THE TALON

February 2019

Official Publication of the Eagle Springs Community Association

Volume 11, Issue 2





COMMUNITY CALENDAR

6 Twin Villas HOA Meeting 7pm / Valley Springs Clubhouse	
9Daddy Daughter Dance	9
6-8pm / Eagle Springs Clubhouse; registration required	
12Children's Story Time 	12
12Newfield Park HOA Meeting 7pm / Valley Springs Clubhouse Side A	
12Book Club 7:30pm / Valley Springs Clubhouse Side B	
13Fiber and Yarn Group <i>6pm / Valley Springs Clubhouse</i>	
14Happy Valentine's Day!	14
21HOA Board Meeting 6pm / Valley Springs Clubhouse	
27Fiber and Yarn Group 6pm / Valley Springs Clubhouse	

ONSITE OFFICE HOURS

Monday - Thursday 1 pm - 6 pm Friday 9 am - 6 pm Closed from 12 - 1 pm for lunch. The Onsite Office is located at 12520 Will Clayton Parkway

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www.InsideEagleSprings.com

COMMUNITY CONTACT INFORMATION

EAGLE SPRINGS COMMUNITY ASSOCIATION

Board of Directors AsktheBoard@InsideEagleSprings.com		
Crest Management Co		
Community ManagerDana.Mohler@Crest-Management.com		
On-Site Community Manager		
Roxanne.Bailey@Crest-Management.com		
Clubhouse Rental		
ActivitiesActivities@InsideEagleSprings.com		
Website AdministratorActivities@InsideEagleSpring.com		
Newsletter Activities@InsideEagleSpring.com		

EMERGENCY INFORMATION

Fire, Medical or Life Threatening Emer	gency 9-1-1
P-4 Constable Dispatch	
Humble ISD Police (Schools)	
Atascocita Volunteer Fire Dept (AVFD)	

Non-Emergency Number	
Harris County Animal Control	
Texas Poison Control Center	

UTILITIES

Electric, (multiple providers)	.www.powertochoose.org
Power Outages	
Street Light Outages	
Gas, Centerpoint Energy	
Gas Leaks	
Water (MUD 106), Severn Trent	
24 Hour Emergency Number	
Water (MUD 290), Municipal Ops.	
Humble Post Office	
Trash & Recycle, Best Trash	

TELEPHONE/TV/INTERNET PROVIDERS:

Centurylink	877-290-5458
Comcast	800-266-2278
DISHNetwork	877-903-3813
DirecTV	888-777-2454

SCHOOLS

Humble ISD	
Website	www.humble.k12.tx.us
Eagle Springs Elementary	
Atascocita Springs Elementary	
Timberwood Middle School	
Atascocita High School	

NEWSLETTER PUBLISHER

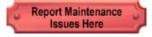
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Did You Know?

Do you see something that needs attention or requires maintenance in the neighborhood? If so, go to InsideEagleSprings. com and click on the "Report Maintenance Issues Here" button towards the top of the page. You can fill out a maintenance request report and submit it directly to the people who maintain the community, and you do not have to be logged in to do so!

InsideEagleSprings.com is a valuable tool for learning about community events, meetings, and HOA rules and regulations in Eagle Springs. Meeting minutes and budgets can be found under the HOA Information tab, along with the form to submit questions to the HOA Board. Reservations for both the Valley Springs and Eagle Springs Clubhouses must be done via the Clubhouse Info & Reservations tab.

To fully access the website, you must be a registered user. You can register via the Register link in the login box. Also be sure to sign up for the weekly e-blasts, sent out on every Monday, to keep up with the latest events going on in our community.







REBEKAH SNIPP

832.814.6120 • Rebekah@rebekahsnipp.com www.rebekahsnipp.com

7702 FM 1960 East, Suite 212, Humble TX 77346

We realize you have a choice so we appreciate the opportunity to earn your business. Building clients for life while giving back to the community in order to make a difference!

In 2019 the local real estate market started out strong. It may be a great time to sell your home. Give me a call today at 832-814-6120 to schedule a time to meet. I appreciate the opportunity to earn your business.

Congratulations to the Rebekah Snipp Scholarship Winners below, they received their \$1000 checks in December after finishing up their first College Semester.

