

AND DEEP EDDY

VOLUME 6 ISSUE 7

DINE WELL, DO GOOD with Water to Thrive at Chef's Table Austin 2018

JULY 2018

Chef's Table Austin is the signature fundraiser supporting the mission of local non-profit Water to Thrive, which has built more than 850 water projects in rural Africa in the last 10 years bringing clean, safe water to more than 450,000 people.

Chef's Table Austin brings its supporters together with some of Austin's top chefs in an exciting, fast-paced evening. The centerpiece of the event, to be held Thursday, September 27, at Brazos Hall, is a high-energy live auction of menus and dinner experiences created by our chefs, giving each winner a unique opportunity to have that chef cook specifically for them and their guests. The 2018 lineup is spearheaded by Austin's renowned and Chef's Table Founding Chef David Bull of Second Bar + Kitchen, with the full lineup to be announced by mid-August.

All proceeds for the event benefit Water to Thrive operations, making it possible for the charity to sustain its mission of bringing clean, safe water to rural African communities in need. Each dollar raised for operations allows the organization to bring in nearly \$6 for water, and to maintain its 100 Percent Promise that every dollar donated for water projects goes directly to fund water projects.

In addition to the live auction, to be conducted by Heath Hale and his Cowboy Auctioneers, and the opportunity to mix and mingle with some of Austin's top chefs, the evening features a VIP reception, open bar, heavy hors d'oeuvres, and an extensive silent auction including a Hamilton in NY experience.

Tickets for this year's fundraiser are on sale now. For just \$95, or \$175 per couple, you'll have access to the main event which features the silent and live auctions, food and drink, and chances to win prizes. Purchase VIP tickets for \$150 each or \$280 per couple, and your benefits include early entry to the event, exclusive silent auction items, one-on-one time with our chefs, preferred seating for the live auction, specialty appetizers, and more.

For more information about Chef's Table Austin and to purchase tickets, go to chefstableaustin.org. Here you will also find photos, chef

bios and menus, and sponsors from past years of this event. Check our website and Facebook event page for updates and promotions leading up to the event.

We hope you'll join us for Chef's Table Austin 2018, and help us continue to build wells and change lives!



ChampionsTX Gymnastics, Trampoline, Tumbling, Parkour and Cheer are having a blast with summer camps and classes!



Heading into Summer Camp two of six we are thrilled to see so many returners and campers that grow up in our program, from 3 year old fishes to LIT levels 3 that are in high school... we love the bond that is formed year after year. Waddlers in classes are starting the tradition ... many fun years to come.

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire	
Ambulance	
Police Department	
Sheriff – Non-Emergency	
Animal Services Office	

SCHOOLS

Austin ISD	512-533-6000
Casis Elementary School	512-414-2062
O. Henry Middle School	512-414-3229
Austin High School	512-414-2505

UTILITIES

City of Austin	512-494-9400
Texas Gas Service	
Custom Service	1-800-700-2443
Emergencies	512-370-8609
Call Before You Dig	512-472-2822
Grande Communications	512-220-4600
AT&T	
New Service	1-800-464-7928
Repair	1-800-246-8464
Billing	
Time Warner Cable	
Customer Service	512-485-5555
Repairs	512-485-5080
Austin/Travis County Hazardous Waste	512-974-4343

OTHER NUMBERS

Ausitn City Hall	
Ausitn City Manager	
Austin Police Dept (Non Emergency).	
Austin Fire Dept (Non Emergency)	
Austin Parks and Recreation Dept	
Austin Resources Recoovery	
Austin Transportation Dept	
Municipal Court	
Post Office	
City of Austin	www.AustinTexas.gov

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SUNDARA MEMORY CARE HOSTS LEWY BODY DEMENTIA CAREGIVER SUPPORT GROUP

In Texas alone, roughly 1.3 million caregivers provide an average of 20 hours a week of unpaid care for friends and loved ones with Alzheimer's or related dementia. Caregiving is a demanding undertaking and results in such high levels of stress that 65 percent of caregivers will have a major health crisis before their loved ones die of the disease.

Many people think that Alzheimer's is the only type of dementia and that one type of support group will suffice, but Sarah Hyde-Williams understands that is not the case, which is why she started the North Austin Lewy Body support group, for those struggling with caregiving for a loved one with this type of dementia.

"Our support group truly focuses on education and support," said Sarah Hyde-Williams, Support Group Leader. "Our participants can expect an understanding counselor's heart when coming to our group. I will truly focus on hearing the participant and validating their feelings whatever it may be on a given day."

