



## MEMORIAL HERMANN CYPRESS HOSPITAL CELEBRATES FIRST ANNIVERSARY OF OPENING WITH PLANS FOR EXPANSION

### MEMORIAL HERMANN

Memorial Hermann Cypress Hospital is celebrating its first year of delivering high-level services to the community with plans to expand. The recently approved expansion will develop empty space already built on the Cypress campus.

"We've seen amazing growth in the hospital's first year of operation and we are dedicated to continuing to provide the community with the excellent care they have come to expect from us. I am proud that the community has embraced us as a trusted care provider," said Heath Rushing, Senior Vice President and CEO of Memorial Hermann Cypress.

The nearly \$25 million expansion will add 24 licensed beds, including Intensive Care Unit (ICU) beds, as well as an additional catheterization lab for heart procedures and endoscopy suite for gastrointestinal procedures. Since opening March 31, 2017, the 81-bed facility has added multiple services, including a high-risk pregnancy center, Memorial Hermann Wound Care, robotic surgery capabilities, and occupational medicine services for companies in the region. The hospital now offers services provided by 480 affiliated physicians spanning 40 specialties.

In addition to the expansion

project, Memorial Hermann Cypress has also started its journey toward becoming a designated Level III trauma center and Level II Neonatal Intensive Care Unit.

"It takes time to demonstrate the consistent, high-quality care offered at the hospital needed to receive these designations. We feel confident that we will show the state that we can provide remarkable care to seriously injured and ill patients and we are confident that we will receive recognition for both our trauma center and our NICU," said Jessica Rivas, Vice President of Operations at Memorial Hermann Cypress.

The expansion project will roll out over the course of next year and is expected to be finalized by summer 2019.

Learn more about the full range of services offered at Memorial Hermann Cypress and its connection to Memorial Hermann's fully integrated, comprehensive care network.



## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

Life Threatening Emergency.....	911
Fire .....	911
Sheriff's Department.....	911
Poison Control.....	800.222.1222

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Sheriff's Department.....	713.221.6000
Harris County Health Dept.....	713.439.6000
Animal Control.....	281.999.3191
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WATER & SEWER - MUD 222 (Municipal Operations)	
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## HOW TO HIRE THE PERFECT PERSON

### Luncheon Details

Thursday, May 24, 2018

Networking 11a.m.; Luncheon begins at 11:30 a.m.

### Sterling Country Club,

16500 Houston National Blvd., Houston, TX 77095

Costs \$25 with advanced reservations; \$30 at the door



Lindsey Meadows is the proud owner of Meadows Resources an HR consulting and virtual staffing agency that places virtual and remote workers with clients all over the world. She is also the founder of VA School, a virtual academy dedicated to the enrichment of virtual workers and clients. She has over a dozen years' experience in HR, Recruiting, Staffing, and training with over

five years in a virtual capacity. She is committed to developing female talent in technology, science, and mathematics-based careers. She is also passionate about helping rural economies using virtual talent. She is an active member of ABWA, WEWEN, HAC, and CETA. Lindsey is also ABWA's 2017 Woman of the Year and a Protégé award winner. She is currently serving as the Communications Chair of HAC and the VP of Communications for WEWEN. She spends her free time homeschooling both of her children, digging in her garden, and spending time with her pets and family when not working.

### About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to [www.CYFEN.org](http://www.CYFEN.org).

### About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, [www.abwa.org](http://www.abwa.org).

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## Cy-Fair Republican Women May Meeting



*Micheline Hutson attending annual Conservative Political Action Conference (CPAC) held in Maryland, February 2018.*

CFRW will meet on Tuesday, May 8th at 10:30 AM.

Hearthstone Country Club,  
7615 Ameswood, Houston, TX 77095

Meeting is \$3 – Meeting with Lunch at Noon is \$23.

The candidates that will be in the Republican primary runoff have been invited to speak at the May meeting, as well as another interesting speaker. The primary runoff election date is May 22nd. Early voting starts May 14th. These are very important! Please vote and get out the vote! We will also have a representative from Cy-Hope speaking about their programs and mission. Cy-Hope serves the Cy-Fair community as a catalyst to bring needs and solutions together and bringing hope to at-risk children so they will grow into educated and productive citizens.

See the website for details and RSVP to [www.cfrw.net](http://www.cfrw.net) by May 1st.

Several candidates attend our meetings regularly so come and get to know them.

We look forward to seeing you there.

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## Wortham Villages

# Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on:

**Saturday, May 19, 2018 NOON - 2:00 PM**

**Saturday, June 9, 2018 NOON - 2:00 PM**

The Cypress Texas Tea Party meets every three weeks on Saturday

Noon until 2:00 PM  
at: Spring Creek BBQ  
25831 Northwest Freeway  
Cypress, Texas 77429

Map: <http://goo.gl/maps/OoNjY>

*A schedule of our meetings and confirmed speakers can be found at our website, [www.cypresstexasteaparty.org](http://www.cypresstexasteaparty.org)*

## CYPRESS AREA FOOD PANTRY

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations and volunteers are also greatly appreciated.

Computerized job search and resume preparation and printing are also available.



