

NORMANDY FOREST



September 2018

Official Publication of the Normandy Forest Homeowners Association

Volume 7, Issue 9

TEXAS WINE AND ART FESTIVAL

by Texas Wine & Art Festival

Sat, Oct 6, 2018, 10:00 AM –
Sun, Oct 7, 2018, 11:00 AM CDT
435 Spring Cypress Rd
Spring, TX 77373

Celebrate Wine and Art! The Annual Texas Wine and Art Festival will take place in Historic Old Town Spring featuring two days of Texas-based wineries showcasing local white, red & sweet wines and southern-style blends along with local art and artisans. October 6 & 7 2018. Wine and art enthusiasts are invited to attend this Texas-style event featuring more than 10 local wineries showcasing top award winning Texas wines and original art work and exhibitions from local artists, local food products from various vendors.

The event is open to all ages and is family-friendly event; Rain or Shine with the exception that weather is not life threatening!

General admission to the festival is FREE on Saturday and Sunday and provides access to viewing of the art vendors.

\$35 Wine tasting admission tickets include one commemorative wine glass and 10 tasting tickets. Additional tasting tickets are available at the event for \$1.00 each.

This event is being put on by Texas Wine & Art Festival



THE WOODLANDS OKTOBERFEST

SATURDAY, SEPTEMBER 15, 2018 11AM – 11PM

Town Green Park
2099 Lake Robbins Drive
Spring, TX 77380

The First Ever Woodlands Oktoberfest!

Everything you love about Oktoberfest right here!

- Live Music
- Kids Zone
- German Beer
- Bratwurst
- German Pretzels
- Strudel
- Sauerkraut
- and MORE

Visit their Facebook event page for details: <https://www.facebook.com/events/1339292559508474/>

HOW TO MAKE A SIMPLE YET ADORABLE FAIRY DOOR

By: Mr. Handyman of The Woodlands

Fairy doors are thought to be portals to a magical realm through which only fairies may cross. If your children love the idea of pixies, leprechauns, and elves, invite one to live on your property by making a fairy door. The project will spark your child's imagination and bring a little magic into your everyday life.

While fairy door kits are available for purchase, you can learn how to make a fairy door without spending any money.

Tools & Supplies

You can use whatever you have on hand to make a simple

yet adorable fairy door. Some suggested building materials and embellishments include:

- Seven Popsicle sticks or craft wood about the size of an adult's hand
- Hot glue or Gorilla wood glue
- Paint, wood stain, or markers
- Scrapbooking stickers
- Buttons, flat-backed faux pearls, or thumbtacks
- Adhesive jewels

(Continued on Page 7)

NORMANDY FOREST

NORMANDY FOREST COMMITTEES

THE ARCHITECTURAL COMMITTEE

Cecil Mixon 832-663-5200

The Association has an active Architectural Control Committee that approves or denies all construction and any improvements. You may request an ACC form by contacting Chaparral Management 281-537-0957 or the association website. Please keep in mind that the Association has thirty days (30 days) to approve or disapprove any ACC and verbal approvals or disapprovals are not given.

SECURITY COMMITTEE

In the event of an emergency please call "911" or for Precinct 4 please program your cell phone with the number below.

Precinct 4 281-376-3472

Jim Norris 281-924-5828

POOL MAINTENANCE & LIFEGUARDS

Jeffery King 281-655-8675

CLUBHOUSE RENTALS

Chaparral Management / Valerie Overbeck 281-537-0957

MAINTENANCE COMMITTEE

John Nemec 281-651-8606 | jnemec@normandyforest.org

Paul Diaz 281-687-2045

POOL TAG COMMITTEE

Lindsey McPherson 713-898-9878

Chaparral Management 281-537-0957

BLOCK CAPTAIN

Sherri Cabrera 512-709-8476

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Advertising advertising@PEELinc.com

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IMPORTANT CONTACTS

HOA DIRECTORS

John Nemece | President 281-651-8606

Paul Diaz | Vice President 281-687-2045

Willmarie Muniz | Secretary 973-930-4839

Lindsey McPherson | Treasurer 713-898-9878

Jim Norris | Director 281-924-5828

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Dwight Osteen | President 832-527-6289

