CYPRES. MAY 2018 - VOLUME 4, ISSUE 5







NEWS FOR THE CYPRESS PARK COMMUNITY













COMMUNITY COMES TOGETHER TO SUPPORT TRAUMA SURVIVORS

It was a wet and chilly day, but that didn't dampen the spirits of runners and walkers at the 2018 Running for Hearts 5K Family Fun Run and Walk on Saturday, April 7 at Windwood Presbyterian Church! The community came together to support local trauma survivors including those affected by human trafficking, abuse, crime, war, and natural disasters like Hurricane Harvey.

"If someone in our community of any age has experienced trauma, Shield Bearer is the place that helps healing take place," stated race sponsor Esther Halford of Halford Busby Construction Consultants. "Shield Bearer helps families heal and find hope again. That's why this race is so important and why I wholeheartedly support it."

Runners and walkers of all ages warmed up with the coaches of Iron Tribe Fitness and local DJ KLS Entertainment before a timed, trail style 5K and 1-mile family walk. Kids enjoyed activities like face painting, fire truck tours, egg relays, photos with the Chick-fil-A cow, and a giant inflatable soccer goal from Sport Quest. "We love how Shield Bearer is helping families and had such a great time being part of this event. It was a privilege to be involved," stated Jim Spence, Sports Quest founder and a medal winner in the race.

Over fifty volunteers including teens from local Cy Fair ISD and Klein ISD helped with set up, activities, cheering, and planning the event. "It

(Continued on Page 4)

IMPORTANT NUMBERS

EMERGENCY NUMBERS		
EMERGENCY	911	
Fire/Ambulance	911	
Officer	911	
Poison Control	800-222-1222	
Cy-Fair Medical Clinic (24 Hour	281-890-4285	
Sheriff Non-emergency	281-463-2648	
NON-EMERGENCY NUMBERS		
Emergency Roadside Assistance	800-525-5555	
Fire/Ambulance	713-466-4073	
Harris County Precinct 4	281-376-3472	
Texas No Call List Registration		
Vacation Watch		
SCHOOLS		
Bus Information	281-897-4380	
Ault Elementary School		
Keith Elementary School		
Swenke Elementary School		
Rosehill Christian School		
Cy-Fair Administration		
Cy-Ranch High School		
Cy-Woods High School	281-213-1800	
Salyards Middle School	281-373-2400	
Spillane Middle School	281-213-1645	
UTILITY NUMBERS		
Eagle Water Management, Inc	281-373-8989	
Centerpoint (Gas	713-659-2111	
Reliant Energy (Electricity		
OTHER NUMBERS		
AT&T Repair Center	800-246-8464	
Street Light Outages (Need to provide the 6 digit pole num		
Harris County Animal Control	832-999-3191	
Best Trash (They provide free trashcan for recyclables)		
Harris County Public Library		
Post Office		

NEWSLETTER INFO

PUBLISHER

Peel, Inc.	888-687-6444
Advertising	advertising@PEELinc.com

ARTICLE SUBMISSIONS

Do you have an idea or suggestion for the newsletter? Want to submit a photo, article, or both? It's easy!! Email your articles to cypresspark@peelinc.com by the 10th of the preceding month So if you get your ideas in before the deadline, you should see them in the very next month's newsletter.

We are glad to hear all of the positive feedback and we intend to continue to improving the look and feel of the newsletter according to what you tell us. So get as involved as you like! We look forward to hearing from you.

Cy Fair Republican Women - Scholarships

Cy-Fair Republican Women will offer educational scholarships to two graduating high school women in the amount of \$1000 each. Basic requirements include U.S. Citizenship, Texas residency for at least two years, being registered to vote and planning to attend a Texas institution of higher learning. Funding will be made directly to the recipients' institutions. The application and all requirements are available online at www.cfrw.net. The deadline for the 2017 fall semester is April 30.

Completed applications should be mailed or e-mailed to:

Cy-Fair Republican Women Pat Baughman, Scholarship Committee 9111 Belton Bend Court Cypress, TX 77433 baughmantx@yahoo.com

ATTENTION PARENTS OF GRADUATING SENIORS!

