

Volume 18, Issue 1 January 2019



JOIN THE 2018 SOCIAL COMMITTEE TEAM

If you would like to learn more about our team or events contact Veerle Swinnen at veerlekurtømsn.com or

Carrie Loid at cgloid@hotmal.eom

SERVING THE LOE COMMUNITY

The LOE Social Committee is looking for volunteers to join our team. We have a fun filled 2019 social calendar filled with activities - you can participate as much or as little as you like. Sign up for one event or all - all help is greatly appreciated

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| Truitt Middle School281-856-1100 |
| Cy-Falls High School281-856-1000 |
| Cy-Ridge High School281-807-8000 |
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LOE BOARD OF DIRECTORS

To contact a member of the Board of Directors, call Donna McDonald, at FirstService Residential (FSR), 713-332-4711. Leave the number where you can be reached. Your message will then be forwarded onto one of the following board members:

| David Westphal | President |
|-----------------|----------------|
| Gary Fehsenfeld | Vice President |
| Sue Strebel | |
| Erik Roussel | Treasurer |
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Visit the Association Website: www.lakesoneldridge.nabrnetwork.com

LOE CLUBHOUSE RENTALS

CLUBHOUSE INQUIRIES FOR RENTALS ARE HANDLED BY FSR. PLEASE REVIEW THE CLUBHOUSE RENTAL AGREEMENT FOUND IN THE RESOURCES TAB ON WWW. LAKESONELDRIDGE.NET TO INQUIRE ABOUT AVAILABILITY OR OTHER INFORMATION, PLEASE EMAIL CONTACTUS.TX@FSRESIDENTIAL.COM WITH LOE CLUBHOUSE IN THE SUBJECT LINE AND INCLUDE INFORMATION ABOUT YOUR PROPOSED DATES, TYPE OF EVENT, # OF GUESTS, ETC. EMAIL INQUIRIES ARE PREFERRED OVER PHONE CALL INQUIRIES DUE TO THE TIME NEEDED TO ADDRESS YOUR INQUIRY.



Renovation of 2 Lakes Begins in January

The Board of MUD 341 is pleased to announce that we will begin construction in mid-January on Lakes G&H located at the Southeast corner of our community. Lake G is located between the Reservoir and Indian Shores Lane. Lake H is located between the Reservoir and Millstream Way. The construction will stabilize the walls around the lakes and replace the broken concrete apron just inside the walls.

The area around these 2 lakes is used by many joggers and dog owners. During construction, we may have sections barricaded to prevent injury. Please respect these barriers. We anticipate construction will last approximately 3 months. Additionally the water level of these lakes will be lowered significantly to facilitate the apron repair.

We will host an informational town hall meeting for the residents adjacent to the construction site and other interested residents in early January. The exact date and time will be announced by LOE eblast and on Next Door.

Thank you in advance for your patience as we renovate these lakes.

2019 Assessment

Your assessment is due on or before January 1, 2019. It will be considered late if payment is not received by March 1, 2019. A late fee in the amount of \$100.00, plus interest in the amount of 18% per annum, will be assessed until the assessment is paid in full.

Your payment coupon was mailed to you in December. If your mortgage company escrows these funds, please forward the payment coupon to them. If you misplaced your coupon, please request a copy by email to contactus.tx@fsresidential.com and reference LOE 2019 assessment in the subject line.

Please use the coupon you received to ensure that your payment is applied to the proper account. Failure to do so could delay processing of your payment.

Please make your check payable to LAKES ON ELDRIDGE COMMUNITY ASSOCIATION, INC. You may also conveniently pay your assessment on-line at www.clickpay.com. Your assessment payment is not a contribution or gift and is not tax deductible as a charitable contribution for Federal Income Tax Purposes.

If you need to discuss a reasonable payment plan, please email donna.mcdonald@fsresidential.com explaining your situation and what you propose for a payment plan and we will work with you. All payment plans must be in writing.

Thank you.

Yard Maintenance, Landscape Bed Maintenance, Raking And Bagging Up Fallen Leaves, It All Still Needs To Be Done During The Winter Months.

- Please make sure that your lawn and leaf bags are not placed at the curb until the night before trash service day.
- Landscape beds and yards should be weeded, cleared of fallen leaves and mulched at all time

It's a good time also to get that unsightly mold power washed off the exterior of your home

All Holiday Decorations should be removed by January the 13th. We appreciate your cooperation.



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LOE Book Club

We meet the 4th Monday of each month at 7:30 P.M. (unless we decide to skip a month or change the meeting day). We take turns hosting the meeting and sometimes change the date or book, so please contact celeste.fritz@gmail.com to get the details for each meeting. Our group has lively discussion (not totally about the books) and we challenge ourselves to read out of our comfort zones.