Thomas Pratt | Vice President 832-515-4199

Rich Doll | Secretary 281-528-9110

Denean Bennett | Director 281-350-6360

Hal Walker | Director

BALLPARK RESERVATIONS

John Nemec | Coordinator 281-651-8606

COMMUNITY SERVICES

Gas | Centerpoint Energy 713-659-2111

Call Centerpoint for street light repair or outages

Electric | Reliant Energy 713-207-7777

Phone | AT&T www.att.com

MUD #28 Meet 4th Tuesday of the Month @ 6:30pm

Hayes Utility South (Water & Sewer) 281-353-9756

Trash | Republic Waste 281-446-2030

Heavy Trash 2nd Friday of the Month

Fire Department | Spring VFD 281-355-1266

County Commissioner | Jack Cagle 713-755-6444

Constable 281-376-3472

MANAGEMENT COMPANY

Chaparral Management Company, AAMC

6630 Cypresswood Suite 100 | Spring, Texas 77379

281-537-0957 phone | 281-537-0312 fax

Valerie Overbeck | Association Manager

voverbeck@chaparralmanagement.com

OFFICE HOURS

9am to 5pm | closed for lunch 12:30 to 1:15 pm



TRAIN RIDES, GIANT SLIDE, HAYRIDES + MORE!

ENTRY: \$5 PER PERSON (AGE 2+)

**HOURS: FRIDAYS IN OCT. 4PM - 7PM
SATURDAYS/SUNDAYS IN OCT. 10AM - 7PM**

7632 Spring Cypress Rd. Spring, TX 77379 (Turn on Kleb Rd.)
www.OldTimeChristmasTree.com • (281) 370 9141

NORMANDY FOREST



KLEIN ISD

2018-2019 CALENDAR

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4	1	1 2 3 4 5 6	1 2 3
5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10
12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17
19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24
26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30
	30		
DECEMBER	JANUARY	FEBRUARY	MARCH
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1	1 2 3 4 5	1 2	1 2
2 3 4 5 6 7 8	6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9
9 10 11 12 13 14 15	13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16
16 17 18 19 20 21 22	20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23
23 24 25 26 27 28 29	27 28 29 30 31	24 25 26 27 28	24 25 26 27 28 29 30
30 31			31
APRIL	MAY	JUNE	KEY
S M T W T F S	S M T W T F S	S M T W T F S	
1 2 3 4 5 6	1 2 3 4	1	Semester Starts/Ends
7 8 9 10 11 12 13	5 6 7 8 9 10 11	2 3 4 5 6 7 8	Staff Development Day
14 15 16 17 18 19 20	12 13 14 15 16 17 18	9 10 11 12 13 14 15	Holiday
21 22 23 24 25 26 27	19 20 21 22 23 24 25	16 17 18 19 20 21 22	Holiday/Staff Development
28 29 30	26 27 28 29 30 31	23 24 25 26 27 28 29	Graduation
		30	

KLEIN ISD 2018-2019 IMPORTANT DATES

AUG 9-17	Staff Development
AUG 20	FIRST DAY OF CLASSES
SEPT 3	Labor Day Holiday
OCT 5	Staff Development/Student Holiday
OCT 8	Staff Development/Student Holiday
NOV 19 - 23	Thanksgiving Holiday
DEC 20	END OF FIRST SEMESTER/EARLY RELEASE DAY
DEC 21 - JAN 4	Christmas/Winter Holiday
JAN 7	Staff Development

JAN 8	CLASSES RESUME/SECOND SEMESTER BEGINS
JAN 21	Martin Luther King Jr. Holiday
FEB 18	Staff Development/Student Holiday
MARCH 11 - 15	Spring Break
APRIL 19	Easter Break
APRIL 22	Staff Development/Student Holiday
MAY 27	Memorial Day Holiday
MAY 30	LAST DAY OF CLASSES/EARLY RELEASE DAY
MAY 31	Staff Development
JUNE 1	GRADUATION

GRADING PERIODS

DATES	DAYS
AUG 20 - OCT 19	42
OCT 22 - DEC 20	39
	81
JAN 8 - MARCH 22	47
MARCH 25 - MAY 30	46
	93

TOTAL INSTRUCTION DAYS: 174

SCHOOL HOURS

ELEMENTARY
8:05 A.M. - 3:25 P.M.
INTERMEDIATE
8:45 A.M. - 4:05 P.M.
HIGH SCHOOL
7:25 A.M. - 2:45 P.M.

