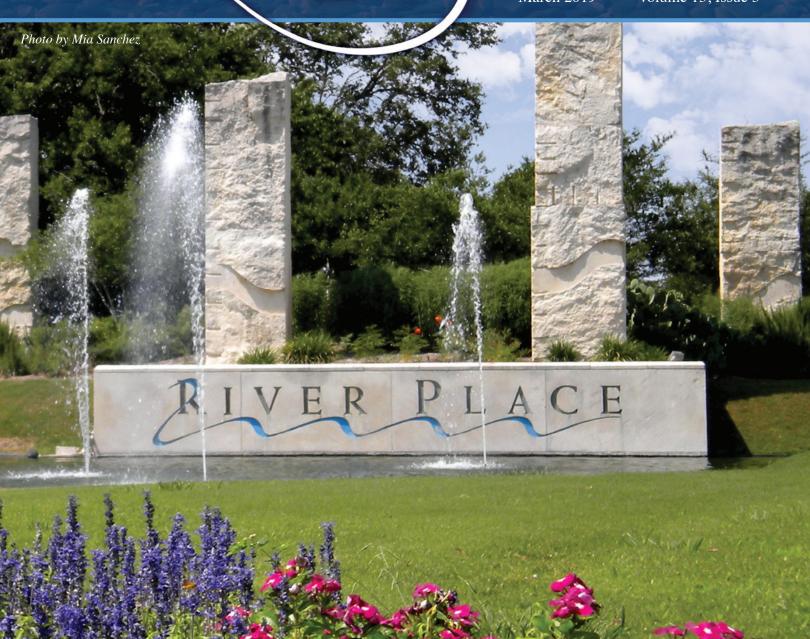
THE RIVER REVIEW

March 2019

Volume 13, Issue 3





is proud to introduce to our community Dr. Zehra Zaid!



Dr. Zaid is excited to be back in her undergraduate (hook em' horns) city and is uniquely equipped to embark on this journey as part of the Rising Stars community keeping those smiles for children of all ages beautiful, bright, and healthy!

- Grew up in Sugar Land, Texas
- University of Texas at Austin Summa Cum Laude -Bachelor of Arts in Sociology - 2011
- University of Detroit Mercy School of Dentistry Doctor of Dental Surgery 2016
 - University of Michigan School of Dentistry Pediatric Dentistry Residency Master of Science 2018

Dr. Zaid loves spending time with her family and friends, running, yoga, traveling, exploring the outdoors, shopping, and is a foodie.

(512) 266-7200

www.smilelikeastar.com

4308 N Quinlan Park Rd. Suite 201, Austin, TX 78732

In and Around River Place

Little Thieves in Action in Steiner Ranch: There have been reports from Steiner families that small children are coming right up on their porches and grabbing their delivery packages. What? We would have to believe that someone is putting them up to this, right? While there have not been any reports yet here in River Place, if it is a fad being possibly perpetrated by say, teenagers, they could easily head this way to carry out their mischief. Let's hope not.

So, keep your eyes open for tiny gangsters trying to snatch your packages. What's next, trained package snatching dogs? It could happen.

Status of Charging for Parking and Trails Access: The limited district board has passed resolutions regarding charging fees for trails access. While there are still some details to work out, a fee of \$10 for adults and for dogs (animals) will be charged. The question of a fee for seniors came up-it may be addressed in the future. Children 12 and under will be admitted free. A target date of March 2 was selected. Please realize the fees are applicable only to non-limited district residents. While some may consider the fee as rather stiff, please consider that parking is free, for now at least.

Limited district residents planning to visit the trails should obtain a membership card by visiting www. riverplacelimited district.org. The prospect of charging for our trails use however, will certainly be helpful when it comes to cleaning and maintaining our parks and trails.

Sailpoint Opened Its Doors In February: Sailpoint, a database security firm, opened its doors in late February. Located at 1110 Four Points Drive, this 165,000 square foot facility will serve as the international headquarters for the firm. The project has been underway for 3 years and allows two temporary locations to combine.

