

BUTLER'S BRIDGE

WEST BEND COMMUNITY IMPROVEMENT ASSOCIATION

VOLUME 4 | ISSUE 10

OCTOBER 2018

October 2018

COMMUNITY CALENDAR

Observed as:

- Breast Cancer Awareness Month
- Domestic Violence Awareness

Birthstone: Opal and Tourmaline

Flower: Calendula

Astrological Signs:

Libra (till 22nd) & Scorpio (23rd ⇒)

1st.....	Shemini Atzeret
1st.....	International Coffee Day
1st.....	World Vegetarian Day
2nd.....	National Night Out (NNO)
2nd.....	Simchat Torah
6th.....	German-American Day
8th.....	Columbus Day
9th.....	Leif Erikson Day
10th.....	World Mental Health Day
11th.....	International Day of the Girl
16th.....	World Food Day
17th.....	Board Meeting
18th.....	St Luke
22nd.....	National Nut Day
24th.....	United Nations Day
28th.....	National Chocolate day
29th.....	National Cat Day
31st.....	Halloween



NATIONAL NIGHT OUT

The WEST BEND Neighborhood National Night Out will be celebrated on Tuesday, October 2nd, 6p – 8p at the Pavilion.

REMINDERS...

- ✓ National Night Out, Tuesday, October 2nd
- ✓ The October Board Meeting will be held at the CIA Services Conference Room located at 3000 Wilcrest, Suite 200.
- ✓ Important Homeowner Registration www.ciaservices.com
- ✓ Drive Safely, watch your speed, and obey street signs.
- ✓ Remove trash cans from public view on non-trash days.
- ✓ Assessments are due every year on January 1st *

ASSESSMENTS

The assessments are due on January 1st of each year and provide for services in the community. Every owner has an obligation to pay the annual assessment. If you do not receive a statement in November, please submit an accounts receivable request to C.I.A. Services to confirm your balance and ensure it is paid on time. You may submit your payment by mail, in person, or on-line.

Nov 4, 2018 - DAYLIGHT SAVING TIME ENDS

Sunday, November 4, 2018, 2:00:00 am clocks are turned backward 1 hour to Sunday, November 4, 2018, 1:00:00 am local standard time instead.

West Bend CIA

IMPORTANT NUMBERS

MANAGEMENT COMPANY

CIA Services, Inc.

3000 Wilcrest, Houston, TX

713 981-9000

EMERGENCY

Emergency Situation	911
Constable Precinct 5	281 463-6666
Sheriff Emergency & Non	713 221-6000
Harris County Sheriff (Store Front)	281 564-5990
Harris County Sheriff (sub-station)	281 463-2648
Poison Control	800 764-7661
Crime Stoppers	713 222-TIPS

UTILITIES

AT&T (Repairs)	800 246-8464
Center Point Energy (Electric)	713-207-2222
Center Point Energy (Gas)	713 659-2111
Mud #120 (Water)	713 405-1750
Street Light Repairs -need Pole#	713 207-2222
Trash (Texas Pride Disposal)	281 342-8178

PUBLIC SERVICES

Local U.S. Post Office	281 920-9337
<i>12655 Whittington Dr, Houston, TX 77077</i>	
Toll Road EZ Tag	281-875-EASY (3279)
Volunteer Fire Dept.	281 498-1310
Steve Radack (<i>County Commissioner</i>)	713 755-6306
Animal Control	281 999-3191
Dead Animal Pick-up (Precinct 5)	713 439-6000
Dead Bird Report	713 440-3036
Graffiti Clean-up	281 463-6300
Mosquito Control (Health Dept.)	713 440-4800
Mow the Bayou	713 684-4000

SCHOOLS

Alief Independent School Dist.	281 498-8110
Alief Transportation (to report Bus)	281 983-8400

NEWSLETTER INFORMATION

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ACCEPTABLE RECYCLABLE MATERIAL

Please place the following items dry, clean, and loose in your recycling container. DO NOT BAG your recyclables.