INCLEMENT WEATHER MAKE-UP DAYS

OCT 5, 8	FEB 18	APRIL 22
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Klein Independent School District
 7200 Spring Cypress Road
 Klein, Texas 77379
 832-249-4000
www.kleinisd.net

HEALTH HIGHLIGHTS: SEPTEMBER, HEALTHY AGING MONTH

No matter what your age, you can stay at your personal best with these expert tips.

By Matt McMillen

1. Get moving

Exercise regularly to maintain a healthy body and brain.

2. Stay social

Take a class, volunteer, play games, see old friends, and make new ones.

3. Bulk up

Eat beans and other high-fiber foods for digestive and heart health.

4. Add some spice

Add herbs and spices to your meals if medications dull your taste buds.

5. Stay balanced

Practice yoga or tai chi to improve agility and prevent falls.

6. Take a hike

Brisk daily walks this September can bolster both your heart and lungs.

7. Sleep well

Talk to a sleep specialist if you don't sleep soundly through the night.

8. Beat the blues

If you've been down for a while, see a doctor. Depression can be treated.

9. Don't forget

To aid your memory, make lists, follow routines, slow down, and organize.

Expert Tips on Healthy Aging

Tips from Gary W. Small, MD, professor of psychiatry and biobehavioral sciences, David Geffen School of Medicine at UCLA, and director, UCLA Longevity Center

*Take a daily brisk walk with a friend -- you'll get an aerobic workout, and the conversation will exercise your brain and reduce stress.

*To help control the urge to overindulge, just imagine eating that sweet treat. Research shows the fantasy dessert will satisfy you, and you'll actually eat less.

Tips from Carla Perissinotto, MD, MHS, assistant professor of medicine, division of geriatrics, department of medicine, University of California, San Francisco

*Every few months, review your over-the-counter drugs with your doctor for any potentially unsafe ingredients. I do this for my parents whenever I visit their home.



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HOUSTON METHODIST WILLOWBROOK HOSPITAL

TEA & TEAL EVENT

TUESDAY, SEPT. 18 | 6-8 P.M.



Dr. Anne Alaniz
Gynecologic Oncology

Join Dr. Anne Alaniz, gynecologic oncologist, and our highly trained specialists from Houston Methodist Willowbrook Hospital for this informative event.

EVENT GOALS:

- Build awareness of common gynecologic cancers including cervical, ovarian and uterine cancers
- Recognize the signs and symptoms
- Share prevention and screening options
- Learn about detection, treatment and research breakthroughs

Giveaways ▪ Complimentary dinner and dessert

Lindsay Lakes Banquet Center
16536 Mueschke Rd.
Cypress, TX 77433

To register, visit houstonmethodist.org/events
or call **281.737.2500**.

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TEENAGE JOBSEEKERS

Ethan Cabrera.....	15.....	Y,P.....	832-379-9516
Brittany Aguire.....	16.....	B.....	832-296-7006
Candice Woerner.....	14.....	B, P.....	281-907-0830
Jamie Phillips.....	14.....	B.....	832-477-0161
Joey Garza.....	14.....	P.....	281-300-0855
Justin Froelke.....	13.....	Y.....	281-891-9631
Kyle Hussein.....	16.....	925-330-2109
Sam Cordesman.....	15.....	B,P.....	713-851-3663
Taryana James.....	15.....	P.....	713-927-1962
Raymond Murray.....	15.....	P, Y.....	760-220-7965
Natalia Shandy.....	17.....	B.....	832-620-0656
Jasmine Kessler*.....	13.....	B, P.....	832-326-8034
Mackenzie Tower+.....	17.....	B, P.....	713-998-0911
Olivia Kendall.....	11.....	P.....	832-616-5488

*=Red Cross Certified +=CPR Certified (B)=Babysitting (P)=Pet Care
(Y)=Yard Work

CALLING ALL KIDS!

