

IMPORTANT NUMBERS

CGNOA Recreation Center281-290-6723
Guard House.....281-357-4183

SCHOOLS

Tomball Independent School Dist.281-357-3100
Willow Creek Elementary281-357-3080
Canyon Pointe Elementary.....281-357-3122
Northpointe Intermediate281-357-3020
Willow Wood Junior High281-357-3030
Tomball High School281-357-3220
Tomball Memorial High School.....281-357-3170

PROPERTY TAX

Harris County Tax.....713-224-1919
Mud #280 and Mud #15.....281-376-8802
NW Harris WCID.....281-376-8802

POLICE & FIRE

Emergency 911
Harris County Sheriff (Non Emergency).....713-221-6000
Klein Vol. Fire Dept.281-376-4449

MEDICAL

Tomball Regional Medical Center281-401-7500
Methodist Willowbrook Hospital.....281-477-1000
Houston Northwest Medical Center281-440-1000
Cy-Fair Hospital.....281-586-4700
Texas Sports Medicine Center281-351-6300
Poison Control800-764-7661
Cypress Creek EMS (www.ccems.com)281-378-0800

UTILITIES

Centerpointe Energy713-207-7777
Power To Choose.....888-797-4839
Centerpointe Energy Entex713-659-2111
En-Touch (Customer Service)281-225-1000
Telephone AT&T.....800-464-7928
Water District Manager (15 & 280)281-376-8802
Waste Management.....713-686-6666
Waste Management Hazards Waste Pickup-280 Only
.....800-449-7587
Utility Marking - Texas One Call800-245-4545
Before You Dig..... 811

TV / INTERNET

Comcast800-266-2278
AT&T U-Verse888-320-2167
DirecTV.....888-777-2454
DISH Network888-825-2557

NEWSLETTER PUBLISHER

Peel, Inc.512-263-9181
Advertising..... advertising@peelinc.com

Beetles, Brew & Barbecue

Saturday, September 24, 2016

11:30am – 6:00pm

201 South Elm Street Tomball, TX 77375



Beetles, Brew & Barbecue is Tomball's version of a Texas style Oktoberfest. There will be more than 150 Volkswagen beetles, Texas craft brew, and of course lots of barbeque and other festival style food. Johnny & the Spinations, and Galveston's own party

band - The Mambo Jazz Kings will be performing. Admission and parking are free. There will be a Kid Zone and many other activities. Can't wait to see you there!



Pumpkin Patch

AT THE
Old Time Christmas Tree Farm

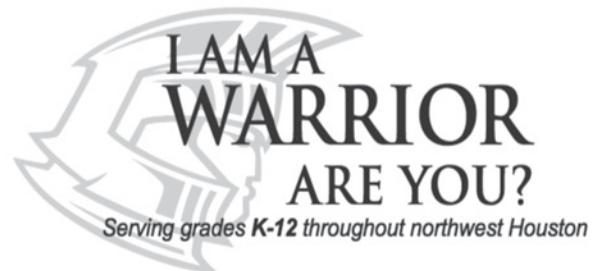
TRAIN RIDES, GIANT SLIDE, HAYRIDES + MORE!

ENTRY: \$5 PER PERSON (AGE 2+)

**HOURS: FRIDAYS IN OCT. 4PM – 7PM
SATURDAYS/SUNDAYS IN OCT. 10AM – 7PM**

7632 Spring Cypress Rd. Spring, TX 77379 (Turn on Kleb Rd.)
www.OldTimeChristmasTree.com • (281) 370 9141

CYPRESS CHRISTIAN SCHOOL



11123 Cypress N. Houston Road, Houston, TX 77065 | 281.469.8829 | CypressChristian.org

MARKETING vs. LISTING

Don't be fooled, a 'For Sale' sign in your front yard is not a marketing plan and neither is making sure your home is listed on HAR. The difference between listing a home and marketing a home is critical to the overall success of selling it.

As a successful real estate agent, I specialize in real estate marketing and will create a comprehensive customized plan with you to showcase your home.

Please feel free to call or email me anytime with questions.



**GARY
GREENE**

CANYON GATE AT NORTHPOINTE MARKET REPORT FOR JULY 2018*

Homes SOLD in July	5
Avg Days on Market	22
Avg Sales Price	\$228,600
Average List Price vs	
Sales Price Ratio	98%
*Data is from HAR for 7-1-18 through 7-31-18	

As of August 1, 2018:

Homes Currently for Sale	15
Price Range	\$207,888 - \$385,000

Homes Under Contract 9

Option Pending	3
Price Range	\$235,000 - \$245,000
Pending Continue to Show	0
Price Range	-
Pending	6
Price Range	\$175,000 - \$288,000

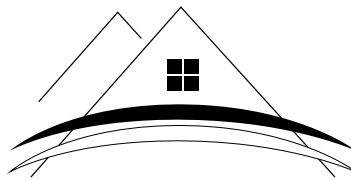
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WWW.NORTHPOINTE realestate.com



HAR Survey Score 5/5

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HOUSTON METHODIST WILLOWBROOK HOSPITAL

TEA & TEAL EVENT

TUESDAY, SEPT. 18 | 6-8 P.M.