Paper Products

- Newspaper
- Magazines
- Catalogs
- Junk Mail
- Envelopes
- Greeting Cards
- Wrapping Paper
- File Folders
- Computer Paper
- Construction Paper
- Grocery Bags
- Soda & Beer Boxes
- Shoe Boxes
- Clean Pizza Boxes
- Cardboard Boxes
- Waxboard Containers (JuiceBoxes)
- Egg Cartons
- Paper Towel Rolls
- Phone Books

Plastics (Please rinse)

- Plastics #1-#7
- Milk & Juice Bottles
- Soda & Water Bottles
- Shampoo & Soap Bottles
- Bleach & Detergent Containers
- Household Cleaner Containers
- Plastic Flower Pots
- Yogurt cups
- Cups, Plates, & Dinnerware
- Prescription Pill Containers

Metals (Please rinse)

- Soda, Juice, & Beer Cans
- Canned Food Cans
- Pet Food Cans
- Aluminum Foil
- Pie Trays
- Metal Jar Lids
- Gutters (less than 5' long)
- Empty Aerosol Cans

Glass (Please rinse)

- Beer Bottles
- Wine Bottles
- Soda Bottles
- Jars

Unacceptable Items

The following items are currently not accepted in our recycling program and should be thrown away with your regular household garbage.

- Styrofoam
- Windows
- Ceramics
- Thin Plastics (bags, etc.)
- Soiled Pizza Boxes
- Mirrors
- Wet & Soiled Paper
- Pots & Pans
- Coat Hangers
- Light Bulbs
- Paint & Solvent Containers
- Paper Towels
- Microwave Dinner Trays

Banana Smoothie

Ingredients:

- 4 bananas, peeled
- 3 Tablespoons brown sugar (honey may be substituted)
- 4 cups ice

Directions:

Break bananas into large pieces and put in blender; add sugar. Blend until smooth. Blend in ice, a cup at a time, until a smooth, thick consistency.

Yield: 4 servings



GO GREEN



Receive your newsletter in your inbox

For details go to
www.PEELinc.com
and click the RESIDENTS tab



TRASH COLLECTION GUIDELINES

Service days are Tuesday and Friday.

Have waste ready for collection no later than 6:00 a.m.

In the event that one of the collection days falls on a holiday, trash will be picked up on the next regularly scheduled collection day. Scheduled holidays will include: Independence Day, Thanksgiving Day, Christmas Day, and New Year's Day. In the event of an "Act of God", we will collect your waste on the following scheduled collection day.

Household Garbage:

- Waste must be placed in personal containers between 20 and 95-gallons or bags
- Cans or bags cannot exceed 50 pounds

Heavy Trash:

- Two heavy items collected EVERY service day

Heavy trash/bulk waste includes

waste that is not generated on a regular basis, including:

- Furniture (couch, table, mattress, box spring, desk, dresser, etc.)
- Appliances (washer, dryer, dishwasher, etc.)
- Hot Water Heaters
- Fencing/Decking/Siding (please remove nails, cut into lengths 4' or less, and tie and bundle under 50 pounds, limit eight bundles per service day)
- Trampolines (broken down, please place metal with recycling if possible)
- Basketball goals (broken down into sections 4' or shorter, no concrete in base or poles)
- Carpeting/Flooring (please cut into lengths 4' or shorter and tie and bundle under 50 pounds, limit eight bundles per service day)
- Yard Waste
- Place grass clippings in cans or bags under 50 pounds
- Branches should be placed in CLEAR, INDIVIDUAL piles measuring no larger than 3' x 3' x 3', or tied and bundled and under 50 pounds. Limit eight bundles per service day.

Excess Volume

If you have a larger than usual amount of household waste, bulk waste, or yard waste, contact us in advance and we can provide you with a quote for disposal or direct you to resources that can properly assist your disposal needs.

Items Not Accepted for Regular Collection

The following items can be collected for a negotiated price. Please contact Texas Pride Disposal to have a representative provide you a quote for collection services.

- | | |
|--|-----------------|
| •Dirt | •Tile |
| •Waste generated by a private contractor (remodeling, landscaping) | •Batteries |
| •Rocks | •Paint (liquid) |
| •Motor Oil | •Fertilizer |
| •Pesticides/Insecticides | •Concrete |
| •Gasoline/Kerosene | •Tires |
| •Bricks | •Pool Chemicals |
| | •Cooking Oil |

Household Hazardous Waste

If trying to dispose of hard-to-handle items such as fuels, oils, and chemicals independently, contact your county hazardous waste facility Harris County - (281) 560-6230 - 6900 Hahl Rd., Houston, TX77040

How to Pack a School Lunch

A Main Course: Sandwich, Hot Dog, Meat Rolls, Pizza, Pretzel, Quesadilla, Tuna Salad & Crackers, Tortilla Roll Ups, Muffin, Pot Pie, Pizza Muffin, Pita & Hummus

A Fruit or Veggie: Orange Segments, Peach Slices, Apple Slices, Banana Coins, Pineapple Chunks, Green Beans, Mandarin Oranges, Fruit Cocktail, Carrot Sticks, Dried Fruit, Cucumber Sticks, Pepper Slices, Celery Sticks, Broccoli, Jicama Sticks, Cauliflower, Cherry Tomatoes, Pear Slices, Grapes, Watermelon, Strawberries.

