

# MERIDIAN *Community Monitor*

NEWS FOR THE RESIDENTS OF MERIDIAN

## Meridian Spring Celebration: EggStavaganza

*Submitted by: Jacquelyn Waldrop-Realtor*



Thanks to the Meridian Social Committee and other neighborhood volunteers for your help in organizing the annual Meridian Egg Hunt for our neighborhood bunnies, on Saturday, March 31. A great time was had by young and old, as the little ones hunted for eggs by age group, while their parents enjoyed coffee, donuts. If you missed it, be sure to join us next year for this annual event.



# THE MONITOR

## WELCOME

### *A Newsletter for Meridian residents*

The Monitor is a monthly newsletter mailed to all Meridian residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more. If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at [www.PEELinc.com](http://www.PEELinc.com) or you can email it [meridian@peelinc.com](mailto:meridian@peelinc.com). Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome. Our goal is to keep you informed!

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## NEWSLETTER INFO

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ONLINE**

## Save the Date for Meridian Social Events\*

Fri, May 4:	Food Truck & Movie Night
Mon, May 28:	Ice Cream Social & BBQ Benefit Fundraiser
Thur, June 21:	Food Truck Night & Summer Pool Party
Wed, July 4:	4th of July Parade
Thur, Aug 16th:	Middle School Glow-in-the Dark Swim Party with Live DJ
Fri, Aug 24th:	Back to School Food Truck Night & Pool Party/Laser Show
Mon, Sept 3:	Memorial Day BBQ Benefit Fundraiser
Sat, Oct 13:	Neighborhood Garage Sale, 8am-1pm
Tues, Dec 18:	Holiday Cookies, Caroling & Cocoa @ the Pavilion + Holiday Lights Contest Judging

*\*Dates and Activities Subject to Change*



## MAKE A SPLASH THIS SUMMER

The YMCA of Austin's pools are waiting for you this summer—along with all of the fitness equipment, classes and personal training options that you know and love. Kick off your day with an invigorating splash, entertain the kids for hours, cool down post-workout or relieve some stress with a few laps after work. No matter your reason, jump on in!

Join today at [AustinYMCA.org](http://AustinYMCA.org)

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## Baldwin Campus Beautification

*Submitted by: Jacquelyn Waldrop-Realtor*

The Baldwin Beautification and Campus Improvement Committee has been hard at work to clean out beds and green spaces. We would like to give a great big THANK YOU to all the volunteers, who came out Saturday, March 24 for our clean-up in conjunction with our Watch DOG Donuts with Dad celebration. We had families of new and former Bobcats and some Baldwin staff members pitch in to



update the front flower bed, which now includes colorful rocks created and painted by our very own Baldwin students. In addition, bags and bags of brush and debris was cut and cleared. Thank you again for all the hard work. It looks beautiful!

Want to help get in on the action? We'd love additional support! Contact us: [Programs@BaldwinPTA.org](mailto:Programs@BaldwinPTA.org)



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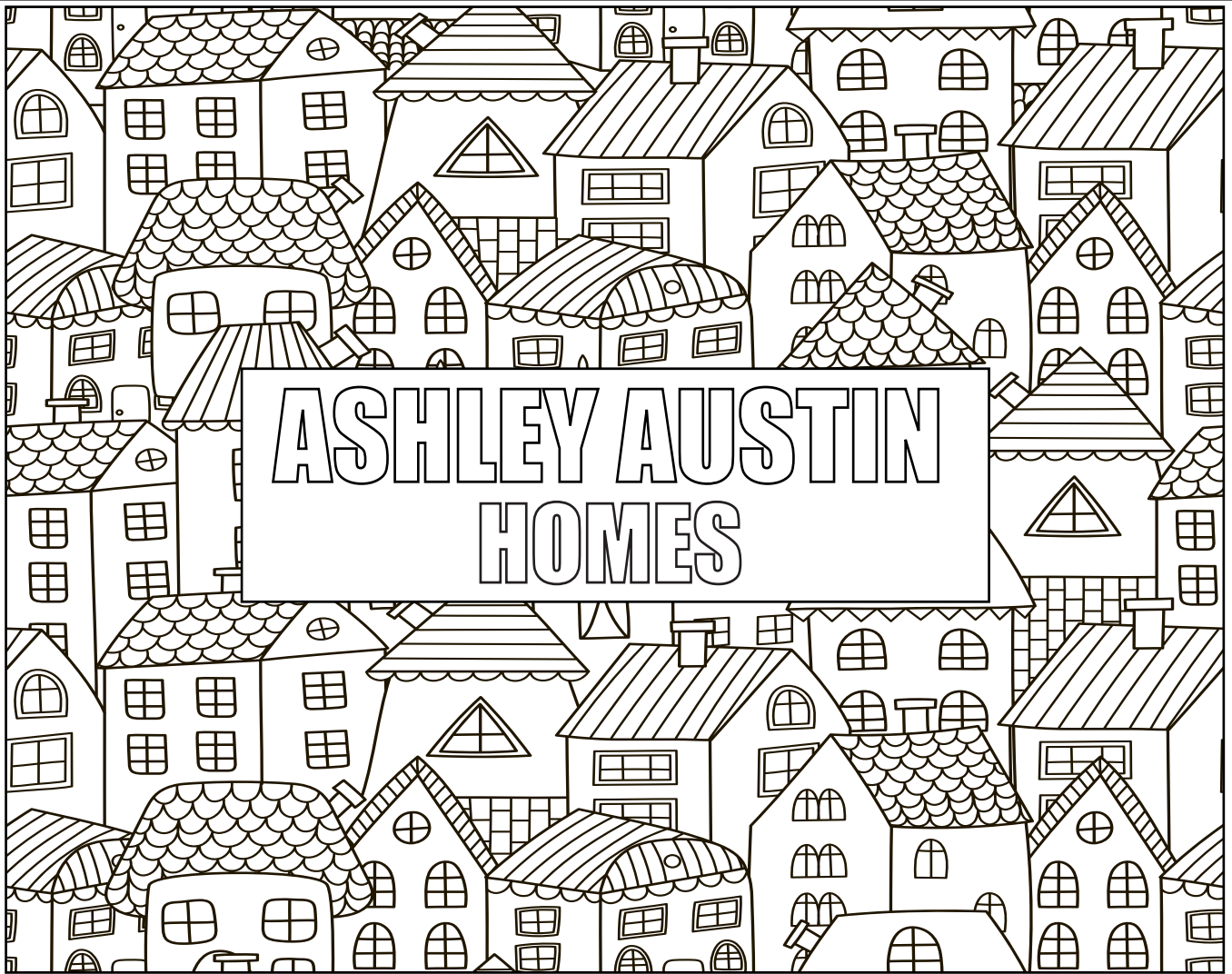