We have six very good books picked out to start 2019. Here are the first ones

January 28 - Educated by Tara Westover. Tara Westover was seventeen the first time she set foot in a classroom. Born to survivalists in the mountains of Idaho, she prepared for the end of the world by stockpiling home-canned peaches and sleeping with her "headfor-the-hills" bag. In the summer she stewed herbs for her mother, a midwife and healer, and in the winter she salvaged metal in her father's junkyard. Her father distrusted the medical establishment, so Tara never saw a doctor or nurse. Gashes and concussions, even burns from explosions, were all treated at home with herbalism. The family was so isolated from mainstream society that there was no one to ensure the children received an education, and no one to intervene when an older brother became violent. When another brother got himself into college and came back with news of the world beyond the mountain, Tara decided to try a new kind of life.

February 25 - One Thousand White Women by Jim Fergus. This is the story of May Dodd and a colorful assembly of pioneer women who, under the auspices of the U.S. government, travel to the western prairies in 1875 to intermarry among the Cheyenne Indians. The covert and controversial "Brides for Indians" program, launched by the administration of Ulysses S. Grant, is intended to help assimilate the Indians into the white man's world. Toward that end May and her friends embark upon the adventure of their lifetime. Jim Fergus has so vividly depicted the American West that it is as if these diaries are a capsule in time.

March 25 - The Twisted Root by Anne Perry. A young bridegroom enlists private investigator William Monk to track down his fiancée, Miriam Gardiner, who disappeared suddenly from a party at a luxurious Bayswater mansion. Monk soon finds the coach in which Miriam fled and, nearby, the murdered body of the coachman, but there is no trace of the young passenger. What strange compulsion could have driven the beautiful widow to abandon the prospect of a loving marriage and financial abundance? Monk and clever nurse Hester Latterly, themselves now newlyweds, desperately pursue the elusive truth—and an unknown killer whose malign brilliance they have scarcely begun to fathom.



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Electric outlets will be available for your crockpot filled with potential gold. Sour cream, green onions, and cheese will be provided. If you want other accompaniments for your chili, please feel free to bring them. Non-alcoholic drinks provided.

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Contact Carrie Loid cgloid@hotmail.com for details if you wish to enter.



The LOE Social Committee is seeking help for our 2019 activities. We plan, shop, and execute the various neighborhood activities – usually two or three per month. You can participate as much or as little as you like. Help with even one event would be appreciated. Our next event is our New Year's Eve party on December 31st at the clubhouse. If you would like to learn more about our team and/or the events, please contact Veerle Swinnen at veerlekurt@msn.com, Angela Vatanka at avatanka@yahoo.com, or Carrie Loid at cgloid@hotmail.com.



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LOEN SWIM TEAM

It's that time again! Before we know it, the Lakes on Eldridge Swim Team will be gearing up for another fun filled season. Please be on the lookout in the next months for more information on the upcoming season, including sign up dates and, practice times and the meet schedule. We are looking forward to a wonderful season!



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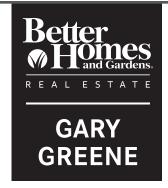
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Maintenance/Project Highlights

Recent Maintenance/Project Highlights

- Installed 12 watt infrared lights on our six gate cameras to improve license plate reading capabilities at night.
- Installed new, easier to read RESIDENT ONLY signs at Heather Run and Ginger Pond entrances.
 - Changed AC filters in clubhouse.
- Replaced all of the seat and back boards for the Common Area bench at the NW end of Lake C at Pelican Point.
- Replaced worn-out motors for Heather Run entrance and exit roller gates. Also installed Cut-Outs for all 5 of LOE's roller gates so the gates can be opened completely and not hang-out over the curb when fully open as they now do.
- Installed new photo cells for all Christmas light receptacles at our three gates, so exposed, easily tripped timers can be eliminated.
- Replaced burned out tennis court light and a couple overhead can lights on the clubhouse pool deck.
- Removed several dying or scraggly pear trees that had reached the end of their 20+ year lives. Also removed one dead oak tree, one dead river birch, and 4 dying bald cypress. Also raised the canopy on oaks and bald cypress around Lake H at the SE corner of LOE in preparation for renovation of the decayed apron around

the perimeter of Lakes G & H.

- Completed Phase 1 of a 3 phase project to repair seriously damaged curbs throughout LOE. Phase 1 covered all streets east of Turkey Creek. Phases 2 & 3 will be done in January.
- Installed new permanent, maintenance free pads on all Clubhouse furniture.
- Replaced Guard House modem supplying land line phone service. This modem was killed by recent power failures making it impossible for the Guards to receive any phone requests/inquiries.
- Installed floating rope in lake adjacent to volleyball court to facilitate recovery of volley balls that currently run into the lake and blow too far from shore for recovery.
- Launched project to replace remaining unreliable gate operator motors and modify roller tracks to allow gates to open fully without hanging-out dangerously over the curb as they do today. Will also completely replace the Ginger Pond roller track which has rusted badly. It will be necessary to temporarily shutdown both Heather Run gates and Ginger Pond entrance gate during construction. Shut-down periods will be announced in advance, will avoid weekends weather permitting, and will be minimized.

