

FEBRUARY 2019

The Official Publication of The Briarhills POA

VOLUME 8, ISSUE 02

Announcements

LAST CHANCE TO PAY YOUR 2019 ANNUAL MAINTENANCE DUES!

The 2019 annual assessments were mailed to all property owners in December. Accounts not paid by February 28th will be charged a \$100 late fee. Need another copy of your invoice? Email the POA office at: briarhills@sbcglobal.net.

3-1-1 Did You Know?



Did you know you can report repair requests to the City of Houston via their 311 app or website? To download the app, search "Houston 311" in your app store. Or report online at houston311.org

Constables





The Precinct 5 Constables are contracted to patrol our neighborhood and will respond much faster to calls than Houston Police Department (HPD). Please program the Constables' phone number in your phone. Don't forget to also instruct your alarm monitoring company to report alarm alerts to the Constables and not HPD. **CONSTABLE: 281-463-6666**

Popular issues that can be reported to the City of Houston are:

- 1. Potholes, broken, raised, sinking streets
- 2. Missing or broken street curbs
- 3. Missing/faded/damaged street signs. (You can also request to have a sign repaired if the pole is leaning or has fallen down.)
- 4. Water standing on street, will not drain
- 5. Traffic signal problems
- 6. Street light outages
- 7. Clogged sewer & storm drains
- 8. Missing or broken water boxes and lids
- 9. Water leaks from service line, main, meter and fire hydrants

The next time you see a neglected street repair, faulty drain, or water leak, report it to the City. You can even submit a picture along with your request. The City is very quick to respond and every repair keeps our neighborhood in tip-top shape!



IMPORTANT NUMBERS

GOVERNMENT SERVICES

Emergency	
Constable (Closest Law Enforcement)	
Poison Help	1-800-222-1222
Library and Community Center	
City Services	Call 311
Citizens' Assistance	713-247-1888
Public Works	713-837-0600
Neighborhood Protection	713-525-2525
Animal Control	713-229-7300
Wild animal problem	713-861-9453
Hazardous waste	713-551-7355

OTHER UTILITY SERVICES

Street light problem	713-207-2222
	(then 1 then 4)
Power out/emergency	
Gas leak suspected	
Before you dig	Call 811

BRIARHILLS SERVICES

Trash collection	281-368-8397
Amenity tags	281-558-7422
Tennis courts	281-558-7422
Pool parties	281-558-7422
Clubhouse rental	281-558-7422

ADVERTISING INFORMATION

Please support the businesses that advertise in the Briar Hills Beat. Their advertising dollars make it possible for all Briar Hills residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or <u>advertising@PEELinc.com</u>. The advertising deadline is the 8th of each month for the following month's newsletter.

NEWSLETTER INFORMATION

Article Submission	briarhills@sbcglobal.net
Advertising	advertising@PEELinc.com

POA OFFICE INFO

VV 2019

Monday – 1:00pm – 4:00pm Saturday – 9:00 am – 12:00 pm And by appointment *Due to the construction of the clubhouse, the BPOA physical office is closed indefinitely. However, the BPOA Office Manager will continue to maintain the above regular office hours during this time period, except on these days: November 25, December 25, December 30.

OFFICE CONTACT

Street Address

P.O. Box 940548, Houston, TX 77094-7548	
Telephone	
Email briarhills@sbcglobal.net	
Website www.briarhillspoa.org	
Every resident is encouraged to register in the Briarhills POA	
website. This allows you to have access to various up-to-date	
information about the BPOA that is not available to the public.	
You will also be able to immediately receive, by email, important	
announcements. Your information will only be used for official	
BPOA communication and will not be shared.	

SWIMMING POOL

A pool tag is required to access the pool amenity. Check the Briarhills POA website for information on how to obtain a pool tag.

TENNIS

A key is required to access the tennis court amenities. Check the Briarhills POA website for information on how to obtain a tennis key.

CLUBHOUSE

Closed for construction.

POA MAINTENANCE FEES

Invoices for BPOA dues are mailed in early December. Please contact the POA office if you do not receive your invoice by December 15. Non-receipt of the invoice does not preclude payment of the dues.

The above information is subject to change without prior notice.

Rebecque & Nancy's Beat

Today I was saddened to hear that the Astros lost our All-Star catcher Brian McCann and All-Star pitcher Charlie Morton to other teams. I hope that the Astros will continue building the World Series team for now and the future.

