

SUMMERWOOD LIFE

OFFICIAL NEWSLETTER OF THE SUMMERWOOD COMMUNITY ASSOCIATION, INC.

MANAGER'S CORNER

2018 ANNUAL MEMBERSHIP MEETING

The 2018 Annual Membership meeting is fast approaching. The Annual Meeting is important for many reasons; you'll hear from your Board members about the recent accomplishments, plans and goals for the future, committee updates and get information on the budget and financial position of the community. Most importantly, as a homeowner in this community, you have the right to participate in electing your Board of Directors.

Why is it important to vote? Your Board of Directors makes hundreds of decisions on Association matters each year. You should vote for the candidates that represent your priorities and goals for your community. We provide the candidate with the opportunity to present a short profile of themselves and their vision for the community to help you decide who to vote for.

Another reason it is important to vote is help reach quorum. A quorum is the minimum number of owners who must either be at the meeting or have voted in advance. Summerwood's quorum requirement is 5%. That is relatively low, but we still have a tough time getting to it in some years. If we don't have quorum, the election isn't able to be held and a reconvened meeting must be held. Reconvened meetings cost the Association thousands of dollars in postage and printing costs to mail a new notice out.

A meeting notice, candidate information and instructions on how to vote by fax, mail, online, by proxy or in person will be sent to homeowners. Even if you aren't able to attend the meeting, you are still able to cast your vote.

Help ensure your voice is heard by attending the 2018 Annual Membership Meeting at 7:00 p.m. on September 27th at Club Summerwood. If you can't make it to the meeting, please consider voting online or by absentee.

We hope to see you there!

Summerwood Residents

FREE Document Shred Event



For Whom: Residents of Summerwood
Sponsored by: Harris County MUD No. 342
Harris County MUD No. 344
Republic Services

When: Saturday, September 8, 2018
Time: 9:00 a.m. until Noon (or until the truck is full)
Location: Summerwood Central Clubhouse
14111 Summerwood Lakes Dr.

Instructions: The car line will be going one way. Pull your car into the line. Please no walk ups. When you reach the Shred Pro Truck someone will take your boxes/bags of paper documents, place the documents into the bin, and will return the boxes and bags to you. The event will begin at 9:00 a.m. and run until Noon or until the truck is full. The Shred Pro Truck has a maximum capacity of 7 tons.

Acceptable Items Include

- All paper products such as notebook paper, magazines, tax documents, newspapers, paper folders, etc.
- All metal you can easily bend with your fingers is acceptable (staples, paper clips, thin metal brads in paper folders)

Unacceptable Item Include

- NO Three-ring binders or binder clips (these items are a fire hazard for the shredding machine)
- NO Wet paper
- NO Hard drives, CD's or disks of any kind, video tapes or film reels
- NO Cardboard boxes or other cardboard items
- NO Plastics

IMPORTANT NUMBERS

MANAGEMENT COMPANY

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 customercare@ciaservices.com
 8811 FM 1960 Bypass Road Suite 200, Humble, Texas 77338

EMERGENCY NUMBERS

Emergency Situations.....911
 Constable - Precinct 3 281-427-4791
 Houston Fire Station #105 14014 W. Lake Houston Pkwy
 Houston, Texas 77044
 South Lake Houston EMS (Dispatch) 281-459-1277
 Dead Animal Pick-Up (Precinct 1) 281-820-5151
 Animal Control..... 281-999-3191
 After Hours..... 281-221-5000

UTILITY SERVICE NUMBERS

Public Utility Commission Consumer Hotline.. 888-782-8477
 Entouch Systems 281-225-1000
 (Telephone, Cable, Alarm Monitoring)
 AT&T 800-288-2020
 CenterPoint..... 713-659-2111
 Reliant Energy..... 713-207-7777
 MMIA (Water District Operator)..... 281-651-1618
 Garbage Pick-Up
 MUD 342 & 344 (Republic Waste)..... 281-446-2030
 MUD 361 (Wast Management) 1-800-800-5804

SCHOOLS

Summerwood Elementary 281-641-3000
 Lakeshore Elementary 281-641-3500
 Post Office..... 713-695-2690
 4206 Little York, Houston, TX 77078

SUMMERWOOD ONSITE MGMT OFFICE

The Onsite Management Office is located inside Resident Club
 Central at 14111 Summerwood Lakes Drive.

