

November 2018

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3 Fun Activities To Do with Your Family This Thanksgiving

By MarLee Berry

The turkey and trimmings have all been devoured and put away, but your family is here to stay for at least a few more hours. Right about now you might be thinking it is time to succumb to the usual post-Thanksgiving feast food coma or lay around the living room watching football. However, it may be a rare event when family members all come together, making this the most opportune time to participate in a few fun activities instead of just watching the back of your eyelids.

If you are stumped for ideas that can get both the young and the young at heart involved, then look no further than these three amusing activities that are sure to be remembered for many Thanksgivings to come.

1. Share Your Favorite Thanksgiving Memory

Over the years, your family has probably made some wonderful Thanksgiving memories and this activity is the perfect way to get everyone talking. Old Uncle Hank may dig in his heels if you expect him to do too much on a full stomach, but he probably won't pass up a chance to share his thoughts with an attentive audience. Start with the oldest family member and work your way down through the generations. For added fun, after someone shares a story see if everyone can recount all the tales told up to that point. As a final touch, be sure to get your video camera out to record the whole scene. A few years from now it will be nice to listen to Grandma reminisce about her childhood memories.

2. Play a Game of "Who Am I?"

There are different ways to go about playing this game, but however you choose to do it, this activity is a great way to get your family moving while creating hilarious Thanksgiving memories. Here are two ways you can choose to play:

- 1. Write the name of each family member on a sticky note. Then, mix them up and place the sticky notes on everyone's forehead, making sure no one receives their own name. See who can guess their identity the fastest by asking questions that can only be answered with a simple "yes" or "no."
- 2. This version is much like charades, except you only use the names of your fellow family members. After writing everyone's name on a slip of paper, mix them up and draw them one by one out of a jar. You can split up into teams, or keep individual scores. Everyone takes a turn pretending to be another relative. Remember, no talking!

3. Start a Backyard Game

Now that everyone has gotten warmed up, it is time to move outside if the weather permits. Whether you channel your inner Houston Astro in a game of baseball, or take the football off the screen and into the backyard, the focus is less on winning and more on spending time together. If needed, nominate an elderly family member to keep score but don't leave them out of the fun, after all, Grandma's touchdown dance may just become a treasured Thanksgiving Day recollection.



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- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence	713-967-5743
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SCHOOLS	
Cypress Fairbanks ISD Administration	281-897-4000
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Cy-Woods High School	
Goodson Middle School	
	201-3/3-23/0
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Harvey Knocked Us Down But A Night in Bethlehem Is Back in 2018!

"A Night in Bethlehem"

VISIT BETHLEHEM THIS SEASON ON SATURDAY, DECEMBER 1ST & SUNDAY, DECEMBER 2ND 5:00-8:00 PM.
THIS IS A FREE EVENT FOR THE COMMUNITY!

Messiah's A Night in Bethlehem is an outdoor, interactive event where individuals and families are invited to stroll through Bethlehem at their own pace. Imagine what life was like during this miraculous time in history as you visit the Spice Merchant, the Produce Market, sample the wonderful treats at the Bakery and taste the savory soup at the Soldier's Tavern. Listen to the storyteller, and visit the shepherds, & the Inn. Listen for the Kings arrival at the stable with gifts for Jesus, as Mary & Joseph look on. Don't miss this living, interactive recreation of the original Christmas story. Join us for free activities for the family including candle making, creating a clay pinch pot, sewing a coin bag or playing Bethlehem dress-up. Pet the live animals and enjoy cookies, hot cider and coffee.

Messiah A Lutheran Faith Community is a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular Sunday worship times are: 8 am—Traditions; 9:30 am—The Gathering; and 10:45 am—The Crossing. The Discovery (education) Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or www.messiahlc.org. All people are welcome at Messiah.



Northwest Flyers Kids Track Club Holds Registration for 32nd Season

The Northwest Flyers Youth Track Club will celebrate its 32nd Anniversary Season by hosting its annual free Registration/Orientation Breakfast on Saturday, February 2nd, 2019, for all boys and girls who are interested in joining for the 2019 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The event is an opportunity for youth athletes to register for the 2019 spring/ summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic organization (USATF). All athletes and parents who wish to join the Northwest Flyers must attend the orientation before registering.

The Northwest Flyers Track Club is a youth (ages 6-18) track club, affiliated with USA Track & Field (USATF), that provides a full program of sanctioned "track" events such as sprints, hurdles, middle distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, shot put, discus and javelin.

For additional information on the Northwest Flyers Track Club, please visit the team website at http://www.northwestflyers.org, contact Linette Roach at linette.roach@sbcglobal.net, or "Like" the club on Facebook.







Northwest Harris County Aggie Mom's Club www.nwhcaggiemoms.org



Calling all Aggie moms!!! Whether you are a mom of a past, current, or new Aggie, come check out the Northwest Harris County Aggie Mom's Club!! We meet the second Tuesday of every month (Aug-May), at the Houston Distributing Company,

7100 High Life Drive, Houston, Texas. Socializing and dinner starts at 6:30 pm, and the meeting starts at 7:00 pm. Each month, we have interesting speakers, and a chance to win a door prize, and a chance to enter the book award drawing! We have a lot of fun in our quest to support our Aggie students, and in awarding a number of student scholarships each year. The scholarship applications are due by early Feb. and are awarded in April.

We hope you will join us!! Please refer to the website for details on upcoming events. Gig 'Em and God Bless!

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CYPRESS AREA FOOD PANTRY New Days And Times

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry twice a month from 3:30 pm to 5 pm. Please call 281-373-9337 for days of service. The only requirement is that the client should live in zip code 77433 and west of Skinner 77429.