Emily Pearson – Atascocita High School (In Memory of Dena Ruffin) Meagan Mize - The Woodlands High School Kyle Neel – Kingwood Park High School

Visit rebekahsnipp.com to get details to apply for 2019 Rebekah Snipp Scholarship if you're an area high school senior. Deadline to apply is April 15, 2019.

The Eagle Springs Flyers are kicking off another swim season. It's been fun over the years to support the team. It's amazing how the team has grown over the years. Each time there is a home team swim meet in Eagle Springs, it's a great opportunity to showcase all that Eagle Springs has to offer to families. Thank you to all the volunteers that put in many hours to support the Flyers. Best wishes to the team as they compete again this season. Go Flyers.

If you purchased a home in 2018, you may file for the homestead exemption between January 1 – April 30, 2019. Visit the website hcad. org for details. If you have questions or need assistance, please feel free to give me a call.

I appreciate your business and referrals which allow me to give back to the community in many ways. I appreciate you keeping me in mind for friends, family and co-workers that will be purchasing or selling a home in 2019. I look forward to seeing you out and about this year. Blessings to you and your family. Rebekah Snipp, Realtor, ABR, Direct: 832-814-6120 rebekah@rebekahsnipp.com

Mark Snipp Broker, GRI Direct: 832-859-9113

Website: rebekahsnipp.com





Rebekah Snipp

EAGLE SPRINGS



Eagle Springs Community Association, Inc.

MEETING NOTICE

Public notice is hereby given to all members of Eagle Springs Community Association, Inc. for the upcoming Board Meeting of the Eagle Springs Community Association Board of Directors. The purpose of this meeting is for the Board of Directors to conduct the business of the Association. This meeting will take place on Thursday, February 21, 2019 at the Valley Springs Clubhouse, located at 13555 Valley Lodge Parkway, Humble, Texas 77346. Executive Session will start at 3:00 p.m. and Open Session will start at 6:00 p.m. The meeting will adjourn at 7 p.m. The Meeting Agenda can be accessed on www. InsideEagleSprings.com. Please contact community manager, Dana Mohler, at Crest Management for any questions regarding this notice by emailing

Dana.Mohler@Crest-Management.com or calling 281-945-4643.

Pool Access for 2019!

Last year, the Board began phasing out the pool ID card and access card for a single, amenity ID card. This is the second year of a 2 year process to convert the nearly 14,000 people that call Eagle Springs home.

How do I access the pools for the 2019 season?

If you currently have an amenity card- No action is necessary.

If you do not have an amenity card – please gather all access cards and pool tags and visit the Onsite Office to obtain a new, single amenity ID card. All household residents who you wish to have a card need to be present to have a picture taken.

What if I do not use the pools, do I need this new ID card?

No, your access card will still open the splash pad, tennis courts, fitness center, and community restrooms. You will be unable to access the pools until this new ID card is obtained.

When can I obtain an amenity card?

You can obtain an amenity card at any time of the year. Amenity cards are only issued during office hours, which are Monday through Thursday, from 1-6 pm, and Fridays from 9 am to noon, and 1-6 pm. Amenity cards stay current year to year and do not require stickers to be valid. Amenity cards can be "turned off" by management should residents fail to pay their HOA dues or move out of the community.

Questions? Email Help@InsideEagleSprings.com



4 The Talon - February 2019

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EAGLE SPRINGS

NVRs Needed!

Neighborhood Voting Representatives play a critical part in our neighborhood with only a small time commitment. NVRs are responsible for reporting to the Board any issues in their neighborhood and for voting in new Board members. NVRs are encouraged to come to monthly Homeowners Association meetings, which are typically held on the 2nd Thursday of the month at 6 pm in the Valley Springs Clubhouse.

The following neighborhoods do not have any representatives:

Beringer Place Cedar Meadows Hawthorne Ridge Talon Ridge Valley Creek

If you live in one of these neighborhoods and would like to get more involved in your community, email Dana. Mohler@crest-management.com to submit your name for consideration for an NVR position.