A Snack: Cheese, Pretzels, Popcorn, Craisins, Raisins, Boiled Egg, Rice Cake, Crackers, Pickle, Trail Mix, Cereal, Go-Gurt.

A Drink: Water, Juice, Lemonade, Capri Sun, Fruit Water, Milk.

A Treat: Fruit Snack, Cookies, Brownie, Fruit, Candy,

TIPS FOR SUCCESS:

Make substitutions and additions as desired.

High protein foods will help kids stay fuller longer. Choose one item from at least three categories. Don't forget to seal all the ziplockbags.

QUARTERLY INSPECTION AREA OF FOCUS

The following areas will receive a more comprehensive evaluation during the specified quarter. However, bi-weekly deed restriction inspections will continue to check the items below, in addition to all other areas throughout the year.

Homeowners are legally obligated to maintain their property in accordance with the West Bend Community Improvement Association governing documents.

September - November

- Fence Repairs
- Tree Trimming

The Quarterly Inspection Area of focus is an attempt to decrease the number of first letter violation notices. It gives homeowners the opportunity to rectify any problems in a focus area before the quarter approaches.

Thank you for your continued cooperation.

DOMESTIC VIOLENCE AWARENESS

If you are in immediate danger, please call 911.
For help and assistance call the U.S. National Domestic Violence Hotline at 1-800-799-SAFE (7233) or TTY 1-800-787-3224.

- Hotline advocates are available 24 hours a day, 7 days a week, and 365 days a year to provide confidential crisis intervention, safety planning, information and referrals to agencies in all 50 states, Puerto Rico and the U.S. Virgin Islands.
- Assistance is available in English and Spanish, with access to more than 170 languages through interpreter services.

What is Domestic Violence?

Domestic violence is a pattern of coercive and assaultive behaviors that one former or current intimate partner uses against the other.

Who Batters and Why?

People who batter have a need to gain and maintain all of the power and control in the relationship. People who batter come from all walks of life but have common characteristics:

- Insecure
- Emotionally dependent
- Excessively jealous
- Manipulative

- Can be very charming and then suddenly angry and violent.

Abusive partners are frequently described as being like "Dr. Jekyll and Mr. Hyde." Abusive behaviors are chosen to maintain power and control. Abusers will tell you that you caused the abuse or that you are "crazy." This is not true. Nobody likes being abused or is responsible for someone else's behavior. It is normal to feel crazy because abuse is a crazy situation.

NEXTDOOR.COM

Nextdoor is the free and private social network just for West Bend neighbors. On Nextdoor, neighbors share crime and safety concerns, local events, recommendations, items for sale/free, ideas about how to make our neighborhood better, messages from the Harris County Sheriff's Dept., and the Houston Chronicle.

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BOOT WALK TO END CANCER

Cancer doesn't care what kind of boots you wear. It affects everyone. This is something we know all too well at The University of Texas MD Anderson Cancer Center. Every day we're focused on Making Cancer History® for our patients and their loved ones. We're supporting patients throughout their cancer journeys, and we're hard at work advancing research discoveries to slow, stop or prevent cancer.

Join your community to raise funds and help end cancer. **On Saturday, Nov. 10, 2018**, put on your favorite pair of boots—cowboy, rain, combat, desert or others—and join thousands at the Boot Walk to End Cancer®. Together, we'll give cancer the boot!

The Boot Walk follows a short walk in the heart of the Texas Medical Center. All ages are welcome to participate. There's fun for the entire family!

There's no registration fee to join. We want everyone to have the opportunity to participate, and show their support for MD Anderson and our fight to end cancer. All funds raised support our bold mission: To eliminate cancer in Texas, the nation and the world.

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Peel, Inc. - Kids Club

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We will select the top few and post their artwork on our website at www.peelinc.com/index.php/kids-club

DUE: October 31st, 2018

Be sure to include the following so we can let you know!

Name (first name, last initial): _____ Age: _____



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