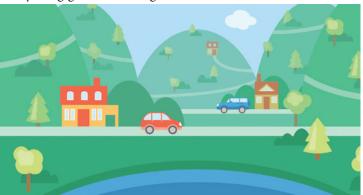
This large, 4 story building provides ample growing space so that they do not expect the need to relocate for quite some time. While we all might view this new neighbor as adding to area traffic, Sailpoint allows its employees to work staggered schedules and also to work from home. What a great benefit!

Update-Oz. Tap House in River Place is Now Open: There has been much positive feedback regarding the food and drinks at the beer garden, one person citing the chicken sandwich in particular. The reviews on the drinks are stellar as well. They are located next to the bakery and Postnet businesses in the old Salsas' Restaurant space at the front of River Place. The address is 10601 RR 2222, Suite H.

They dispense beer and wine by the ounce, serve burgers and salads and have entertainment and games. There will be an outdoor area and the goal is to provide a fun place for all the family, including pets.

RM 620 Parke 27 Development Project Receives Site Plan Permit: This mixed-use development project will include a bank, restaurants, a 100 room hotel, daycare, car wash and numerous other businesses comprising 14 buildings in total. It will be located across from Rudy's next to Home Depot at 620 and Grandview Hills. Neighbors worked with the developer on various issues including environment, traffic and safety and lighting.

We know that the Four Points area is growing steadily and we can expect more to come in the future. We can expect that this 27 acre project might be completed sometime in 2021 if everything goes according to schedule.





What's new at Sloan + Parker?

Events

live music · tasting contest · pint nights · meet the maker

Featured Flights | Monthly Themes

different 3-wine flights each week \cdot tasting notes \cdot taste to learn

Host Your Event

reservations · parties · private events · catering

Now Serving Food

sharable plates · bar snacks

visit sloanandparker.com for more information

your locally-owned wine & beer lounge just minutes from home

Come in. Sip awhile.

2900 N Quinlan Park Rd | Suite 150 | Austin, TX 78732 | (512) 294-2416

IMPORTANT NUMBERS

EMERGENCY NUMBERS	
EMERGENCY	
Fire	
Ambulance	
Sheriff – Non-Emergency	512-974-0845
Hudson Bend Fire and EMS	
Emergencies	
Information	512-266-2533
SCHOOLS	
Leander ISD	512-570-0000
Cedar Park High School	512-570-1200
Vandegrift High School	
Four Points Middle School	512-570-3700
River Place Elementary	
,	
UTILITIES	512 246 0400
River Place MUD	
City of Austin Electric	512-494-9400
Texas Gas Service	
Custom Service	
Emergencies	
Call Before You Dig	512-472-2822
AT&T	
New Service	
Repair	
Billing	1-800-858-7928
Time Warner Cable	
Customer Service	
Repairs	
IESI (Trash)	512-282-3508
OTHER NUMBERS	
River Place Postal Office	512-345-9739
NEWSLETTER PUBLISHER	
Peel, Inc	512-263-9181
Article Submissions	
Advertising	advertizing@peelinc.com
Questions about articles?	
Contact Editor: Robert Martin	mrobertallen@aol.com

ADVERTISING INFO

Please support the advertisers that make River Review possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The River Review is mailed monthly to all River Place residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the River Review please email it to *riverreview@peelinc.com*. The deadline is the 15th of the month prior to the issue.

Homeowners' Corner

Backyard Water Features

Water features are tantalizingly beautiful. They fill the air with the music of rushes and trickles, reflect sunlight on the surrounding foliage and, in some cases, even cool you off with a gentle mist on hot days.

It doesn't take much to get the full effect. A brimming urn within view of your kitchen window becomes a glistening gemstone, beckoning you outside on the crankiest of summer days. Fill a glazed ceramic pot with water and pond plants, and you have not only a miniature pond but also a cheerful little cherry to top off your Sunday afternoon.

With a variety of accessible options available, there's bound to be a water feature for you.

Indoor water gardens

Indoor water gardens can be as easy as sticking stems in water. Cut off some lanky stems of a vining houseplant, trim the lower leaves and place the stems in a vase for a living floral arrangement.