We would like to recognize our graduating seniors by including a small picture and a few lines about where your child will be attending college. Please send your information to articles@peelinc.com (include the newsletter you would like to recognize them in, photo, name, etc).



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SATURDAY, MAY 12 | 9 A.M. - NOON

Houston Methodist Emergency Care Center at Cypress 27560 US-290 Frontage Rd. Cypress, TX 77433

Visit with our team of experts to learn how to be safe and healthy this summer. Topics will include:

- Stroke and heart attack education
- Skin cancer prevention and management
- Orthopedics and sports medicine

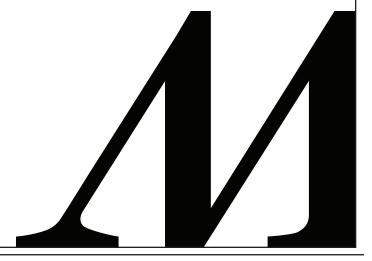
Enjoy family-friendly activities the kids will love, including:

- Balloon animals
- Face painting
- Games
- Photo booth
- Snow cones

Join us for this free event. Food and giveaways will be provided.

For more information, call 281.737.2500.





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CYPRESS PULSE

(Continued from Cover)

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Over fifty volunteers including teens from local Cy Fair ISD and Klein ISD helped with set up, activities, cheering, and planning the event. "It really is a labor of love for our volunteers. Many of them have been working on this race for months. They do it because they want struggling families

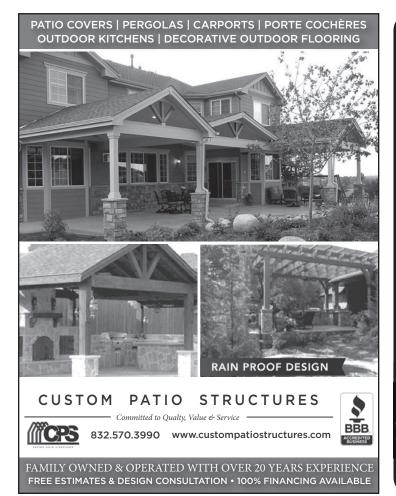
right here in Northwest Houston to have access to counseling services and educational programs. They know their support helps change lives for the better," stated Shield Bearer Associate Director Melissa Rotholz.

Over three dozen local businesses joined in the fun this year, many offering prizes and discounts for race attendees. Race sponsors included Avanti Senior Living, Halford Busby Construction Consultants, Action Specialties, Tonya and John Frye, Kintegrity Development Services, Lindsay's Light, Kroger, Windwood Presbyterian Church, Misfit Design Group, Amegy Bank, Fox Focus Photography, Iron Tribe Fitness, Houston Methodist Willowbrook Hospital, Chick-fil-A, Proline Supply Company, Sprouts, HEB, and Sports Quest. Race day vendors included Aire Serv of Houston Northwest, Louetta Foot and Ankle Specialists, Ava Ray-Personally Poetic, The Get Together Northwest, Pure Life Family Wellness, Good Moves Properties, KoolAuf, Kim Howell-Mary Kay, Lesa Young-doTERRA, Reason 2 Race, Ducerus, Texas C.R.E.S., Brookside Funeral Home-Champions, Harris County Precinct 4 Commissioner R. Jack Cagle, and BioLife Plasma Services.

Shield Bearer Executive Director added, "It was wonderful to see the support of businesses, churches, and the race participants. It takes all of us working together to make a difference in the lives of our neighbors and to strengthen our community. We look forward to building this event at Windwood Church for years to come."

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Teenage foster children are among the most underserved population in the foster care system, and Benchmark Family Services needs your help to change that. Fostering a teen is an opportunity that is unique, and can be truly rewarding if you are willing to accept the challenge. There is such great opportunity to instill character and values in their lives that they will be able to take with them as they are becoming an adult. They are in need of something stable in their life, and your home could be just what they need. Are you ready to accept the challenge?

