



The HOME FRONT

FEBRUARY 2019

Official Publication of the Cardiff Ranch HOA

VOL 4, ISSUE 2



Cardiff Ranch Board meetings and Round Table meetings are held in the Clubhouse located at 26818 Wooded Canyon Drive. For more information contact Cclubhouse@entouch.net or 281-394-7314.

Board meetings 7pm
Round Table meetings 9:30am

The Day of Love Definition

Valentine's Day is a day to celebrate romance, love and devotion. It is usually celebrated by giving friends, family and especially significant others flowers and gifts to show affection. Valentine's Day is celebrated in honor of St. Valentine, a third-century Roman saint associated with love and marriage.

The traditions of Valentine's Day date back to ancient Roman times. The Romans celebrated the feast of Lupercalia from February 13 to 15 yearly, including a matchmaking lottery in the festivities. In the fifth century, the Pope combined Saint Valentine's Day with the feast of Lupercalia and made it a day of fertility and love.

Today Valentine's Day is celebrated throughout the world. Each year on the holiday, about 1 billion Valentine's Day cards are sent.

(Continue reading on Page 3)

FEBRUARY 2019

- 1 National Wear Red Day
- 2 Groundhog Day
- 3 Super Bowl
- 4 World Cancer Day
- 5 Chinese New Year
- 6 National Signing Day
- 9 National Pizza Day
- 9 Round Table Meeting
- 14 Valentine's Day
- 18 President's Day
- 20 Love Your Pet Day
- 26 Samuelson Drumond Event



CARDIFF RANCH

IMPORTANT NUMBERS

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Emergency	911
Fort Bend County Sheriff	281-342-6116
Poison Control	800-222-1222
First Service Residential (24/7)	877-378-2388
Customer Service and Billing	800-932-9449

UTILITIES

Best Trash.....	281-313-2378
En-Touch (Customer Service)	281-225-1000
Fort Bend MUD # 58 (Water)	713-405-1750

SCHOOLS

Katy ISD	281-396-6000
Davidson Elementary	281-234-2500
Wood Creek Junior High	281-234-0800
Obra D. Tompkins High School	281-234-1000

PROPERTY MANAGEMENT

FirstService Residential

1330 Enclave Parkway, Suite 425, Houston, TX 77077
713-984-7237

Property Manager

Dena Fisk.....713-984-7237
.....dena.fisk@fsresidential.com

Service Specialist - Katy Division

Ty Howery.....713-984-7282
.....tyrona.howery@fsresidential.com

On-Site Community Manager

Bobbie Jo Ray.....281-394-7314
.....crclubhouse@entouch.net

CARDIFF RANCH HOA

Board Members

Rachel Gwin.....Land Tejas
Jeff Sheehan.....Land Tejas
Kenny Welshons.....
Prasad Patibanda.....
Inge Elmendorp-Huijts.....

Land Tejas
2450 Fondren, Suite 210
Houston, TX 77063
713-783-6702

Resident Advisory Members

Kent Ray
Ernesto Quintanilla
Abeer Abdelaal
Hunuma Gujjula
Ross Kennedy
Gwen Farley

Board and Round Table meeting dates and times are posted on the doors at the clubhouse.

**Are you interested in becoming a part of a committee, advisory board, or board of directors? Please contact crclubhouse@entouch.net for more information.*

NEWSLETTER PUBLISHER

Peel, Inc.512-263-9181
Advertising.....advertising@peelinc.com

IMPORTANT INFO

CLUBHOUSE INFORMATION

Inquiries about pool, gym and rentals?

Contact the clubhouse at

26818 Wooded Canyon Drive Katy, Texas 77494

281-394-7314

crclubhouse@entouch.net

Cardiff Homeowners can register at cardiff ranchkaty.com.

Homeowners are provided support for Central Houston communities.

For general homeowner inquiries contact. 713-932-1122 or Contactus.tx@fsresidential.com.

Report violations to crclubhouse@entouch.net or violation.mos@fsresidential.com.

Each report will remain confidential.

We look forward to assisting you.

P.O.A Cardiff Ranch

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(Continued from Cover)

Other popular Valentine's Day presents are chocolates, candy hearts, teddy bears, and other small tokens of affection. In the United States it's common for children to celebrate Valentine's Day by buying or making cards for other members of their class at school, and for couples to celebrate the day by going on dates and exchanging gifts.



Dinner Ideas for Two to Make the Night romantic!