Earth Day is April 22nd, Eagle Springs will be celebrating this day on April 6th. Event will be located in the Eagle Springs Sports Complex parking lot. Activities at the event will include recycling of various household items such as paper and electronics, a butterfly educational talk hosted by ESE teachers, and a bird educational talk hosted by Wild Birds Unlimited. We will have trees, plants and other garden type items available for purchase. As we approach the event date we will update the community website with more details.





EAGLE SPRINGS

Book Club

The Book Club is an open group for all adult Eagle Springs residents. You do not have to join in order to attend our meetings.

We are open to all Eagle Springs Adult Residents who wish to discuss predetermined fiction and non-fiction books in an open forum. We talk about the book of the month and its author, and then have refreshments. If you love to read, please join us anytime! If you would like to receive e-mails about the Book Club, you will need to join the group here on the website.

MEETING DETAILS:

-- We meet from 7:30-9:30pm in the Valley Springs Clubhouse on the second Tuesday of each month, February through November. In December, we have a holiday gathering at the home of one of our members to discuss book selections for the coming year.

- -- Come prepared to discuss the Book of the Month
- -- We kindly ask that children remain at home during Book

Club meetings, as we sometimes discuss books and/or content that is not appropriate for little ones.

-- If at some point, you would like to host a Book Club selection, you will be responsible for providing the food and beverages for that month's meeting.

2019 Book Selections:

Feb 12 - Barbara Jordan: A Self-Portrait, by Barbara Jordan and Shelby Hearon

Mar 12 - A Tree Grows in Brooklyn by Betty Smith

Apr 9 - To be determined

May 14 - Eleanor Oliphant is Completely Fine by Gail Honeyman

Jun 11 - Splintered Silence by Susan Furlong

Jul 9 - Where the Crawdads Sing by Delia Owens

Aug 13 - To be determined

Sep 10 - To be determined

Oct 8 - To be determined

Nov 12 - To be determined

Dec 10 - Holiday gathering to select 2020 books



6 The Talon - February 2019

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NATIONAL TIME MANAGEMENT MONTH

Time is one of life's most valuable possessions, as it is something you can never get back. Subsequently, one of the most essential life skills to master is time management. After all, time management is really life management. Learning how to make every day count for something is the objective. But it takes ridding your life of procrastination and a great deal of self-discipline.

Mastering time management does more than just increase productivity. It can yield important health benefits as well. When time is managed wisely, it minimizes stress and improves the overall quality of your life.

Lay the foundation for effectively managing your time.

Delegating the appropriate amount of time to get adequate sleep, maintain a healthy diet and exercising regularly are all essential elements to improve both focus and concentration. Making the time to create a healthy lifestyle will help improve your efficiency throughout the day, allowing for more time to complete other tasks.

Identify and evaluate how you are currently spending vour time.

If you drive to work, how do you pass the time during your commute? How many audiobooks or language tapes could you have completed while in traffic last month?

These are the best times throughout your day to incorporate all those little things that you "wished" you had time for. Over time, these habits become a lifestyle, and you will find yourself well ahead of the pack.

Say no to nonessential tasks and prioritize the ones of extreme value.

Consider your goals and look at your schedule before agreeing to take on more work. If a task is time consuming but not necessarily important to the main goal, pass it off or add it to the bottom of the list.

Dedicate time blocks and limit distractions.

Everyone has a place where they work the most effectively. Some people love to have music in their earbuds, while others need complete silence. Some people can work just as efficiently from their dining table as they can in a library cubicle. Wherever that place is, utilize it. Turn the television off, silence the cell phone, put away the tablet and dedicate complete focus to the task at hand. No responding to texts, no browsing the web.

When you operate your life in a healthy, organized fashion, and are able to execute daily tasks efficiently, stress is reduced, productivity increases and overall satisfaction manifests.

Never hesitate to take a break if needed.

Everyone gets worn out from time to time and piling on more and more tasks leads to stress that will simply derail you from the mission at hand. Take a walk, go to the gym, get some fresh air or take that sick day you've been holding out on. Sometimes all we need is a moment of clarity and solitude to clear our overworked minds and recharge our bodies to give us that next big push.

After all, time management is really life management.

Tracy Montgomery Cell: 713.825.5905

Melissa Nelson Cell: 832.527.4989

> If you know of someone who would appreciate the level of

Lisa Hughes

Cell: 281.323.5894

service my Team provides, please call me with their name and business number. I'll be happy to follow up and take great care of them.