In one month, our agency as a whole received 6,919 referrals for children in foster care who need a home. We were not able to accept and place 4,054 of those referrals because there wasn't a Benchmark home available for them. We currently serve over 2,300 youth across four states, and that number is growing. If you have what it takes to become a Professional Therapeutic Foster Parent, we need you! All that is required is the desire to help those in need, the tenacity to persevere, and to remember that it isn't about you... it's about the children. Help them work through their past and influence strong core values and other aspects of becoming a thriving member of the adult community; help make a difference!

Benchmark's mission is to work alongside referring agencies to provide stable and caring placements for youth in need of out-of-home care. We advocate for children by ensuring reasonable opportunities for healthy physical, psychological and emotional growth and development in the most normal and least restrictive



setting possible. To this end, Benchmark will provide and coordinate programs and services in cooperation with referring child welfare agencies. Benchmark is committed to the highest standards of childcare and professionalism.

At Benchmark Family Services, we pride ourselves on our customer service. We provide state of the art training to all of our foster families to prepare them to properly care for the children that will be in their home. We never want our families to feel like they are going through this alone; we understand how tough of a job this can be, and endless support is provided to all of our families 24/7. With Benchmark, you will have the support of a team of professional, caring staff who are working with your family and the children in your home every step of the way. By doing this, they will have the opportunity to understand not only the children and their needs, but your needs as a parent as well.

Our Houston office is located at 9800 Northwest Freeway, Suite 615. If you are interested in becoming a therapeutic foster parent or would like more information, please call our local office at (713) 995-5118.

Our other Texas locations include Austin, Corpus Christi, Dallas, League City, Longview, Lubbock, McAllen, and San Antonio. If you would like to contact any of our other offices, you can reach us at 855-5FOSTER (855-536-7837), or visit our website at www. benchmarkfamilyservices.org for more information.



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EDITOR WANTED

Call today to find out how you can contribute to your newsletter! **512.263.9181**

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How to Hire the Perfect Person

Luncheon Details

Thursday, May 24, 2018

Networking 11a.m.; Luncheon begins at 11:30 a.m.

Sterling Country Club,

16500 Houston National Blvd., Houston, TX 77095 Costs \$25 with advanced reservations; \$30 at the door



Lindsey Meadows is the proud owner of Meadows Resources an HR consulting and virtual staffing agency that places virtual and remote workers with clients all over the world. She is also the founder of VA School, a virtual academy dedicated to the enrichment of virtual workers and clients. She has over a dozen years' experience in HR, Recruiting, Staffing, and training with over

five years in a virtual capacity. She is committed to developing female talent in technology, science, and mathematics-based careers. She is also passionate about helping rural economies using virtual talent. She is an active member of ABWA, WEWEN, HAC, and CETA. Lindsey is also ABWA's 2017 Woman of the Year and a Protégé award winner. She is currently serving as the Communications Chair of HAC and the VP of Communications for WEWEN. She spends her free time homeschooling both of her children, digging in her garden, and spending time with her pets and family when not working.

About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.

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Cy-Fair Republican Women May Meeting

CFRW will meet on Tuesday, May 8th at 10:30 AM.

Hearthstone Country Club, 7615 Ameswood, Houston, TX 77095

Meeting is \$3 – Meeting with Lunch at Noon is \$23.

The candidates that will be in the Republican primary runoff have been invited to speak at the May meeting, as well as another interesting speaker. The primary runoff election date is May 22nd. Early voting starts May 14th. These are very important! Please vote and get out the vote! We will also have a representative from Cy-Hope speaking about their programs and mission. Cy-Hope serves the Cy-Fair community as a catalyst to bring needs and solutions together and bringing hope to at-risk children so they will grow into educated and productive citizens.

See the website for details and RSVP to www.cfrw.net by May 1st.



Micheline Hutson attending annual Conservative Political Action Conference (CPAC) held in Maryland, February 2018.

Several candidates attend our meetings regularly so come and get to know them.

We look forward to seeing you there.

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