(Continued on Page 10)



Yorkshire Academy's Pajama Drive

"Yorkshire Academy's 5th Grade Students Sponsored a school-wide pajama drive to benefit Casa de Esperanza's foster care program. Over 300 pairs of pajamas, from toddler to adult sizes, were collected since Thanksgiving break. The students delivered them directly to Casa de Esperanza's House of Hope for Children. The project was such a success that Yorkshire is going to make this an annual event. For more information as to how you can help, please visithttps://www.casahope.org. "



Pictured from left to right: Jayden Goel, Farah Alarifi, Sarah Cantu, Andy Dieu, Katri Lehtonen, Sameer Aggarwal, Hayden Harvey, Audrey Lee, Taylor Jones (holding sign), Matthew Presley, Parker Jones, Elizabeth Wilson, Mosope Iyi-Ojo, Carson Wiesenborn, Justin Park, Tanner Nyveen, Comyar Dehlavi, and Nathen Chesters.





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- Repaired several sections of Common Area brick walls with missing bricks and exposed ladder wires where mortar was missing.
- Replaced the grout between the tile coping and the concrete decking all around the Clubhouse swimming pool. Also, replaced missing bolts on stairwell ladder.
- Replaced defective infrared heaters for Guard House waiting area on front porch.
- Installed floating rope running about 10' offset from Lake A retaining wall adjacent to volleyball court in order to capture wild balls with a 10' pole that otherwise escape into deep water.
- Reprogrammed A/V system to restore WiFi access inside and outside the clubhouse following replacement of defective ATT router.
- Replaced VISITOR ONLY signs on Ginger Pond and Heather Run entrance gates in order to simplify the message and reduce tail gating.
- Launched several month project to repair seriously damaged curbs and holes in streets. Initial activity will be marking repair locations with orange paint. After that, the chosen contractor will be making repairs. Efforts will be made to minimize construction impact on residents.

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Tips for Packing a Healthy School Lunch

by Stephany Pando, cooksmarts.com, edited for space

Packing lunches for your back-to-schoolers is no easy task. It takes time and planning. Plus, every parent knows that just because you pack it, doesn't guarantee your kids will actually eat it.

However, this doesn't mean you have to fill your kids' lunchboxes with pizza and cookies everyday. Below we offer 5 tips for how to pack a nutritious lunch that your kids will look forward to eating and you'll feel good about giving them.

Tip #1: Get Your Kids Involved

- Give your kids healthy food options from each food group and let them make the final decisions on what goes in their lunch.
- Take your child grocery shopping with you and let them have a say (to a certain extent) in what goes into the cart. This promotes feelings of responsibility and empowerment.
- Designate a part of your kitchen as the "lunch packing station" and spend some time there with your kids the night before to get lunch ready for the next day.

Tip #2: Turn Healthy Foods into Fun Foods

- Use cookie cutters to make shapes out of bread, deli meat, cheese, or a melon-baller for fruit.
- Use kid-friendly skewers to make colorful food kebabs.
- Create a theme for the day and have all of the foods in their lunch relate to the theme

Tip #3: Make Your Own Snacks – and limit processed ones

Kids rely on snacks to keep their energy up, but the type of snack is important to consider. Packaged snacks tend to lack important nutrients and can be high in sugar, sodium and saturated fats. Take control of what is in your kids' snacks by making them yourself!

Tip #4: Incorporate All Food Groups

A balanced diet includes all of the food groups. Luckily, there are so many different ways to enjoy each food group:

- Fruits: fresh, frozen, dried, canned, baked (think apple chips!) or pureed.
- Vegetables: fresh, frozen, or baked (think kale chips!)
- Lean protein: baked chicken, deli meats, hard boiled eggs, beans or nuts (be aware of nut allergy regulations at your child's school).

- Low-fat dairy: milk, cheese or yogurt
- Whole Grains: pita, sandwich bread, tortillas, wraps, and pastas

Tip#5: Encourage Hydration

It's recommended that school-aged kids drink between 6-8 cups of water a day (even more in hot weather or if their activity level is high).

- Let your child pick out their favorite water bottle and encourage them to drink the whole thing at least twice at school. They'll be more inclined to do it if they feel like they are completing a challenge!
- If the "flavor" of water is too boring for them, throw in a few pieces of frozen fruit to sweeten it up and keep it cooler.

With these tips in mind, you and your child are ready to start out the school year on the right foot. Good luck – and happy packing!



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