Your Neighborhood Realtors

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Will My Child be Ready for Elementary School?

By: Paula Morgan, Owner, Primrose School of Eagle Springs PrimroseEagleSprings.com | pmorgan@PrimroseEagleSprings.com



More and more parents are recognizing the importance of enrolling their children in preschool to help them develop the right foundation for success in elementary school and beyond. The best programs go beyond helping children master basic academic skills by supporting their development as happy, confident, well-rounded individuals.

Studies show that from birth to age 5, growth in all areas of development is rapid. Children form strong neural connections during this time as a result of their experiences with everyone and everything they encounter. The quality of those early interactions determines how children will continue to learn and form relationships, which strongly influences their future success and happiness. "Informed parents look for preschool, pre-K and kindergarten programs that take a balanced approach to developing motor, social-emotional, creative and academic skills," said Dr. Gloria Julius, vice president of education and professional development for Primrose Schools. "It takes quality instruction, a well-rounded curriculum and a positive teacher relationship to prepare a child to succeed."children create a make-believe town in the desert out of rocks, boxes, and their imaginations. Read the book with your children and then challenge them to create their own town with materials they find in the backyard.

- Academics: It's important to go beyond a concentration on basic math and reading skills. Academic success is not just about memorization – it requires learning how to think critically, use mathematical concepts, express curiosity and develop competence in all language skills, including listening, speaking, reading and writing.
- **Technology:** In today's technology-rich world, children need to have a grasp on technology as a tool for creative expression and problem solving. Computers equipped with developmentally-appropriate educational software and online resources should be integrated into the classroom.
- **Physical Development:** Children who participate in daily physical activity develop basic motor skills like throwing, jumping and balance that help them become healthy adults. Physical activity also creates neural connections that support academic achievement.
- **Music and Art:** Young children naturally engage in "art" or spontaneous, creative play, but when educators involve children in music and art activities regularly from an early age, they are also promoting cognitive and emotional development.
- Social-Emotional Development: Preschool programs should focus on supporting the development of social and life skills, as well as executive function. Research shows that executive functioning skills help children establish positive relationships and make a successful transition to elementary school.

Will your child be ready to enter elementary school? Selecting the right child care or preschool program is a critical step in helping your child succeed. Plan to tour schools at least one year in advance so you have plenty of time to apply and enroll your child.

For more parenting tips, visit our 360 Parenting blog at www.PrimroseSchools.com/360Parenting.

Primrose School of Eagle Springs

17979 Eagle Springs Parkway | Humble, TX 77346 281.852.8000 | PrimroseEagleSprings.com

The Leader in Early Education and Child Care®

Mark Your Calendar

Beginning February 8th, 2019 the Eagle Springs Flyers swim team will have Online Registration open for the 2019 swim season at www.eaglespringsflyers.com

Follow us on Twitter -- @ESFlyers **Follow us on Facebook --** Eagle Springs Flyers **Follow us on Instagram --** #eaglespringsflyers



Please remember to pick up after your pets!



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Flooding: How to Protect Your Family & Finances

In many areas, flooding is the most common and costly natural disaster—and it can happen here. Just one inch of water in your home or office can cost thousands of dollars in cleanup and replacement costs, including drywall, baseboards, floor coverings and furniture. You may think you're covered, but many homeowners' insurance policies do not cover flooding.

Here are several reasons to talk to an insurance agent now about flood insurance.

• There is usually a 30-day waiting period before coverage begins.

• Coverage is relatively inexpensive.

• Renters can buy flood insurance .for personal belongings or business inventory.

· Basement coverage includes cleanup expense and repair or replacement of items such as furnaces, water heaters, washers, dryers, air conditioners, freezers and pumps.

• You do not have to repay flood insurance benefits as you do with disaster-related assistance loans.

• You can receive payments for flood-related losses even if no disaster was declared.

