

THE OFFICIAL MONTHLY NEWSLETTER OF THE ATASCOCITA FOREST COMMUNITY ASSOCIATION

## ATASCOCITA HIGH SCHOOL LATIN CLUB WINS BIG AT NATIONAL CONVENTION

Six Atascocita High School Latin club students competed against 2,000 Latin and Greek students from 32 states across the nation at the 65th National Jr. Classical League Convention. The high school students dedicated time this summer to study Latin and curate classically themed art projects to enter in various competitions during the annual convention, held at Miami University in Oxford, Ohio. All six students took home several awards and are now national award winners.

Leonard Randolph, Atascocita High School junior, earned a distinguished medal and is now ranked 5th in the nation for National Jr. Classical League Graphic Arts.

National Jr. Classical League encourages student interest and an appreciation of the language, literature, and culture of ancient Greece and Rome. In addition to the competition, the convention provides leadership opportunities for state officers. Faith Padgett, Atascocita High School senior, has been chosen to serve as the 2018-2019 Historian for the Texas State Jr. Classical League and on the student board of State Jr. Classical League Officers for Texas.

#### The AHS Latin students brought home the following awards:

#### Leonard Randolph - Junior

Watercolor, 1st place Constructed Charts, 2nd place Sculpture, 2nd place Greeting Cards, 2nd place Ink, 3rd place Colored Pencil, 4th place Place Small Model, 4th place Chalk, 5th place Acrylic, 6th place Pottery, 6th place Mixed Media, 7th place

Kendall Wilburn - Junior

Computer Enhanced Photography, 1st place

#### Lauren Dumont - Sophomore

Constructed Charts, 1st place Computer Enhanced Photography, 1st place Traditional Photography, 3rd place Latin Literature, 4th place Essay, 5th place

#### Faith Padgett - Senior

Computer Enhanced Photography, 2nd place Constructed Charts, 3rd place Club Scrapbook, 3rd place State Scrapbook, 6th place

> Lizzie Worn-Wilkerson - Senior Essay, 10th place

**Anthony Perry - Junior** Graphic Design for State T-Shirt, 2nd place



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## IMPORTANT NUMBERS

#### **EMERGENCY NUMBERS**

EMERGENCY	
Harris County Animal Control	
Poison Control	

#### **NON-EMERGENCY NUMBERS**

Pct 4 Constable Non-Emergency Disp	atch 281-376-3472
Atascocita Volunteer Fire Dept.	
Harris County Precinct 4	
Texas No Call List Registration	
Emergency Roadside Assistance	

#### SCHOOLS

Humble ISD	0-1775
Whispering Pines Elementary	1-2500
Humble Middle School	1-2500
Humble High School 281-64	

#### UTILITY NUMBERS

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Report Street Light Outage - Centerpoint 713-207-2222		
Report Gas Leak - Centerpoint713-659-2111		
Centerpoint (Gas)		
Call Before You Dig811		
Water - SiEnvironmental		
Emergency Number		
Electricity - Multiple Providers www.powertochoose.org		
Trash - RR&R of Texas		
MUD Districtwww.TrailoftheLakesMUD.com		

#### PUBLIC SERVICES

Humble Post Office	
DPS Office	
Harris County Clerk (Will Clayton Pk	wy.) 281-540-1173

#### **NEIGHBORHOOD MANAGEMENT**

Community Asset Management

www.CommunityAssetManagement.com Pam Valentine......pvalentine@cam-texas.com

#### ATASCOCITA FOREST COMMUNITY ASSOC.

Email the Board ...... board@atascocitaforest.org Website Questions/Problems......website@atascocitaforest.org Newsletter questions......newsletter@atascocitaforest.org

#### HOA BOARD MEMBERS

Norman Laskie - President ...... norman@atascocitaforest.org Kesha Stubblefield - Vice President....kesha@atascocitaforest.org Troy King - Treasurer.....troy@atascocitaforest.org Lauren Shwarts - Secretary ......lauren@atascocitaforest.org Tomasina Sampa - Director ..... tomasina@atascocitaforest.org

## **NEWSLETTER INFO**

#### PUBLISHER

Peel, Inc	
Advertising	. advertising@PEELinc.com

# LAKE HOUSTON LADIES CLUB

The Lake Houston Ladies Club is a social organization dedicated to connecting women through monthly luncheon meetings, social activities and various interest groups. Our next luncheon will be held on Tuesday, October 16, from 10:00a-12:30p at the Walden Country Club, 18100 Walden Forest Drive in Humble, Tx 77346. The cost of the event is \$17 per person and includes lunch and entertainment.