Sarah has been leading support groups both in mental health and dementia worlds for 15 years and Kelly Hudson, co-facilitator of the support group and owner of Sundara Memory Care has been in the dementia field for over 25 years. With their knowledge and compassion, they are able to provide valuable support for caregivers.

"These groups educate and inform participants about dementia and help caregivers develop methods and skills to solve problems," says Christian Wells, President of the Alzheimer's Texas. "They encourage caregivers to maintain their own personal, physical and emotional health as well as providing peer guidance on how to care for the person with dementia."

Sarah Hyde-Williams hosts the group at Sundara Memory Care in Round Rock, TX the second Monday of every month at 6 p.m.

When: 2nd Monday of every month at 6:00 p.m.

Where: Sundara Memory Care, 1000 Rusk Rd. Round Rock, TX 78665

Contact: Sarah Hyde-Williams (832) 794- 8810

For more information about support groups offered in Central Texas call (512) 241-0420 or visit www.txalz.org.



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PARTNERSHIPS FOR CHILDREN

Sometimes, the seemingly smallest items can make the biggest difference in a child's life. That's where the Rainbow Room comes in. It's our 24/7 resource center located in the CPS offices where caseworkers can come to gather essential items for children who are in crisis. We stock everything from toiletries to clothing to car seats. Thanks to the donations we receive, we're able to serve more than 650 children every month. But our need continues to grow. By donating to the Rainbow Room, you'll make an immediate and powerful difference in these children's safety, health, and comfort. Whether it's a teddy bear or a toothbrush, every item that you donate matters. To schedule a time to drop off donations, contact Marcus at marcus@partnershipsforchildren.org or 512-834-4756.



The Rainbow Room is a 247 resource center located in the Child Protective Services office where caseworkers can gather new and essential items needed for the kids in their caseload whose lives are in crisis. The Rainbow Room is in constant need of brand new items for the more than 700 children it serves each month.

Click on donate items on our homepage www.partnershipsforchildren.org

Items Needed:

- diapers/pull ups (all sizes)
- baby wipes
- shampoo/body wash
- rash cream
- bottles
- sippy cups
- pacifiers
- onesies
- pack 'n' plays
- car seats





MAKE A SPLASH THIS SUMMER

The water is waiting for you this summer at the Y – along with all of your favorite group exercise classes, personal training programs and summer enrichment activities for kids. Kick off your day with a splash, cool down post-workout, spend quality time with the family or relieve some stress with a few laps after work. No matter your reason, jump on in!

Join today at AustinYMCA.org

SWIM LESSONS AVAILABLE for all ages and skill levels special rates for Y members



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TARRYTOWN REAL ESTATE MARKET REPORT UPDATE



The 2018 spring season was the strongest since 2013, with transactions up significantly over the prior 4 years. Some highlights:

- List and sold prices are up over the same period in 2017, \$ / sq ft is fairly consistent with last year
- Days on market is down significantly at roughly 20 days vs. 52 in 2017

Single Family Home	Year to Date - Tarrytown		2018		2017		2016		2015		2014		2013		2012	
SOLD	Single Family Homes Sold	71		44		55			58		63		83		75	
List Price	Avg List Price	\$	1,320,635	\$	1,357,521	\$	1,164,411	\$	1,210,781	\$	1,033,908	\$	1,037,670	\$	814,300	
List Price	Median List Price	\$	1,250,000	\$	1,162,500	\$	925,000	\$	1,150,000	\$	730,000	\$	800,000	\$	675,000	
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Sold Price	Average Net Sold Price	\$	1,279,275		1,303,448		1,129,801	\$	1,153,856		1,000,002		998,955		786,20	
5014111102	Median Net Sold Price	\$	1,180,335	\$	1,100,000	\$	900,000	\$	1,065,500	\$	720,000	\$	810,000	\$	640,00	
List Price	Average List Price / Sq Ft	\$	448	Ś	420	\$	425	Ś	399	\$	374	Ś	329	Ś	30	
\$ / Sq Ft	Median List Price / Sq Ft	\$	434		433		396		398		357		325		30	
Sold Price	Average Net Sold Price / Sq Ft	\$	437	\$	406	\$	412	\$	382	\$	366	\$	321	\$	29	
\$ / Sq Ft	Median Net Sold Price / Sq Ft	\$	423	\$	421	\$	389	\$	380	\$	355	\$	315	\$	29	
	Average Days on Market		63		70		63		62		47		54		58	
Days on Market	Median Days on Market		20		52		48		27		12		12		26	
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Size of House	Sq/Ft (Total)		2844		2810		2,554		2694		2402		2847		2500	
Age of House	Year of Construction		1965		1961		1956		1959		1949		1954		1952	

Number of transactions is falling behind the pace of record year 2013. I think this is at least partly due to the lack of available inventory. As I have mentioned before, active listings are well behind past years. Nearby is a graph that shows active listings by month, 2018 YTD, last year and then 2013 (the most active year for transactions in the last 10).