Office Hours

Wednesday 10 a.m. – 6 p.m.

Saturday 10 p.m. – 3:30 p.m.

Office phone: 281-225-2786

*If you require assistance, please contact Jennifer Northington
 at 281-852-1700 or at customercare@ciaservices.com.*

NEWSLETTER INFO

EDITOR

Article Submissions....summerwoodnewsletter@gmail.com

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SAVE THE DATE FOR SUMMERWOOD'S ANNUAL NATIONAL NIGHT OUT - TUESDAY, OCTOBER 2



The Summerwood Crime Watch Committee will again host the annual National Night Out (NNO) event for Summerwood residents of all ages on Tuesday, October 2, from 6 to 8

p.m. It will be held at Club Summerwood (Hunter's Lake Way at Timber Forest). NNO is a family-oriented event aimed at building neighborhood awareness and crime prevention.

Bring the whole family! Drawings will be held throughout the evening with great crime prevention related items, so don't forget to sign in as soon as you arrive. Enjoy the many entertaining activities for kids and adults alike, such as bounce

houses, a trackless train, an HEB food booth where you can purchase a delicious dinner for the family, a DJ with great music, representatives and contract deputies from the Precinct 3 Constable Office, the Houston Police Department officers, an ambulance and fire truck from HFD 105, HPD Mounted Police, free popcorn, free snow cones, multiple drawings for prizes, interesting exhibits, entertainment for all ages, and much more.

You may contact CWC Chairman, Darlene Kilburn at summerwoodcrimewatch@gmail.com or Barbara Probandt, CWC Secretary/ Treasurer if you or your place of business would like to make a donation to help defray the expenses of the event. Thank you to Don Gaddy and Garth Hentges of Edward Jones Financial Services in Summerwood for their generous gift again this year to sponsor our DJ for the evening!!!

FACT:

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Informational Meeting Regarding the Northeast Water Purification Plant

Summerwood is home to the Northeast Water Purification Plant ("NEWPP"), located at 12550 Water Works Way in Humble. The water plant draws water from Lake Houston, purifies it, and provides 80 million-gallons-per-day of high-quality drinking water to customers throughout parts of Houston.

The NEWPP is currently under construction to expand and produce as much as 400 million-gallons-per-day of drinking water. This expansion is taking place within the 152-acre treatment plant site (pictured below), but construction is expected to take several years and will likely impact the entire community in one way or another.

An informational meeting will be held on Tuesday, September 4, 2018, at Lakeside United Methodist Church, 14303 W. Lake Houston Parkway. Doors open at 6:30 p.m., the meeting will begin at 7:00 p.m. and end at 8:00 p.m. Houston Public Works will be on hand to answer any questions you may have about the plant, the expansion and construction in our area.

This expansion is a pivotal part of the conversion from using groundwater to surface water for our drinking water needs. By

2025, surface water must supply at least 60% of our water needs, and by 2035 surface water must supply at least 80% of our water needs. Conservation of groundwater is important in order to avoid increased subsidence which leads to flooding and property damage.

For more information please go to www.greaterhoustonwater.com or call 281-520-3777. We hope to see you at the meeting on September 4th.