Cardiff Ranch Valentine's Day is almost here! Have you planned a romantic dinner yet? Don't worry! Whether its pasta, soup, beef, chicken, seafood, or desserts—I've got a delicious selection of Valentine's Day dinner ideas for two to help you make the evening extra special and romantic. Choosing the right dishes can be a daunting task since there are tons of romantic dinner ideas everywhere. Let's relax a little bit! We've got a few more days left so don't fret! These recipes will make it easy for us to serve only the best dishes our loved ones truly deserve. These dinner recipes are easy to put together and taste really impressive. Make your special someone fall in love once more with these dinner ideas you can effortlessly prepare at home! Below are dinner ideas made easy.

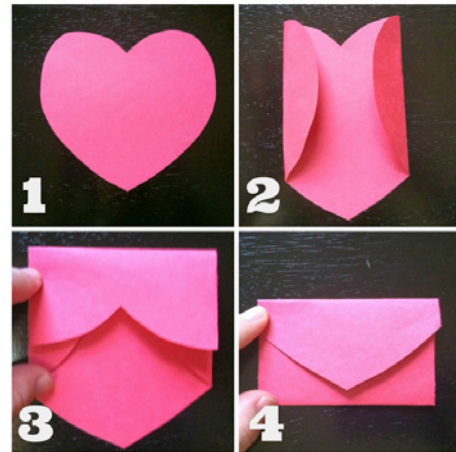
- Fettucine Alfredo with Broccoli
- Basil Pesto Chicken Pasta
- Honey Sriracha Skillet Pork Chops
- BBQ Braised Pot Roast
- Grilled Steaks with Roasted Potatoes
- Simple Rosemary Oven Roasted Chicken
- Seafood Kabobs with Fresh Vegetables

For more information for recipes for two?

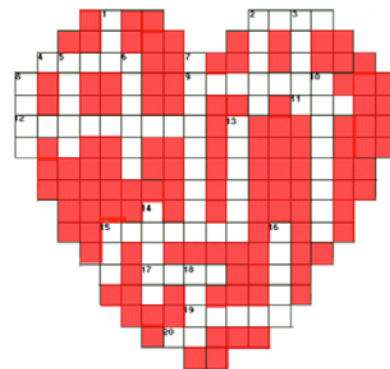
Diyprojects.com/50-valentines-day-dinner-ideas-for-two.



Card for Cardiff!



Heart Shaped Valentine's Day Crossword Puzzle



2. Many people give or send one to friends on Valentine's Day.
4. Another term for sweets that are given on Valentine's Day.
9. Sometimes on Valentine's Day, a secret _____ will give you an anonymous present.
11. If you don't get any Valentines, you might do this into your pillow.
12. "Hersheys" is one kind of this type of candy.
15. Roses, carnations, and daisies are these.
17. When you really, really like someone, you _____ them. Also, you _____ your parents.
19. If you give someone a treat on Valentine's Day, it usually is this. This word is also used in the expression "_____ Heart", a nickname husbands and wives call each other.
20. This expression is often said on Valentine's Day: "____ Mine"
1. The color of hearts on Valentine's Day.
2. The fictional character that shoots arrows at people.
3. These flowers come in many colors, but usually red ones are given on Valentine's Day.
5. What cupid shoots at some poor unsuspecting person, that makes them fall in love.
6. If you want to give a friend roses, you would give them this color.
7. The name of this holiday!
8. Doilies are usually made out of this material.
10. Moms and Dads may want to get away for a _____ dinner or weekend. (mushy, mushy, mushy)
13. One of the shapes used often on Valentine's Day is _____ (plural).

CARDIFF RANCH

Message from the Board



Happy New Year to all our neighbors. 2019 started fantastic as we added another resident board member to our team. Welcome aboard **ROSS KENNEDY**. This leaves an open spot in our advisory committee and we are looking for someone to step in. We're working this spring with the

MUD on the green space on Charlene's way. With some great input from direct neighbors we look forward to revamp that empty lot. If you have ideas you want to share or questions to the board come see us on the next Round Table meeting. If that Saturday morning is already filled please send an e-mail to our on-site community manager Bobbie Jo:

Crclubhouse@entouch.net.



Pool Season is approaching.
Registration will take place in the clubhouse office.
For more information contact
crclubhouse@entouch.net or call 281-394-7314.
Children 12 years and older for pool access.



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Tips for Packing a Healthy School Lunch

by Stephany Pando, cooksmarts.com, edited for space

Packing lunches for your back-to-schoolers is no easy task. It takes time and planning. Plus, every parent knows that just because you pack it, doesn't guarantee your kids will actually eat it.