If you want to make sense of what's going on in the market, or would like a better understanding of what your own home is worth, please contact me and I'd be happy to help you. You can also find additional analysis and updates to this article on treymcwhorter.com.

Note: All data comes from the Austin Board of Realtors' MLS report, reflecting activity through June 15, 2018.



NATURE WATCH

by Jim and Lynne Weber WHIPTAILS & RACERUNNERS

Small to medium-sized slender lizards, whiptails and racerunners can be distinguished from other lizard species by their generally granular dorsal (topside) scales, larger rectangular ventral (underside) scales arranged in transverse rows, long tails, and forked, snake-like tongues. Additionally, these species belong to the genus Aspidoscelis, from the Greek aspido or 'shield' and skelos or 'leg', relating to their well-developed limbs that enable them to sprint at rapid speeds. Terrestrial and diurnal, these lizards are primarily carnivorous or insectivorous, actively foraging for food while temperatures are warm, and quickly skirting between objects for cover. Of the 22 species occurring in the southwest, Central Texas is home to the Common Spotted Whiptail (Aspidoscelis gularis) and Six-lined Racerunner (Aspidoscelis sexlineata).

The Common Spotted Whiptail has a brownish-green body with 7 to 8 longitudinal yellowish-white stripes and similarly colored spots in the margins. Its tail is up to twice the length of its body, reaching a total length of just about 12 inches. It is found in prairies, grasslands, rocky hillsides, dense thickets, and canyon bottoms, often near water. Males are larger than females, having a red, orange, or pinkish throat and sometimes a blue or light blue belly. Females have a white or cream-colored underside, and lay 1 to 8 eggs in July, typically in a separate chamber of their underground burrow, sometimes as deep as 11 inches. These lizards scare easily and often retreat in a straight line, but can best be viewed from April through August when their insect prey are most abundant. fades to brown posteriorly. Males may also have a blue throat and belly, and juveniles often have more distinct stripes, lack the green wash, but have a bright blue tail. Females lay clutches of 1 to 6 eggs from May to August. Associated more with sandy soils, this lizard can occupy a wide variety of habitats, including grasslands, riverbanks, floodplains, and juniper woodlands. Spiders and grasshoppers are their chief prey, and adults actively forage during the day, but as summer temperatures rise by July, their activity becomes bimodal, peaking in the morning and late afternoon to avoid the hottest parts of the day.

Like many lizards, whiptails and racerunners have developed the ability to allow the tail to break free of the body when grasped by a predator. Called tail autonomy, this process involves wriggling the detached tail to distract the predator while the lizard itself is able to escape. Complex adaptations have evolved to enable the tail to be released along a series of fracture planes, which usually occur through weakened vertebrae, and not between them. Most amazingly, these species also have the ability to regenerate the tail, albeit slowly, so it can be lost again if necessary.

Send your nature-related questions to naturewatch@austin.rr.com and we'll do our best to answer them. If you enjoy reading these articles, check out our books, Nature Watch Austin and Nature Watch Big Bend (published by Texas A&M University Press), and our blog at naturewatchaustin.blogspot.com.

Just over 10 inches long, the Six-lined Racerunner has seven light dorsal stripes with a greenish wash on the head and upper body that



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INTRODUCING: "GET TO KNOW YOUR NEIGHBORS"

We are all very fortunate to call Tarrytown home. But, Tarrytown is more than just a place to live; it is a vibrant community brimming with family-friendly neighborhoods, chock-full of fascinating, talented people. Our variety is what makes us so both unique and extraordinary. However, sometimes, we get so busy, we lose sight of how interesting and diverse we've become.

We believe that getting to know the people who live nearby will help us create a sense of belonging and shared identity. We have created a column entitled, "Get to Know Your Neighbors" which we hope will strengthen connections, build trust in our wider community, and contribute to a happier neighborhood for everyone.

If you know of a person or a family that you believe is making Tarrytown a better place to live, please let us know. We would like to introduce them to your neighbors.







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Read my market update inside.