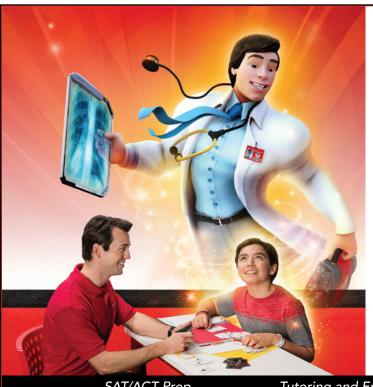
Learn more about flood insurance at www.floodsmart.gov. There are things you can do to prepare your home and family now for flash floods:

• Make a family emergency plan. Emergency preparedness is everyone's responsibility. Write down your plan. Decide ahead of time where you will go if you have to leave and where family members will meet up. Identify an out-of-town emergency contact.

• Get supplies for an emergency kit. Start with three days' water and three days' packaged and canned food. Add a battery-powered radio and extra batteries. Store in waterproof containers with wheels or that you can lift so you can take them with you. For details about preparing an emergency kit, visit www.ready.gov/america/ beinformed/floods.html

• Stay informed about what could happen. During storm season, listen to local media for up-to-date reports on weather watches and warnings. Keep a battery-powered portable radio—with a NOAA weather band-handy in case the power goes out. Choose one.

Learn more about preparedness at www.ready.gov/america/ beinformed/floods.html.



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Every year is a fresh start. Whether your student's math background is one of success or struggle, Mathnasium can transform their school year by giving them newfound ability and confidence. Using customized learning plans and face-to-face instruction, Mathnasium will equip your child with the solid math and critical thinking skills they'll need for their SAT/ACT, graduation, and beyond.

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In 2018 vs. 2107, Houston's Single Family Homes sales rose 3.8%, while Overall Property Sales rose 3.7%, and the Total Dollar Volume jumped 21.5% to a record-breaking \$28 billion.

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Ways to Clean Oil off a Driveway

Cat Litter

Put cat litter on the stain and rub it in. Let it sit for a while, then, sweep the cat litter up. Repeat at least once.

Peat Moss

Spread peat moss on the stain. Roll it over the stain.

Pepsi

Pour some Pepsi over the stain. Scrub the spot vigorously. Repeat if necessary.

Simple Green

Pour lots of Simple Green on the stain. Let the spot soak for a few hours. Wipe/rinse the area.

Liquid Tide

Cover the area with liquid Tide. Pour ¼ cup of water on top of the Tide. Use an old broom to scrub the area for about 5 minutes. Wipe down the area and/or rinse it with a hose. Repeat if necessary.

Oil-Removal Product

Go to local hardware store and ask for a product that will clean up the oil. Pour oil cleaner on the ground, rub a little with a rag and let it vaporize. Repeat if necessary.

Oxy Clean Laundry Spray

Spray generously with Oxy Clean laundry spray. Let this stand for a few minutes. Scrub with a stiff brush. Wipe with a paper towel or flush with hose.

Pour N Restore

Pour this white liquid on the oil stain. Let it dry into a powder and brush the powder away.



Recipe from the Kitchen

Hello, everyone. Chef Marty here with a fantastic dressing or marinade (works best with shrimp in my opinion) recipe that many of you got to sample during last month's Grape Stomper's Wine Dinner. By popular demand, I will now share it with you all! Enjoy...

Yield: appx 2 cups

- 2 tablespoon lime zest
- ¹/₄ cup lime juice
- ¹/₄ cup brown sugar, packed
- 1/4 cup ginger, peeled and grated
- 1/2 cup green onion, chopped, white parts and some green
- 1 cup cilantro leaves, packed
- 1 tsp nutmeg, fresh grated
- ¹/₄ cup honey
- 1 teaspoon balsamic vinegar
- 1 teaspoon Tabasco
- ¹/₄ cup olive oil
- 6 ancho chiles, seeded and cut into strips

1. Place the lime zest and juice, brown sugar, ginger, green onions, cilantro, nutmeg, honey, vinegar, and Tabasco in a food processor or blender and process until smooth.

2. With the machine still running, slowly pour in the olive oil through the feed tube in a steady stream. Turn off the machine and stir in the ancho chiles. Transfer dressing into a tightly covered container and refrigerate. Will keep for up to 5 days.



NEW FACILITY. EXPANDED SERVICES. WE'RE READY TO SERVE YOU.



As our community grows, so does our commitment to delivering the best possible care for you and your family.

