

MERIDIAN *Community Monitor*

NEWS FOR THE RESIDENTS OF MERIDIAN

Baldwin Artist Advances to State PTA's "Reflections" Competition

Submitted by: Jacquelyn Waldrop, Baldwin PTA Board



Each year, the national Parent Teacher Association (PTA) holds an art contest with various categories: dance choreography, film, literature, music, photography, visual arts. This year's theme is "Heroes Around Me." About 30 students at Baldwin of various ages submitted art to the competition. Students were inspired by their heroes ranging from family members, to teachers, to pets and community helpers. Six Baldwin students'

creations advanced to Area competition: Daneila D., Aanya P., Ila R., Jude M., Anika M., and Sydney W. Jude Mass, a 2nd grader at Baldwin, submitted his entry in the photography category, inspired by his hero: Baba, Ernest "Buddy" Mass, his grandfather, a San Antonio fireman by profession. Jude's work has advanced from the Area competition to the State competition. Congratulations to all the artists for your hard work on your submissions! The entries were exceptional! All Baldwin artists were celebrated at a special reception where their art was displayed in the Baldwin lobby. The Baldwin PTA would also like to thank PTA member and volunteer, Brooke Fick, for managing the program and hosting the reception for all of our Baldwin artists! We couldn't do it without you!



Save the Date: What's Happening in Meridian? Social Events & HOA Board Meetings

April*

- 2 ~ HOA Board Meeting
- 20 ~ Annual Spring Egg Hunt
- 27 ~ Spring Neighborhood Garage Sale

May

- TBD ~ Spring Food Truck & Movie Night
- TBD ~ Annual homeowners meeting
- TBD ~ Memorial Day BBQ

June

- 4 ~ HOA Board Meeting
- TBD ~ Food Truck Night & Pool Party

July

- 4 ~ Neighborhood 4th of July Parade

August

- 6 ~ HOA Board Meeting
- 23 ~ Back to School Food Truck Night & Pool Party

October

- 1 ~ HOA Board Meeting
- 26 ~ Fall Neighborhood Garage Sale

November

- 16 ~ Chili Cook-off

December

- 3 ~ HOA Board Meeting
- 14 ~ Holiday Lights / Snow Spectacular

THE MONITOR

WELCOME

A Newsletter for Meridian residents

The Monitor is a monthly newsletter mailed to all Meridian residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more. If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at www.PEELinc.com or you can email it meridian@peelinc.com. Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome. Our goal is to keep you informed!

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Cub Scout Pinewood Derby

Submitted by Jacquelyn Waldrop, Pack 12



On Saturday, February 9, the Cub Scouts of Pack 12 held their annual pinewood derby. Scouts ages 6-11, created their own Pinewood cars made out of a simple derby car kit consisting of a pinewood block, four nail axels and four wheels, with the only requirement that the car could not weigh more than 5 ounces. The creativity of the cars were outstanding! Awards were given by speed in each age group, but also in different creative categories: fastest looking, most creative, most

patriotic, best scouting theme and most colorful, so there were lots of winners! But, ultimately, Jacob Hempel, a Baldwin 4th grader and Meridian resident took the grand prize for speed! He happens to also be last year's returning speed champion. Congrats to all the racers.



Residential Real Estate Sales Statistics for 78739

Submitted by Jacquelyn Waldrop, Realtor ~ AustinRealEstate.com

Zip Code 78739

★ Independence Title

Residential Statistics

Listings	This Month			Year-to-Date		
	Jan 2019	Jan 2018	Change	2019	2018	Change
Single Family Sales	9	16	-43.8%	9	16	-43.8%
Condo/TH Sales	--	--	--	--	--	--
Total Sales	9	16	-43.8%	9	16	-43.8%
New Homes Only	--	2	--	--	2	--
Resale Only	9	14	-35.7%	9	14	-35.7%
Sales Volume	\$4,172,500	\$7,374,090	-43.4%	\$4,172,500	\$7,374,090	-43.4%
New Listings	16	23	-30.4%	16	23	-30.4%
Pending	24	27	-11.1%	24	27	-11.1%
Withdrawn	1	1	--	1	1	--
Expired	1	1	--	1	1	--
Months of Inventory	5.0	1.9	+158.1%	N/A	N/A	--





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Wrapping Up the Girl Scout Cookie Season

Submitted by: Jacquelyn Waldrop, GSCTX Volunteer



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Meridian Neighborhood Garage Sale

Saturday, April 27th | 8am-1pm

Are you Marie Kondo-ing? Clean out those cabinets and closets and upcycle those items you've tucked away that are just taking up space! Meridian hosts two neighborhood garage sales per year. The first in April and the second in October. Updates posted on "NextDoor" and the Meridian Social Buzz Facebook page.



Baldwin Elementary PTA News

Submitted by: Jacquelyn Waldrop, Baldwin PTA Board

The Baldwin PTA Board Nominating Committee is seeking nominations for the 2019-2020 PTA Board. The committee will then present a slate for election of the 2019-2020 PTA Board at the April PTA meeting. In addition, this group will also be working to help fill committee chair positions.

- Board positions: President, VP of Fundraising, VP of Membership, VP of Programs, Secretary and Treasurer
- The new President will appoint a Parliamentarian and Historian.
- Visit <http://baldwinpta.org/contacts.php> to learn more about these open roles and their corresponding responsibilities.
- Feeling called to help, but not quite sure you want to take on a leadership position? There are countless ways you can help, in a way that fosters your interests and talents: <http://baldwinpta.org/volunteer-programs.php>

No time on your hands to volunteer? That's ok, but we need your voice!

Baldwin PTA needs families and community members to join the PTA and make your support of our school official! You don't have to have a child at Baldwin to be a part of the PTA and share your voice.