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\_\_\_\_\_  
PARENTS NAME

2. Fill out the information to the right.

\_\_\_\_\_  
CHILDS NAME

\_\_\_\_\_  
CHILDS AGE

3. Mail your artwork to:  
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4. Winner will be anounced on our Facebook page on 6/9/18!

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## Where to do I start?

*Submitted by: Jacquelyn Waldrop-Realtor*



When you have a move of convenience, whether to shorten a commute, align your kids to a different school, or maybe you're wanting more or less space, it's easy to "window shop" on the internet for your next home. But what happens when you find what you think is the "perfect" house? Soon, the feeling of dread

sets in on the notion of having to packing up everything you own and prepare your current home for sale. No doubt, this is a stressful process, although temporary, and it will be worthwhile in the long run. Where do you start?

As a volunteer classroom mentor, I see many younger students that have the same problem with getting started on their assignments. Kids see a blank page and are paralyzed by the fear of not knowing where to begin, but I've found a strategy that seems to help and it is simply this: start by putting your name on the paper. Then, the paper is marked and is no longer a menacing empty page. The lesson here is just to simply start somewhere.

- First, get prepared. Gather boxes, packing material, tape and permanent markers. Having the right tools in the beginning will save you time and energy down the road. Materials can be purchased from the large hardware stores, storage facilities and moving companies. You may even be able to obtain lightly used boxes for free from large retailers as they unpack their goods to fill their shelves.
- Make a list of any small repairs and items that need attention or fixing. Start checking them off one by one as complete.
- Then, go room by room. Pare down items in closets, pack away clothes and shoes that are off season for example. This will give the illusion of extra storage space. Then, clear the clutter off furniture and desk spaces. This will also help you get a jump start on packing for the impending move.
- Finally, don't forget curb appeal. This is a potential buyer's very first impression. Trim or shape bushes and cut straggly tree branches that obstruct the view of the house from the street. Plant or bring in a few potted blooming plants to add some color. Adding mulch to the beds helps to eradicate weeds and makes the blooming color pop within the landscape.

No doubt preparing your home for listing can be a daunting task, but partner with the right Realtor to help you and maximize your success!

## Storing Medications: Too hot? Too cold? Just right!

*Submitted by: Aaron Williams, Pharmacist*

Here's something you may not give a second thought: "Climate control" for your medications. Those little pills (or liquids) may appear untouched by the environment. But they're not. Extreme heat or cold can make a significant difference in how well your medications work. Proper storage is key. Here are a few things you should know.

### Rules of Thumb

When you receive a medication, check to see if there are specific instructions about storage. Know which need refrigeration, if any. If none do, follow these general guidelines. Store medications:

- In their original container
- At room temperature (59°F to 86°F)
- Away from moisture
- Protected from light

### Storing At Home

At home, a good storage spot might be a locked dresser drawer or kitchen shelf—not in a bathroom medicine cabinet, next to the stove, or on a countertop where the sun comes streaming in. Both bathrooms and kitchens not only get hot at times but can also be very high in humidity. Be sure that your fridge's temperature setting isn't too low. That can put medication at risk of freezing.