Speaking of the future, the real estate market is showing an improvement. Instead of flooded properties selling to investors, we are now selling livable and mostly renovated and updated homes. We look forward to an improvement in the quality of the neighborhood and the market. Finally, the clubhouse and pool will be completed soon adding to the overall appeal of the neighborhood. We need to start planning activities to fully use theses fabulous facilities, such as game groups, gardening, book clubs, parties, and other ideas that many of you will have.

If you are planning to replace your roof, you now have many options with the approval of your homeowner's association, the POA. For those who are concerned about the environment, consider using roofing materials made primarily from recycled plastics. They can be formed to resemble slate, tile or cedar shakes with the same weight per square foot of our more commonly used composition roofing materials. Some carry a transferable 50-year warranty. Fiber-cement roofing materials, which can be molded to simulate many other roofing styles, are also light-weight. None of these require an additional support structure. Another option, which has a higher price tag, is solar photovoltaic tiles that produce electricity from the sun. For a long-term investment you can save on utility bills.

Have you considered budgeting for home maintenance issues so that you will not be financially impacted when the AC goes out or one of the many other home repairs is needed each year? It is recommended that you have available each year at least 1–4% of the value of the house to cover routine maintenance and major repairs. 1% sounds way too low to us. This number does not take into consideration redecorating.

With Spring right around the corner we may see you at the garden shops. Hopefully, there will not be a late freeze!



Bicycle Safety Class for Kids & Adults



Would you or your child benefit from a Bicycle Safety Class? The class will be hands-on and include an obstacle course and a 5-mile group ride. We will discuss Texas bicycle law and essential gear, and practice appropriate riding behavior.

Bring your own bicycle, helmet and water bottle. **Sunday February 24, 2019 at 3pm to 5pm.** 14300 Briarhills Parkway (meet in the parking

lot next to tennis courts)

RSVP:

Constantin Platon Email: constantin@oakgeosciences.com Text/Call: 832-686-3231



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5 Things you should expect and get from Expert Electrical, Plumbing and AC Service.



\$49 OFF REPAIR

Cearding for a Lifetime The Little School That's Adating a Big Indoact. Summer Program Opens Mid-March

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14120 Memorial Drive | Houston, Texas 77079 | 281.531.6088



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THE BRIAR BEAT IS LOOKING FOR SUBMISSIONS!

The Briar Beat would like to build community between neighbors by sharing in each other's celebrations and losses. Thus, please submit news of any birth, wedding, or death of a Briarhills resident, or a family member of a resident, to: bhillspoa.briarbeat@gmail.com



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MENTION THIS AD AND RECEIVE 15% OFF EXPIRES 2/28/2019

6 Health Benefits of Eating Dark Chocolate



If your sweet tooth craves chocolate, there are plenty of reasons to surrender to your cravings and indulge. Dark chocolate is loaded with nutrients that can positively affect your health. Made from the seed of the cocoa tree, it is one of the best sources of antioxidants on the planet. Cacao offers a number of health benefits from helping

to control blood sugar to lowering the risk of cardiovascular disease because it contains flavonols, which are a type of antioxidant that has been shown to improve blood flow and can protect against sun-induced damage, improve blood flow to the skin and increase skin density and hydration.

Bottom Line: Quality dark chocolate has various nutritional perks so enjoying a delicious treat that has at least 65% cacao can be guilt-free if you don't overdo it.

NUTRITIONAL PERKS HEART-HEALTHY

Dark chocolate has been shown to improve blood flow and possibly prevent blood clots. It also helps lower blood pressure ad may help keep arteries from hardening.

BRAIN FOOD

Because chocolate increases blood flow to the brain, it can be a boost to your cognitive health.

MOOD CHANGER

Chocolate also contains phenylethylamine (PEA), which encourages your brain to release endorphins that make you feel good.

CANCER FIGHTER

Antioxidants in chocolate help rid your system of free radicals, which have been linked to multiple age-related health risks and diseases.

SOMETHING TO SMILE ABOUT

Theobromine, found in dark chocolate, helps harden tooth enamel, which helps prevent cavities.

SUN BLOCKER

Some studies show that people with diets high in flavonols take longer to burn in the sun than people with low flavonol diets.

Written by: Claudia Mosley, Moms Making Six Figures Reviewed by: Dr. Barbara Ryan, MD



24-HOUR EMERGENCY ROOM 281.496.6837

On the Corner of Dairy Ashford and Memorial Drive





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