aerate soil that is bone dry. Aerating the day after a rain shower or watering your lawn the day before is advised.
- Most aeration machines cover only a small percentage of soil surface per pass, so make multiple passes over the most compacted areas. Save resources (and your energy) by leaving unaffected areas alone.
- The soil plugs can be left on the ground after aeration and allowed to decompose. Or, you can rake them into piles to throw in the compost bin. However, this isn't necessary as it

- should take about two to four weeks for the soil cores to break down naturally. Sprinkle compost (sand or peat moss can be used instead of compost) over the lawn to fill in the holes.
- An aeration myth is that if you apply a pre-emergent herbicide on your lawn in the spring, aerating your lawn will destroy the herbicide "barrier." This is not true — research shows that aeration will not affect crabgrass control or weed prevention.

After aerating, it's important to continue appropriate lawn care practices.

Aerating will help you save water over the spring and summer seasons. Instead of running off or only penetrating a few inches, water will be better absorbed in an aerated yard. That makes your entire landscape and your water bill happier.

#### Did you know...

According to the U.S. Environmental Protection Agency, outdoor water use varies greatly depending upon geographic location. In dry climates such as that in the Trinity Glen Rose District, a household's outdoor water use can be as high as 60 percent. Some experts estimate that as much as 50% of that irrigation water is wasted due to inefficient watering techniques, wind and evaporation.







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#### TARRYTOWN REAL ESTATE MARKET REPORT UPDATE

March

by Trey McWhorter

As it is still early in the year and there hasn't been much activity (only 6 transactions through 2/15/18), I'll give you an update on another market indicator that has actually been a hot topic recently: inventory, or lack thereof. In December 2017, there were 38 active listings in MLS for Tarrytown, lower than the previous 3 years.

Entering 2018, active listings in January were even lower at 34, which was the lowest number of active listings in any month going back to 2004 (which is as far back as I can pull numbers). That is over 17% lower than the previous January low of 41 in 2012.

However, both 2012 and 2013 started off with a relatively low number of active listings (41 & 43 respectively), but ended up being very strong years, with transaction numbers finally returning to pre-recession levels, and sold prices exceeding pre-recession highs for the first time. And based on what is under contract currently (most of which will end up closing in March), sold homes in March appear to be on track to be consistent with past strong years.

If you want to make sense of what's going on in the market, or would like a better understanding of what your own home is worth, please contact me and I'd be happy to help you. You can also find additional analysis and updates to this article on treymcwhorter.com.



Note: All data comes from the Austin Board of Realtors' MLS report, reflecting activity through February 15, 2018.



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## CHANGE AUSTIN'S FUTURE ON APRIL 19

You have the power to break generational cycles of poverty, trauma and neglect. You can shape the future of a child and our community. That future starts now.

The annual "Learning Starts Here" luncheon, benefiting Mainspring Schools, brings people together to help disadvantaged, full-of-potential kids and their families in Austin.

Join us on Thursday, April 19 to learn about the issues facing Austin's families and children in poverty, celebrate the achievements of the last year and consider how we can help these children in the future

What: Mainspring Schools "Learning Starts Here" Luncheon

When: 11 a.m. - 1 p.m. on Thursday, April 19 (lunch is served at 11:30)

Where: Renaissance Austin Hotel

Keynote Speaker: Dr. Seth Pollak

Dr. Seth Pollak, professor and researcher at the University of Wisconsin, will discuss the role that early experiences in children's lives have on development of brain structure and function, which is a crucial topic for so many children at Mainspring and across Austin.

Backed by years of fascinating research, Dr. Pollak's particular area of interest is how the quantity and quality of early experiences in children's lives influences how they think about and process information. The goal is to understand how developmental change occurs to develop effective prevention and intervention strategies for children most at risk for emotional, learning and behavior problems.

To purchase tickets, visit www.mainspringschools.org/learning-starts-here-luncheon/

On behalf of these kids, families and staff, thank you for caring about this important issue.

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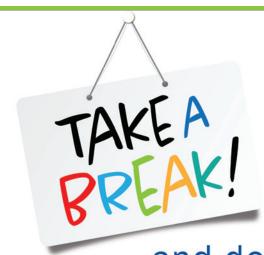
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and do something fun!

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- 10-11 Guns of 1863 | Camp Mabry | www.texasmilitaryforcesmuseum.org
- **10-24 Austin Rodeo** | Travis County Expo Center | www.rodeoaustin.com
- 17 St. Patrick's Day Festival | Jourdan-Bachman Pioneer Farms | www.stpatricksdayaustin.com
- 17 Mud Dauber Festival and Chili Fest | Luckenbach | www.luckenbachtexas.com
- 21-25 Dell Match Play | Austin Country Club | www.pgatour.com
- **22-25 Vintage Porsche Rallye** | Kerrville, TX | www.hillcountryrallye.org
- 31 Texas Whiskey Festival | Bullock Texas History Museum | www.txwhiskeyfest.com

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