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Questions: FFPS.org / 281-347-KICK (5425)
To Sign Up: FFPS.org



Mark Your Calendars EVENTS SUMMERWOOD 2018

SUMMERWOOD-WIDE SHREDDING EVENT
SPONSORED BY REPUBLIC WASTE, MUD 342, AND 344
September 8, 2018

SUMMERWOOD BINGO NIGHT
September 15, 2018

**SUMMERWOOD HOMEOWNER'S ASSOCIATION
ANNUAL MEETING**
September 27, 2018

NATIONAL NIGHT OUT
October 2, 2018

FALL FESTIVAL
October 27, 2018

FALL GARAGE SALE
November 3, 2018

YOUTH FISHING TOURNAMENT
November 10, 2018

WINTER FESTIVAL
December 1, 2018

Be sure to check Summerwoodlife.com for more on the 2018 events. Dates subject to change.



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Lake Houston Ladies Club SEPTEMBER MEETING

The Lake Houston Ladies Club is a social organization dedicated to connecting women through monthly luncheon meetings, social activities and various interest groups. We will greet old friends and make new ones at our first meeting of the new year on Tuesday, September 18 from 10:00-12:00 at the Walden Country Club, 18100 Walden Forest Drive in Humble, Tx 77346. The cost is \$17 per person for the luncheon.

The club welcomes new members from all surrounding areas. Many interest groups are available including Reader's Choice, Bridge, Bunco, Mah Jongg, Lunch 'N Look, Tea Time, Movie Group, Supper Club, Hand Knee and Foot, Girls Night Out, Mexican Train, Shooting Club and Game Day. There are also events during the year that include spouses or significant others. The club is an excellent way to meet new people and make new friends.

Please join us. New members are always welcome. For more information about the club and for luncheon reservations, please go to the club web page at <http://www.lakehoustonladiesclub.com> or call Karen at 281-900-5584 by Wednesday, September 12.

SUMMERWOOD CRIME WATCH COMMITTEE MEETS TUESDAY, SEPTEMBER 11

If you are a Summerwood resident and attend crime watch meetings you can consider yourself a member of the crime watch committee. There is no membership fee or enrollment process or responsibility to perform a task. The meetings are informative and brief. The committee meets at the central clubhouse at 7:00 p.m. on the 2nd Tuesday of each month and most likely the meeting will adjourn and you will be home by 8:00 p.m.

Are you interested in finding out what crimes are currently occurring in the area? Would you like to meet your Precinct 3 Constable contract deputies and the HPD officers that patrol Summerwood and hear their monthly reports? Could you benefit from hearing about simple and effective ways to protect your personal self and your personal property? Come and check us out!

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Find Out What's Happening at Summer Creek BizCom

You are invited to attend Summer Creek Biz Com #40 that meets at Summer Creek High School as we celebrate the beginning of the 2018-2019 school year. This event will begin at 11 a.m. Thursday, September 13, 2018 and a complimentary lunch will be provided to all attendees.

Here are some of the anticipated speakers and topics for that day:

- Luce Bayou Waterway Project, report on the purpose, overview and timeline of the project.