Our theme this month is Healthcare and our guest speaker will be Lee Ann Hyatt, RN, BSN. Her topic will be Live for Today, Let's Make the Most of It! Lee Ann states, "Many of us struggle to live in the present. We find ourselves thinking about our happiness in the past or believe that we will be happy in the future when we accomplish something or reach a certain milestone. As a result, we may be missing the opportunity to truly feel happy...now, in the present moment." She will discuss this self-defeating behavior and give several suggestions on how we can learn to truly "Live for Today"!

The club welcomes new members from all surrounding areas. Many interest groups are available including Game Day, Shooting Club, Bunco, Mah Jongg, Lunch 'N Look, Tea Time, Movie Group, Supper Club, Hand Knee and Foot, Girls Night Out, Mexican Train, Reader's Choice and Bridge. There are also events during the year that include spouses or significant others. The club is an excellent way to meet new people and make new friends.

Please join us. New members are always welcome. For more information about the club and for luncheon reservations, please go to the club web page at http://www. lakehoustonladiesclub.com or call Karen at 281-900-5584 by Tuesday, October 9.

## **BUSINESS CLASSIFIED**

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**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or *advertising@PEELinc.com.* 

## ATASCOCITA FOREST

## HALLOWEEN SAFETY TIPS

#### By Centers for Disease Control and Prevention

Fall celebrations like Halloween and Harvest Day are fun times for children, who can dress up in costumes, enjoy parties, and eat yummy treats. These celebrations also provide a chance to give out healthy snacks, get physical activity, and focus on safety.

Check out these tips to help make the festivities fun and safe for trick-or-treaters and party guests.

#### Going trick-or-treating?

- Swords, knives, and other costume accessories should be short, soft, and flexible.
- Avoid trick-or-treating alone. Walk in groups or with a trusted adult.
- Fasten reflective tape to costumes and bags to help drivers see you.
- Examine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.
- Hold a flashlight while trick-or-treating to help you see and others see you. WALK and don't run from house to house.
- Always test make-up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation.
- Look both ways before crossing the street. Use crosswalks wherever possible.
- Lower your risk for serious eye injury by not wearing decorative contact lenses.
- Only walk on sidewalks whenever possible, or on the far edge of the road facing traffic to stay safe.
- Wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.
- Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.
- Enter homes only if you're with a trusted adult. Only visit well-lit houses. Never accept rides from strangers.
- Never walk near lit candles or luminaries. Be sure to wear flameresistant costumes.

#### Expecting trick-or-treaters or party guests??

Follow these tips to help make the festivities fun and safe for everyone:

- Provide healthier treats for trick-or-treaters such as low-calorie treats and drinks. For guests, offer a variety of fruits and vegetables.
- Use party games and trick-or-treat time as an opportunity for kids to get their daily dose of 60 minutes of physical activity.
- Be sure walking areas and stairs are well-lit and free of obstacles that could cause someone to fall.
- Keep candle-lit jack o'lanterns and luminaries away from doorsteps, walkways, landings, and curtains. Place them on sturdy tables, keep them out of the reach of pets and small children, and never leave them unattended.
- Remind drivers to watch out for trick-or-treaters and to drive safely.

## **Kids' Fall Allergies**

By Aaron Williams, Pharmacist

School is in session, and just like clockwork your 8-year-old starts sneezing, sniffling, and snorting—not to mention clearing her throat and blowing her nose like there's no tomorrow. Chances are it's allergies—the immune system's reaction to a substance that would normally be quite harmless. Up to 40% of children in the U.S. have nasal allergies.

Outdoor allergens, also known as hay fever or seasonal allergies often bring images of springtime sufferers. In the fall, however, outdoor allergens such as ragweed and tumbleweed may also release tiny pollen and wreak major havoc—especially in the morning.

But that's not all. In the fall, your child begins spending more time inside at school and friends' homes. That's when many indoor allergens may also rear their ugly heads such as: Dust mites, Mold, Animal allergens, clothing and toys made or stuffed with animal hair or latex in rubber gloves, toys, balloons or elastic in clothing.

