



# *The* HOME FRONT

JANUARY 2019

Official Publication of the Cardiff Ranch HOA

VOL 4, ISSUE 1



*New year*  
HAPPY

## JANUARY 2019

- 1 New Year's Day
- 4 National Trivia Day
- 5 National Bird Day
- 17 Board Meeting
- 19 National Popcorn Day
- 21 Martin Luther King Jr. Day
- 24 National Peanut butter Day
- 26 National Spouse Day
- 30 National Croissant Day



# CARDIFF RANCH

## IMPORTANT NUMBERS

### IMPORTANT NUMBERS

Emergency .....	911
Fort Bend County Sheriff .....	281-342-6116
Poison Control .....	800-222-1222
First Service Residential (24/7) .....	877-378-2388
Customer Service and Billing .....	800-932-9449

### UTILITIES

Best Trash.....	281-313-2378
En-Touch (Customer Service) .....	281-225-1000
Fort Bend MUD # 58 (Water) .....	713-405-1750

### SCHOOLS

Katy ISD .....	281-396-6000
Davidson Elementary .....	281-234-2500
Wood Creek Junior High .....	281-234-0800
Obra D. Tompkins High School .....	281-234-1000

### PROPERTY MANAGEMENT

#### FirstService Residential

1330 Enclave Parkway, Suite 425, Houston, TX 77077  
713-984-7237

#### Property Manager

Dena Fisk.....713-984-7237  
.....dena.fisk@fsresidential.com

#### Service Specialist - Katy Division

Ty Howery.....713-984-7282  
.....tyrona.howery@fsresidential.com

#### On-Site Community Manager

Bobbie Jo Ray.....281-394-7314  
.....crclubhouse@entouch.net

### CARDIFF RANCH HOA

#### Board Members

Rachel Gwin.....Land Tejas  
Jeff Sheehan.....Land Tejas  
Kenny Welshons.....  
Prasad Patibanda.....  
Inge Elmendorp-Huijts.....

Land Tejas  
2450 Fondren, Suite 210  
Houston, TX 77063  
713-783-6702

#### Resident Advisory Members

Kent Ray  
Ernesto Quintanilla  
Abeer Abdelaal  
Hunuma Gujjula  
Ross Kennedy  
Gwen Farley

*Board and Round Table meeting dates and times are posted on the doors at the clubhouse.*

*\*Are you interested in becoming a part of a committee, advisory board, or board of directors? Please contact crclubhouse@entouch.net for more information.*

### NEWSLETTER PUBLISHER

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Advertising.....advertising@peelinc.com

## IMPORTANT INFO

### CLUBHOUSE INFORMATION

Inquiries about pool, gym and rentals?

Contact the clubhouse at

26818 Wooded Canyon Drive Katy, Texas 77494

281-394-7314

crclubhouse@entouch.net

Cardiff Homeowners can register at cardiff ranchkaty.com.

Homeowners are provided support for Central Houston communities.

For general homeowner inquiries contact. 713-932-1122 or Contactus.tx@fsresidential.com.

Report violations to crclubhouse@entouch.net or violation.mos@fsresidential.com.

Each report will remain confidential.

We look forward to assisting you.

P.O.A Cardiff Ranch

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# CARDIFF RANCH COOKIES WITH SANTA



# CARDIFF RANCH

## CR Volunteers

Thank you Mr. Kent Ray for another successful Santa. Cardiff Ranch appreciates your dedication in the past three years, making each child smile by playing the role. Our community has over 100 children attend Cookies with Santa each year. Santa takes time to listen to every child's wish list and takes pictures with the family. Again, thank you Mr. Kent for volunteering your time and dedication to Cardiff Ranch community.

### T-PAK and Volunteers

Thank you for helping with Santa's workshop and the cookie stations.

Weston, Jenson, Mrs. Mary Clare Welshons, Riley, Alexis, Natasha, Logan, Mrs. Kelli Beck and Sai did a wonderful job by helping each child. Thank you for volunteering for your community. We are forever grateful to each one of you.

### Thank you Board members!

A special thank you to Mr. Kenny Welshons. Kenny does a wonderful job setting up before each event. He decorated each table with arts and crafts. We appreciate all of his volunteer work. The cookie tables were a hit with the kiddos. Thank you Mr. Kenny.

Mrs. Inge thank you for making all the hot chocolate with marshmallows. Each cup was served with love and Cardiff Ranch appreciates all your volunteer hours and sacrifices. Thank you Mrs. Inge.

Mr. Prasad thank you for coming and supporting your fellow Board members with a smile on your face that lights up a room. It is a pleasure to see all of our Board of Directors out supporting our community events and each other. Thank you Prasad for setting the stage of kindness.