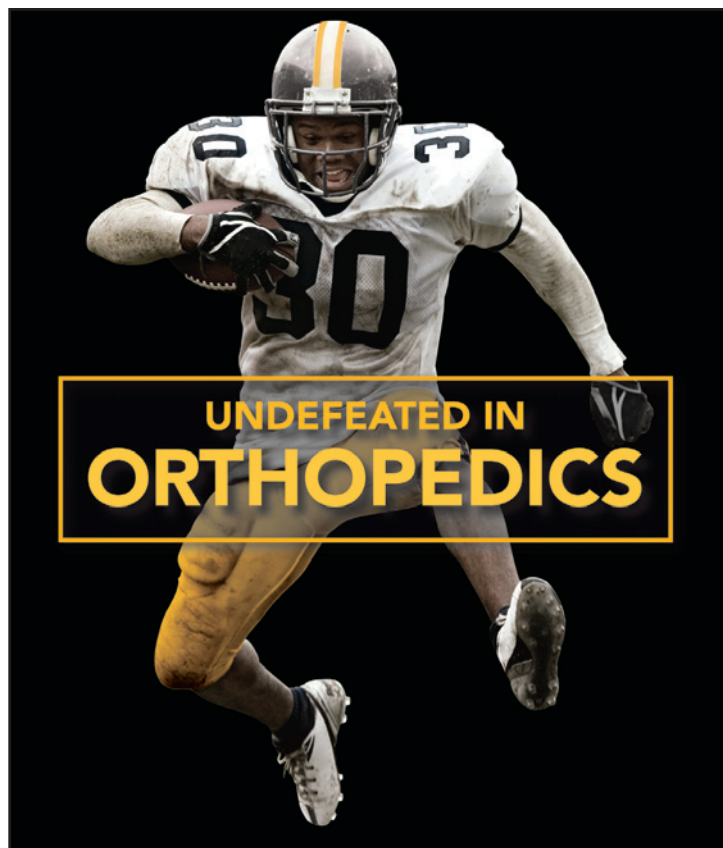
- Technip FMC and Ashley Adair of the American Heart Association, will discuss heart health and the upcoming November 3rd Heart Walk.
- Terry Vaughn, Walgreens and Lake Houston Area Chamber of Commerce, will discuss Hurricane Harvey Recovery Topics.
- Coach Kenny Harrison, New SCHS Head Football Coach and Athletic Director, will discuss athletic program enhancements and the outlook for the current football season.
- Mr. Brent McDonald, Summer Creek High School Principal, will share great news about the coming year.
- Dr. Paul Lyle, Pastor of Summer Creek Baptist Church, will discuss the 6th annual SCHS Tailgating event.

Optional Networking Session

Please plan to stay with us from noon to 12:15 p.m. as each attendee will have the opportunity to introduce themselves and/or their organization. As a courtesy, we ask that you limit your time to 30 seconds.

For more information or to reserve your spot, please see <http://web.lakehouston.org/events>, www.youtube.com/MyChamberChannel or contact the Summer Creek BizCom staff liaison, Chris O'Dell at 281-319-8905 or codell@lakehouston.org.

Don Gaddy, Summer Creek BizCom Chairman
A Project of the Lake Houston Area Chamber of Commerce



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Ice Cream Social

The Summerwood Ice Cream Social event was held on August 3, 2018 at the Central Clubhouse in the pool area. EnTouch handed out free ice cream and Fire Department 105 came out for a Meet and Greet. It was a perfect way to cool down from the heat and have the opportunity to meet some the firefighters from the local fire department.





Humble ISD 2018-19 Calendar

175 Instructional Days

Students start Monday Aug. 20, and end Friday May 31

Teachers start Wednesday Aug. 8, and end Monday, June 3

1st SemesterAugust 20 - December 20, 2018 (81 days)

2nd SemesterJanuary 8 - May 31, 2019 (94 days)

Professional Growth/Workdays for staff

Holidays for students

August 8-9, 13-17

October 9

January 7

February 18 (District comp day)

April 22 (District comp day)

June 3

Holidays

Independence DayJuly 4, 2018
Labor DaySeptember 3
Columbus DayOctober 8
ThanksgivingNovember 19-23
Winter BreakDec. 21-Jan. 4
MLK DayJanuary 21
Spring BreakMarch 11-15
Good FridayApril 19
Memorial DayMay 27
Independence DayJuly 4, 2019

Full Day Release/Early Release/Late Arrival

Elementary Full-Day Release Days: Oct. 23, Nov. 26, Feb. 19, March 18
Elementary Early Release Days: Dec. 20, May 31

Middle School Exam Early Release Days are the last two days of each semester (Dec 19-20 and May 30-31). Additionally, AMS, CMS, KMS, RMS, TMS, WLMS and WMS have late arrival every Thursday except for Aug. 23, Sept. 6, Oct. 11, Nov. 15, Jan. 10, Jan. 24, Feb. 21, April 11, and May 16. HMS and SMS have early dismissal each Friday except for Aug. 24, Sept. 7, Oct. 12, Nov. 16, Jan. 11, Jan. 25, Feb. 22, and May 17.