Memorial Hermann Northeast Hospital recently completed several expansion and renovation projects that have further enhanced its capabilities and services. Now, with the completion of a 123,000 square foot tower, patients and their families can enjoy a more comfortable stay in larger rooms with additional amenities. These upgrades are just another example of our dedication to providing our patients with quality care.

memorialhermann.org/northeast

18951 N. Memorial Drive Humble, TX 77338



ADVANCING HEALTH

Tennis Tips

By USPTA/PTR Master Professional Fernando Velasco

"The Serve"

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, and the two handed backhand volley. In this issue, I will give you instructions on how to execute the serve, considered as the most important stroke, since the player has complete control of the game at this time. In these pictures, Adolfo Gonzalez, one of the tennis pros at the Grey Rock Tennis Club, demonstrates the proper form and technique for a right-handed player. For a left-handed player, the instructions will be the opposite hands.



Step 1: Ready Position: The body is sideways with the right hand holding the end of the racket in a forehand grip position and the left hand is holding the ball under the throat of the racket. The left arm is slightly straight and the ball is held with the thumb, index finger and middle finger. This allows for a consistent toss without using the wrist and/or elbow. Feet are a shoulder width apart and the body is in equal balance. For beginners, it is okay to change the grip slightly toward the forehand grip. As the player gets more advanced, the continental grip will be a better one to give more spin on the ball.

Step 2: Back Swing: The left arm comes down and the right arm follows it. It is vital to slow down the motions to allow for both of the arms to have good balance in the front and behind the body. Notice that the hand is in the process of tossing the ball in front of the body and the left wrist is bent down. It is imperative to have a good consistent toss since it will dictate the success or failure of the serve.

Step 3: Point of contact: Once the player is ready to hit the ball, the right arm will force the racket toward the point of contact, while the left hand will come down toward the body. This allows for the "snap" of the wrist to accelerate and bring the ball down. Notice that the point of contact is slightly higher than then center of the racket. Eyes are still focused on the point of the contact and will be ready to look down as soon as the ball leaves the frame. The right hip is extended to allow the body to extend up.

Step 4: Follow Through: The racket speed will extend to the left side of the body. The right foot is coming forward and is pointing toward the net. The trunk is straight and eyes are focused on the direction of the ball. At this point the player will take the split step and will jump either behind the base line to rally with the opponent or will move toward the net to serve and volley.

Look for in the next Newsletter: The Half Volley

Flour Beetles

There are two types of flour beetles that may be encountered in the home- red and confused. These beetles are small (about 1/8" in length), reddish-brown to brown in color with a somewhat flattened body. Adults can be long-lived and survive up to 3 years. To tell the difference between the two, you would need to look closely at the tip of the antennae; red flour beetles have a distinct 3-segmented club while confused flour beetles have a gradually formed 4-segmented club. Fortunately, you don't really need to get that detailed in identification to manage them as they feed on similar foods and are often found in the same areas.

Flour beetles feed on grain dust and milled grains, but can also feed on undamaged grains. In homes they may be found in cereals, flour, pasta, dried beans, chocolate, nuts, herbs, spices, crackers, dried pet food, dried flowers and cake mix. With large populations of the insects, they may cause a foul taste and odor to infested products due to a secretion from their scent glands.

Red flour beetles are able to fly while confused flour beetles cannot, so it is possible for them to move to different areas of the house. If you are having a problem with flour beetles, but cannot locate the source in your pantry, check other areas of the home such as where pet food is stored or areas with dried flowers or potpourri. Sometimes people see flour beetles during or after they have had a rodent infestation because the beetles can eat grain that may be in rodent baits or eat food from rodent nests where food was stored.

Management tips:

• Inspect all food items and get rid of anything infested. If you do not want to throw away infested food, you can either put in in the freezer for a week or heat in the oven at 200 degrees for 2-3 hours to kill off insects.

• Clean all pantry areas, making sure to get any grain dust out of cracks and crevices. Use a cleaning solution after all debris is removed. Seal any cracks where grain dust may accumulate with a sealant product.

• Do not buy damaged or expired items from the grocery store.

• Use products promptly. If you go away for a period of time (a week or more), store items in the freezer.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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