You don't have a lot of control over indoor allergens at school. But there certainly are some things you can do to protect your child. Here's a small sample of steps you can take:

• Use air conditioners and keep windows closed in your car and at home and change HVAC filters regularly to reduce exposure to pollen. *(Continued on Page 4)* 



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• Have your child avoid playing in piles of dead leaves to avoid mold allergies.

• Reduce mold growth in the home by fixing leaky plumbing, removing bathroom carpets and control indoor humidity.

• Vacuum upholstered furniture and wash linens weekly and other bedding every 1 to 2 weeks in hot water.

• Limit stuffed animals in the bedroom.

• Replace pillows every 2 to 3 years.

• Encase pillows, mattresses, and comforters in special covers that keep dust mites out

Avoiding triggers is the best way to prevent the symptoms of allergies. But keep in mind that it can take 3-6 months to see an improvement in symptoms once indoor triggers are removed.

Sometimes avoiding triggers is not enough to control symptoms. Before you stock up on loads of over-the-counter medicine, however, swing by and have a talk with me. I can point you to products in our store and guide you on their use. Also, make sure to have a conversation with your child's pediatrician. Sometimes allergy testing or prescription medications are sometimes needed to bring relief.

Nothing herein constitutes medical advice, diagnosis or treatment, or is a substitute for professional advice. You should always seek the advice of your physician or other medical professional if you have questions or concerns about a medical condition.

### Women Empowering Women Express Network

The Women Empowering Women Express Network (WEWEN) of the American Business Women's Association (ABWA) invites you to attend a Monthly Networking Luncheon on October 3rd, 2018. The luncheon will be held in the Conference Room of the Wyndham Garden Houston Willowbrook located at 18818 Tomball Parkway, Houston, TX 77070.

Open Networking begins at 11:00AM, followed by an informative program and delicious gourmet lunch from 11:30AM-1:00PM.

This month's luncheon includes Kristi Howton presenting the program: **ALIGNMENT** 

When you build business and relationships that are in alignment with your values, you discover how significant your work, time and life are.

There is a saying, "Do what you love and you will never work for money." This is what inspires Kristi. Dedicated to the spirit of encouragement, Kristi Howton has been a Director of Business Development since the age of 28 and became a self-owned business entrepreneur by age 35.

She is a mother, creator, speaker, visionary, guide, and executive

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#### (Continued from Page 4)

Texan with deep values surrounding family, purpose, independence, self-worth, relationships, learning and growth.

Expand your network, grow your business skills, reach a new audience, or advance your career with the Women Empowering Women Express Network of ABWA. WEWEN meets the first Wednesday of each month from 11AM-1PM. Details and luncheon registration (\$30) are available online at wewen.org. Walk-ins are always welcomed and are \$35. Contact communications@wewen. org with any questions. We can't wait to see you!!

# THINKING HOLIDAYS?

The Ladies Auxiliary from St. Elizabeth Ann Seton Catholic Church will hold their 26th Annual Gingerbread Village Holiday Market on October 27, 2018. If you are interested in showcasing your arts, craft, products, etc., consider joining us as a vendor this year! For an application or more information regarding this event, please email: gingerbreadvillage@yahoo.com.

## **Pet Blessing**

Saint Aidan's Episcopal Church 13131 Fry Road (Just south of 290) Saturday October 6th 10 AM With Renewal of Vows of Adoption and Memorial for Pets that have passed.

Come join us and celebrate St. Francis Day as we recognize the profound connection humans and animals share. Bring your pets to be blessed (or pictures) and renew your vows of adoption with your pets. There is also a special time to remember pets that have passed away so feel free to bring pictures or keepsakes of the animals you miss.

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## Kidz Maze Mania

The miner is looking for gold in the mine. Help him get to the bottom of the mine where he will find a large nugget of gold.





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# Saturday October 27, 2018 9am - 4pm

26<sup>th</sup> Annual Gingerbread Village

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CRAFT SH

Featuring Arts, Crafts, Specialty Foods, Fashion Goods & Morel

> Located at St. Elizabeth Ann Seton Catholic Church 6646 Addicks-Satsuma Houston. TX 77084 In Northwest Houston. approx. I mile east of Hwy 6 between FM 529 & West Little York)

Hosted by SEAS Ladies Auxiliary

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BILLIE JEAN HARRIS TEAM Marketing Specialist RE/MAX East 713-825-2647 (Cellular)

713-825-2647 (Cellular) 713-451-4320 (Direct) bharris@remax-east.com www.billiejeanharris.com