Visit **BaldwinPTA.org** to join now! Single memberships are \$8.50 and Family memberships are \$15 and we need your support to help enrich our school programs. We are a few members short of our goal to grow our PTA to 400+ members strong this year. Visit <http://baldwinpta.org/pta.php> to join today!

Mark your Calendars: 2018-2019 PTA Meetings

- Thursday, April 4 @ 8am

Healthy Ingredient Spotlight: *Asparagus*

Submitted by: Paige Newman, Health Coach @ Brodie Lane Pharmacy

This green vegetable is packed with nutrients like vitamins A, C, E, K, B6, folate, iron, copper, calcium, protein and fiber. Asparagus is great for gut health. It is a source of prebiotic fiber that promotes the growth of healthy gut bacteria. This fiber rich food aids in digestion, combats bloating and is a diuretic, potentially reducing urinary tract infections. Here are a few ways to include this veggie in your daily diet.

- Use in salads in place of croutons
- Blend with olive oil and herbs for a quick dip
- Season with mexican spices and eat in a taco
- Smash with avocado for a sandwich filling

Combing this fiber rich vegetable with a protein will keep you feeling satisfied. Try this Asparagus Frittata for a beautiful breakfast that will keep you going until lunch.

Asparagus Frittata

Serves 2

Ingredients

4 large eggs

1 shallot, sliced

1 bunch asparagus, chopped into 1" pieces

½ cup Gruyere cheese shredded

1 tablespoon fresh chives, chopped finely

½ teaspoon salt

2 tablespoons olive oil

Instructions

1. Preheat oven broiler

2. Heat oil into a 10" oven-proof frying pan over medium heat.

3. Add shallots and cook, stirring occasionally, until they soften and turn translucent, about 3 minutes.

4. Add asparagus and cook for an additional 3 minutes.

5. In a small bowl, beat the eggs, cheese, salt and chives.

6. Pour the egg mixture into the pan and cook until almost set, but still runny on top, about 4 to 5 minutes.

7. Put in oven to broil until the center is set, about 4-6 minutes.

8. Remove pan from oven and slide frittata onto a serving plate. Cut into wedges.



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Get Your Tickets for "Enchanted Forest"

Baldwin Bash 2019 is Friday, April 26th
from 6:30pm-10pm @ Ranch Austin

Baldwin Bash fundraising dinner includes a silent and live auction, music, drinks and dancing! Proceeds will support our numerous Baldwin Elementary PTA efforts to improve the quality of education for our students. Funds raised provide technology enhancements to every classroom; aid in beautifying our campus while offering new ways to instruct outdoors; allow us to supplement classroom instruction by fulfilling wish lists from our dedicated teachers and staff; and plan for the future of our school community.

Last year was a tremendous success with nearly 150 guests in attendance. The event raised over \$26,000 and we plan to surpass that amount in 2019. Join us!

Do you have a small business? We are looking for sponsors, silent and live auction items. This is an excellent opportunity to reach our extraordinary community. For more information on sponsorships, email us at: fundraising@BaldwinPTA.org

We hope you will join us for a delightful evening in the "Enchanted Forest."

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Trouble with the On-the-Go Life? 6 Tips to Make Busy Life Better

Submitted by:

Melynda Weiland - Order to Everything Professional Organizing

Are you constantly on the move and finding it difficult to juggle life on the go? Along with the new year comes, new stress, new activities and new routines. We quickly find ourselves wanting to rewind back to January 1st for a redo to get on top of things. Here are 6 tips to make life easier to juggle while on-the-go and balancing all that has come with the new year.

1. Use a digital calendar for all of your appointments as well as time blocks for other activities such as errands. When scheduling, add all important information in the description. Keeping addresses, contact numbers and other information in one place will keep you from wasting time looking for it later.

2. Find your time wasters. Keep track of the ways you spend your time for one week. Do you spend 10 minutes finding your keys? Do you find yourself scrolling through social media for a long time? If so, create systems such as hanging a key hook by the door and adding a time app to your phone to help create new habits.

3. Make the most of your trips. Place donations, returns and dry cleaning in the car the night before you'll be out and knock a few items off your list on the way to work or at lunch. This will free up some that precious drive time you'd be using otherwise.

4. Finish what you start before starting something new. When you work on a project from start to finish, it's one less item on the to-do list. Focus on one thing and you'll get more done in the long run.

5. Re-adjust your priorities. Since you can't really do it all, re-evaluate which activities really need your time and focus.

6. Look for grab and go snacks and/or prepare a snack bag or lunch ahead of time.

If you'll be out most of the day, having a snack on hand will save you both time and money.

If you try just one of these simple strategies, you'll find yourself gaining a bit more time and having less stress. You don't need to rewind, just start now! If you'd like help with juggling 'all the things', call to schedule a free discovery call.

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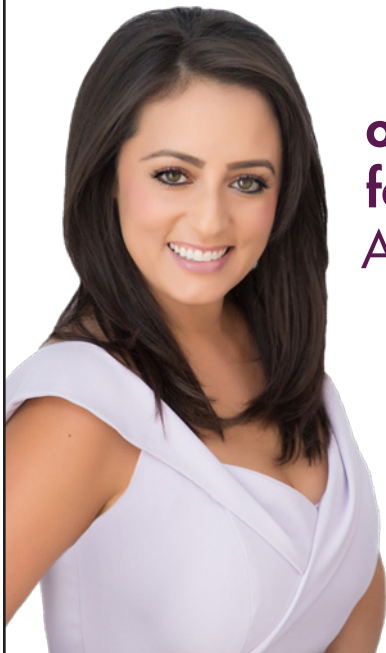
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