However, this doesn't mean you have to fill your kids' lunchboxes with pizza and cookies everyday. Below we offer 5 tips for how to pack a nutritious lunch that your kids will look forward to eating and you'll feel good about giving them.

Tip #1: Get Your Kids Involved

- Give your kids healthy food options from each food group and let them make the final decisions on what goes in their lunch.
- Take your child grocery shopping with you and let them have a say (to a certain extent) in what goes into the cart. This promotes feelings of responsibility and empowerment.
- Designate a part of your kitchen as the "lunch packing station" and spend some time there with your kids the night before to get lunch ready for the next day.

Tip #2: Turn Healthy Foods into Fun Foods

- Use cookie cutters to make shapes out of bread, deli meat, cheese, or a melon-baller for fruit.
- Use kid-friendly skewers to make colorful food kebabs.
- Create a theme for the day and have all of the foods in their lunch relate to the theme

Tip #3: Make Your Own Snacks – and limit processed ones

Kids rely on snacks to keep their energy up, but the type of snack is important to consider. Packaged snacks tend to lack important nutrients and can be high in sugar, sodium and saturated fats. Take control of what is in your kids' snacks by making them yourself!

Tip #4: Incorporate All Food Groups

A balanced diet includes all of the food groups. Luckily, there are so many different ways to enjoy each food group:

- Fruits: fresh, frozen, dried, canned, baked (think apple chips!) or pureed.
- Vegetables: fresh, frozen, or baked (think kale chips!)
- Lean protein: baked chicken, deli meats, hard boiled eggs, beans or nuts (be aware of nut allergy regulations at your child's school).

- Low-fat dairy: milk, cheese or yogurt
- Whole Grains: pita, sandwich bread, tortillas, wraps, and pastas

Tip#5: Encourage Hydration

It's recommended that school-aged kids drink between 6-8 cups of water a day (even more in hot weather or if their activity level is high).

- Let your child pick out their favorite water bottle and encourage them to drink the whole thing at least twice at school. They'll be more inclined to do it if they feel like they are completing a challenge!
- If the "flavor" of water is too boring for them, throw in a few pieces of frozen fruit to sweeten it up – and keep it cooler.

With these tips in mind, you and your child are ready to start out the school year on the right foot. Good luck – and happy packing!



CARDIFF RANCH

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CR Gym Members

Please
Wipe Down
Equipment
After Use

- No children under the age of 18 permitted in the facility
- Wipe down equipment after each use
- Keep facility clean and trash in the waste bin including sanitizing wipes
- Dumbbells must be placed back on the rack after each use
- No alcohol beverages
- No food
- No glass containers
- No wet bathing suits
- Each gym guest is responsible for knowing his/her own physical limitations
- Use of the equipment and reporting damage or concerns is the responsibility of the member
- Report violators to crclubhouse@entouch.net
- For more information contact your on-site manager at 281-394-7314

Cardiff Decluttering Tips Room by Room

1. Put away
2. Recycle
3. Fix/ Mend
4. Trash
5. Donate

Put Away: This container is for items that have crept out of their storage spaces. This could mean a coffee cup in the bathroom or a sweatshirt in the kitchen. These are items that will go back in their designated spots.

Recycle: This bin is for items that need to be recycled, such as paper, plastic or glass.

Fix/Mend: Use this container for items that need further tinkering, such as a pair of shoes that you love but which need to be cleaned.

Trash: Designate one basket for items that are simply trash—things that can go into the household trash immediately.

Donate: Designate one bin for items that you can donate to a charitable organization or another person. These should be items you can imagine another person wanting or needing.

You can use bins, baskets or even just cardboard boxes for this task. You can bring these bins into each room as you declutter or leave them in a central place in your home while you work. The important thing is that you don't go hunting for containers while you're decluttering—set up the bins before you begin. These easy steps will help you stay on task and declutter your rooms.

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CR Coloring Contest!



Your child's coloring masterpiece can be dropped off to Mrs. B at the clubhouse. Each child's coloring art work will be displayed on the front doors. Homeowners and parents can vote as well. Your child will receive a lollipop for turning in their coloring masterpiece. The four Board of Directors Mrs. Inge, Mr. Kenny, Mr. Ross, and Mr. Prasad will proudly review each child's artwork and chose a winner along with the online votes. Cardiff Ranch will announce the winner by contacting the parent and child. A small article, a picture of your child and his or her artwork will be published in the Cardiff Ranch March newsletter. For more information and votes can be sent to crclubhouse@entouch.net.



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