To add your name to this list, please send your name, age,
& phone # and service that you can provide to Judy Doll at
txcardlady@sbcglobal.net

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(Continued from Cover)

- Sticks and artificial moss
- String, wire, or hemp twine
- Jewelry box hinges

How to Make a Fairy Door

Traditionally, fairies like to live within the knotted roots of ancient trees, or even inside old stumps. If you have a suitable tree in your yard, this could be the perfect place to install your fairy door. If not, don't fret—in this modern age, fairies often like to live inside the walls of your house so they can keep a watchful eye on the comings and goings of humans.

Once you have selected a knotty old tree or a wall inside your home where you will mount your DIY fairy door, it's time to get to work.

- If you're building your fairy door out of Popsicle sticks, lay six of them side by side and cut the seventh one in half to act as horizontal rails. Apply glue to these rail pieces to hold the other six Popsicle sticks together. If you have ready-made craft wood, you can begin decorating right away.
- Paint, stain, or color the fairy door with markers. Let your kids get creative with the designs they use. Let the paint or stain dry, if necessary.
- Dig in your jewelry box, sewing kit, scrapping center, or junk drawer for decorative items to embellish the fairy door. Buttons, flat-backed faux pearls, and thumbtacks make perfect doorknobs.
- Consider creating a doorframe with sticks from the backyard. Attach them with glue, string, wire, or hemp twine. This gives you the ability to make the door operable if you want by installing tiny jewelry box hinges on one side.
- If you need inspiration, search online for images of DIY fairy doors.



Keep the Magic Alive

With the door installed, it's time to invite the fairies to move in. Leave a small welcome present and a tiny hand-written note at the threshold and wait until the next morning. If the gift and letter are gone, you can be certain a fairy has moved in!

Encourage your children to spin tales or draw pictures of the tiny people who live inside the roots or walls on the other side of the door. Continue to leave small presents to let the fairies know they're your friends. When your kids act up, remind them the fairies are watching. They might get upset and move out if the children in the house don't behave.

A BROOD PARASITE

BY CHERYL CONLEY, TWRC WILDLIFE CENTER

For me, everyday at TWRC is a learning experience. I recently saw a post on our Facebook page about a Cowbird and a Cardinal hatchling sharing a nest. I was intrigued so did some research on this and I think you'll find it as fascinating as I do.

The Brown-headed Cowbird is called a "brood parasite" because they don't bother to build nests but rather lay their eggs in the nests of other songbirds. The female will watch other birds who have nests and when the other female is away from the nest, the cowbird will lay one or two eggs in her nest. The cowbird female may even go so far as to damage or push out some of the other eggs to make room for hers. The cowbird lays an average of 40 eggs per season. The host birds then raise the cowbird chicks as their own. Cowbird eggs have a relatively short incubation period and often times hatch sooner than the other eggs. The chicks grow quickly and are usually larger than the others so they can command most of the food. They demand a lot of attention from their foster mom and therefore the other chicks often get neglected. The cowbird chicks have even been known to push the other chicks out of the nest. This is perhaps one reason the songbird numbers are declining.

The Yellow Warbler is one species that has learned to recognize cowbird eggs. Most often, they will build a new nest on top of the oddball egg. New evidence suggests that some bird species that recognize the cowbird egg in their nest will accept it to just to avoid total destruction of the nest by an angry cowbird.

The Brown-headed Cowbirds are native to the US and are a member of the blackbird family. The adult male has a metallic green-black body and a brown head and are about 7.5 inches long. The female is slightly smaller and is dull grey with streaking on the underside. They can be found throughout the United States.

TWRC Wildlife Center is a 39-year-old non-profit organization located in Houston, Texas. We are your resource for help with wildlife issues. Check out our website at www.twrcwildlifecenter.org or give us a call at 713-468-TWRC.





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