### When Traveling

Don't leave your medications in the glove compartment or trunk of your car during warmer spring and summer days. Temperatures in your car can rapidly increase from 20 to 40 degrees higher than the outside temperature. Ask your pharmacist if refrigerated medicines need to be stored during transport.

When flying, avoid packing away your medication in checked luggage. Baggage compartments can also undergo extremes of temperature. Instead, keep your medications in your carry-on luggage in their original, labeled containers. Don't be alarmed if airport security asks to inspect your medication.

### Any More Questions?

I'm glad to talk this all over with you. Just remember this: extreme environmental changes can affect your drug's potency. And, depending upon your condition and your type of medication, that can be serious.

*Nothing herein constitutes medical advice, diagnosis or treatment, or is a substitute for professional advice. You should always seek the advice of your physician or other medical professional if you have questions or concerns about a medical condition*

# THE MONITOR

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## Baldwin Elementary PTA News

*Submitted by: Jacquelyn Waldrop-Baldwin PTA Board*

**Save the Date: Thursday, May 17  
Last General PTA Meeting of the Year**

Our last Baldwin Elementary PTA meeting of the year will be held on Thursday, May 17 @ 6pm, where we will wrap up the year's business, get a Baldwin Bash fundraising update and introduce a new Leadership Board for the 2018-2019 school year. See you there!

### **"Under the Big Top" -- A BIG Success**

Thank you, Baldwin community and our Meridian neighbors! You showed up BIG to the 2018 Baldwin Bash! Fund raised will support our numerous Baldwin Elementary PTA efforts to improve the quality of education for our students, including technology enhancements to every classroom; aid in beautifying our campus while offering new ways to instruct outdoors; allow us to supplement classroom instruction by fulfilling wish lists from our dedicated teachers and staff; and plan for the future of our school community. We appreciate your support!

### **Save the Date: Incoming Kindergarten/Fall 2018 Playdates**

Meet and mingle with future Bobcat cubs and parents at our summer playdates.

**Tuesday, June 12 @ Circle C Metro Park Playground  
from 5:30-6:30pm**

Bring a water bottle and feel free to bring a picnic dinner. Light snacks will be provided. Siblings welcomed and encouraged!

### **TBD date in August: Bobcats in the Building**

Join us for Story Time in the Baldwin Library and a short tour of the playground followed by a Cafeteria Picnic (no food will be served, BYOL - Bring Your Own Lunch). This is a special day when our building will be open to Kinder Baby Bobcats and their parents to help get our Baby Bobcats acclimated with the building.

**Friday, August 17 from 9:30-10:30am  
Kindergarten Kick-Off Celebration**

This is a special playdate where your Bobcat cub will have the opportunity to meet children in his/her class on Baldwin's large playground. Snacks will be provided. Don't miss the celebration and the opportunity to meet new friends and classmates!

Get up-to-date playdate info, class reminders and more on our Kinder Family-only page: Search for "Baby Bobcats-Incoming Kinder 2018-2019" so you can be approved and added to this closed group for security purposes.

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**Jacquelyn Waldrop**

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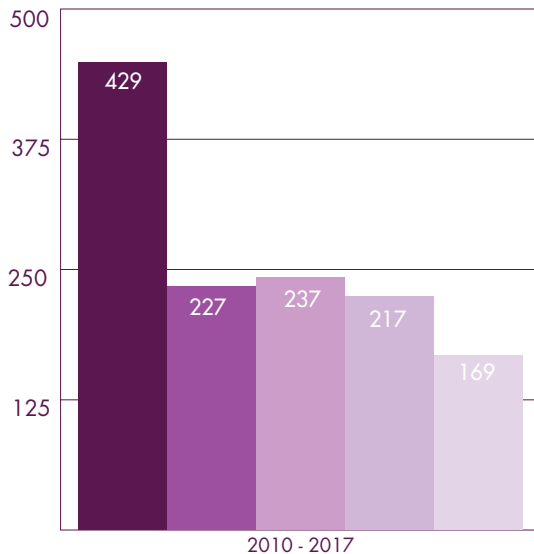
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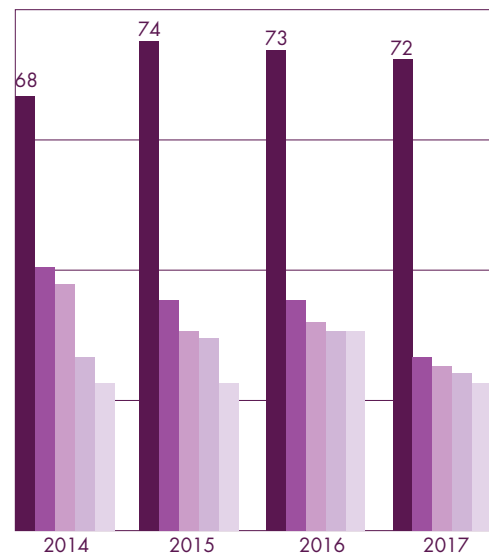
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