Mrs. DyAnn Pfrommer thank you for purchasing all the T-PAK food from La Finca's Mexican restaurant. The T-PAK had a wonderful time relaxing after a year of volunteering. It was greatly appreciated by everyone involved.

Thank you Mrs. Diana Lyles for picking up the T-PAK food and dropping it off to the clubhouse. Your dedication and hard work is not over looked by the community supporters. We would not have done this without you!

### Thank you to ALL of Cardiff Ranch Volunteers!

For more information on how you can serve your community? Contact [crclubhouse@entouch.net](mailto:crclubhouse@entouch.net).



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# CR KIDS BAKE SALE AND CRAFT SHOW



## KID'S SALE

*Written by: Angelica Lyles age 9*

The kid's sale was a great hit! Kids sold things that they made. Not only did kids have a great time, but they also learned how a real business works. Almost all the kids sold out of their items. All of the young entrepreneurs were so proud of themselves for trying. The purpose of this amazing event was for the kids to use their imagination and skills to create items that can be sold to our wonderful community. Some of the list of things that were sold are hand knit scarfs, hand made candles, hand made ornaments, stress balls, flower pens, cake pops, snow globes, baked goods, and more! Thank you to all those who came to this event to support these small business owners. And a special thank you to those who made this event happen for our kids.



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## KIDS SAY THE FUNNIES THINGS

From January first through February tenth. Your on-site community manager will interview your little ones.

Parents are welcome to stay during each interview. The questions asked are simply basic. They are light hearted and silly. If you are interested in hearing what your child thinks? Please contact Mrs. Bobbie Jo for a scheduled interview. Each setting will take 30 mins of the child's time. Questions may vary due to each child's age. After the interview, your child's Q and A along with first name only and age will be posted in next newsletter.

For more information. Contact the clubhouse @ 281-394-7314.



Cardiff Ranch is looking for bright kids to join the T-PAK Committee.

For more information contact your On-site Manager. Located in the clubhouse.

## CR ARTICLES OR CELEBRATIONS

Are you interested in posting an article? Would you like to wish someone special a happy birthday? Celebrating an anniversary? Are you expecting a new baby? Children's articles are welcome too! Cardiff Ranch would like to hear all about it!

For more information, Contact the clubhouse email at crclubhouse@entouch.net. Or by calling 281-394-7314. Please leave a detailed message.



## Tips for Packing a Healthy School Lunch

*by Stephany Pando, cooksmarts.com, edited for space*

Packing lunches for your back-to-schoolers is no easy task. It takes time and planning. Plus, every parent knows that just because you pack it, doesn't guarantee your kids will actually eat it.

However, this doesn't mean you have to fill your kids' lunchboxes with pizza and cookies everyday. Below we offer 5 tips for how to pack a nutritious lunch that your kids will look forward to eating and you'll feel good about giving them.

### Tip #1: Get Your Kids Involved

- Give your kids healthy food options from each food group and let them make the final decisions on what goes in their lunch.
- Take your child grocery shopping with you and let them have a say (to a certain extent) in what goes into the cart. This promotes feelings of responsibility and empowerment.
- Designate a part of your kitchen as the "lunch packing station" and spend some time there with your kids the night before to get lunch ready for the next day.

### Tip #2: Turn Healthy Foods into Fun Foods

- Use cookie cutters to make shapes out of bread, deli meat, cheese, or a melon-baller for fruit.
- Use kid-friendly skewers to make colorful food kebabs.
- Create a theme for the day and have all of the foods in their lunch relate to the theme

### Tip #3: Make Your Own Snacks – and limit processed ones

Kids rely on snacks to keep their energy up, but the type of snack is important to consider. Packaged snacks tend to lack important nutrients and can be high in sugar, sodium and saturated fats. Take control of what is in your kids' snacks by making them yourself!

### Tip #4: Incorporate All Food Groups

A balanced diet includes all of the food groups. Luckily, there are so many different ways to enjoy each food group:

- Fruits: fresh, frozen, dried, canned, baked (think apple chips!) or pureed.
- Vegetables: fresh, frozen, or baked (think kale chips!)
- Lean protein: baked chicken, deli meats, hard boiled eggs, beans or nuts (be aware of nut allergy regulations at your child's school).

- Low-fat dairy: milk, cheese or yogurt
- Whole Grains: pita, sandwich bread, tortillas, wraps, and pastas

### Tip#5: Encourage Hydration

It's recommended that school-aged kids drink between 6-8 cups of water a day (even more in hot weather or if their activity level is high).

- Let your child pick out their favorite water bottle and encourage them to drink the whole thing at least twice at school. They'll be more inclined to do it if they feel like they are completing a challenge!
- If the "flavor" of water is too boring for them, throw in a few pieces of frozen fruit to sweeten it up – and keep it cooler.

With these tips in mind, you and your child are ready to start out the school year on the right foot. Good luck – and happy packing!





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