To take it a step further, place aquarium plants in a tall glass hurricane, line the bottom with gravel (available at a pet store) and add a betta fish to get the effect of a koi pond in a bottle.

For a living centerpiece, place floating aquatic plants (like water lettuce) in a large, flat bowl, and place it on your dining room table. You don't have to stop there — with the right plants and materials, plus a little research, any aquarium can be turned into a miniature ecosystem complete with waterfalls, frogs, fish and, of course, lush foliage.

Dry water features

If maintaining and powering a water feature seems like too much of a hassle, consider using good old-fashioned rainwater (Continued on Page 5)

(Continued from Page 4)



and gravity instead. Replace your downspout with a copper rain chain to create a larger-than-life water feature for rainy days. Or create a dry creek to attractively direct rainwater into a rain garden that's been planted to look like a pond.

These rain-powered water features are every bit as beautiful as their wetter counterparts, but they also reduce runoff,

Serving Central Texas for 25 Years

pollution and, yes, even your utility bill.

Tub ponds

Because aboveground ponds are, well, above ground, they're easier to maintain for gardeners with chronic pain or disabilities. If you don't have an antique clawfoot bathtub sitting around, rest assured that any sturdy, durable and watertight structure will do the trick.

Repurpose a wine barrel, feeding trough or even a hot tub for a rustic look. Or, if you're an able DIY-er, build a sleek,



(Continued on Page 6)



10% OFF Shutters

15% OFF Blinds

15% OFF
Hunter Douglas
Shades

- Locally Made In Manor, Texas
- Exact Trim Profile Match
- Real Basswood Shutters
- Exact Same Paint As Your Home
 Color, Sheen & Oil Based
- Lifetime Transferable Warranty
- Delivery & Installation Included
- No Subcontractors

Call today for a free in-home consultation on shutters, shades or blinds

(512) 931-0400 • SouthernShuttersUSA.com

Offer expires March 15, 2019. Must present this ad. May not be used in conjunction with any other discounts, offers, or applied to any existing or past orders.

(Continued from Page 5)

boxy structure that looks as if it were made specifically for your home.

Whichever method you choose, make sure it's watertight before landscaping with marginal and aquatic plants. To keep the water from getting nasty, add a pump for circulation, and keep the water shaded so algae doesn't take over.

Free-standing features

If you have space on the patio and an outdoor power outlet, then you can enjoy the sound of trickling water. Some manufactured features look (somewhat) like natural waterfalls, some resemble classic fountains and others take a more modern approach.

It's hard to give molded fiberglass anything more than a passing resemblance to the real deal, however, so consider buying a pump kit and making your own free-standing water feature. It could be a rustic contraption with pipes, watering



cans and a galvanized steel tub or a sophisticated piece of art with water racing down a handcrafted mosaic.

Pondless alternatives

If you've ever seen a brimming urn or a gushing millstone emptying water directly into the ground below, those were likely so-called pondless water features.

Here's how it works: The water is pumped up from a submerged basin before emerging from your structure of choice and falling back through river rocks to the basin below. In addition to looking like a natural spring, the pondless option is appealing because it's safer around small children, it loses less water to evaporation and it's less likely to become infested by algae or mosquito larvae.

Photo from Zillow listing.

You can purchase a kit with all of the materials or, better yet, add your own personal touch by pumping water through an old urn, drilled boulder or just about anything you can dream up. Have fun with it! (Article from Zillow) (Images from Shutterstock and Zillow).

Heads Up... From Around the City

Tire Rack Street Survival School for Young Drivers



If you have young drivers within the ages of 16-21 in your household, you owe it to your family to enroll them in the Tire Rack Street Survival School (TRSS) scheduled for April 27, 2019 at the Public Safety Training Center located just south

of the Austin Community College's Hays county campus in Kyle. Sponsored nationally by the BMWCCA Education Foundation and Tire Rack, and hosted locally by the Tejas Chapter of the BMWCCA and the Hill Country Region of the Porsche Club of America, this day long program provides practical, behind the wheel car control skills instruction, practice and classroom instruction.

