

THE BULLETIN

Belterra Community News

February 2019 Volume 1, Issue 2

News for the Residents of Belterra

Prevent Oak Wilt - Don't Prune Oaks Feb 1st - June 30th

Information provided by Travis County Transportation & Natural Resources

Oak wilt has claimed the lives of thousands of trees in Central Texas and beyond. Majestic oaks play a large role in this region's beauty and identity; it would be hard to imagine the Hill Country without them. They are an iconic part of many local businesses and neighborhoods, providing shade, beauty, and higher property values. Following simple preventive measures can go a long way towards stopping the spread of this destructive disease.

From February through June, avoid all pruning or cutting of oaks – this is the high season for oak wilt transmission. Any wounds that occur from construction, vehicles, wind, etc., should be painted as soon as they're discovered – ideally within ½ hour of being cut – with commercial tree wound dressing or latex paint. That includes freshly cut stumps and surface roots.

Pruning is least risky during the coldest winter days and extended hot periods in mid to late summer. Any time you prune though, the Texas Forest Service recommends painting all wounds and sanitizing pruning equipment between trees using denatured methyl alcohol (shellac thinner), isopropyl alcohol, or a general purpose household disinfectant such as Lysol, Listerine or Pine-Sol. Household bleach is not recommended.

Red oaks, including Spanish (now Buckley) oak, Shumard oak and blackjack oak, are very susceptible to oak wilt and play a key role in the disease's transmission. Oak wilt is caused by the fungus *Ceratocystis fagacearum*, which spreads its spores from "fungal mats" that form under the tree's bark. These mats have a sweet, fruity smell that attracts insects, especially the sap-sucking nitidulid beetle. After feeding and breeding on the fungal mats, these beetles fly away covered in fungal spores. As they visit other oaks, they spread the fungus through open wounds in the bark. The nitidulid beetle is only about the size of a pinhead, but is capable of flying as far as a mile away. While red oaks are the most susceptible to oak wilt, all oaks can become infected.

Fungal mats usually form on standing trees, but can also develop on logs, stumps and fresh firewood cut from infected

oaks. Make sure to remove and either burn or bury infected oaks to prevent mats from forming, and never store unseasoned wood from infected trees near healthy oaks.



The second way oak wilt can be transmitted is through the roots. Live oaks tend to grow together in dense mottes with interconnected roots, so the fungus can be transmitted easily among them. Oak wilt is occasionally transmitted through red oak roots as well, but the movement is slower and occurs over shorter distances than with live oaks. Root transmission can be prevented by cutting trenches four feet deep between infected and healthy trees, but by far the best option is to prevent infection in the first place.

So make sure NOT to prune oaks between February 1 and July 1, and ALWAYS paint wounds on oaks no matter what time of year it is. For more information on preventing and treating oak wilt, please visit texasoakwilt.org, the website of The Oak Wilt Information Partnership, a project of the Texas A&M Forest Service, the Forest Health Protection branch of the U.S. Department of Agriculture (USDA) Forest Service and the Lady Bird Johnson Wildflower Center in Austin.

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**The Dripping Springs Farmers Market
is each Wednesday from 3p - 6p.**

Flour Beetles

– Wizzie Brown, Texas AgriLife Extension Service



There are two types of flour beetles that may be encountered in the home – red and confused. These beetles are small (about 1/8” in length), reddish-brown to brown in color with a somewhat flattened body. Adults can be long-lived and survive up to 3 years.

To tell the difference between the two, you would need to look closely at the tip of the antennae; red flour beetles have a distinct 3-segmented club while confused flour beetles have a gradually formed 4-segmented club. Fortunately, you don’t really need to get that detailed in identification to manage them as they feed on similar foods and are often found in the same areas.

Flour beetles feed on grain dust and milled grains, but can also feed on undamaged grains. In homes they may be found in cereals, flour, pasta, dried beans, chocolate, nuts, herbs, spices, crackers, dried pet food, dried flowers and cake mix. With large populations of the insects, they may cause a foul taste and odor to infested products due to a secretion from their scent glands.

Red flour beetles are able to fly while confused flour beetles cannot, so it is possible for them to move to different areas of the house. If you are having a problem with flour beetles, but cannot locate the source in your pantry, check other areas of the home such as where pet food is stored or areas with dried flowers or potpourri. Sometimes people see flour beetles during or after they have had a rodent infestation because the beetles can eat grain that may be in rodent baits or eat food from rodent nests where food was stored.

Management tips:

- Inspect all food items and get rid of anything infested. If you do not want to throw away infested food, you can either put it in the freezer for a week or heat it in the oven at 200 degrees for 2-3 hours to kill off insects.
- Clean all pantry areas, making sure to get any grain dust out of cracks and crevices. Use a cleaning solution after all debris is removed. Seal any cracks where grain dust may accumulate with a sealant product.
- Do not buy damaged or expired items from the grocery store.
- Use products promptly. If you go away for a period of time (a week or more), store items in the freezer.