High School Exam Early Release Days are the last two days of each semester (Dec 19-20 and May 30-31). Additionally, high schools have late arrival every Thursday except for Aug. 23, Sept. 6, Oct. 11, Nov. 15, Jan. 10, Jan. 24, Feb. 21, April 11, May 9, and May 23.

Campuses reserve the right to cancel or modify early release or late arrival schedules to accommodate special school activities.


Inclement Weather Days: Feb. 18 and April 22

May become student school days if time is lost to bad weather.

Otherwise, will be Student Holiday/Professional Growth Workdays.

-  Holiday
-  Semester Begins/Ends
-  Professional Growth Day, Student Holiday
-  Summer Closing Days

PROJECTED State Testing Days affecting individual grade levels:

-  STAAR/EOC

All grade levels (K-12) will have 9-week grading periods.

July 2018						
S	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
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29	30	31				

August 2018						
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September 2018						
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October 2018						
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January 2019						
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February 2019						
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March 2019						
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31						

April 2019						
S	M	Tu	W	Th	F	S
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May 2019						
S	M	Tu	W	Th	F	S
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June 2019						
S	M	Tu	W	Th	F	S
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30						

Humble ISD Offers Free and Reduced-Price Meals at School 2018-2019

Child Nutrition Services announced its policy for providing free and reduced-price meals for children served under the National School Lunch Program according to the current income eligibility guidelines.

Children Household receiving Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF); or Food Distribution Program on Indian Reservations (FDPIR) qualify with a completed application online.

Foster children who are the legal responsibility of a state agency or court are eligible for benefits regardless of the income of the household with whom they reside. Also, children may receive free and reduced-price meals if a member of their household becomes unemployed or if the household income is within the limits of the Federal Income Guidelines as shown on the eligibility guideline chart.

There will be NO paper meal application forms for 2018-2019. It is urgent that families set up a School Café account. When you do this, your student names, IDs, family information will automatically populate the free/reduced meal application! You will get almost

instant results from their meal application! Go to www.schoolcafe.com to set up your account now. You may then apply for free/reduced meals AFTER July 1, 2018 when the new school year begins.

If necessary, a paper application is available at the Child Nutrition Center located at 1705 Wilson Rd., Building D in Humble.

Households must reapply annually in order to be eligible for free or reduced priced meals. Families may apply anytime during the current school year. The information households provide on the application will be used for the purpose of determining eligibility and verification of data. Applications may be verified by the Child Nutrition Department at any time during the school year.

Humble ISD Meal Charge Policy for 2018-2019

Parents are strongly encouraged to continually monitor their child's meal account balance. When a student's meal account is exhausted, the student will be allowed to continue purchasing full meals only (not a la carte items) up to -\$20.00.

(Continued on Page 12)



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(Continued from Page 11)

Payments on student accounts may be made in the school cafeteria daily before school and during meal service times or on-line at SchoolCafe. Visit <https://www.schoolcafe.com> to register.

Once a student's account reaches -\$20.00 the student will receive an alternate breakfast and/or lunch at no cost. The district will notify parents/ guardians when their child's account is exhausted via School Messenger e-mails. The SchoolCafe system also provides an option to receive low balance and/or negative balance notices via e-mail.

There is no charging of adult meals. For further information please call 281-641-8460.

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Be sure to reserve your seat for this workshop as the seating is limited. As a Bonus for pre-registering you will receive our report "The Top Ten Pitfalls To College Funding!" at the workshop.

Visit the facebook event page for more: <https://www.facebook.com/events/156848265081385/>

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IN KINGWOOD

Welcoming Dr. Ojomah Emono

Houston Methodist Primary Care Group is pleased to welcome Dr. Ojomah Emono to our new Kingwood location. Dr. Emono is a board-certified family physician with expertise in the prevention, diagnosis and treatment of acute and chronic illnesses. Driven by a personal commitment to practice medicine with compassion, Dr. Emono can provide the best health care experience for you and your family.