Using the car they drive daily, students are taught the skills required to help them safely navigate unpredictable and dangerous traffic situations. Included in the curriculum are four exercises used to teach the fundamentals of car control; emergency lane change, slalom, emergency braking and skid pad. The classroom session teaches the basics of car dynamics, weight transfer, vision and the importance of maintaining the car and how proper maintenance affects safety.

For more information about the Tire Rack Street Survival School, please visit http://streetsurvival.org/schools/frequently-asked-questions/ and to register, please visit, https://www.motorsportreg.com/index.cfm/event/register.trss/uidEvent/0D35BF04-AA8E-B50A-DED71ED9CD3627D3. You can contact Lenny Zwik, lzwik@austin.rr.com, if you have any unanswered questions. (from Nextdoor)

Austin Water Update on Unusual Taste & Odor

Erik Luna, City of Austin Agency

To help move water quickly through the system, Austin Water crews are performing targeted flushing in areas still experiencing unusual taste and odor. The map below represents the flushing activity that has happened and will be happening throughout the day. Flushing will be ongoing as we continue to see improvements. If you are still experiencing issues, please contact 3-1-1 and provide your location. (Note: mostly occurring in central/south Austin.)

(Continued on Page 7)

(Continued from Page 6)

Austin Resource Recovery

Attention Austinites! We want to hear from you! Austin Resource Recovery would love to learn more about your habits as a consumer and the use of carryout bags. Please fill out this survey to let us know what you think: http://bit.ly/carryoutbagaustin ¡Residentes de Austin! ¿Cuales son sus opiniones sobre las bolsas de solo un uso en Austin? Déjanos saber al llenar esta encuesta: http://bit.ly/2Dgs0Js

Austin Energy, City of Austin AGENCY

City of Austin Utilities Warns Against Scammers

City of Austin Utilities wants all customers to be aware of individuals posing as City of Austin or Austin Energy employees. These scammers are trying to take advantage of customers and steal money from them. This week, several commercial and residential customers have called the Utilities Customer Contact Center reporting that they have received multiple calls from someone claiming to be with the City or Austin Energy.

The scammers tell customers that they owe money and that their utilities will be cut off if immediate payment is not made. Customers are being asked to call a 1-800 number to make payments with a MoneyPak card or credit card. They specifically mentioned Dollar General at 9616 N. Lamar, CVS, Walgreens and told customers to ask for Joshua O'Connor or Greg Sullivan. At least one commercial customer fell for the scam.

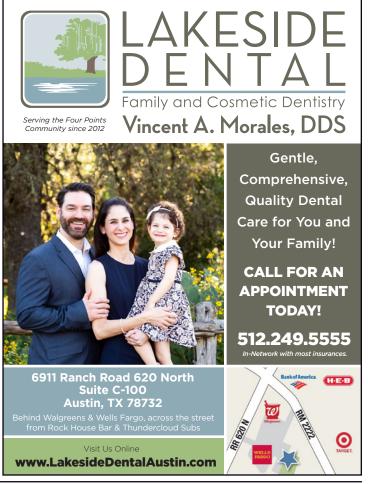
If a City of Austin customer receives a phone call threatening

to interrupt service, demand immediate payment, or request credit card or bank account information, hang up and dial 3-1-1 or 512-974-2000 and report the incident immediately. Anyone who has received such a call or email and is uncertain of his or her account status can call the City of Austin Utilities Customer Contact Center at 512-494-9400.









River Place (Maybe Not So) Clever Quips of the Month

During childbirth, a woman's pain is so great she can almost imagine how a man feels when he has a headache.

When I went in for my job interview, I was told they wanted someone responsible. "Then I'm your man" I said. "In my last job, every time something happened I was told I was responsible."

Exercise makes you look better naked. So does wine. Your choice.

I accidentally wore a red shirt to Target today. Long story short, I'm covering for Debbie this weekend.

If someone knocks on your door, knock back from the inside. They'll go away. Trust me on this.

Kids don't know how good they have it today. When I was a kid, I had to walk through 9 feet of shag carpet to change the TV channel.

I hope I can remember to never again take a sleeping pill and a laxative on the same night.