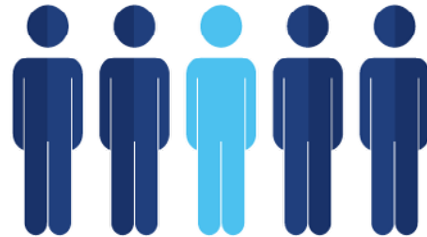
For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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SKIN CANCER

THE SAD TRUTH

Every year, **5.4 million new cases** of skin cancer are diagnosed, making skin cancer more prevalent than any other cancer. 1 in 5 Americans will develop skin cancer in their life. The saddest part is that skin cancer is one of the most **easily preventable** and diagnosable cancers, and, if detected early, has one of the highest treatment rates. Yet, the public is still ill-informed on such a common cancer.



WHAT CAN YOU DO TO REDUCE YOUR RISK

PROTECT

Apply sunscreen and wear long-sleeves & hats under the sun.



PREVENT

Avoid direct sun exposure between the hours of 11:00 am and 4:00 pm. Never use tanning beds.



DETECT

Look out for abnormal moles or skin patches on your skin and regularly get physical examinations.



Oddly shaped, discolored, large, and evolving moles are potentially malignant

THE RIGHT START: TAKING A HARD LOOK AT PRESCHOOLS AND DAYCARES

by Sugandha Jain

Most parents think they can spot a poor quality preschool or childcare center. But the fact is, parents are woefully in the dark when it comes to making this kind of judgment.

“Parents cannot assess quality directly,” says Dr. Suzanne Helburn, Professor Emerita of Economics at the University of Colorado, Denver and co-author of the book *America’s Child Care Problem*. “So [some things] are subject to cost cutting strategies by providers whose quality looks good to parents, but who skimp on practices that affect quality that parents cannot readily observe.”

Studies by both the RAND corporation and the Cost and Quality Project bear this out. Both studies found that parents tended to overestimate the quality of care at daycare centers. Indeed, in the Cost and Quality Project study, many parents rated their child’s daycare or preschool as “very high” quality. But when trained observers rated the same centers, the results were “poor” or “mediocre”.

That’s because a typical parent judges a daycare center or preschool on whether the site is safe, clean, and in their budget rather than on how well the center provides emotional care and intellectual stimulation.

To figure that out, you have to look at the staff. And that’s the place most centers skimp.

Before enrolling your child in any daycare center or preschool, you should ask how much education the teachers have, how long they’ve been with the school or center, and how much they are paid. It’s also important to know whether the center offers health care or other benefits to its staff. If most of the tuition is being used to pay staff salaries and benefits, then the program is likely to attract and retain qualified staff.

Licensing vs. Accreditation

Once you’ve determined whether a preschool or daycare center has educated, well paid teachers, you should ask about its accreditation. A lot of childcare centers will tout the fact that they are “licensed.” This doesn’t mean anything.

“Licensing of child care is a foundation, and basically it is a permission to operate,” says Dr. Diane Adams, a senior lecturer and project manager at the Wisconsin Child Care Research Partnership. “Licensing is not the same as meeting high quality standards, such as accreditation.”

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When it comes to early childhood education, the gold standard is accreditation by the NAEYC. The NAEYC requires accredited centers and preschools to adhere to strict quality guidelines. The list is long and involved, and includes everything from low child-to-teacher ratios, age-appropriate curriculum, suitable furnishings, and even what kind of food can be served to children. Schools that receive NAEYC accreditation demonstrate to parents that they strive to provide a high quality environment for children.

Check 'Em Out

It goes without saying that you should visit a daycare center or preschool before placing your child in it. But dispassionately evaluating a center can be nearly impossible for most parents.

“Selecting a child care center is very much like the process of selecting a college for a graduating senior,” says Dr. Adams, “except not nearly enough comparative information is available.”

For this reason, parents can be easily wowed by things like classroom activities or worksheets. To avoid this, ask what a typical day looks like for the children—and how much time teachers have to prepare and plan for it. Also take a good, long look around: What are the kids on the playground doing? What are the teachers doing? How are children engaged in learning?

“A daycare [or preschool] should be a vibrant, lively place, and children should be talking, laughing and having fun,” says Chris Van Deusen of the Texas Department of Family and Protective Services. “However, it shouldn’t be chaotic—the adults should be running the place, and it should be clear who is in charge.”

Once you’ve chosen a reliable preschool or daycare center, stop by periodically during the day—unannounced—to ensure that your child is being well cared for (reject centers or preschools that do not allow you to pop in whenever you want). If you notice anything amiss, you should immediately report it to the Texas Department of Family and Protective Services.

Choosing a good daycare center or preschool is a lot of work. And, in the end, you get what you pay for.

“In 1985, I chose to drive a 10-year-old car so I could pay a little more for child care tuition,” says Dawn Leach, director of the Austin Community College Children’s Lab School. “I have never regretted that choice.”

Sugandha Jain is the Educational Director of The Goddard School.



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