Food donations and volunteers are also greatly appreciated.



Cy-Fair Republican Women July Meeting

CFRW will meet on Tuesday, November 13th, at 10:30 AM.
Hearthstone Country Club, 7615 Ameswood,
Houston, TX 77095

Meeting is \$3 – Meeting with Lunch at Noon is \$23.

Melissa Rothholz, Director of Shield Bearer Mission, will be our speaker for November and can address the sex trafficking.

Shield Bearer promotes individual growth and development, preserves and enriches marriages and strengthens and unites families. Through a variety of mission focused programs and services, including professional counseling, seminars, retreats and workshops, Shield Bearer is an active partner with community based organizations, hospitals, universities, schools and churches.

See the website for details and RSVP to www.cfrw.net by November 6th. We look forward to seeing you there.

Nancy Roberts, Publicity Chair

713-466-4199, nancyroberts004@att.net

Cy-Fair Republican Women

info@cfrw.net

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Cooking up a Successful 2019

Luncheon Details
Thursday, November 15, 2018
Open Networking 11:00 a.m. Luncheon begins at 11:30 a.m.
Sterling Country Club, 16500 Houston National Blvd.,
Houston, TX 77095

Visitor costs \$30 with advanced online reservations; \$35 at the door



Houston, Texas (October 9, 2018)-At the November 15th lunch meeting Angela will be teaching us how to make a sales "cookbook." She will go over all the ingredients to make sure you know exactly what it takes to hit your goals in 2019!

Angela obtained her Bachelors degree in Business Marketing from Texas State University. She worked at AT&T during college and after

Angela Gray- Sandler Training

graduation she moved on to advance her career by working for Sadler Training. Sandler Training helps small and mid-sized companies grow and develop. They work with Owners, Presidents, VP of Sales, and Salespeople in four specific areas. Those areas include: sales strategy, sales process, improving sales staff hiring, and improving sales skills.

About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.

Thanksgiving Trivia

Did you know.....

- Americans eat approximately 46 million turkeys each Thanksgiving.
- The heaviest turkey on record, according to the Guinness Book of Records, weighs 86 pounds.
- The average turkey served for Thanksgiving weighs 16 pounds.
- Campbell's Soup created green bean casserole for an annual cookbook over 50 years ago. Now, Campbell's sells about \$20 million worth of cream of mushroom soup, most likely purchased by folks making what has become a thanksgiving tradition- green bean casserole.
- Historians say turkey was not served at the first Thanksgiving dinner, a three-day meal shared between the pilgrims and Wampanoag tribe in 1621. Instead, venison and seafood are most likely what was eaten.
- The first Thanksgiving dinner was eaten with spoons and knives but no forks! Forks weren't a popular utensil until the 18th century.
- President Lincoln declared Thanksgiving a national holiday in 1863, to be celebrated each year on the last Thursday of November.
- Benjamin Franklin said in a letter to his daughter in 1784 that he believed a turkey would be "a much more respectable Bird" for the young United States than the bald eagle. He said the turkey is "a true original native of America" and "a bird of courage." Franklin's take on the national bird was not popular enough to displace the bald eagle.
- In 1953, Swanson had so much extra turkey (260 tons) that a salesman told them they should package it onto aluminum trays with other sides like sweet potatoes and thus the first TV dinner was born.
- Each year, the president of the United States pardons a turkey and spares it from being eaten for Thanksgiving dinner. The first turkey pardon ceremony started with President Truman in 1947.
- The Macy's Thanksgiving Day Parade began in 1924 with 400 employees marching from Convent Ave to 145th street in New York City. During this time the parade was accompanied not with oversized balloons of our favorite cartoon characters, but with live animals borrowed from the Central Park Zoo.



Cypress Ranch Theatre Presents: The Little Mermaid

Based on one of Hans Christian Andersen's most beloved stories and the classic animated film, Disney's The Little Mermaid is a hauntingly beautiful love story for the ages. With music by eight-time Academy Award winner, Alan Menken, lyrics by Howard Ashman and Glenn Slater and a compelling book by Doug Wright, this fishy fable will capture your heart with its irresistible songs, including "Under the Sea," "Kiss the Girl" and "Part of Your World."

Ariel, King Triton's youngest daughter, wishes to pursue the human Prince Eric in the world above, bargaining with the evil sea witch, Ursula, to trade her tail for legs. But the bargain is not what it seems, and Ariel needs the help of her colorful friends, Flounder the fish, Scuttle the seagull and Sebastian the crab to restore order under the sea.

Disney's The Little Mermaid offers a fantastic creative opportunity for rich costumes and sets, as well as the chance to perform some of the best-known songs from the past 30 years.



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Cypress Christian School

Senior to Compete in Essay Contest

Lauren Storey was selected to represent Cypress Christian School in the Daughters of the American Revolution annual essay contest. Lauren's essay will be sent to the local chapter where one student will be moved on to the state competition. The scholarship is awarded to students showing dedication to the pursuit of degrees in diverse disciplines including history, law, nursing and education.

National Merit Hispanic Scholar

Each year students of Hispanic background are recognized for their outstanding scores on the PSAT-NMSQT. Congratulations to Sophia Slabic on this accomplishment!

Senior Receives State-wide Football Award

Congratulations to Senior Christian Fleischhauer for being honored as the Texas Private School Built Ford Tough Player of the Week. This award is presented to one player, selected from all private schools across the state of Texas.

Admissions Information

Call to schedule a tour, 281.469.7745

Upcoming Admissions Events:

- K-12 Preview November 6
- Student Visitor Day November 13



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