The fact that there's a Highway to Hell but only a Stairway to Heaven says a lot about the expected traffic.

I asked the librarian if the library had any books on paranoia. She whispered, "They're right behind you...."

The officer said, "You're staggering." I said, "You're quite handsome yourself." We just laughed and laughed. I need bail money.

Two blondes walked into a building. You'd think one of them would have seen it.

My wife says I have only two faults. She says I don't listen well and something else she kept rambling on about.

To the person who stole my antidepressants, "I hope you're happy now."

Never despair over getting old. Not everyone gets the chance.



Diet & Health

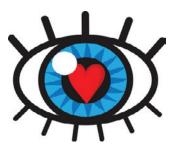
Choosing Helpful Supplements: Heart and Vision



Hawthorn Berry Supplements: Hawthorn berries are packed with flavonoids to provide unique benefits for the vascular system and heart health. Give your heart health a boost with a hawthorn berry supplement. Derived from

pure berries of the hawthorn bush, a well produced supplement delivers a host of compounds that benefit health and wellness, including potent antioxidant flavonoids that help protect blood vessels and nourish the cardiovascular system.

Hawthorn berries have been used for centuries as a cardiovascular tonic. This time-tested vascular supporter is also used to promote healthy blood lipid levels. The antioxidant flavonoids and other nutrients within hawthorn berries may help promote blood flow and help protect blood vessels, making it an interest for researchers worldwide. This supplement is fairly inexpensive as well.



Vision Support Supplements: Lutein and zeaxanthin were among some of the very first products recognized as foundations for supporting healthy retinas and vision health in general. Through the years, especially in the last decade as exposure to blue light from digital devices

like smartphones and computers has increased, new vision health formulas have evolved. Clinically-studied ingredients have become available.

The average American spends 11 hours or more on digital devices like smartphones, tablets and computers. According to a study published in "Nutrients" titled "Lutein and Zeaxanthin," isomers protect against light-induced retinopathy via decreasing oxidative and endoplasmic reticulum stress in balb/cj mice. Lutein supplementation was shown to protect photoreceptors against blue light damage by mitigating oxidative and endoplasmic reticulum stress-a primary mechanism associated with photoreceptor damage and visual impairment.

Lutein and zeaxanthin isomers are found in high concentration in the macula-a region of the eye that provides the highest visual acuity and is also exposed to high levels of blue light. They also were shown to downregulate events in retinal tissue that can cause eye strain and eye fatigue, thereby protecting the sensitive photoreceptors when exposed to blue light.

Tennis Tip of the Month:

Learn to Use the Loop

As your game improves, you may want to consider adopting "the loop" to help improve your groundstrokes. The loop, employed by most young professionals these days, provides for a somewhat safer shot due to the topspin it imparts while simultaneously adding power from the momentum of a longer racquet head path.

A good player to watch is the young German, Alexander Zverev. Watch how he gets easy power while keeping the ball safely in the court. See also how simple the movements are. This simplicity is what allows today's players, even smaller sized women, to hit quickly with so much power. Let's go through the simple instructions on this stroke so you can if you would like to give it a try.

Tennis Tip: You may envision the overall stroke as a big upright "C." The racquet head is pointed upward when you turn sideways and then swing with a loose wrist, the head drops, loops and then comes forward through the ball.

But here's the first secret key: You do not take the racquet head back-when you turn, whether with your legs or just your upper body, the racquet head is already back. Just point it upward. Caution: Make sure the head is not pointed forward, a mistake often made by players adopting the stroke without instruction. This would add too much (Continued on Page 10)

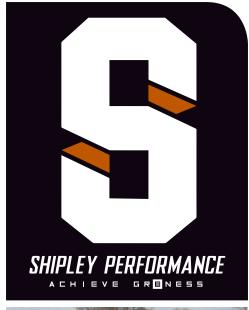
PREVENT OAK WILT



BUSINESS CLASSIFIED

POOL CHECKUP POOL SERVICES: Are you tired of maintaining your own pool? Let us do the work for you! Service and repairs. CPO certified technicians. A family run business that puts customer experience first! Email for a FREE estimate: info@ poolcheckup.com. \$50 off your first month's weekly, full service fee!