Dr. Anne Alaniz
Gynecologic Oncology

Join Dr. Anne Alaniz, gynecologic oncologist, and our highly trained specialists from Houston Methodist Willowbrook Hospital for this informative event.

EVENT GOALS:

- Build awareness of common gynecologic cancers including cervical, ovarian and uterine cancers
- Recognize the signs and symptoms
- Share prevention and screening options
- Learn about detection, treatment and research breakthroughs

Giveaways ▪ Complimentary dinner and dessert

Lindsay Lakes Banquet Center
16536 Mueschke Rd.
Cypress, TX 77433

To register, visit houstonmethodist.org/events
or call **281.737.2500**.

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WILLOWBROOK HOSPITAL



Watch for these Apps on your child's Device...

From the Tomball ISD Website, edited for space

Even If Your Child Doesn't Have A Cell Phone Yet... It is important to be aware of the apps available for children, tweens, and teens can download.

Did you know that 22% of kids between the ages of 6 and 9 own cell phones? When they become tweens (9-12) it rises to 60%! This means even if your child doesn't have a cell phone, some of their friends probably already have them. It's important that our kids are educated in case they encounter questionable apps on friends devices.

Some ways to protect your children and make sure they are using their phones responsibly is to have them sign a cell phone contract or establish family media rules, such as having to check with a parent before downloading a new app or game. Another idea is having a common charging area so you can easily check phones could also be a good system for your family. Consider taking time to explain to them (at an age-appropriate level) why you are asking them questions and checking their phone and privacy settings. Many children do not realize just how much information they are putting out there and how dangerous it can be.

If you have an older teen, and find some questionable apps on their phone, it may be a good opportunity for discussion. Here are a few conversation starter ideas:

- What kind of things would a person want to post anonymously? Why?
- How would you personally use this app?

- Would you be okay with anyone seeing that pic?
- Why would you tell your secrets to strangers?
- Do you think it would be safe to accept their help/friendship?
- Are you being safe with that app?
- Are you encouraging others or criticizing them?

Make sure your kids can't download ANY apps without your approval.....

1. On an iPhone go into SETTINGS, GENERAL, RESTRICTIONS. You'll be prompted to create a code and then you can select any phone functions that you don't want your child to have free access to without your okay.

2. On an Android go into SETTINGS, USERS. Select ADD USER /RESTRICTED PROFILE . You will be prompted to set-up a passcode and then you can choose what they can access on their own and what they'll need you to enter the passcode to access. Or setup freeandroidspy.com ... shows nearly ALL activity even photos taken, apps downloaded, calls, texts, chats, websites visited, etc..

***** HINT***** A speaker I heard recently suggested parents use a "four letter" word as their passcode. It's something few kids would EVER suspect and it will certainly be easy for you to remember.

Examples of Apps to Watch Out For:

ShamChat | Kik | SnapChat | Poof (& similar apps) | Ghost and Vault Apps | Whisper | AskFM | YikYak | Vine | Down | Tinder | Omegle | Voxel | ChatGum for descriptions on these apps please visit <https://www.tomballisd.net/apps/pages/technology-for-learning>

Fall Enrollment



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joe schapiro dance

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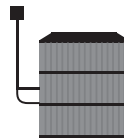
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TACLA13854C

CANYON GATE

HEALTH HIGHLIGHTS: SEPTEMBER, HEALTHY AGING MONTH

No matter what your age, you can stay at your personal best with these expert tips.

By Matt McMillen

1. Get moving

Exercise regularly to maintain a healthy body and brain.

2. Stay social

Take a class, volunteer, play games, see old friends, and make new ones.

3. Bulk up

Eat beans and other high-fiber foods for digestive and heart health.

4. Add some spice

Add herbs and spices to your meals if medications dull your taste buds.

5. Stay balanced

Practice yoga or tai chi to improve agility and prevent falls.

6. Take a hike

Brisk daily walks this September can bolster both your heart and lungs.

7. Sleep well

Talk to a sleep specialist if you don't sleep soundly through the night.

8. Beat the blues

If you've been down for a while, see a doctor. Depression can be treated.

9. Don't forget

To aid your memory, make lists, follow routines, slow down, and organize.

Expert Tips on Healthy Aging

Tips from Gary W. Small, MD, professor of psychiatry and biobehavioral sciences, David Geffen School of Medicine at UCLA, and director, UCLA Longevity Center

*Take a daily brisk walk with a friend -- you'll get an aerobic workout, and the conversation will exercise your brain and reduce stress.

*To help control the urge to overindulge, just imagine eating that sweet treat. Research shows the fantasy dessert will satisfy you, and you'll actually eat less.

Tips from Carla Perissinotto, MD, MHS, assistant professor of medicine, division of geriatrics, department of medicine, University of California, San Francisco

*Every few months, review your over-the-counter drugs with your doctor for any potentially unsafe ingredients. I do this for my parents whenever I visit their home.

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For a personal, no-obligation consultation on the current real estate market and an analysis of your home, give me a call.

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