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Health Highlights

September - Healthy Aging Month

By Matt McMillen

1. **Get moving.** Exercise regularly to maintain a healthy body and brain.
2. **Stay social** Take a class, volunteer, play games, see old friends, and make new ones.
3. **Bulk up.** Eat beans and other high-fiber foods for digestive and heart health.
4. **Add some spice.** Add herbs and spices to your meals if medications dull your taste buds.
5. **Stay balanced.** Practice yoga or tai chi to improve agility and prevent falls.
6. **Take a hike.** Brisk daily walks this September can bolster both your heart and lungs.
7. **Sleep well.** Talk to a sleep specialist if you don't sleep soundly through the night.
8. **Beat the blues.** If you've been down for a while, see a doctor. Depression can be treated.
9. **Don't forget.** To aid your memory, make lists, follow routines, slow down, and organize.

Expert Tips on Healthy Aging

Tips from Gary W. Small, MD, professor of psychiatry and biobehavioral sciences, David Geffen School of Medicine at UCLA, and director, UCLA Longevity Center

- Take a daily brisk walk with a friend -- you'll get an aerobic workout, and the conversation will exercise your brain and reduce stress.
- To help control the urge to overindulge, just imagine eating that sweet treat. Research shows the fantasy dessert will satisfy you, and you'll actually eat less.

Tips from Carla Perissinotto, MD, MHS, assistant professor of medicine, division of geriatrics, department of medicine, University of California, San Francisco

- Every few months, review your over-the-counter drugs with your doctor for any potentially unsafe ingredients. I do this for my parents whenever I visit their home.
- Try yoga. All types help maintain physical and emotional health. My favorite is Kundalini yoga, which focuses on meditation and strengthening.

Tips from Elizabeth Eckstrom, MD, MPH, director of geriatrics, Oregon Health & Science University, Portland, Ore.

- Follow a Mediterranean diet to help prevent memory impairment and heart problems. I love salmon covered with fresh thyme and lemon slices and grilled on a plank.
- I do tai chi three days a week, and it dramatically improves my balance. Seniors can do it, too, and cut their risk of falls by almost half.

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12pm-4pm

For vendor information
Contact Cathy Bellnap
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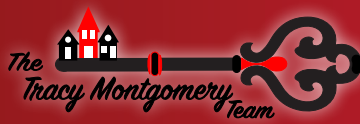
Houston Texans



2018 Schedule

GO TEXANS!

WEEK	DATE	OPPONENT	TIME(ET)	SCORE
1	Sun, Sep 9	at New England	1:00 PM	_____
2	Sun, Sep 16	at Tennessee	1:00 PM	_____
3	Sun, Sep 23	NY Giants	1:00 PM	_____
4	Sun, Sep 30	at Indianapolis	1:00 PM	_____
5	Sun, Oct 7	Dallas	8:20 PM	_____
6	Sun, Oct 14	Buffalo	1:00 PM	_____
7	Sun, Oct 21	at Jacksonville	1:00 PM	_____
8	Thu, Oct 25	Miami	8:20 PM	_____
9	Sun, Nov 4	at Denver	4:05 PM	_____
10		*BYE		_____
11	Sun, Nov 18	at Washington	1:00 PM	_____
12	Mon, Nov 26	Tennessee	8:15 PM	_____
13	Sun, Dec 2	Cleveland	1:00 PM	_____
14	Sun, Dec 9	Indianapolis	1:00 PM	_____
15	Sat, Dec 15	at NY Jets	4:30 PM	_____
16	Sun, Dec 23	at Philadelphia	1:00 PM	_____
17	Sun, Dec 30	Jacksonville	1:00 PM	_____



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