BUSINESS CLASSIFIEDS: (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com





Offering both 1 on 1 and small group (3-5 athletes) wide receiver development training sessions weekly throughout Austin and the surrounding areas.

Mission statement: To take what I've learned from playing at both the collegiate and professional level and bridge the gap between what's being taught at the highest level of play to those even as young as 4th grade.







SHIPLEYPERFORMANCE.COM OR CALL 325.642.9162

TODAY TO TAKE YOUR GAME TO THE NEXT LEVEL

The River Review is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the River Review contents, or loan said contents, to others in any way, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

- * The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.
- * Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.
- * Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

(Continued from Page 9)

time for the racquet head to make the full length of the motion.

Here's secret key #2: You do not take the wrist back! This is what saves time and adds power. When you turn with the racquet pointing upward, the swing motion begins by actually moving your wrist forward! This might be the opposite of what you would think or were taught! But watch Federer and others. The upper body turns and then the fist comes forward initiating the swing.

By keeping the wrist loose then and allowing the racquet head to drop, a wrist tension is created that, as you swing, accelerates the racquet forward and into the ball. This is similar to the elbow tension created by putting the racquet head in the backscratch position on the serve. The tension creates an uncoiling. It's a whippy motion for sure.

So, have your pro help you develop the loop and you will soon be amazed at your newfound power, response time and control. Alternatively, just practice by dropping and bouncing balls and hitting them to various areas of the court. You will find yourself gradually getting better and better at it. While it works for both the backhand and forehand, begin with the forehand and see how that works for you. If you have a question on this technique, feel free to call or text me.

Walter: 512-497-9971

"In tennis, it is not the opponent you fear; it is the failure itself, knowing how near you were but just out of reach." ~ Andy Murray



Neighborh

Let's all work together to help eliminate neighborhood crime. Please watch out for these activities in our neighborhood:

- * Someone running from a car or home.
- * Someone screaming. If you can't explain the screams, call law enforcement and report them.
- * Someone going door-to-door in the neighborhood or looking into windows and parked cars.
- * Someone asking about past residents.
- * Someone who appears to have no purpose wandering through
- neighborhood.
- * Unusual or suspicious noises that you cannot explain, such as breaking glass or pounding.

- * Vehicles moving slowly without lights or without an apparent destination.
- * Business transactions conducted from a vehicle. This could involve the sale of drugs or stolen goods.
- * Offers of merchandise available for ridiculously low prices. The merchandise might be stolen.
- * Someone walking or running while carrying property at an unusual time or place.
- * Someone removing property from unoccupied residences.
- * A stranger entering a neighbor's home which appears to be unoccupied.
- * A stranger in a car who stops to talk to a child.
- * A child resisting the advances of an adult.

One week FREE service for new customers!



SERVICES OFFERED

Weekly Chemical Service Water Testing & Balance Annual Pool Analysis Skimmer & Pump Cleaning **Pool Surface Skimming** Filter Cleaning







REPAIRS & MAINTENANCE

Acid Wash **Change Sand** Repair & Clean Filter Clean Salt Cell Clear Plumbing Lines *available in select markets

Drain Pool Heater Tune-Up Open Pool Winterize Pool*

EQUIPMENT UPGRADE

Auto Pool Cleaner Chlorinator **Filter Gas Heaters** Handrails

Heat Pumps Pool Pumps Spa Blowers **Pool Automation Light Fixtures**

(833) 827-5044 PPSRV.COM

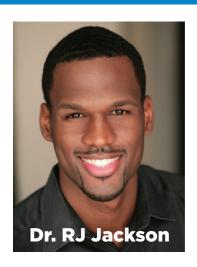


Did you know that every child should see an Orthodontist by the age of 7?

Dr. RJ is one of the few Orthodontists in Austin that is BOARD CERTIFIED. Our emphasis is on Prevention!



FREE Orthodontic Evaluations!





RJ ORTHODONTICS

Making Austin Smile

512-363-5792 | www.rjorthodontics.com

Located Behind the Walgreens at the Intersection of 620/2222



invisalign invisalign teen