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# CYPRESS FAMILY FESTIVAL

## KICK OFF SUMMER WITH FAMILY-FRIENDLY EDUCATION AND FUN

**SATURDAY, MAY 12 | 9 A.M. – NOON**

**Houston Methodist Emergency Care Center at Cypress**  
**27560 US-290 Frontage Rd.**  
**Cypress, TX 77433**

Visit with our team of experts to learn  
how to be safe and healthy this summer.  
Topics will include:

- Stroke and heart attack education
- Skin cancer prevention  
and management
- Orthopedics and sports medicine

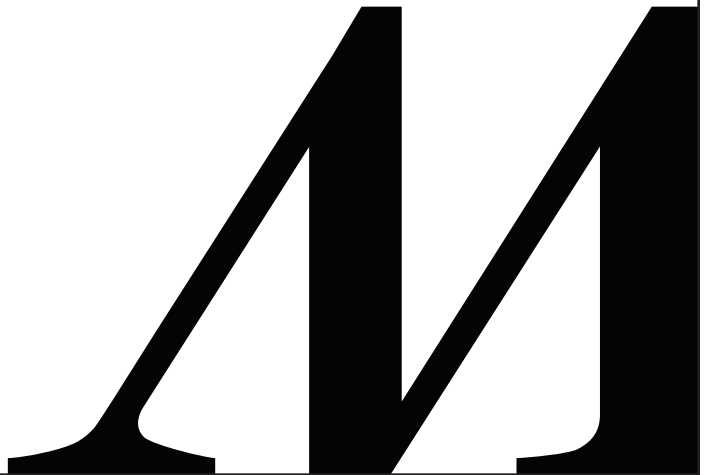
Enjoy family-friendly activities the kids  
will love, including:

- Balloon animals
- Face painting
- Games
- Photo booth
- Snow cones

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## ATTENTION PARENTS OF GRADUATING SENIORS!

We would like to recognize our graduating seniors by including a small picture and a few lines about where your child will be attending college. Please send your information to [articles@peelinc.com](mailto:articles@peelinc.com) (include the newsletter you would like to recognize them in, photo, name, etc).

## Cy Fair Republican Women - Scholarships

Cy-Fair Republican Women will offer educational scholarships to two graduating high school women in the amount of \$1000 each. Basic requirements include U.S. Citizenship, Texas residency for at least two years, being registered to vote and planning to attend a Texas institution of higher learning. Funding will be made directly to the recipients' institutions. The application and all requirements are available online at [www.cfrw.net](http://www.cfrw.net). The deadline for the 2017 fall semester is April 30. Completed applications should be mailed or e-mailed to:

Cy-Fair Republican Women

Pat Baughman, Scholarship Committee

9111 Belton Bend Court Cypress, TX 77433

[baughmantx@yahoo.com](mailto:baughmantx@yahoo.com)

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## COMMUNITY COMES TOGETHER TO SUPPORT TRAUMA SURVIVORS

It was a wet and chilly day, but that didn't dampen the spirits of runners and walkers at the 2018 Running for Hearts 5K Family Fun Run and Walk on Saturday, April 7 at Windwood Presbyterian Church! The community came together to support local trauma survivors including those affected by human trafficking, abuse, crime, war, and natural disasters like Hurricane Harvey.

"If someone in our community of any age has experienced trauma, Shield Bearer is the place that helps healing take place," stated race sponsor Esther Halford of Halford Busby Construction Consultants. "Shield Bearer helps families heal and find hope again. That's why this race is so important and why I wholeheartedly support it."

Runners and walkers of all ages warmed up with the coaches of Iron Tribe Fitness and local DJ KLS Entertainment before a timed, trail style 5K and 1-mile family walk. Kids enjoyed activities like face painting, fire truck tours, egg relays, photos with the Chick-fil-A cow, and a giant inflatable soccer goal from Sport Quest. "We love how Shield Bearer is helping families and had such a great time being part of this event. It was a privilege to be involved," stated Jim Spence, Sports Quest founder and a medal winner in the race.

Over fifty volunteers including teens from local Cy Fair ISD and Klein ISD helped with set up, activities, cheering, and planning the event. "It really is a labor of love for our volunteers. Many of them have been working on this race for months. They do it because they want struggling families right here in Northwest Houston to have access to counseling services and educational programs. They know their support helps change lives for the better," stated Shield Bearer Associate Director Melissa Rotholz.

Over three dozen local businesses joined in the fun this year, many offering prizes and discounts for race attendees. Race sponsors included Avanti Senior Living, Halford Busby Construction Consultants, Action Specialties, Tonya and John Frye, Kintegrity Development Services, Lindsay's Light, Kroger, Windwood Presbyterian Church, Misfit Design Group, Amegy Bank, Fox Focus Photography, Iron Tribe Fitness, Houston Methodist Willowbrook Hospital, Chick-fil-A, Proline Supply Company, Sprouts, HEB, and Sports Quest. Race day vendors included Aire Serv of Houston Northwest, Louetta Foot and Ankle Specialists, Ava Ray-Personally Poetic, The Get Together Northwest, Pure Life Family Wellness, Good Moves Properties, KoolAid, Kim Howell-Mary Kay, Lesa Young-doTERRA, Reason 2 Race, Ducerus, Texas C.R.E.S., Brookside Funeral Home-Champions, Harris County Precinct 4 Commissioner R. Jack Cagle, and BioLife Plasma Services.

Shield Bearer Executive Director added, "It was wonderful to see the support of businesses, churches, and the race participants. It takes all of us working together to make a difference in the lives of our neighbors and to strengthen our community. We look forward to building this event at Windwood Church for years to come."

For more information about getting involved at Shield Bearer, a Houston based 501c3 nonprofit organization that provides professional counseling services and programs for individuals, couples, and families, visit [shieldbearer.org](http://shieldbearer.org), call (281) 894-7222, or join them for a free community breakfast the first Tuesday of each month at 9AM at 12340 Jones Road Suite 290, Houston, TX, 77070.





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